



**CITY OF BLOOMINGTON, COMMON COUNCIL
JACK HOPKINS SOCIAL SERVICES FUNDING
COMMITTEE
2014 GRANT APPLICATION**

AGENCY INFORMATION

Lead Agency Name: Catholic Charities Bloomington

Is Lead Agency a 501(c)(3)? Yes No

Number of Employees:

Full-Time	Part-Time	Volunteers
11	20	27

Address: 803 N. Monroe Street
Bloomington, IN 47404

Phone: (812) 332-1262

Agency E-Mail: mmccarty@catholiccharitiesbtown.org

Website: <http://www.archindy.org/cc/bloomington/index.html>

President of Board of Directors: Jennifer Kincaid

Executive Director: Marsha McCarty

Title: Agency Director

Phone: (812) 332-1262

E-Mail: mmccarty@catholiccharitiesbtown.org

Name of Person to Present Proposal: Kristina Simmonds

Title: Development Director

Phone: (812) 322-8821

E-Mail: kristinasimmonds@hotmail.com

Name of Grant Writer: Kristina Simmonds

Phone: (812) 322-8821

E-Mail: kristinasimmonds@hotmail.com

Agency Mission Statement (150 words or less)

Recognizing mental health care as an essential service in a flourishing community, Catholic Charities Bloomington (CCB) strives to remove barriers to quality mental health counseling by providing services on a sliding fee scale, by reaching out into the community to persons experiencing poverty, and by providing counseling support within school settings. In 2013 CCB served 583 individual clients and approximately 173 families, reaching a total of about 300 family members. These services required providing a total of 6021 hours of mental health counseling. Forty four percent of these hours were provided to clients who were on a sliding fee scale not covered by insurance. Another 40 percent were clients qualifying for Medicaid coverage, which requires additional funding to cover the full expense of the counseling they need. In addition CCB also provided approximately 840 hours of school based counseling at two Bloomington Schools last year, reaching over 200 children.

PROJECT INFORMATION

Project Name: *Improving School Performance at Fairview through Mental Health Services*

Is this a collaborative project? Yes No

If yes, list name(s) of non-lead agency partners:

Address where project will be housed: 803 N. Monroe Street
Bloomington, IN 47404

Total Cost of Project: \$59,880.00

Requested JHSSF Funding: \$20,580.00

Other Funds Expected for this Project (Source, Amount, and Confirmed/Pending)

\$38,300 – Medicaid, Medicare, and other insurance reimbursements, some reductions using a sliding fee scale – Confirmed Funds

\$1,000 – In-kind donations of food/materials for the trauma focused family group and Community Open House – Pending funds

Total Number of Clients Served by this project in 2014: 25 students, 100 family members

Total Number of City Residents Served by this project in 2014: 25 students, 100 family members

Is this request for operational funds? Yes No

If yes, indicate whether the request is for a pilot project, bridge funding, or a collaborative project:

Pilot Bridge Collaborative

Please indicate the period in which you intend to draw down funds, if granted:

July-September 2014 October-December 2014

Please describe when you plan to submit your claims for reimbursement and what steps precede a complete draw down of funds:

Much of the requested funds will be submitted in the first period of the grant (July-September) for the purchase of assessment tools, medical equipment, and the Community Open House. The staff positions will be submitted when the positions are filled, which will also be in the July-September window. The trauma focused multi-family group will take place once families are identified so we expect those funds to be needed in the fall (September-November).

If completion of your project depends on other anticipated funding, please describe when those funds are expected to be received:

Medicaid, Medicare, and other insurance reimbursements are billed on an ongoing basis as services are delivered. CCB also receives private donations during the year, which help to defray costs not covered by insurance.

Do you own or have site control of the property on which the project is to take place?

Yes No N/A

Is the property zoned for your intended use?

Yes No N/A

If "no," please explain:

If permits, variances, or other forms of approval are required for your project, please indicate whether the approval has been received. If it has not been received, please indicate the entity from which the permitting or approval is sought and the length of time it takes to secure the permit or approval.

Note: *Funds will not be disbursed until all requisite variances or approvals are obtained.*

N/A

Due to limited funds, the Committee may recommend partial funding for a program. In the event the Committee is unable to meet your full request, will you be able to proceed with partial funding?

Yes No

If “yes,” please provide an itemized list of program elements, ranked by priority and cost:

Priority #1 Item & Cost	In-School and Home-Based Mental Health Treatment \$1,389
Priority #2 Item & Cost	Project Coordinator \$13,061
Priority #3 Item & Cost	Clinical Nurse Specialist \$2,540
Priority #4 Item & Cost	Trauma Focused Multi-Family Program \$1,360
Priority #5 Item & Cost	Medical & Data Equipment \$1030
Priority #6 Item & Cost	Community Engagement \$1,200
Priority #7 Item & Cost	

Project Synopsis (250 words or less)

Please provide a brief overview of your project. Assume that this synopsis will be used in a summary of your proposal.

CCB is requesting **\$20,580** in start-up funds for the pilot program, ***Improving School Performance at Fairview through Mental Health Services***. This program seeks to stabilize student performance, increase attendance, improve learning capacity, and elevate family involvement by placing mental health services in a struggling school. Facilitated by Catholic Charities Bloomington (CCB) and using Fairview Elementary as a model school, our program will identify struggling students, assess students’ mental health needs, implement individualized plans, and track student performance during the 2014-15 school year. Plans will emphasize the vital cooperation between mental health professionals, school personnel, and students’ families to truly reach the core of what each student needs to be successful. These individualized mental health plans might include child and family counseling interventions from CCB, participation in CCB’s trauma focused multi-family group program, participation in other CCB group therapies such as Incredible Years or Theraplay, continued participation in the student’s current mental health services, psychological assessments, and/or care from CCB’s Clinical Nurse Specialist, including medication management (in coordination with student’s pediatrician). Whenever possible and most effective, services will be provided at Fairview Elementary. A 16-week Project Coordinator will be responsible for tracking program participants, managing staff communication, coordinating family involvement, creating program procedures, and tracking outcome indicators.

CRITERIA

In the spaces below, please explain how your project meets the Jack Hopkins Funding criteria. Assume that your responses will be used in a summary of your proposal.

NEED (200 words or less)

Explain how your project addresses a previously-identified priority for social services funding as documented in the [Service Community Assessment of Needs](#), the City of Bloomington Housing and Neighborhood Development’s [2010-2014 Consolidated Plan](#), or any other community-wide survey of social services needs.

As of March 2, 2014, 87% of the Fairview student population qualified for the free/reduced lunch program. According to the Service Community Assessment of Needs (SCAN) for Monroe County, the “percent of households having difficulty having enough money to pay for family counseling” has increased from 6% in 2003 to 12% in 2010. However, of those households with an income less than \$15,001 and those with an income between \$15,001 and \$25,000, 32% and 44% of households respectively found it difficult to pay for family counseling. SCAN also notes that, although health services are often available in our region, “other variables can also play a significant role, including proximity, transportation, facility shortages, and economics. Accessible healthcare and transportation are more limited in the rural areas of these counties, which can create barriers to necessary care.” SCAN also indicates that seventy percent of nonprofit provider clients (those participating in Big Brothers Big Sisters, Boys & Girls Club, etc.) reported difficulty getting support for children who were struggling in school in the last 12 months.

ONE-TIME INVESTMENT (100 words or less)

Jack Hopkins Funds are intended to be a one-time investment. If you are requesting operational funds, explain if the request is for pilot or bridge funding and please explain your plan for future funding.

CCB already has in place well-trained, mental health professionals with experience and training in psychiatric and psychological evaluation, medication management, as well as experience in both agency and school counseling, who will be utilizing our resources and current individual, family, and group therapies to complete this pilot program. The funds requested would provide additional resources and staff to begin this innovative program and track it’s successes and failures. Once the procedures and practices are in place, CCB mental health professionals will be able to continue the program.

FISCAL LEVERAGING (100 words or less)

Describe how your project will leverage other resources, such as other funds, in-kind contributions, etc.

CCB therapists and health professionals will primarily be funded from Medicaid, Medicare, and other insurance reimbursements. CCB also receives private donations during the year, which help to defray costs not covered by insurance. CCB staff will work to secure some in-kind contributions for the Community Open House, part of our community engagement plan, such as food, entertainment, and art activities. We also plan to obtain in-kind donations of food for our 10-week trauma focused multi-family group.

LONG-TERM BENEFITS (200 words or less)

Explain how your program will have broad and long-lasting benefits for our community.

The long-term benefits for the society as a whole of educating our children is well established. Access to education and the ability to benefit from that education is a factor in almost all aspects of a person's healthy functioning. This project focuses on a barrier to education that faces many children, which is untreated emotional and behavioral problems. Although the Bloomington community has many excellent mental health programs and service providers, the access to those services are not equal for all children. This problem cannot be effectively addressed by the schools alone, or mental health providers alone, or families alone. This pilot program intends to implement, locally, the myriad of mental health treatment tools we already have available through research and experience, in a way that brings families, the school, and the mental health services together to reduce the barriers to mental health care for the children and families least likely to receive that care. What we learn from this project can, hopefully, help not only our Agency more effectively serve children who have the most difficulty accessing our services, but also provide information that can be used in other schools and by other mental health providers in our community.

Improving School Performance at Fairview through Mental Health Services is a pilot program that seeks to stabilize student performance, increase attendance, improve learning capacity, and elevate family involvement by placing mental health services in a struggling school. This program, facilitated by **Catholic Charities Bloomington (CCB)** and using Fairview Elementary as a model school, will run through four primary steps: Identification, Assessment, Implementation, and Evaluation. CCB seeks **\$20,580** from the Jack Hopkins Social Services Funding Program for this pilot program.

Identification: Fairview Elementary staff (teachers and administrators) will identify students that would be good candidates for mental health services. In particular, we are hoping to identify those students that are underachieving at school due to inadequate or absent mental health care, poor or unstable attendance, or a lack of family involvement.

Assessment: At any one time, CCB has 3-5 Psychology Practicum Interns, as well as, a Pre-Doctoral Psychology Intern in-house. These interns will aid in classroom observations, interviewing teachers, administering BASC-2 (Behavior Assessment System for Children, Second Edition) screenings, and conducting other screening techniques. These tools will help us determine whether each student is appropriate for the program and what each individualized program will look like. In addition, each child's family will be interviewed, one or both parents will complete a BASC-2, and any previous evaluations and test results will also be reviewed during this initial assessment period. If a child is currently receiving mental health services from another community provider, or is referred out to another provider, CCB staff, with the caregiver's permission and in cooperation with the school social worker, will serve as a liaison between other providers and this program.

Implementation: Once the assessment is complete, each student will be given an individualized mental health plan and managed by a CCB therapist. Plans will emphasize the vital cooperation between mental health professionals, school personnel, and students' families to truly reach the core of what each student needs to succeed. These programs might include child and family counseling interventions from CCB, participation in CCB's trauma focused multi-family group program, participation in other CCB group therapies such as Incredible Years or Theraplay, continued participation in the student's current mental health services, psychological assessments, and/or care from CCB's Clinical Nurse Specialist, including medication management (in coordination with student's pediatrician).

Evaluation: During the course of the pilot program, the Program Coordinator will be tracking all students and mental health plans in an effort to evaluate its effectiveness. Early indicators of success will include improved student attendance at school, better class participation or grades, and family compliance with program recommendations. Long-term indicators of success will be more stable student attendance at school, improved test scores and semester grades, regular participation and attendance at mental health treatments/groups, and increased family involvement in school.

To make this program successful, CCB is requesting support in many key areas. A 16-week Program Coordinator (August-November) will significantly impact our ability to develop an effective program for improving school performance. This Program Coordinator will be

responsible for tracking program participants, managing staff communication, coordinating family involvement, creating program procedures, and tracking outcome indicators. We anticipate that, once the program has been established and initial tracking completed, the CCB therapists and staff can continue to facilitate the mental health plans without a Coordinator. A licensed therapist will fill this Program Coordinator position so, upon completion of the pilot program, this employee can continue with CCB as a regular therapist.

Another critical element of this pilot program is family involvement. As of March 2, 2014, 87% of Fairview School's student population qualified for the free/reduced lunch program. These parents and families often do not have transportation for after-school events or conferences currently operating at Fairview so expecting them to engage in mental health conferences and groups without providing transportation would mean obvious failure of the program. We are also aware that families might be hesitant to participate in CCB programs because they simply don't understand what we do or are worried about a stigma related to mental health. In partnership with Fairview, we would like to hold a Community Open House at CCB in early August, inviting students and families to visit our facility, meet our staff, and discuss the pilot program.

There is substantial evidence that mental health treatment for school-aged children is essential to future success. According to Janice Cooper and Rachel Masi of the National Center for Children in Poverty (NCCP), children with mental health problems "have lower educational achievement, greater involvement with the criminal justice system, and fewer stable and longer-term placements in the child welfare system than children with other disabilities" (pg.2). Children with mental health issues are more frequently absent, three times more likely to be suspended or expelled, and generally unhappy at school (pg.2). Cooper and Masi also report that children from low-income families have a significantly greater risk of mental health problems. In fact, "21% of low-income children and youth ages 6 through 17 have mental health problems and 57% of these low-income children and youth come from households with incomes at or below the federal poverty level" (pg.1). Cooper and Masi specifically recommend greater access to mental health consultations and treatments for school-aged children as a means to decrease expulsion rates, meet their developmental needs, and improve their involvement at home, at school and in the community (pg.3).

Completion of this pilot program is anticipated to be in mid-December. The assessment materials and medical equipment will be purchased in July, the Community Open House will be held in early August, the 10-week Trauma Focused Multi-Family Program will be conducted in the fall, and the Medical and Administrative Staff positions will conclude in December. While the Mental Health Treatment will be an ongoing cost throughout the school year, Medicaid and other insurance reimburse those sessions and the difference will be made up by private donations to CCB. We plan to continue tracking student and family participation in the program, as well as, student performance in school as an evaluation of the pilot program.

Cooper, Janice and Rachel Masi. *Children's Mental Health: Facts for Policymakers*. National Center for Children in Poverty. November 2006. Web. 30 March 2014.

Catholic Charities Bloomington - Improving School Performance at Fairview through Mental Health Services

	Cost to Project	Grant funds requested	Difference	Source of additional funds
Medical and Administrative Staff				
Salary of Clinical Nurse Specialist	\$2,240.00	\$2,240.00	\$0.00	
Fica and other costs	\$300.00	\$300.00	\$0.00	
Salary of Project Coordinator	\$12,133.00	\$12,133.00	\$0.00	
Fica and other costs	\$928.00	\$928.00	\$0.00	
Durable Equipment				
Laptop for Data and Health Records	\$560.00	\$560.00	\$0.00	
Medical Equipment for Nurse	\$470.00	\$470.00	\$0.00	
Trauma Focused Multi-Family Program (Strengthening Family Coping Resources) 10 weeks for 10 to 12 families				
Therapy Staff Time	\$3,300.00	\$0.00	\$3,300.00	Medicaid, insurance, sliding scale fees, & donated funds to Catholic Charities
Program Supplies	\$500.00	\$500.00	\$0.00	
Meals	\$1,000.00	\$500.00	\$500.00	Donations by restaurants & donors
Space at Fairview School	\$0.00	\$0.00	\$0.00	
Evaluation Materials & Support from U of Maryland Staff	\$0.00	\$0.00		Provided by U of Maryland grant
Transportation for Families	\$360.00	\$360.00	\$0.00	
Ongoing In-School and Home-Based Mental Health Treatment				
Child & Family Counseling Interventions (20-25 students, 15 weeks)	\$35,000.00	\$0.00	\$35,000.00	Medicaid, insurance, sliding scale fees, & donated funds to Catholic Charities
Pre-Post Assessment Materials	\$889.00	\$889.00	\$0.00	
Teacher Stipends for Conferences	\$500.00	\$500.00	\$0.00	
Community Engagement				
Materials & Food	\$1,500.00	\$1,000.00	\$500.00	
Bus Transportation for Families	\$200.00	\$200.00	\$0.00	
Total Cost of Project	\$59,880.00	\$20,580.00	\$39,300.00	

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**CATHOLIC CHARITIES BLOOMINGTON
STATEMENT OF FUNCTIONAL EXPENSE INFORMATION
FOR THE YEAR ENDED JUNE 30, 2013**

	Salaries and Wages	Employee Benefits and Taxes	Professional Services	Supplies	Occupancy	Transportation	Specific Assistance	Other	Depreciation	Total
PROGRAM SERVICES:										
Counseling	\$ 191,501	\$ 28,669	\$ 72,889	\$ 12,775	\$ 35,701	\$ 827	\$	\$ 13,870	\$ 386	\$ 356,618
Becky's Place	<u>98,693</u>	<u>18,555</u>	<u>1,341</u>	<u>10,889</u>	<u>17,104</u>	<u>1,278</u>	<u>515</u>	<u>19,049</u>	<u>10,807</u>	<u>178,231</u>
Total program services	290,194	47,224	74,230	23,664	52,805	2,105	515	32,919	11,193	534,849
SUPPORT SERVICES — Administration	<u>9,493</u>	<u>2,067</u>	<u>513</u>							<u>12,073</u>
TOTAL EXPENSES	<u>\$ 299,687</u>	<u>\$ 49,291</u>	<u>\$ 74,743</u>	<u>\$ 23,664</u>	<u>\$ 52,805</u>	<u>\$ 2,105</u>	<u>\$ 515</u>	<u>\$ 32,919</u>	<u>\$ 11,193</u>	<u>\$ 546,922</u>

See Independent Auditors' Report

CHANCERY AND CERTAIN ENTITIES OF THE ARCHDIOCESE OF INDIANAPOLIS

CATHOLIC CHARITIES STATEMENT OF ACTIVITIES INFORMATION FOR THE YEAR ENDED JUNE 30, 2013

	Catholic Charities Indianapolis	Catholic Charities Bloomington	St. Elizabeth/ Coleman Pregnancy & Adoption Services	St. Elizabeth- Catholic Charities	Catholic Charities Tell City	Catholic Charities Terre Haute	Total
SUPPORT AND REVENUES:							
Contributions	\$ 1,783,282	\$ 151,348	\$ 104,532	\$ 959,867	\$ 36,866	\$ 1,019,806	\$ 4,055,701
Special events (net of direct costs of \$258,999)	134,925	10,177	959	185,143	2,582	47,940	381,726
Archdiocesan support	317,974	83,537	34,627	188,765	54,233	100,872	780,008
United Way operating support	740,782	37,847	132,796	2,699	8,014	155,111	1,077,249
Government Grants, Federal	3,038,820	18,322		228,163	500	270,395	3,556,200
Government Grants, State and Local	40,536	11,188		82,483			134,207
Program service fees	935,624	200,980	402,115	327,626		216,752	2,083,097
Investment return	181,240	(59)	27,893	16,351	1,509	5,025	231,959
Miscellaneous	8,625	3,191	36,809	25		16,232	64,882
Total support and revenues	<u>7,181,808</u>	<u>516,531</u>	<u>739,731</u>	<u>1,991,122</u>	<u>103,704</u>	<u>1,832,133</u>	<u>12,365,029</u>
EXPENSES:							
Salaries and wages	2,689,245	299,687	358,713	797,266	48,238	555,519	4,748,668
Employee benefits and taxes	646,055	49,291	56,551	150,810	14,577	166,648	1,083,932
Professional services	776,964	74,743	97,460	71,118	15,868	58,870	1,095,023
Supplies	615,404	23,664	79,848	133,267	6,138	251,037	1,109,358
Occupancy	399,175	52,805	65,131	48,233		178,607	743,951
Transportation	210,725	2,105	12,568	26,983	3,128	52,247	307,756
Specific assistance	1,717,350	515	16,782	2,233	12,774	3,436	1,753,090
Other	582,773	32,919	43,795	91,931	5,701	68,501	825,620
Depreciation	279,871	11,193	46,458	50,102	495	110,023	498,142
Total expenses	<u>7,917,562</u>	<u>546,922</u>	<u>777,306</u>	<u>1,371,943</u>	<u>106,919</u>	<u>1,444,888</u>	<u>12,165,540</u>
CHANGE IN NET ASSETS	(735,754)	(30,391)	(37,575)	619,179	(3,215)	387,245	199,489
NET ASSETS — Beginning of year	<u>7,957,969</u>	<u>74,345</u>	<u>1,359,002</u>	<u>853,762</u>	<u>45,178</u>	<u>2,359,639</u>	<u>12,649,895</u>
NET ASSETS — End of year	<u>\$ 7,222,215</u>	<u>\$ 43,954</u>	<u>\$ 1,321,427</u>	<u>\$ 1,472,941</u>	<u>\$ 41,963</u>	<u>\$ 2,746,884</u>	<u>\$ 12,849,384</u>

See Independent Auditors' Report