



Save the Dates!

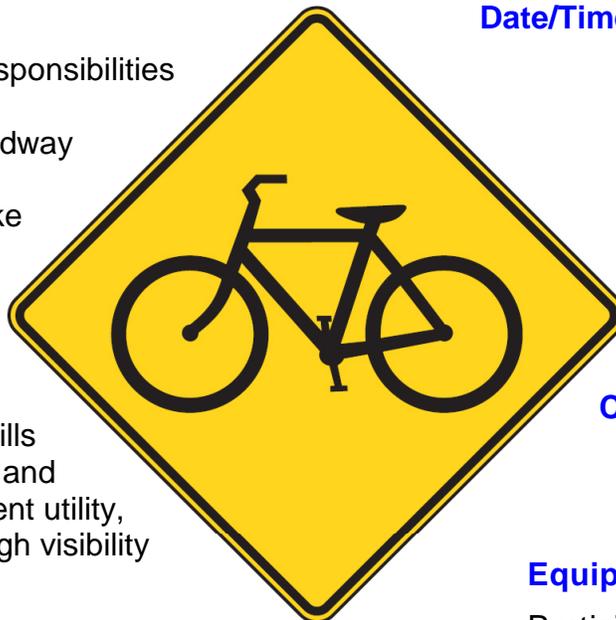


Spring 2013 Traffic Skills 101 Course April 15, 22, and 29

Cyclists of all skill levels can enjoy cycling more when one knows how to operate a bike safely and effectively in traffic. Topics to be covered in the Smart Cycling Course include strategies for how bicyclists can be predictable, courteous, assertive, visible, and alert. This course will follow the curriculum provided by the League of American Bicyclists. The Smart Cycling Course has limited availability determined on a first-come, first served basis so register early! (Note: Minimum age is 16; ages 13-15 accepted if accompanied by parent)

Topics:

- Your legal rights & responsibilities as a bicycle driver.
- Safe practices for roadway lane positioning
- Bike lanes & other bike facilities and how to ride when there are none
- How to traverse intersections
- Hazard Avoidance Drills
- How to outfit yourself and your bike for convenient utility, transportation, and high visibility



Students Will Receive:

- Hands-on, experiential learning in both indoor and outdoor environments (participants are encouraged to dress accordingly)
- A League of American Bicyclists Traffic Skills 101 student manual and other bicycle resources
- A light breakfast

Date/Time: April 15, 22, and 29.
6 pm to 9 pm.

Location:

Bloomington City Hall
401 N. Morton Street
Bloomington, IN 47404

Cost:
\$10

Equipment Required:

Participants will need to come to the course with their bikes and a helmet (tire levers & air pump are optional).

Questions?

If you have additional questions, please contact Vince Caristo at:
Phone: (812)349-2423 or
email:

caristov@bloomington.in.gov.



BikeEd

ROAD I

course registration

Course location:

Date of course:

Name:

Phone:

Street address:

City:

State:

Zip:

E-mail:

League of American Bicyclists member? Y or N

Membership number:

What is the approximate longest distance you have ridden in one day during the past year? _____ mi.

Check the kinds of riding you do, or have done:

- Local recreational Long distance Very little Commuting Fitness riding None

What are the most important thing/s you hope to get from this course?

Are there any physical or emotional conditions that might limit your participation in this course?

*** RELEASE (signature required)**

Helmets are required of all participants.

I am aware of the risk of bicycling and otherwise participating in this event and voluntarily assume such risk. In consideration of being permitted to participate in this event: (1) I release for myself, my heirs, and personal representatives, the League of American Bicyclists, Inc., and the respective directors, officers, volunteers, and staff (releasees) from any claim liability, demand, action, and cause of action whatsoever (collectively, "Claim") arising out of or related to any loss, damage or injury (collectively, "Loss"), to myself or my property, that I may sustain in connection with, or arising out of, this event, whether caused by the negligence of the releasees or otherwise; (2) If registrant is a minor, I (as parent or guardian) agree to indemnify and hold harmless each releasee against any claim for any Loss said minor may sustain in connection with or arising out of, this event, and against legal or other expenses incurred by any releasee in connection with defending any Claim by or on behalf of said minor for any such loss, whether caused by the negligence of the releasees or otherwise; (3) I shall obey traffic laws and practice safety in bicycling; and (4) I agree to wear a CPSC-approved helmet on all bicycle-riding activities at this event.

Signature:

Date:

(parent or guardian if under 18 years of age)

League Cycling Instructor:

Instructor #:

*** For instructor use only: Please complete and return to the League of American Bicyclists office**

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|---------------|------------|---------------|------------|--------------|
| Rec'd booklet | Attendance | Written score | Road score | Cert. issued |
|---------------|------------|---------------|------------|--------------|