Adult Volleyball
Managers' Manual
Fall/Winter
2016

Quick Facts:

- Deadline – Friday, September 9th, 2016
- Cost for Team - $150-Manager is a member / $200-Non - Member
- Schedule Release Date – September 12th, 2016
- Games Start – Tuesday, September 13th @ 6:30 pm
- Format - Round Robin Play
- All games will be held on Tuesday and Thursday evenings.
- 8 matches are guaranteed (may include a voluntary post-season tournament)
- No House Team, just a player pick-up list.

League Administrator:

Chelsea Price

349-3769

burrisc@bloomington.in.gov

TWIN LAKES RECREATION CENTER
CITY OF BLOOMINGTON PARKS AND RECREATION

Welcome to the Fall/Winter 2016 Adult Volleyball Program.

This packet contains information about the volleyball program. It is your responsibility as team captain to familiarize yourself *and your team* with this information. Included in this packet is:

- **Organizational Information**
- **Fees and Deadlines**
- **League Rules and Regulations**
- **Team Roster**

The Parks and Recreation Department will also provide information about league standings and other information. Please visit our website www.bloomington.in.gov/tlrc to obtain league information.

It is our philosophy that adult volleyball be provided as a recreational activity, and above all else, should be fun. It is a great opportunity to be physically and socially active during the winter months. Again, this is a recreational league. Sportsmanship and appropriate conduct between teams and staff is expected. Behavior inconsistent with these values will not be tolerated.

We recognize the time commitment involved in playing the role of team manager and very much appreciate all of your efforts. Once again, please feel free to contact me at 812-349-3769 or email me at burrisc@bloomington.in.gov if you have any questions or concerns. I hope you have an enjoyable season.

Have a great season and above all have FUN!

Sincerely,

Chelsea Price
Aquatics Program Coordinator

SECTION I - ORGANIZATION AND ADMINISTRATION

Objective - The objective of the Coed Adult Volleyball League shall be to extend the game of volleyball to those who are interested; to further community socialization, sportsmanship, fair play and the recreational nature intended for the league. The recreational 6 vs.6 league is open to players of any level who are interested in a non-competitive environment.

Administrative Authority - The affairs of the league and the conduct of sponsored games shall be administered by the Sports Program Coordinator and designated league supervisor.

Playing Rules - The official volleyball rules as published by the National Federation of State High School Associations, except as modified by the below rules, shall govern all play in the league.

Administrative and Disciplinary Action - The Sports Program Coordinator shall rule on any violation of rules and regulations contained herein or not specifically covered and shall levy proper administrative or disciplinary action to individuals or teams involved in said violations.

League Ties - Should two or more teams tie in the final standings of a league for a position to which awards are presented, there will be no playoff. The tie breaking procedure is as follows:

1. Head to Head competitive record
2. Least points allowed in head to head competition on a per game average. (clarification: In rare cases, leagues do not play a complete round robin schedule due to odd numbers of teams. In case of a three-way tie, some teams may not have played during the year. Therefore, a head to head least points allowed per game average is more applicable).
3. Least points allowed per game in league play.

Sites / Times / Seasons

1. **All matches will be held at the Twin Lakes Recreation Center.**
2. **Recreational 6 vs. 6 matches will take place Tuesday and Thursdays between the times of 6:30 pm and 11:00 pm.**
3. **Play will begin 9/13/2016 and will consist of round robin schedule. Tournament will immediately follow regular season play and will be completed by 10/27/2016.**
4. **Leagues are capped at 8 teams so you may have one or two bye weeks.**

Uniforms – Team uniforms are not required. All participants must wear soft soled athletic shoes. No boots, soiled, or open toed shoes will be allowed.

SECTION II - PLAYER ELIGIBILITY AND CONDUCT

Eligibility Rules

1. All players must be at least 18 years of age at the start of league play to participate.
2. All players must be amateurs. Former professional athletes must present certificates of reinstatement to an amateur status before being eligible to participate.

3. No student who is currently affiliated as a player for the Indiana University Varsity Women's Volleyball team during the current season is eligible.
4. No member of a current high school volleyball team is eligible to compete in the league.
5. Players are not to be included on more then one roster and therefore only eligible to play for one league and one team.

Any manager that knowingly plays an ineligible player, as well as the ineligible player shall be barred from future play during that same season. Future participation, in the league, shall be reinstated with written appeal to the Sports Coordinator.

Rosters

1. All players must sign the official team roster prior to becoming eligible to compete.
2. Additional players may be added only in the event that the team is in jeopardy of forfeiting. In this instance, any players approved by the Sports Program Coordinator may be added and participate only after they have signed the final roster. Non-active players must be dropped from the roster at this time. **No additions can be made after the team has completed 50% of their regular season schedule.**

Player Conduct

1. **Bloomington Parks and Recreation operates a zero tolerance league with respect to unsportsmanlike conduct before**, during, and after matches. This includes vulgar language and verbal abuse to department staff. Conduct in these categories can result in ejections without warning. A cornerstone of this program is a clean environment; therefore, officials are instructed to issue ejections on audible obscenities.
2. A participant put out of the match by the supervisor is automatically ineligible for the next match for that team. Any situation involving participants and spectators misconduct shall be referred to the Sports Program Coordinator for possible further administrative action.
4. No player, coach or spectator shall be allowed on the premises if under the influence of alcohol or drugs and none of these items shall be brought onto the premises.
5. The supervisor's judgment is final and must be respected.

SECTION III - GAMES ADMINISTRATION

Games/Matches

1. First game serve is determined by a volley, each subsequent game shall be served by the previous game loser.
2. A match consists of three (3) games; the first two (2) games score to 25 points, or higher, until one team has a two-point advantage. The third game is scored first to 15 points. Rally scoring will be used throughout the match. League standings will be based upon the total number of matches won or lost.
3. All games will be stopped (if not completed) five (5) minutes after the scheduled start of the next match. Team currently holding the lead at the time of the stoppage will be awarded the game.
4. All matches must start at their designated times. If a team fails to appear on the court after a ten (10) minute grace period, the supervisor in charge shall declare a forfeit of the first game

only. If a team fails to appear on the court fifteen (15) minutes after the schedule start, the match will be forfeited. The team receiving the forfeit must the minimum number of payers as required by the league rules after the initial five (5) minute grace period.

5. Time-outs - Each team is allowed one, 60 second time-out per game.
6. Failure to notify the Parks and Recreation Department by 5pm the day of your forfeited match will result in a $10 forfeit fee. The forfeit fee must be paid before the next scheduled match to be allowed to participate. One forfeit will result in exclusion from post season tournament. Three forfeits will result in suspension from the league.

SECTION IV – RULES (as modified by the Twin Lakes Recreation Center)

All games shall be played in accordance with the National Federation Edition of State High School Associations Volleyball rules with the following modifications: Nets will be placed at Men's regulation height for all coed leagues.

Officiating

This league is self officiated. Individual team captains are responsible for rule enforcement. If team captains fail to agree upon a call, the point in question shall be replayed. The Parks and Recreation Supervisor shall be notified if a dispute can not be settled.
Scores must be reported to the Volleyball supervisor at the conclusion of each match. This can be done by writing the final score on the score sheet provided.

Player Requirements

Teams must have at least 2 women on the court at all times, no exceptions.
Teams may play with a minimum of 4 players for the 6 vs 6 leagues.

Substitutions

Substitution may either occur on a rotation basis at the serve or on a one for one basis any other time. If a substitution is made at other than the service rotation, then the person being substituted for must take his replacement's turn in the rotation. The rotation has to be at a consistent and continuous basis. If additional players arrive after the start of the game, they may enter at the next rotation. With less than six (6) players, the late player may enter during any dead ball situation.

After the serve, front line players may switch positions at the net.

Service In all leagues

The serve may not be blocked or spiked. Serves may be set.

Contacting the Ball

Players are NOT allowed to catch, hold or throw the ball. Players are NOT allowed to hit or block the opponents serve. Attacking ball which is coming over the net is ILLEGAL, if it has NOT broken the plane of the net. In other words the player is ALLOWED to swing the ball when it breaks the plane of the net.

Players are ALLOWED to double hit the ball on the first contact, for example when they 1) serve receive, or 2) dig the ball (Since this rule change passing overhead has become commonly used method to pass the ball. Earlier it was often called a false hit, double hit)

Back row player attacking a ball inside the front zone (the area inside the 10 foot line), when at the moment of contact the ball is completely above the net (an illegal attack).

Kicking

It is LEGAL to hit the ball with any part of the body, the foot and leg included.

Let Serves

A served ball which makes contact with the net before passing over the net, but within the opponent's playing area will be a legal serve.

In-Bound Ball Over the Net

The standards (or poles), will be considered the outer limit for a legal in-bound ball; not the end of the net material. The pursue rule is not in effect.

Out of Bounds

Balls may not be played off ceiling, walls, or basketball goals. Contact with these areas will result in a dead ball and considered out of bounds regardless of the balls potential return to play.

Net Contact

Incidental contact is allowed (ie not part of the play) and must not affect the play. So a player touching the net while blocking, setting or attacking would be illegal. A playing brushing the net away from the play would not.

SECTION V - FEES AND FINANCES

1. Team fees are set by the Parks and Recreation Department. Team Registrations are due **9/9/16**. Roster are due by the first night of game play, you are allowed to add/take away until the season is half way finished. Team fees are **$200/team or $150/team** for recreational league. No team fee will be refunded after the deadline date.
2. Schedules will be released on or before **Monday, September 12th, 2016** after team fees and final rosters have been turned it. Schedules will be available for pick up at the Twin Lakes Recreation Center and will be emailed to designated team captains.

SECTION VI - PROTEST PROCEDURE

Any protest involving the outcome of a game must be written and turned in to the Sports/Facility Coordinator within 24 hours of occurrence. Only the Team Manager shall submit the official protest to the Sports/Facility Coordinator. Protest forms shall be made available to managers, on site, by the Supervisor in charge.

NO PROTESTS SHALL BE ACCEPTED BY THE SUPERVISOR ON SITE. The supervisor in charge must be notified immediately, before play continues, regarding the intent of a protest. There is a $10 protest fee. This fee must accompany the written protest upon submission.

FINAL ROSTER

League: _____

Team Name: _____

	Printed Name	E-MAIL Address	Phone	Date of Birth
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

	Printed Name	Address	Phone	Date of Birth
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

As captain of this team, I have duly signed the above players that each player has read and understands the content in the league manual and code of conduct.

Signed (captain): _____ Date: _____

League: _____

Team Name: _____

Waiver for Participant

The undersigned is the adult Program Participant. The undersigned hereby states that s/he understands the activities that will take place in this program, and that the Program Participant is physically and mentally able to participate in this program. The undersigned recognizes, as with any activity, there is risk of injury. In the event that the Program Participant sustains an injury in the course of the program, and the City of Bloomington Parks and Recreation Department is unable to contact the appropriate person(s) to obtain consent for treatment, the City of Bloomington Parks and Recreation Department and/or its employees or volunteers are authorized to take reasonable steps to obtain appropriate medical treatment. The Program Participant shall be responsible for the cost of such treatment. The Undersigned now releases the City of Bloomington, the Bloomington Parks and Recreation Department, its employees, agents, and assigns, from any claims including, but not limited to, personal injuries or damage to property caused by or having any relation to this activity. It is understood that this release applies to any present or future injuries and that it binds the Undersigned, Undersigned's spouse, heirs, executors and administrators. The Program Participant may be photographed and videotaped while participating in Parks and Recreation activities, and consent is given for the reproduction of such photos or videos for advertising and publicity. I have read this release and understand all of its terms. I agree with its terms and sign it voluntarily.

Code of Conduct

As a participant in Adult Sports Programs offered by the Twin Lakes Recreation Center; I will abide by and support all the rules as well as the spirit of these rules. I will become knowledgeable, understanding and supportive of all game rules, league rules, regulations and policies by reviewing the league manual. I will use appropriate language when interacting with league and game officials, players, spectators and treat them with respect. I understand that use of vulgar language verbal abuse directed at staff, participants, or spectators will result in disqualification from league as well as potential further punishment as issued by the sports coordinator. Any physical altercation will result in league expulsion and potential legal prosecution. I expect no financial reimbursement in the event of individual or team expulsion from the league. Failure to abide by this code of conduct will result stated discipline.

The undersigned, as the adult program participant, agrees to the above waiver statement and code of conduct:

Printed Name	Signature	Date

League: _____

Team Name: _____

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