



Emergency Preparedness

Get prepared. Get involved. Be ready Bloomington.

You can't volunteer to help others if you aren't prepared yourself! Gathering supplies in preparation for an emergency can keep you one step ahead and avoid panic in case of an evacuation.

Emergency Supply Kit

Keep enough supplies in your home to survive on your own, for at least three days. If possible, keep these materials in an easily accessible, separate container or special cupboard. Tell your household members that these supplies are for emergencies only. Check expiration dates of food and update your kits once a year.

- One gallon of drinking water per person per day
- Non-perishable, ready-to-eat canned foods and manual can opener
- First aid kit
- Flashlight
- Battery-operated AM/FM radio and extra batteries (or a wind-up radio that doesn't require batteries)
- Whistle
- Iodine tablets or one quart of unscented bleach (for disinfecting water ONLY if directed to do so by health officials) and eyedropper (for adding bleach to water)
- Personal hygiene items: soap, feminine hygiene products, toothbrush and toothpaste, etc.
- Phone that does not rely on electricity
- Other special care items (for example, child care supplies)

Go Bag

Every household should pack a Go Bag - a collection of items you may need in the event of an evacuation. A Go Bag should be packed in a sturdy, easy-to-carry container such as a backpack or suitcase on wheels. It should be easily accessible if you have to leave your home in a hurry and should be ready to go at all times of the year.

- Copies of your important documents in a waterproof and portable container (insurance cards, photo IDs, proof of address, etc.)
- Extra set of car and house keys
- Credit and ATM cards and cash, especially in small denominations. It is recommended that you keep at least \$50-\$100 on hand.
- Bottled water and non-perishable food such as energy or granola bars
- Flashlight (traditional flashlight bulbs have limited life spans. LED flashlights are more durable and last up to 10 times longer than traditional bulbs.
- Battery-operated AM/FM radio and extra batteries
- A list of the medications each member of your household takes, why they take them, and their dosages. If you store extra medication in your Go Bag, be sure to refill it before it expires.
- First-aid kit
- Contact and meeting place information for your household
- A small regional map
- Child care supplies or other special care items

City of Bloomington Volunteer Network

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