



CITY OF BLOOMINGTON
parks and recreation

A-1

02/26/2013

Board of Park Commissioners
Regular Meeting
Minutes

Tuesday, January 22, 2013
4:00 – 5:30 p.m.

Council Chambers
401 N. Morton St.

CALL TO ORDER

The meeting was called to order by Mr. Carter at 4:00 p.m.

Board Present: John Carter, Joe Hoffmann, Jane St. John

Board Absent: Les Coyne

Staff Present: Mick Renneisen, Judy Seigle, Paula McDevitt, Becky Higgins, Leslie Brinson, Julie Ramey, Elizabeth Tompkins, Bill Ream, John Turnbull, Ellen Campbell, Will Rose, Bev Johnson, Dave Williams

Interns: Sara Tilley, John Sparks, Cheryl Jordan, Michelle Spalding

A. CONSENT CALENDAR

A-1. Approval of Minutes of December 18, 2012 Meeting

A-2. Approval of Claims Submitted December 17, 2012 – January 21, 2013

A-3. Approval of Non-Reverting Budget Amendments

A-4. Review of Business Report

Mr. Hoffmann made a motion to approve the Consent Calendar as presented. Ms. St. John seconded the motion. Motion unanimously carried.

B. PUBLIC HEARINGS/APPEARANCES

B-1. Public Comment Period

Mr. Carter acknowledged the staff and the outstanding job they did in co-hosting the annual Indiana Parks and Recreation Association state conference. The department was also honored as the recipient of four separate awards:

- The Cascades Park Trail, which opened in May 2012 and connects Lower Cascades Park and Lower Cascades ballfields to the Ferguson Dog Park at Stone Mill Road, won the Park Development-\$500,000 to \$750,000 award.
- Youth and Family Program Award for the Banneker Summer Food Service Program
- Health and Fitness Program Award for the Story Book Trail.
- The Outstanding Agency award.

B-2. Bravo Award – None this month

B-3. Parks Partner Award – None this month

B-4. Staff Introductions – Will Rose, Cheryl Jordan, Sara Tilley, Michelle Spalding, John Sparks

Mr. Rose addressed the Board and stated that he is the new Specialist at the Banneker Community Center. Originally from Evansville, he earned a Bachelor's degree in Cultural Anthropology from Wheaton College in 2005. While this is his first full-time position with the department, Mr. Rose began working at the Banneker Center Summer Food Service program in the summer of 2005 and stayed on in the fall for the after school program. He also started working for the Monroe County Youth Services Bureau at the same time and became very involved in the local music scene. In 2008 he began

coordinating the Banneker at the View after school program and continued with the summer food service program. In his new role, he will continue with the summer food and after school programs and adds the Family Resource Center to his list of responsibilities. It also includes some involvement in community events. He is excited to be part of such a vibrant community center.

Ms. Jordan addressed the Board and stated that she is the Health & Wellness intern this semester working with the department's Wellness Coordinator. She earned her Bachelor's degree in Kinesiology from Indiana University in December 2012, with a major in Exercise Science and minors in Business and Medical Sciences. During her time as a student she worked for the Monroe County Parks and Recreation department and as a lab assistant for the IU Adapted Physical Activity program that provides one-on-one physical education to children with disabilities. She is also working as a teaching assistant at the Kelley School of Business and volunteering at WonderLab.

Ms. Tilley addressed the Board and stated that she is the Community Events intern this semester. She will graduate in May from Indiana University with a Bachelor's degree in Tourism Management and minors in Ecotourism and Recreation & Park Administration. She is hoping this internship will help her determine which sector of the recreation field she would like to work in. She is currently learning about the process of planning and running an event and looks forward to learning more aspects of the Community Events area such as the community gardening program and soliciting sponsors.

Ms. Spalding addressed the Board and stated that she is the Sports intern for the semester working primarily under the supervision of Mr. Turnbull. Originally from Fountain City, Indiana she will graduate in May with a Bachelor's degree in Recreational Sports Management. She plans to continue working in a city parks department or working in Armed Forces Recreation. She worked for three years with the Indiana University Campus Recreation and most of her time was spent in the fitness and wellness area as a strength and conditioning consultant in the campus fitness facilities. She also worked as a Head Official for intramural volleyball.

Mr. Sparks addressed the Board and stated that he is the Natural Resources intern for the semester. He will graduate in the summer of 2013 with a Bachelor's degree in Outdoor Recreation and Resource Management and a minor in Recreation and Park Administration. He has worked as a camp counselor at a local Boy Scout camp and has used that experience to attain his current intern position. After graduation he hopes to work for a camp that specializes in programming for youth with diabetes, with the goal to eventually manage a medical specialty camp for youth with diabetes. He would also like to become the property manager for a state park to help ensure that our natural resources are available for future generations.

C. OTHER BUSINESS

C-1. Review/Approval of Resolution 13-01 to Appropriate the 2013 Non-Reverting Funds

Mr. Renneisen stated that this is a statutory requirement that the Board approve the non-reverting budget in the form of a resolution. The Board initially approved the budget in July 2012 during the budget process. However, this resolution breaks down the budget by program area and serves as the legal non-reverting budget. The total 2013 non-reverting budget is as follows:

Administration	\$ 42,000
Health & Wellness Grant	2,183
Aquatics	153,476
Frank Southern Ice Arena	69,925
Golf Services	132,542
Natural Resources	31,500
Youth Services	148,093
Twin Lakes Recreation Center	1,020,680
Bloomington Adult Community Center	20,868
Community Events	137,354
Adult Sports	239,412
Youth Sports	36,708
Benjamin Banneker Community Center	83,936
Adult Services	17,300

Inclusive Recreation	8,776
Operations	<u>18,074</u>
TOTAL	2,162,827

The Non-Reverting Fund is made up of user fees and other fees that are not part of the tax base. These funds do not revert back to the General Fund at the end of the year like the General Fund balances do. The fund must maintain a positive balance. He also stated that these fees help reduce the department's reliance on tax dollars. Over \$3 million dollars per year is generated by the department in both Non-Reverting and General Fund dollars.

Mr. Hoffmann made motion to adopt Resolution 13-01 to appropriate the 2013 Non-Reverting Funds. Ms. St. John seconded the motion. Motion unanimously carried.

C-2. Election of Board of Officers

Mr. Hoffmann made a motion to nominate the following slate of officers for 2013: John Carter, President; Jane St. John, Vice President; Judy Seigle, Secretary. Ms. St. John seconded the motion. Motion unanimously carried.

Mr. Carter made an amendment to the motion to appoint Joe Hoffmann as the Parks Board representative to the Plan Commission and in his absence another Board member may serve as an alternate. Ms. St. John seconded the motion. Motion unanimously carried.

D. REPORTS

D-1. Recreation Division – GOAL Report

Ms. McDevitt addressed the Board and stated that the GOAL program began in September 2010 as a healthy lifestyle program for families. This is a partnership between the Parks Department, IU Health Bloomington, Monroe County YMCA, MCCSC, RBB, IU Community Health Engagement, IU Department of Kinesiology, and Southern Indiana Pediatrics. She stated that 74 families have completed the program with a 75% retention rate for the 12 week program. The national average for pediatric programs like GOAL is 20% retention. She introduced Alex Purcell who provided the Board with a Power Point presentation on the success of the program.

Mr. Purcell provided the presentation and that that the program receives funding from Bloomington Hospital Foundation, Community Foundation of Bloomington/Monroe County, Finish Line Youth Foundation, and the Smithville Charitable Foundation. It was adapted from the Reid Hospital & Health Care Services program: S.T.O.P. (Stop taking on pounds/start living a healthier lifestyle). The GOAL program puts a positive spin on the S.T.O.P. program. The program was started to address the growing childhood obesity epidemic. He stated that nationally 16% of children are overweight and 17% are obese. In Monroe County 16.6% are overweight and 16% are obese (there are no statewide Indiana data available). GOAL provides a free family-focused, community approach to decreasing childhood overweight/obesity and encouraging health lifestyles for children and their families through education and activity. The mission is to provide kids and families the opportunity to receive education and support on nutrition, fitness, and behavioral habits in order to make positive life-long changes for an active lifestyle. The goal is to teach families how to maintain a health weight, follow a healthy diet, identify/avoid high-calorie/low-nutrient foods, develop better exercise habits, reduce sedentary behaviors, build a strong familial relationship, and pursue other health interests. Referrals to the program come through the child's primary care provider. The GOAL program coordinator follows up and builds a relationship with the family and schedules a nutrition appointment and exercise assessment for the participant. They also do a pre-program questionnaire about current health habits. The 12 week program consists of: 9 weeks of exercise, nutrition and behavioral education; 3 weeks of community exposure and recreation experiences. Ongoing follow-up support is provided in the form of field trips, GOAL training and medical nutrition therapy. The behavioral support focuses on goal setting, health people, self-esteem, personal affirmations, emotions/emotional eating, and bullying. Participants are also encouraged to take advantage of free/inexpensive recreational opportunities in the community such as the local trail system, Griffy Lake, ice skating, and roller skating. The partnership with IU Department of Kinesiology offers one-on-one exercise and physical activity training with IU Fitness Specialist students who in turn are gaining practical experience working with the GOAL children. Year one results are encouraging (60.6% lost weight; 72.7% decreased BMI, 75.7% lost inches from waist, 92.3% used food

labels, 76.5% of parents reported improved self esteem for the child, 100% had fun). Year 2 results are just as encouraging.

D-2. Operations Division – ERAC Report – tabled until February meeting

D-3. Sports Division – No Report

D-4. Administration Division – No Report

ADJOURNMENT

Meeting adjourned at 4:40 p.m.

Respectfully Submitted,



Judy Seigle, Secretary Board of Park Commissioners