



A_{TO}A Area 10
Agency on Aging



CITY OF BLOOMINGTON
commission on aging



SENIOR SERVICES GUIDE

2011

A COMPREHENSIVE GUIDE TO SERVICES FOR OLDER ADULTS
IN MONROE AND OWEN COUNTIES

Senior Services Guide

A Comprehensive Guide to Services for Older
Adults in Monroe and Owen Counties

Compiled by Area 10 Agency on Aging
with help from the
Commission on Aging of Bloomington
and the Active Aging Coalition.

2011 Edition

How to Use This Guide

This guide offers a comprehensive list of services and organizations in Monroe and Owen Counties that older adults will find useful. It is organized alphabetically, and there is also a topical index in the front of the guide with services listed by subject.

We apologize in advance for any organizations missed or any changes that occur after printing. Please visit www.area10agency.org for an online version of the guide which will be updated continually to ensure that you always have access to the latest information on the resources our community provides.

Thank you to all who have contributed to make this guide possible!

Acknowledgements

This guide would not have been possible without the help of many valuable community members. Thank you to all who made this guide possible!

Active Aging Coalition

Commission on Aging of Bloomington

Our amazing volunteer editors: Judy Allensworth, Kerry Conway, Sophia Hauserman, Alice Oestreich, and Cathleen Weber

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Topical Index

Addictions

Amethyst House.....	16
Centerstone.....	49
Hamilton Center.....	97

Advocacy

Active Aging Coalition.....	3
American Civil Liberties Union.....	11
Area 10 Agency on Aging.....	18
Bloomington Beacon.....	31
Bloomington Human Rights Commission.....	34
Commission on Aging.....	56
Mental Health America of Indiana.....	129
Olcott Center for Cancer Education-IU Health.....	151
United Senior Action.....	211
White River Valley PFLAG.....	220

Animals/Pets

Humane Association of Monroe County.....	108
Owen County Humane Society.....	158
Pets Alive.....	163

Arts

Active Aging Coalition.....	3
Area 10 Agency on Aging.....	18
El Centro Comunal Latino.....	51
Commission on Aging.....	56

The Endwright Center.....	76
Monroe County Historical Society.....	135
Monroe County Public Library.....	138
Owen County Art Guild.....	155
Owen County Public Library.....	159
Stone Belt.....	197
Twin Lakes Recreation Center.....	209
Unionville Senior Citizen Center.....	210

Clothing/Household Furnishing

Beautiful Creations, Inc.....	27
Goodwill Industries.....	90
Monroe County United Ministries.....	140
My Sister’s Closet of Monroe County.....	145
Opportunity House.....	152
Richard Bean Blossom Family Store.....	177
St. Vincent de Paul Society.....	182
Salvation Army-Monroe County.....	183
Salvation Army-Owen County.....	184
Thrift Shop, Inc.-Bloomington Psi Iota Xi.....	201

Complaints

American Civil Liberties Union.....	11
Bloomington Human Rights Commission.....	34
Community Justice and Mediation Center.....	61
Indiana Utility Regulatory Commission.....	118
Monroe County Health Department.....	134
Owen County Health Department.....	157

Counseling

Catholic Charities of Bloomington.....45
Center for Human Growth.....46
Center for Women’s Ministries.....48
Medical Nutrition Therapy-IU Health.....128
Olcott Center for Cancer Education-IU Health.....151
Sherwood Oaks Christian Church.....188

Disease Control

Medical Nutrition Therapy-IU Health.....128

Donations

American Red Cross Blood Donor Center.....14

Education

Active Aging Coalition.....3
Alzheimer’s Resource Service-IU Health.....8
American Cancer Society.....10
American Diabetes Association of Indiana.....12
American Red Cross-Monroe County.....15
Area 10 Agency on Aging.....18
Broadview Learning Center.....40
Center for Sustainable Living.....47
El Centro Comunal Latino.....51
Community and Family Resources (CFRD).....57
Community Justice and Mediation Center.....61
Easter Seals Crossroads.....70
Family and Social Services Administration.....78

Indiana Institute on Disability and Community.....	112
Monroe County Public Library.....	138
Monroe County YMCA.....	141
Monroe Owen County Medical Society.....	143
Mother Hubbard’s Cupboard.....	144
National Multiple Sclerosis Society, Indiana.....	147
Olcott Center for Cancer Education-IU Health.....	151
Owen County Cooperative Extension Service-Purdue _____ University.....	156
Owen County Public Library.....	159
Owen County YMCA.....	160
Positive Link-IU Community Health.....	172
White River Valley PFLAG.....	220

Emergency Service

American Red Cross.....	15
Emergency Management Office.....	75
Fire Department, City of Bloomington.....	83
Indiana Poison Control Center.....	115
Middle Way House.....	130

Employment Assistance

Area 10 Agency on Aging.....	18
Experience Works.....	77
Monroe County Public Library.....	138
My Sister’s Closet of Monroe County.....	145
National Able Network, Indiana Area 3.....	146
Office of Vocational Rehabilitation.....	150
Options.....	153
Stone Belt.....	197

Workforce Development-Monroe County.....	222
Workforce Development-Owen County.....	223

Environmental Services

Center for Sustainable Living.....	47
Monroe County Health Department.....	134
Owen County Health Department.....	157

Equipment

Abilities Unlimited.....	2
American Legion Post 18.....	13
Easter Seals Crossroads.....	70

Financial Assistance

County Auditor.....	64
Family and Social Services Administration.....	78
First United Church-The Love Fund.....	84
Lifeline, Link-Up, and Toll Limitation Services.....	121
Monroe County Division of Family Resources.....	133
Monroe County United Ministries.....	140
Richland Bean Blossom Family Store.....	177
St. Vincent de Paul Society.....	182
Salvation Army-Monroe County.....	183
Salvation Army-Owen County.....	184
Shalom Community Center.....	186
Sherwood Oaks Christian Church.....	188
Social Security Administration.....	190
South Central Community Action Program (CAP).....	191
USDA Rural Development.....	214

Fitness/Exercise

The Endwright Center.....76
Mall Pacers Walking Program.....123
McCormick’s Creek State Park.....125
Monroe County Parks and Recreation.....136
Monroe County YMCA.....141
Owen County YMCA.....160
Senior Games.....185
Twin Lakes Recreation Center.....209

Food/Meals/Nutrition

Area 10 Agency on Aging.....18
Backstreet Mission.....24
Center for Sustainable Living.....47
Community Kitchen of Monroe County.....62
Ellettsville First United Methodist Church Food _____
_Pantry.....74
Farmer’s Market-Bloomington.....79
Farmer’s Market-Owen County.....80
Feed the Needy.....81
First United Methodist Church-Food Pantry.....85
Grace Center, Inc.....91
Great Harvest Ministry Center-Soup Kitchen.....92
Hoosier Hills Food Bank.....103
Meals on Wheels.....127
Medical Nutrition Therapy-IU Health.....128
Monroe County United Ministries.....140
Mother Hubbard’s Cupboard.....144
Nutrition Services-Area 10.....148

Salvation Army-Monroe County.....	183
Salvation Army-Owen County.....	184
Shalom Community Center.....	186

Funeral Homes

Funeral Consumer Alliance of Bloomington.....	86
Funeral Homes in Monroe and Owen Counties.....	87

Groceries in Monroe and Owen Counties with

<u>Delivery Service</u>	94
--------------------------------------	----

Handicapped and/or Disabled Services

Abilities Unlimited.....	2
Bloomington Driving Evaluation-IU Health.....	32
BT Access.....	41
Christole.....	52
Easter Seals Crossroads.....	70
Indiana Institute on Disability and Community.....	112
Indiana Phone Relay Access Corporation (INTRAC).....	114
Monroe County YMCA.....	141
Options.....	153
Stone Belt.....	197
Sweet Owen Industries Arc.....	199

Health and Illness

General

Dental Care Center of Monroe County.....	67
Healthy People, LLC.....	98
Indiana University School of Optometry Clinics.....	116
Indiana University Speech and Language Clinic.....	117
Medical Nutrition Therapy-IU Health.....	128

Monroe County Health Department.....	134
Owen County Health Department.....	157
Volunteers in Medicine.....	219

Health Education/Promotion

Alzheimer’s Resource Service-IU Health.....	8
American Cancer Society.....	10
American Diabetes Association of Indiana.....	12
Low Vision Support Group.....	122
Monroe County YMCA.....	141
Olcott Center for Cancer Education-IU Health.....	151
Owen County YMCA.....	160
Positive Link-IU Community Health.....	172

Mental Health/Counseling

Behavioral Health-IU Health.....	28
Behavioral Health Memory Clinic-IU Health.....	29
Catholic Charities Bloomington.....	45
Centerstone.....	49
Hamilton Center.....	97
Mental Health America of Indiana.....	129
Stone Belt.....	197

Outpatient Care

Amethyst House.....	16
Hamilton Center.....	97

Screening/Testing

Bloomington Driving Evaluation-IU Health.....	32
Community Health Well Checks-IU Health.....	60

Positive Link-IU Community Health.....172

Housing/Shelter

Assisted Living

Bell Trace Senior Living Community.....30
Monroe House.....142
Sterling House.....196

Companion Home Services/Nonmedical

Comfort Keepers.....55
Elder Care Connections.....72
Elder’s Journey.....73
Home Instead Senior Care.....101
Transition By Design, Golden Years _____
Management Services, LLC.....208

Dementia-Specific Housing

Garden Villa.....88
Golden Living Center.....89
Owen Valley Health Campus.....161

Emergency Housing

Backstreet Missions.....24
Martha’s House.....124
Shalom Community Center.....186

Home Health Services

Amedisys Home Health Care.....9
Caregivers, Inc.....43
Christole.....52
Home Health Services-IU Health.....100
Indiana Home Health.....111

Hospice

Hospice-IU Health.....105

Independent Living

Area 10 Agency on Aging.....18
Bloomington Housing Authority.....33
Cambridge Square Apartments.....42
Cunot Apartments.....65
Dodds-Wylie Court Apartments.....69
Edgewood Village Apartments.....71
Greenbriar Senior Apartments.....93
Meadowood Retirement Community and Health
_Pavilion.....126
Millyard Apartments.....132
Pines Apartments.....168
Providence Place.....174
Redbud Hills Retirement Community.....175
Richland Apartments.....176
Rusty Manor.....181
Sweet Owen Manor.....199
Williamsburg Apartments.....221

Nursing Homes/Long-Term Care

Bell Trace Senior Living Community.....30
Garden Villa.....88
Golden Living Center.....89
Meadowood Retirement Community and Health____
_Pavilion.....126
Owen Valley Health Campus.....161
Richard Bean Blossom Health Care Center.....178

Other Housing Options/Issues

Abilities Unlimited.....2
Amethyst House.....16
Bloomington Housing Authority.....33
Christole.....52
Habitat for Humanity.....96
Home Safe Home-IU Health.....102
Hoosier House Help.....104
Housing and Neighborhood Development-_____
City of Bloomington.....107
Middle Way House.....130
Options.....153
South Central Community Action Program (CAP).....191
Stone Belt.....197
USDA Rural Development.....214

Rehabilitation

Bell Trace Senior Living Community.....30
Garden Villa.....88
Golden Living Center.....89
Meadowood Retirement Community and Health____

_ Pavilion.....	126
Owen Valley Health Campus.....	161
Richland Bean Blossom Health Care Center.....	178

Information and Referral

2-1-1 Infolink.....	1
Abilitied Unlimited.....	2
Alzheimer’s Resource Service- IU Health.....	8
El Centro Comunal Latino.....	51
Community and Family Resources (CFRD).....	57
Funeral Consumer Alliance of Bloomington.....	86
Home Safe Home-IU Health.....	102
Indiana Institute on Disability and Community.....	112
Internal Revenue Service-Bloomington.....	119
Middle Way House.....	130
Monroe County Historical Society.....	135
Monroe County Public Library.....	138
National Multiple Sclerosis Society, Indiana.....	147
Olcott Center for Cancer Education-IU Health.....	151
Owen County Public Library.....	159

Insurance Resources

Indiana Department of Insurance.....	109
State Health Insurance Assistance Program (SHIP).....	195
Social Security Administration.....	190

Legal Assistance

Community Justice and Mediation Center.....	61
Community Legal Clinic.....	63

District 10 Pro Bono Project.....68

Indiana Legal Services.....113

Middle Way House.....130

Monroe County Probation Department.....137

Prosecuting Attorney’s Office.....173

Shalom Community Center.....186

Small Claims Court.....189

Victims Assistance Program.....218

Pharmacies in Monroe and Owen Counties.....164

Protection and Security

Adult Protective Services.....4

American Civil Liberties Union.....11

Middle Way House.....130

Police Department-Bloomington.....170

Police Department-Ellettsville.....171

Police Department-Spencer.....171

Recreation/Entertainment/Leisure

Area 10 Agency on Aging.....18

Banneker Community Center.....26

Bloomington Parks and Recreation.....36

The Endwright Center.....76

Mall Pacers Walking Program.....123

McCormick’s Creek State Park.....125

Monroe County Parks and Recreation.....136

Monroe County YMCA.....141

Owen County Cooperative Extension Service-Purdue
_University.....156

Owen County YMCA.....160

Senior Games.....	185
Twin Lakes Recreation Center.....	209

Senior Citizen Clubs/Organizations

Cunot Community & Senior Center.....	66
The Endwright Center.....	76
Spencer Senior Center.....	194
Unionville Senior Citizen Center.....	210

State and Local Governmental Agencies

Bloomington Housing Authority.....	33
Community and Family Resources (CFRD).....	57
County Auditor.....	64
Emergency Management Office.....	75
Family and Social Services Administration.....	78
Fire Department, City of Bloomington.....	83
Housing and Neighborhood Development-City of _____ _Bloomington.....	107
Indiana Department of Insurance.....	109
Indiana Department of Transportation.....	110
Internal Revenue Service-Bloomington.....	119
Monroe County Division of Family Resources.....	133
Monroe County Health Department.....	134
Monroe County Probation Department.....	137
Owen County Health Department.....	157
Planning Department.....	169
Police Department-Bloomington.....	170
Police Department-Ellettsville.....	171
Police Department-Spencer.....	171
Prosecuting Attorney’s Office.....	173
Small Claims Court.....	189

Social Security Administration.....	190
Veterans Affairs.....	215

Support Groups

Abuse/Neglect

Adult Survivors of Sexual Assault Support Group.....	5
--	---

Caregivers

Caregivers Support Group.....	44
-------------------------------	----

Death/Bereavement

Hospice Bereavement Support Group-IU Health.....	106
--	-----

Disabilities/Handicapped/Disease

Aphasia Support Group.....	17
Fibromyalgia and Chronic Pain Support Group.....	82
Indiana University Speech and Language Clinic.....	117
Low Vision Support Group.....	122
Parkinson’s Support Group.....	162
Stroke Support Group.....	198

Health

American Cancer Society.....	10
Monroe County YMCA.....	141
Olcott Center for Cancer Education-IU Health.....	151

Mental Health

Hamilton Center.....	97
----------------------	----

Self-Help Groups

Overeaters Anonymous.....154

Substance Abuse

Al-Anon of Southern Indiana.....6

Alcoholics Anonymous.....7

Amethyst House.....16

Owen County YMCA (Tobacco Cessation).....160

Toll Free and/or Informational Numbers.....202

Township Trustees.....207

Transportation

Assisted Medical Transport-IU Health.....23

Bloomington Pedal Power.....37

Bloomington Shuttle Service.....38

Bloomington Transit.....39

BT Access.....41

Classic Mediacab Transportation.....54

Indiana Department of Transportation.....110

J&S Medi-Cab.....120

Miller Trailways, Bloomington Station.....131

Rural Transit.....180

Utilities

Helping Hand-Duke Energy.....99

Indiana Utility Regulatory Commission.....118

Lifeline, Link-Up, and Toll Limitation Services.....121

South Central Community Action Program (CAP).....191
South Central Indiana REMC.....193

Veterans Assistance

American Legion Post 18.....13
Veterans Affairs.....215
Veterans of Foreign Wars Post #604.....216
Vet to Vet Group.....217

Vital Records

Monroe County Health Department.....134
Owen County Health Department.....157

Volunteer Opportunities

City of Bloomington Volunteer Network.....53
R.S.V.P. Retired and Senior Volunteer Program.....179
United Way of Monroe County.....212

Alphabetical Index

2-1-1 Infolink.....	1
Abilities Unlimited.....	2
Active Aging Coalition.....	3
Adult Protective Services.....	4
Adult Survivor of Sexual Assault Support Group.....	5
Agewise Design.....	5
Al-Anon of Southern Indiana.....	6
Alcoholics Anonymous.....	7
Alzheimer’s Resource Service-IU Health.....	8
Amedisys Home Health Care.....	9
American Cancer Society.....	10
American Civil Liberties Union.....	11
American Diabetes Association of Indiana.....	12
American Legion Post 18.....	13
American Red Cross Blood Donor Center.....	14
American Red Cross-Monroe County.....	15
Amethyst House.....	16
Aphasia Support Group-Robert L. Milisen Speech-Hearing and Language Clinics.....	17
Area 10 Agency on Aging.....	18
Assisted Medical Transport-IU Health.....	23
Backstreet Missions.....	24
Banneker Community Center.....	26
Beautiful Creations, Inc.....	27

Behavioral Health-IU Health.....28

Behavioral Health Memory Clinic-IU Health.....29

Bell Trace Senior Living Community.....30

Bloomington Beacon.....31

Bloomington Driving Evaluation-IU Health.....32

Bloomington Housing Authority.....33

Bloomington Human Rights Commission.....34

Bloomington Multiple Sclerosis Support Group.....35

Bloomington Parks and Recreation.....36

Bloomington Pedal Power.....37

Bloomington Shuttle Service.....38

Bloomington Transit.....39

Broadview Learning Center.....40

BT Access.....41

Cambridge Square Apartments.....42

Caregivers, Inc.....43

Caregiver Support Group.....44

Catholic Charities of Bloomington.....45

Center for Human Growth.....46

Center for Sustainable Living.....47

Center for Women’s Ministries -Monroe & Owen Counties ..48

Centerstone-Monroe County.....49

Centerstone-Owen County.....49

Centerstone-Owen County (Uninsured Only).....50

El Centro Comunal Latino.....51

Christole.....52

City of Bloomington Volunteer Network.....53

Classic Medcab Transportation.....54

Comfort Keepers.....55

Commission on Aging.....56

Community and Family Resources (CFRD).....57

Community Health Well Checks-IU Health.....60

Community Justice and Mediation Center.....61

Community Kitchen of Monroe County.....62

Community Legal Clinic.....63

County Auditor.....64

Cunot Apartments.....65

Cunot Community & Senior Center.....66

Dental Care Center of Monroe County.....67

District 10 Pro Bono Project.....68

Dodds-Wylie Court Apartments.....69

Easter Seals Crossroads.....70

Edgewood Village Apartments.....71

Elder Care Connections.....72

Elder’s Journey.....73

Ellettsville First United Methodist Church Food Pantry.....74

Emergency Management Office.....75

The Endwright Center.....76

Experience Works.....77

Family and Social Services Administration.....78

Farmers’ Market-Bloomington.....79

Farmers’ Market-Owen County.....80

Feed the Needy.....81

Fibromyalgia and Chronic Pain Support Group.....82

Fire Department, City of Bloomington.....83

First United Church-The Love Fund.....84

First United Methodist Church-Food Pantry.....85

Funeral Consumer Alliance of Bloomington.....86

Funeral Homes in Monroe and Owen Counties.....87

Garden Villa.....88

Golden Living Center.....89

Goodwill Industries.....90

Grace Center, Inc.....91

Great Harvest Ministry Center-Soup Kitchen.....92

Greenbriar Senior Apartments.....93

Grocery Stores in Monroe & Owen Counties with Delivery Service.....94

Habitat for Humanity.....96

Hamilton Center.....97

Healthy People, LLC.....98

Helping Hand-Duke Energy.....99

Home Health Services-IU Health.....100

Home Instead Senior Care.....101

Home Safe Home-IU Health.....102

Hoosier Hills Food Bank.....103

Hoosier House Help.....104

Hospice- IU Health.....105

Hospice Bereavement Support Group-IU Health.....106

Housing and Neighborhood Development-Bloomington.....107

Humane Association of Monroe County.....108

Indiana Department of Insurance.....109

Indiana Department of Transportation.....110

Indiana Home Health.....111

Indiana Institute on Disability and Community.....112

Indiana Legal Services.....113

Indiana Phone Relay Access Corporation (INTRAC)114

Indiana Poison Control Center.....115

Indiana University School of Optometry Clinics.....116

Indiana University Speech and Language Clinic.....117

Indiana Utility Regulatory Commission.....118

Internal Revenue Service-Bloomington.....119

J&S Medi-Cab.....120

Lifeline, Link-Up, and Toll Limitation Services.....121

Low Vision Support Group.....122

Mall Pacers Walking Program.....123

Martha’s House.....124

McCormick’s Creek State Park.....125

Meadowood Retirement Community and Health Pavilion... 126

Meals on Wheels.....127

Medical Nutrition Therapy-IU Health.....128

Mental Health America of Indiana.....129

Middle Way House.....130

Miller Trailways, Bloomington Station.....131

Millyard Apartments.....132

Monroe County Division of Family Resources.....133

Monroe County Health Department.....134

Monroe County Historical Society.....135

Monroe County Parks and Recreation.....136

Monroe County Probation Department.....137

Monroe County Public Library.....138

Monroe County Public Library-Ellettsville Branch.....139

Monroe County United Ministries.....140

Monroe County YMCA.....141

Monroe House.....142

Monroe Owen County Medical Society.....143

Mother Hubbard’s Cupboard.....144

My Sister’s Closet of Monroe County.....145

National Able Network, Indiana Area 3.....146

National Multiple Sclerosis Society, Indiana Chapter.....147

Nutrition Services-Area 10.....148

Office of Vocational Rehabilitation.....150

Olcott Center for Cancer Education-IU Health.....151

Opportunity House.....152

Options.....153

Overeaters Anonymous.....154

Owen County Art Guild.....155

Owen County Cooperative Extension Service-Purdue University.....156

Owen County Health Department.....157

Owen County Humane Society.....158

Owen County Public Library.....159

Owen County YMCA.....160

Owen Valley Health Campus.....161

Parkinson’s Support Group.....162

Pets Alive.....163

Pharmacies in Monroe and Owen Counties.....164

Pines Apartments.....168

Planning Department.....169

Police Department-Bloomington.....170

Police Department-Ellettsville.....171

Police Department-Spencer.....171

Positive Link-IU Community Health.....172

Prosecuting Attorney’s Office.....173

Providence Place.....174

Redbud Hills Retirement Community.....175

Richland Apartments.....176

Richland Bean Blossom Family Store.....177

Richland Bean Blossom Health Care Center.....178

R.S.V.P. Retired and Senior Volunteer Program.....179

Rural Transit.....180

Rusty Manor.....181

St. Vincent de Paul Society.....182

Salvation Army-Monroe County.....183

Salvation Army-Owen County.....184

Senior Games.....185

Shalom Community Center.....186

Sherwood Oaks Christian Church.....188

Small Claims Court.....189

Social Security Administration.....190

South Central Community Action Program (CAP).....191

South Central Indiana REMC.....193

Spencer Senior Center.....194

State Health Insurance Assistance Program (SHIP).....195

Sterling House.....196

Stone Belt.....197

Stroke Support Group.....198

Sweet Owen Manor.....199

Sweet Owen Industries, Arc.....200

Thrift Shop, Inc.-Bloomington Psi Iota Xi.....201

Toll-Free and/or Informational Numbers.....202

Township Trustees Monroe and Owen Counties.....207

Transitions By Design, Golden Years Management, LLC.....208

Twin Lakes Recreation Center.....209

Unionville Senior Citizen Center.....210

United Senior Action.....211

United Way of Monroe County.....212

USDA Rural Development.....214

Veterans Affairs.....215

Veterans of Foreign Wars Post #604.....216

Vet to Vet Group.....217

Victim’s Assistance Program.....218

Volunteers in Medicine.....219

White River Valley PFLAG.....220

Williamsburg Apartments.....221

Workforce Development-Monroe County.....222

Workforce Development-Owen County.....223

Online Resources

AARP

<http://www.aarp.org/>

Active Aging Coalition

<http://activeagingcoalition.org/>

Area 10 Agency on Aging

<http://www.area10agency.org/>

City of Bloomington

<http://bloomington.in.gov/>

Commission on Aging

<http://bloomington.in.gov/coa>

Medicare

<http://www.medicare.gov/>

Social Security

<http://www.ssa.gov/>

***For a comprehensive list of government resources
related to aging go to:***

<http://www.usa.gov/Topics/Seniors.shtml>

Emergency Numbers of Monroe and Owen Counties

Fire, Police, and Ambulance

911

Poison Control

1-800-222-1222

National Suicide Prevention

1-800-273-8255

TTY: 1-800-799-4889

Adult Abuse Hotline

800-992-6978

Indiana Road Conditions

1-800-261-7623

***For Information on Human Services and
Resources dial 2-1-1***

2-1-1 Infolink

2-1-1 is a simple way to access information about health and human services in your community. People of all ages can dial 2-1-1 for free and confidential information and referrals 24 hours a day, even on holidays. Area 10 agency on Aging administers 2-1-1 Infolink, a partnership with the United Way of Monroe County and Smithville Telephone. This 2-1-1 call center maintains a comprehensive database of community resources serving Monroe and Owen Counties.

If you do not see a service that you need in this guide, please dial 2-1-1 for assistance. It offers information on the following:

- *Food, Clothing, and Shelter*
- *Affordable Housing*
- *Employment*
- *Emergency Financial Assistance*
- *Childcare*
- *Health and mental healthcare, including substance abuse services*
- *Legal Issues*

Abilities Unlimited

2620 North Walnut Street
Suite 1205
Bloomington, IN 47404

Phone: 812-332-1620

Fax: 812-332-1620

Website: <http://www.abilitiesunlimited.net>

Hours: 8am-5pm Mon.-Fri.

Services: Abilities Unlimited is a nonprofit that supports full community membership for people with disabilities. It offers the following services: durable medical equipment loans; home modifications for accessible living; chronic pain support, including fibromyalgia; a camp scholarship fund; and advocacy.

Eligibility: All persons with temporary or permanent disability, chronic pain or special healthcare needs. People with disabilities who live within Bloomington city limits are eligible.

Fees: None

Active Aging Coalition

Bell Trace
800 N. Bell Trace Circle
Bloomington, IN 47408

Phone: 812-822-0814

Website: <http://www.activeagingcoalition.org>

Hours: Check website for meeting time. Meetings are generally held the third Thursday of most months. Lunch begins at 11:30am (free, provided by Bell Trace) and the meeting is held 12-1pm. Meetings are cancelled automatically if Monroe County Schools are delayed or cancelled due to inclement weather.

Services: The Active Aging Coalition is a grassroots organization dedicated to enhancing the quality of life for all ages in our community. The primary focus of this group is to provide an opportunity to address the interests and issues facing our aging population in our community. Join us in networking and education programs, present at a meeting, attend a meeting, join or start a focus group. Check the calendar for meeting times, meeting agendas and minutes or join the discussion at <http://www.activeagingcoalition.org/index.php>.

Eligibility: All community members are welcome.

Fees: None

Adult Protective Services

120 West 7th Street
Suite 210
Bloomington, IN 47404

Phone: 812-349-2665
Hotline: 1-800-992-6978
Fax: 812-349-2798
E-mail:
APS10@co.monroe.in.us

Website: <http://www.co.monroe.in.us/tsd/Justice/Prosecutor/AdultProtectiveServices.aspx>

Hours: 8am-5pm Mon.-Fri. (closed all federal holidays)

Services: Investigates reports of abuse, neglect and exploitation of endangered adults. Anyone can call the APS hotline, 1-800-992-6978, to report suspected abuse.

Eligibility: Residents of Monroe, Morgan and Owen Counties who suspect abuse, neglect and/or exploitation of an endangered adult.

Fees: None

Adult Survivor of Sexual Assault Support Group

Bloomington, IN 47404

Phone: 812-333-7404

Crisis Line: 812-336-0846

Purpose: To provide a safe and supportive environment for any person who needs to address problems that arise after surviving sexual assault.

Meeting Time/Place: Call for dates, time and location.

Fees: None

To Join: Call either number listed above.

AgeWise Design

2550 Browncliff Ln.
Bloomington, IN 47408

Phone: 812-369-1446

Website: www.AgewiseDesign.com

Hours: Call to set up appointment.

Services: Creates individualized interiors for aging in place and for recreating home in more supportive environments. Coordinates occupational therapists, contractors, and products to modify, renovate, or construct safer living spaces.

Eligibility: Anyone.

Fees: Varies.

Al-Anon of Southern Indiana

Bloomington, IN 47404

Phone: 812-323-3771

Website: <http://www.indiana-al-anon.org>

Purpose: To provide support groups for family and friends of alcoholics in Monroe and Owen Counties.

Meeting Time/Place: Call for meeting times and locations. Leave contact information on meeting directory line (number listed above) for additional information or support.

Fees: None

To Join: Attend a meeting.

Alcoholics Anonymous

PO Box 6272
Bloomington, IN 47404

AA Meeting Line: 812-330-3978
AA Meeting Line: 812-334-8191
Toll Free: 800-589-8153

Website: <http://www.bloomington.in.us/~aa/>

Purpose: To help alcoholics and other individuals achieve sobriety and stay sober. AA is a fellowship of men and women who share their experience, hope and strength with each other so that they may solve their common problem and help others recover from alcoholism. Areas served include Brown, Greene, Lawrence, Martin, Monroe, Orange and Owen Counties.

Meeting Time/Place: Time and locations vary. Call listed number/s for details of meetings.

Fees: None

To Join: Attend a meeting.

Alzheimer's Resource Service-IU Health

431 S. College Avenue
Bloomington, IN 47403

Phone: 812-353-9299

E-mail:

cweber2@iuhealth.org

Website: <http://www.iuhealthbloomington.org/>

Hours: 9am-5pm Tues.-Fri. Evening appointments by request.

Services: The Alzheimer's Resource Service provides information, education, counseling, referrals and support for people with Alzheimer's disease or related dementia and their families or other caregivers.

Eligibility: Anyone. Serves Southern Indiana.

Fees: Free of charge

Amedisys Home Health Care

1332 W. Arch Haven
Avenue, Suite E
Bloomington, IN 47403

Phone: 812-333-7018
Toll-Free: 866-493-5748
Fax: 812-333-7094

Website: <http://www.amedisys.com>

Hours: 8am-5pm Mon.-Fri.

Services: Offers skilled home health services provided by RNs, LPNs, home health aides, physical therapists, occupational therapists, speech therapists and masters level social workers.

Eligibility: People in need of home health services.

Fees: Fees vary based on services. Accepts Medicare, Medicaid, private insurance and private pay.

American Cancer Society

4567 Progress Drive
Columbus, IN 47201

Phone: 812-376-6781
Toll Free: 800-227-2345
Fax: 812-376-8031

Website: <http://www.cancer.org>

Hours: 8:30am-5pm Mon.-Fri.

Services: The American Cancer Society saves lives and creates a world with less cancer and more birthdays by helping people stay well, by helping people get well, by finding cures and by fighting back. It provides information on prevention, detection, diagnosis and treatment of cancer and referrals to a variety of resources. Provides "Look Good Feel Better," a community-based, free national service that teaches cancer patients tips to look better and feel good about how they look during chemotherapy. Provides "Road to Recovery," a volunteer-based program where transportation is provided to medical appointments to people receiving cancer treatment. Provides "Reach to Recover," where people who have cancer and cancer survivors are matched to share experiences and provide support.

Eligibility: Anyone seeking information about cancer, cancer patients, their families and loved ones.

Fees: None

American Civil Liberties Union

ACLU Indiana
1031 E. Washington St.
Indianapolis, IN 46202

Phone: 317-635-4056

Fax: 317-635-4105

Website: <http://www.aclu-in.org/home>

Hours: Leave a message and a volunteer will return your call. This could take 8-10 weeks.

Services: The ACLU is dedicated to protecting the freedoms guaranteed to Indiana residents and businesses by the Indiana and United States Constitutions. To submit a request for legal assistance, please submit an online form that can be found under “Get Help” on the website’s home page. You can also send mail correspondence to the address listed above.

Eligibility: All residents of Monroe and Owen Counties.

Fees: None

American Diabetes Association of Indiana

6415 Castleway W. Drive
Suite 114
Indianapolis, IN 46250

Phone: 888-342-2383

Fax: 317-594-0748

Website: <http://www.diabetes.org>

Purpose: The mission of the American Diabetes Association is to prevent and cure diabetes and to improve the lives of all people affected by diabetes. The nonprofit provides educational programs and a camp for children with diabetes.

Meeting Time/Place: Call 888-342-2383 to be put on mailing list for meetings.

Fees: None, but it is optional to join for \$28 if you would like membership magazine subscription.

To Join: Call 888-342-2383 for more information.

American Legion Post 18

1800 West 3rd Street
Bloomington, IN 47404

Phone: 812-334-0500

Website: <http://www.legion18.org>

Hours: Call for medical equipment. Club hours vary depending on day and activity. Check website listed above for details.

Services: Military service organization for active duty military members and former active duty military members. Assists veterans and family members of veterans who are in need of medical equipment such as hospital beds, walkers, crutches, etc.

Eligibility: Veterans and family members of veterans.

Fees: None

American Red Cross Blood Donor Center

1600 W. 3rd Street
Bloomington, IN 47403

Phone: 812-331-1300
Toll Free: 800-448-3543

Website: <http://www.monroe-redcross.org>

Hours: Noon-7pm Mon., Tues., Thurs.
11am-6pm Wed.
8am-3pm Fri.
9am-1pm Sat.

Services: Accepts blood donations to serve people in need in Monroe and Owen Counties. Can also donate blood for self or a friend/family member having upcoming surgery.

Eligibility: Anyone 17 or older

Fees: None

American Red Cross-Monroe County

411 E. 7th Street
Bloomington, IN 47404

Phone: 812-332-7292

Fax: 812-332-2447

Website: <http://www.monroe-redcross.org>

Hours: 8:30am-5:30pm Mon.-Fri.

Services: The Red Cross is a nonprofit that provides disaster relief, international tracing services and health and safety services including babysitting instruction, CPR instruction and general first aid instruction. The agency also delivers urgent messages about births, deaths, serious illness and other family emergencies to service men and women deployed anywhere in the world.

Eligibility: Residents of Monroe and Owen Counties

Fees: None except for varying fees for instructional courses.

Amethyst House

Mailing Address:

PO Box 11
Bloomington, In 47402

Outpatient Services:

645 N. Walnut Street
Bloomington, IN 47404

Phone: 812-336-3570

Fax: 812-336-9010

E-mail:

amethyst@bloomington.in.us

Website: <http://www.amethysthouse.org>

Hours: Group days and times vary.

Services: Amethyst House offers a 12-week intensive outpatient therapy program, education and leisure groups, and individual sessions for people with substance abuse and gambling issues. It also offers residential addiction treatment programs for women, men and dependent children up to age six.

Eligibility:

Outpatient-Adults 18 and older.

Women's Residential-Women 18 and older. Must be clean and sober at least 2 weeks prior to entry.

Priority for pregnant women and IV drug users. Must be homeless or at risk for becoming homeless.

Men's Residential-Men age 18 and older. Must be clean and sober at least 2 weeks prior to entry.

Priority to IV drug users.

Fees: Outpatient fees are on a sliding scale based on income. Residential program fees are approximately 30% of gross monthly income.

Aphasia Support Group-Robert L. Milisen Speech-Language and Hearing Clinics

200 S. Jordan Avenue
Bloomington, IN
47405-7002

Phone: 812-855-6251
Fax: 812-855-5561

Purpose: To help people with aphasia who are motivated to work toward improving communication effectiveness. It is especially appropriate for individuals who have already completed a rehabilitation program or had a stroke several years ago. Small group therapy sessions are held weekly and are designed to maximize communications abilities in everyday situations.

Meeting Time/Place: Weekly group meetings during fall, spring and summer semesters. Meetings are held at the Robert L. Milisen Speech-Language and Hearing Clinic on Wednesdays 5-6pm.

Fees: The fee is \$25.00 per semester per individual.

To Join: Call 812-855-6251.

Area 10 Agency on Aging

631 W. Edgewood Dr.
Ellettsville, IN 47429

Phone: 812-876-3383
Toll Free: 1-800-844-1010
Fax: 812-876-9922

Website: <http://www.area10agency.org>

Hours: 8am-4:30pm Mon.-Fri.

Services: Area 10 provides a variety of services including the following:

211 Infolink-A comprehensive information and referral phone line for social service providers in Monroe and Owen Counties. You can call 24 hours a day, and anyone is eligible. There are no fees.

Caregiver Support Group-This support group offers monthly meetings for caregivers offering peer support, information sharing and occasional speakers. It meets on the third Wednesday of each month 6-8:30pm at the Monroe County Public Library, Room 1A. Anyone providing care to an older adult is eligible.

Caring Companions-Matches volunteers with individuals who need assistance to remain independent in their own homes. It focuses on elderly and people with disabilities. Provides services such as shopping assistance, light housekeeping, pet care, etc.

Endwright Center-The Endwright Center offers a variety of recreational activities including group fitness classes, arts and crafts, card games, computer tutoring

and more. Fitness center with weights and cardiovascular equipment; and an individualized fitness program showing how to stretch properly, how to lift weights correctly and how to use cardiovascular equipment. Hours are 8am-4pm Mon.-Fri.; class times vary. People age 50 and older are eligible. No membership fee.

Farmers' Market & Meal Vouchers-Meal vouchers allow seniors to purchase nutritious meals from a special menu at the Village Inn Restaurant in Ellettsville. Farmer's Market vouchers allow seniors to purchase produce starting in June/July. People age 60 and older are eligible. For Farmers' Market vouchers, one must be 150% Federal Poverty Level. There are no fees; however, donations are appreciated and tips are recommended for restaurant wait staff.

Food Pantry-Food from the pantry is delivered once per month to people who are homebound. Delivery varies by month and location; recipients receive a reminder call a few days before food is delivered. To be eligible, one must be homebound and either 60 or older, or younger with disabilities.

Free Fans for Seniors-This service provides seniors with free fans during warm months. One must be 60 or older.

Friendly Visitor and Telephone Reassurance-Volunteers periodically visit or call homebound seniors to provide companionship. Any homebound person age 60 and older is eligible. Call to sign up.

Grocery Shopping-Volunteers do grocery shopping for homebound seniors. They do not transport people to the grocery store. People age 60 and older who are homebound or unable to drive are eligible. Call to sign up.

Holiday Meals-Hot holiday meals are delivered on Thanksgiving Day and Christmas Day to eligible people who sign up by deadline. One must be 60 years or older, or a current recipient of Area 10 Home Delivered Meals to be eligible. There are no fees.

In-Home Care Private Provider List-This is a list of private individuals who provide in-home care, including errand running, homemaking assistance and personal care. Each person listed has passed an annual Indiana Limited Criminal Background check. People in need of private-pay care in their homes are eligible. Call to have list mailed/faxed/e-mailed to you, or come into the office.

In-Home Services Subsidies-Area 10 administers funding streams from state and federal governments that pay for in-home care (personal care, homemaking, home delivered meals) for people who qualify. Eligibility varies by funding type and service needed.

Long-Term Care Ombudsman-The ombudsman investigates and resolves complaints made by or on behalf of older individuals who are residents of long-term care facilities, including nursing homes and assisted living facilities. He/She also provides general information about long-term care facilities, residents'

rights and more. Anyone seeking advocacy or information regarding a long-term care facility is eligible.

Low Vision Support Group-This group meets monthly to offer support for people with low vision or blindness. Professionals present information and services to people with low vision, and transportation to and from meeting can be provided by Rural Transit. Meets the second Monday of each month 1-2pm. Persons with visual impairment, their caregivers and loved ones are eligible.

Meal Sites and Meal Delivery-Area 10 offers home delivered meals for seniors and people with disabilities as well as congregate meals that allow seniors to dine together in a social atmosphere.

Money Management-Volunteers assist seniors with bill paying, balancing checkbooks, etc. Volunteers may also serve as representative payees. Seniors who want help managing their finances are eligible.

Repairs Team-This team of volunteers provides minor home repairs, grab bar and handrail installation, wheelchair ramp and shallow steps construction.

Retired and Senior Volunteer Program (RSVP)-This program matches older adults with local volunteer opportunities that match their interests. Any person 55 and older is eligible.

RSVP Job Links-This program offers job coaching and helps people of all ages find jobs, prepare resumes, prepare for GED tests and apply for college financial assistance.

Rural Transit-This transportation system offers fixed routes and scheduled trips that link rural areas to county population centers. Medical transportation and buses with wheelchair lifts are available.

Senior Games-The Senior Games provide a wide variety of events to accommodate people of varying activity levels, abilities and interests.

Senior Housing-Area 10 operates Edgewood Village Apartments and Dodds-Wylie Court Apartments, two senior housing complexes located in Monroe County, and Cunot Apartments, a senior housing complex in Owen County.

State Health Insurance Assistance Program (SHIP)-This program offers seniors free, objective information on Medicare, Medicare Supplement Insurance, Medicare Advantage plans, Medicaid, long-term care insurance, prescription coverage and low-income subsidies that help with Medicare costs. SHIP counselors are trained and certified by the Indiana Department of Insurance. People who are or soon will be eligible for Medicare can receive this service.

Assisted Medical Transport-IU Health

630 S. Patterson
Bloomington, IN 47403

Phone: 812-353-9232

Website: <http://www.iuhealthbloomington.org/>

Hours: Mon.-Sun. by appointment.

Services: Van staffed with appropriately trained personnel to provide transportation for people in wheelchairs or those with physical limitations. Available for transportation in and out of Monroe County.

Eligibility: Persons in wheelchairs or those with other physical limitations. Medicaid-covered or private pay. Serves Monroe and some surrounding areas.

Fees: Varies; please call for rates.

Backstreet Missions

215 West Plex Avenue
Bloomington, IN 47404

Phone: 812-333-1905
Fax: 812-333-3005

Website: <http://www.backstreet.org>

Hours: 9am-5pm Mon.-Fri.

Services: Backstreet Missions is an independent, nonprofit, faith-based organization seeking to meet the needs of the homeless and needy in the community. It offers the following services:

Agape Women's Shelter **300 Opportunity Lane**
Shelter for single women and women with children who are experiencing homelessness for any reason. Shelter stay 2-18 months as needed.

Food Pantry **300 Opportunity Lane**
Offers a food pantry for people in need. Must know monthly income/expenses and provide social security numbers for all household members.

Geno's Café **215 West Plex Avenue**
Serves free meals to anyone in the community.
Breakfast: 8:30-9:30am Sat.; Lunch: 11am-12pm Mon.-Sat.; Dinner: 4-5pm Mon.-Fri.

Men's Shelter **215 West Plex Avenue**
Offers short-term emergency housing for homeless men. Long-term shelter offered for up to a year for homeless men who are committed to setting positive goals.

Thanksgiving and Christmas Assistance

Holiday Meal: Free Thanksgiving Day and Christmas Day meals open to all, served at Geno's Café.

Thanksgiving Food Basket: Receive a basket of food items, including a turkey, to prepare a Thanksgiving meal.

Christmas Gifts: Adopt-A-Child program to provide gifts for children ages 17 and under.

Volunteers: Help sort food and deliver Thanksgiving food baskets.

Eligibility: Varies based on program.

Fees: None

Banneker Community Center

930 W. 7th Street
Bloomington, IN 47404

Phone: 812-349-3735

Fax: 812-349-3790

Website: <http://www.bloomington.in.gov/banneker>

Hours: *Office*-9am-5pm Mon.-Fri.

Facility-9am-9pm Mon.-Fri.

Services: Recreational facility offering a variety of activities for youth, adults and families. The Family Resource Center on the third floor offers activities and resources for parents of young children.

Eligibility: Anyone

Fees: No fees for use of recreational facility. Some classes/activities have a fee.

Beautiful Creations, Inc.

819 West 2nd Street
Bloomington, IN 47403-2291

Phone: 812-332-1556

Hours: 10am-5pm Mon.-Fri.
Saturday by appointment

Services: Beautiful Creations fits mastectomy forms and garments including swimwear. It stocks hospital gowns, bed jackets, turbans and compression stockings. Other personal items are also available.

Eligibility: Available to anyone.

Fees: Fees vary based on item. The shop accepts private pay, insurance, Medicare and Medicaid.

Behavioral Health-IU Health

445 S. Landmark Avenue
Bloomington, IN 47403

Phone: 812-353-3450

Website: <http://www.iuhealthbloomington.org/>

Hours: 8:30am-5pm Mon.-Thurs.
8:30am-3pm Fri.
Appointments required.

Services: Mental health assessments and counseling for people suffering from problems such as depression, anxiety, severe stress, limited coping abilities or other mental health concerns. Individual, group and family therapy sessions are also offered. Offers an acute partial hospitalization program as an effective alternative to in-patient care to help individuals having an acute crisis. Psychiatric consultation and medication evaluation offered.

Eligibility: Adults of any age, income level or employment status.

Fees: Vary according to service. Accepts Medicare and insurance.

Behavioral Health Memory Clinic-IU Health

445 S. Landmark Avenue
Bloomington, IN 47403

Phone: 812-353-3450

Website: <http://www.iuhealthbloomington.org/>

Hours: Tuesday mornings by appointment.

Services: Staff includes a psychiatric nurse, a psychiatrist or a nurse practitioner and an Alzheimer's educator or family counselor. Assessments and evaluations to be expected include individual and family histories, physical examinations, psychiatric evaluation and neuropsychiatric screening. Referrals to other specialties for further testing may be made. A family caregiver should accompany the client to the appointment.

Eligibility: Adults of any age, income level or employment status who are experiencing memory problems.

Fees: Fees vary. Accepts Medicare, insurance or private pay.

Bell Trace Senior Living Community

800 N. Bell Trace Circle
Bloomington, IN 47408

Phone: 812-332-2355
Fax: 812-353-7575

Website: <http://www.belltrace.com>

Hours: Mon.-Sat. 8am-8pm
Sun. 9am-5pm

Services: Independent living community offering one- and two-bedroom apartments, cottages and a variety of amenities for people age 55 and older. Assisted living offers private studio apartments with personalized support services, such as bathing or medication reminders, to help people continue to live safely and independently.

Eligibility: Age 55 and older.

Fees: Fees vary; accepts private insurance and private pay; does not accept Medicaid.

Bloomington Beacon

PO Box 2363
Bloomington, IN 47402

Phone: 888-249-9255

Website: <http://www.bloomingtonbeacon.org>

Hours: Call or visit website.

Services: Provides information related to the LGBT community including local events, news, advocacy and more.

Eligibility: People who are LGBT, friends, family and allies.

Fees: None

Bloomington Driving Evaluation-IU Health

601 W. Second Street
Bloomington, IN 47403
or
333 E. Miller Drive
Bloomington, IN 47401

Phone: 888-249-9255 (W.
Second Street) *or*
812-353-3104 (E. Miller
Drive)

Hours: Hours vary by location. Please call for information.

Services: An occupational therapist will evaluate vision, physical and cognitive skills. An on-the-road practice test may be performed in conjunction with an Indiana-certified driving instructor and an occupational therapist. Referrals for rehabilitation or other recommendations can be made.

Eligibility: Persons who are 18 years of age or older who have been driving previously and may have had an illness or disability that could affect their driving skills. All individuals must have a valid driver's license or learner's permit.

Fees: Call for details. Accepts insurance and private pay.

Bloomington Housing Authority

1007 N. Summit Street
Bloomington, IN 47404

Phone: 812-339-3491
Fax: 812-339-7177

Website: <http://www.bhaindiana.net>

Hours: 8am-4pm Mon.-Tues., Thurs.-Fri.
8am-12 pm Wed.

Services: Offers services related to Section 8 vouchers and public housing. Certifies families and individuals for the Monroe and Owen Counties Section 8 Housing Choice Voucher Program to be used to help pay for rental housing approved by the Housing Authority. Also maintains and operates three public housing complexes for low-income families, people age 62 and older and people with disabilities in Monroe County. Housing complexes are Crestmont, Reverend Butler and Walnut Woods.

Eligibility: Must meet income guidelines for Section 8. Low-income families, people with disabilities and people age 62 and older for public housing.

Fees: None

Bloomington Human Rights Commission

401 N. Morton Street
Suite 220
Bloomington, IN 47404

Phone: 812-349-3429

Fax: 812-349-3441

Website:

[http://bloomington.in.gov/documents/viewdocument.php?document_id=164;](http://bloomington.in.gov/documents/viewdocument.php?document_id=164)

Hours: 8am-5pm Mon.-Fri.

Services: The Human Rights Commission responds to complaints of discrimination that occur within Bloomington city limits, including discrimination in employment, education, public accommodations and housing based on sex, race, color, religion, national origin, ancestry, disability, gender identity or sexual orientation. They also provide free training and information on civil rights laws to employers, landlords, tenants, employees and providers of public accommodations.

Eligibility: Anyone who has experienced discrimination within Bloomington city limits.

Fees: None

Bloomington Multiple Sclerosis Support Group

Phone: 812-331-4074

Purpose: Support group for people with multiple sclerosis (MS), their caregivers, family and friends to learn about MS, share with others and receive support and encouragement from all.

Meeting Time/Place: Meets in Banquet Room of Chapman's Restaurant (300 South State Road 446) at noon, second Wednesday of each month.

Fees: None

To Join: Call 812-331-4074.

Bloomington Parks and Recreation

401 N. Morton Street
Suite 250
Bloomington, IN 47402

Phone: 812-349-3700

Fax: 812-349-3705

Website: <http://www.bloomington.in.gov/parks>

Hours: Vary according to activity.

Services: Bloomington Parks and Recreation provides recreational programs including sports, cultural arts, special events, outdoor education, adult leisure, arts and crafts, and aquatics. Operates and maintains two pools, an ice arena, golf course, 40 city parks, two sports complexes and more than 30 miles of trails. A limited number of community garden plots are available on a first-come, first-served basis.

Eligibility: Open to all.

Fees: Fees vary with programs; non-city residents pay additional charges.

Bloomington Pedal Power

Bloomington, IN

Phone: 812-325-2777

E-Mail: chad@bloomingtonpedalpower.com

Website: <http://www.bloomingtonpedalpower.com>

Hours: 8am-5pm Mon.-Wed.
8am-2pm Thurs.-Sat.

Services: Bloomington Pedal Power is a delivery service dedicated to sustainable business practices. They make all deliveries on bicycles regardless of size, distance or weather conditions. They are able to deliver within Bloomington anything from small packages and groceries to legal documents, up to 300 pounds of cargo. Call to see how the organization can help.

Eligibility: Open to all.

Fees: Fees vary with delivery.

Bloomington Shuttle Service

3200 Venture Boulevard
Bloomington, IN 47404

Phone: 812-332-6004
Toll-Free: 800-589-6004

Website: <http://www.bloomingtonshuttle.com>

Hours: Check website or call for shuttle pick-up times.

Services: Shuttle to Indianapolis Airport that picks up and delivers from five locations in Bloomington.

Eligibility: Anyone

Fees: \$15 each way, cash or credit card. Purchase ticket at kiosk.

Bloomington Transit

130 W. Grimes Lane
Bloomington, IN 47403

Phone: 812-336-7433
Fax: 812-332-3660

Website: <http://www.bloomingtontransit.com>

Hours: 4am-12am 7 days a week.

Services: Public transportation serving Bloomington.
All buses have wheelchair ramps/lifts, wheelchair
securments and bike racks.

Eligibility: Anyone

Fees: Reduced rates for people age 60+, Medicare and
SSI recipients and school-aged children. Younger
children ride free.

Fare for seniors 60+: \$.50 (BT-issued ID card required)

Fare for people with disabilities: \$.50 (BT-issued ID card
required)

Reduced Monthly Pass: \$15

Reduced Fare 10-ride tickets: \$5

Broadview Learning Center

705 W. Coolidge Drive
Bloomington, IN 47403

Phone: 812-330-7731
Fax: 812-330-7789

Website: <http://www.adult.mccsc.edu/index.htm>

Hours: 7:30am-3:30pm Mon.-Fri.

Services: Offers free adult basic education (ABE)/GED preparation classes. During the regular school year, eight different ABE and GED classes are offered during the week, daytime and evening. Offers free English as a Second Language (ESL) classes. Offers Senior Tech computer classes for people 55 and older.

Eligibility: 19 and over for Adult Basic Education classes, 18 and over for ESL classes and 55 and older for Senior Tech classes.

Fees:

Adult Basic Education-None

ESL-None

Senior Tech-\$25 and materials fee of \$10

BT Access

Bloomington Transit
Company
130 West Grimes Lane
Bloomington, IN 47403

Phone: 812-336-7433

Fax: 812-332-3660

Website: <http://www.bloomingtontransit.com>

Hours: Daily 6am-11:30pm

Services: Transportation service for people within Bloomington city limits who are unable to use the Bloomington Transit fixed route bus system due to disability. Vans equipped with wheelchair lifts take passengers to and from any location in Bloomington.

Eligibility: Bloomington residents who are unable to use the fixed route system due to disability. Must complete application that includes statement from physician.

Fees: \$2.00 each way

Cambridge Square Apartments

307 Pete Ellis Drive
Bloomington, IN 47408

Phone: 812-334-3115
Toll-Free: 800-326-9193

Hours: 8am-noon and 1-5pm Mon., Tues., Thurs., Fri.

Services: Affordable one-bedroom apartments for seniors and people with disabilities. Pets allowed with additional \$200 deposit.

Eligibility: Age 62 and older, or people with disabilities.

Fees: Rent is 30% of monthly income.

Caregivers, Inc.

822 W. First Street
Suite 5
Bloomington, IN 47403

Phone: 812-333-8800

Fax: 812-333-2774

Website: <http://www.caregivershealth.com>

Hours: *Office Hours*-8am-5pm Mon.-Fri.
24-hour home care provided

Services: Caregivers, Inc.'s, mission is to nurture, heal and maintain clients at home by providing the highest quality care in an ethical, cost-effective manner. It provides the following in-home services: registered and licensed practical nurses; home health aides; physical, occupational and speech therapists; and medical/social workers.

Eligibility: Anyone in Monroe or Owen Counties with an appropriate doctor's order. (The organization also provides services to Bartholomew, Boone, Brown, Clay, Greene, Hamilton, Hancock, Hendricks, Jackson, Jennings, Johnson, Lawrence, Marion, Martin, Morgan, Orange and Shelby Counties.)

Fees: Vary depending on service.

Caregiver Support Group

Phone: 812-876-3383

Purpose: Monthly meeting for caregivers offering peer support, information sharing and occasional speakers.

Meeting Time/Place: Third Wednesday of each month, 6-8:30pm at Monroe County Public Library Room 1A (303 E. Kirkwood Ave., Bloomington).

Fees: None

To Join: Show up during meeting time.

Catholic Charities of Bloomington

631 N. College Ave.
Bloomington, IN 47404

Phone: 812-332-1262
Fax: 812-334-8464

Website:

<http://www.archindy.org/cc/bloomington/index.html>

Hours: By appointment, Monday through Friday.
Telephone answering service available.

Services: Catholic Charities of Bloomington is committed to enhancing the availability of quality mental health services. It delivers professional mental health education and counseling on a sliding fee scale and through advocacy for affordable, easily accessible community mental health services.

Eligibility: Serves all residents of the counties of Bloomington Deanery of the Archdiocese of Indianapolis: Brown, Lawrence, Morgan, Monroe, Orange and Owen Counties.

Fees: Fees on a sliding scale.

Center for Human Growth

201 N. Rose Avenue
Room 001
IU Education Building
Bloomington, IN 47405

Phone: 812-856-8302

Fax: 812-856-8317

Website: <http://www.indiana.edu/~centgrow/>

Hours: Noon-8pm Mon.-Thurs.

Noon-5pm Fri.

Services: The Center for Human Growth offers counseling for individuals, couples, families and groups. Counselors are graduate students in the Department of Counseling and Educational Psychology at Indiana University who are supervised by a faculty member.

Eligibility: Any resident of Monroe County and adjacent areas.

Fees: Fees based on a sliding scale. Accepts private pay only (cash and personal check).

Center for Sustainable Living

323 S. Walnut Street
Bloomington, IN 47401

Phone: 812-332-8796

Website: <http://www.simplycsl.org>

Hours: Does not have regular office hours. Call for information or leave message.

Services: Offers a variety of projects with a focus on renewable energy, natural building, affordable holistic housing, alternative transportation, organic gardening, backyard habitat certification and more. Regularly offers guest lectures and discussion groups on a variety of topics. Offers food pantry with vegetarian and vegan food to low-income people in need. Provides the Bloomington Bike Project, which promotes the use of bicycles for transportation and sells gently used bicycles. Offers ongoing bicycle maintenance courses and repair shop with tools. Also provides annual series of classes on a variety of organic gardening methods.

Eligibility: Anyone

Fees: None

Center for Women's Ministries-Monroe County

1525 S. Rogers Street
Bloomington, IN 47403

Phone: 812-333-1555
Fax: 812-333-8336

Center for Women's Ministries-Owen County

751 W. Franklin Street
Spencer, IN 47460

Phone: 812-829-0477

Website: <http://www.centerforwomensministries.org>

Hours:

Monroe County: 10am-3pm Mon.-Thurs.; evenings by appointment.

Owen County: 10am-4pm Mon.-Thurs.; 10am-2pm Wed.; evenings by appointment.

Services: The Center for Women's Ministries is a free non-denominational ministry for women promoting emotional and spiritual healing. One-on-one peer counseling from trained volunteers, support groups, Bible study and prayer groups.

Eligibility: Females age 13 and older.

Fees: Peer counseling is free; there may be a charge for study materials.

Centerstone-Monroe County

645 S. Rogers
Bloomington, IN 47403

Phone: 812-339-1691
Toll-Free/24-hour Crisis:
800-344-8802
Fax: 812-339-8109

Centerstone-Owen County

272 N. US Highway 231
Spencer, IN 47460

Phone: 812-829-4871
Toll-Free/24-hour Crisis:
800-344-8802
Fax: 812-829-0758

Website: <http://www.centerstone.org>

Hours: *Office*-Mon.-Fri., 8am-5pm; evening appointments available until 8pm.

Emergency Services-24 hours a day, 365 days a year.

Services: Centerstone's mission is to prevent and cure mental illness and addiction. It provides comprehensive services for children, adolescents and adults. These include treatment for stress, depression, trauma, anxiety, phobia, family problems, substance abuse or addiction, grief and other life adjustment challenges, anger management problems and other serious behavioral problems.

Eligibility: Any resident of Monroe, Lawrence, Morgan or Owen Counties.

Fees: Fees based on a sliding scale.

Centerstone-Owen County (Uninsured Only)

Johnson-Nichols Health
Clinic
911 W. Hillside Ave.
Spencer, IN 47460

Phone: 812-829-0303

Hours: 1-5pm second and fourth Monday each month

Services: Visiting clinician from Centerstone serves uninsured people seeking mental health services.

Eligibility: Cannot be covered by insurance, Medicare or Medicaid. Resident of Owen County.

Fees: Based on income.

El Centro Comunal Latino

303 E. Kirkwood Avenue
Bloomington, IN 47408

Phone: 812-355-7513

Website: <http://www.elcentrocomunal.org>

Hours: 9am-2pm Mon., 9am-3pm Tues., 9am-12pm
Wed. and Thurs., 9am-5:30pm Fri.

Services: Offers a variety of services to support Latinos in the community (including seniors), especially those who speak Spanish, including one-on-one tutoring, information and referral to community resources, language interpretation and translation services, cultural events, lecture series on life skills topics and more.

Eligibility: Latinos, with a focus on Spanish-speaking individuals.

Fees: None

Christole

200 Hawthorne Drive
Nashville, IN 47448

Phone: 812-988-1257

Website: <http://www.christole.org>

Hours: 8am-4:30pm Mon.-Fri.

Services: Provides residential and community-based services for people with developmental disabilities. Provides nursing service from licensed practical and registered nurses with coordination of healthcare service delivery, physician consultation, assistance with integration into community healthcare services and 24-hour on-call availability. Provides Medicaid-funded community residential homes in local neighborhoods, staffed 24 hours a day by professional therapeutic teams. These include Limestone Home, Winslow Home, Dunn Home and Rhinestone Home. Also offers Medicaid home- and community-based services including personal assistance, respite care and homemaker services.

Eligibility: Call to schedule in-home assessment for service.

Fees: Fees vary.

City of Bloomington Volunteer Network

401 N. Morton Street
Suite 260
Bloomington, IN 47402

Phone: 812-349-3433

Fax: 812-349-3482

Website: <http://www.bloomington.in.gov/volunteer>

Hours: 8am-5pm Mon.-Fri.

Services: Matches people who want to volunteer with member organizations in need of volunteers. Also offers weekly e-mail updates regarding volunteer opportunities around the community.

Eligibility: Residents of Monroe County seeking volunteer opportunities.

Fees: None

Classic Mediacab Transportation

312 W. Main Street
Greensburg, IN 47420

Toll-Free: 866-663-9990

Hours: 8am-5pm 7 days a week (will extend in special circumstances, if able).

Services: Medical transportation provider that will make trips to Indianapolis and other areas. No wheelchair-accessible vehicles, and drivers do not assist passengers door to door.

Eligibility: People in need of transportation to medical appointments in Monroe, Owen and surrounding counties.

Fees: Private Pay: \$2.25 per mile. Medicaid: \$1.00 co-pay for round trip, \$.50 co-pay one way.

Comfort Keepers

4001 E. 3rd Street
Suite 11
Bloomington, IN 47401

Phone: 812-822-0145

Fax: 812-822-0152

Website: <http://www.comfortkeepers.com>

Hours: Daily 24 hours

Services: Provides non-medical in-home care to people of all ages in need. Offers personal/attendant care, errand running and homemaking services.

Eligibility: Anyone in need of non-medical in-home care. Serves Lawrence, Monroe, Orange and Owen Counties.

Fees: Range from \$18 an hour. Accepts private insurance and private pay.

Commission on Aging

City of Bloomington
401 N. Morton St.
Bloomington, IN 47404

Phone: 812-349-3468

Purpose: This commission was established in December 2009 to encourage the development of programming, explore issues and concerns, celebrate accomplishments, promote solutions to the problems and challenges, and work in collaboration with other community organizations to promote public awareness of the senior and aging community. All initiatives include an intergenerational focus. The commission also organizes and presents an annual Creative Aging Festival.

Meeting Time/Place: Meets the second Tuesday of each month at 4:30 pm in the Hooker Room of City Hall (401 N. Morton St.).

Fees: None

To Join: Public is allowed to attend meetings. Members are appointed.

Community and Family Resources (CFRD)

City of Bloomington
401 N. Morton Street
Suite 260
Bloomington, IN 47404

Phone: 812-349-3430

Website: <http://bloomington.in.gov/cfrd>

Hours: 8am-5pm Mon.-Fri.

Services: The Community and Family Resources Department serves as a resource to individuals, families and organizations in the Bloomington community, coordinating services, programs and activities that promote an enhanced quality of life and help build a strong, vital community. It organizes the following programs and events: Scouts in Government Day, Homeward Bound Walk, Latino Programs and Outreach, and the Safe and Civil City Program. It also provides guides and directories to community members. In addition, the department has several commissions:

Commission on Aging: The commission was established to encourage the development of programming, explore issues and concerns, celebrate accomplishments, promote solutions to problems and challenges and work in collaboration with other community organizations to promote public awareness of the senior and aging community. *It meets on the*

second Tuesday of each month at 4:30pm in the Hooker Conference Room at City Hall. SEE PAGE

Council for Community Accessibility: This is a volunteer group that advocates for the interests of people with disabilities. *It holds public meetings at City Hall. See website for details of meeting times.*

Commission on the Status of Black Males: The commission was established to develop action committees, serve as a catalyst to promote positive public and private remedies to multi-faceted problems confronting black males, and network with similar missions. *It meets monthly. Check the website for meeting schedule.*

Commission on the Status of Women: This commission explores women's issues and concerns, celebrates women's accomplishments and promotes solutions to the problems and challenges faced by women. *It meets the first Thursday of each month at Showers City Hall.*

Community and Family Resources Commission: This commission evaluates funding requests from human services programs by making recommendations to the Common Council and the mayor, examines current human service needs and collaborates with the Community and Family Resources Department on its programs and activities. *It meets on the third Tuesday of each month at 5pm in the Hooker Conference Room of City Hall.*

Dr. Martin Luther King, Jr., Commission: This commission raises awareness about the life and legacy of Dr. Martin Luther King, Jr., and promotes the acceptance of diversity.

Commission on Hispanic and Latino Affairs: This commission was established to work toward economic, educational and social equity for Hispanics and Latinos residing in Bloomington and to promote cooperation and understanding among cultures. *It meets the first Wednesday of every month at 5:30 pm in the McCloskey Conference room of City Hall.*

Eligibility: General public

Fees: None

Community Health Well Checks-IU Health

Phone: 812-353-3244

Website: <http://www.iuhealthbloomington.org/>

Hours: Testing hours are 8:30-10:30am; dates and locations vary. Call for information or check listing in monthly IU Health Community Health Events calendar.

Services: Testing for blood sugar, A1C (blood test to determine pre-diabetes), cholesterol (Lipids II profile) and blood pressure scheduled regularly throughout the year. Twelve-hour fast required for some blood testing.

Eligibility: Adults of any age, income level or employment status.

Fees: A1C, blood sugar and blood pressure checks are free. Cholesterol (Lipids II profile) is \$20 (\$15 for Plus Cards members).

Community Justice and Mediation Center

205 S. Walnut Street
Suite 15
Suite 260
Bloomington, IN 47404

Phone: 812-336-8677

Website: <http://www.cjam.org>

Hours: 10am-5pm Mon.-Fri.

Services: Trained volunteers and staff provide mediation services for a variety of conflicts including family, neighborhood, workplace and small claims to individuals, businesses, community groups and more. Also offers training on conflict resolution and mediation skills to general public.

Eligibility: Anyone

Fees: None, but donations are accepted.

Community Kitchen of Monroe County

Kitchen:

917 S. Rogers St.
Bloomington, IN 47403

Phone: 812-332-0999

Express:

1100 W. 11th St.
Bloomington, IN 47404

Website: <http://www.monroecommunitykitchen.com>

Hours: Dinner 4-6pm Mon.-Sat. year round

Services: The mission of the Community Kitchen is to work alone and in collaboration to eliminate hunger in Monroe County and surrounding areas through direct service, education and advocacy. It provides dinner with a main entrée, vegetarian option, side vegetable, salad, fruit, dessert and beverage. In addition, cold and warm carryout meals are available from the express location. Also serves free traditional holiday meals on Thanksgiving Day and Christmas Day each year. Volunteers needed for these services as well.

Eligibility: Anyone in need, no questions asked.

Fees: None. Donations always accepted.

Community Legal Clinic

I.U. School of Law
211 South Indiana Avenue
Bloomington, IN 47405

Phone: 812-855-9229

Fax: 812-855-5128

Website:

<http://www.law.indiana.edu/about/outreach/community.shtml>

Hours: 8am-5pm Mon.-Fri.

Services: Students represent clients on family law matters including divorce, establishment of paternity, guardianship, adoption, parenting and custody. The clinic usually accepts new cases in August and January only.

Eligibility: Low-income residents of Monroe and contiguous counties based on intake bases. Clinic will not accept landlord/tenant, Medicare, Medicaid or Social Security problems.

Fees: No charge for attorney services. Client must pay for filing fees and expenses.

County Auditor

Monroe County

Monroe County Court House
100 W. Kirkwood Avenue
Room 204
Bloomington, IN 47404

Phone: 812-349-2510

Fax: 812-349-2280

Owen County

Owen County Court House
60 S. Main Street
Spencer, IN 47460

Phone: 812-829-5000

Websites:

Monroe County:

<http://www.co.monroe.in.us/tsd/Government/TaxProperty/Auditor.aspx>

Owen County:

<http://www.owencounty.in.gov/departments/auditor.asp>

Hours: 8am-4pm Mon.-Fri.

Services: Maintains the official ledger of the county, including receipts, appropriations and reimbursements. File all property exemptions here such as Age 65 and Over Exemptions, Homestead Exemptions, Mortgage Exemptions, Disability Exemptions, Property Assessment Evaluation and Transfer of Real Estate.

Eligibility: Everyone, depending on type of exemption.

Fees: None for age exemption.

Cunot Apartments

10601 Cunot Cataract Road Phone: 812-876-3383
Poland, IN 47868

Website:

<http://www.area10agency.org/housing/cunot.php>

Hours: 9am-5pm Mon.-Fri., Area 10 Agency on Aging

Services: One of three apartment complexes owned and operated by Area 10 Agency on Aging. Cunot has one- and two-bedroom apartments; the Cunot Community Center is located next door. All units have wide doorways, easy-to-open doors, blade-type faucet handles and grab bars for showers and tubs. Some fully accessible wheelchair units (lower counters, roll-in showers, etc.). Laundromat, community room, all units on ground floor with private patios.

Eligibility: Must be 55+ and income eligible. Call for details.

Fees: Rent based on income eligibility.

Cunot Community & Senior Center

5530 State Road 42
Poland, IN 47468

Phone: 765-795-3461
Fax: 765-795-6501

Hours: *Senior Center*-8am-2pm Mon.-Fri.

Food Pantry-9-11am Tues.-Thurs.

Services: Offers a variety of activities for people of all ages. Also provides food pantry for Owen County residents. People can visit pantry once per month.

Eligibility: Anyone for Senior and Community Center. For food pantry, one must show up during pantry hours and provide state-issued photo ID or two pieces of official mail that show person's name at Owen County address.

Fees: None

Dental Care Center of Monroe County

1602 W. 3rd Street
Bloomington, IN 47404

Phone: 812-339-7700

Fax: 812-339-7794

Hours: 8am-5pm Tues.-Thurs. (closed 12-1pm)

Services: Full-service dental office (no braces), from cleanings to extractions and dentures, that offers sliding-scale fees for those who are income eligible.

Eligibility: Anyone in Monroe and surrounding counties.

Fees: Reduced fees based on income and household size. Payment due at time of service. Medicaid and private insurance accepted.

District 10 Pro Bono Project

708 N. Walnut Street
Bloomington, IN 47404

Phone: 812-339-3610
Toll-Free: 800-570-1787
Fax: 812-339-3624

Hours: *Intake*-10am-noon Mon.; 2pm-5pm Thurs.

Services: Offers free legal help to people in need by matching them with local volunteer attorneys to help with a variety of civil law issues.

Eligibility: Anyone

Fees: None

Dodds-Wylie Court Apartments

720 W. Dodds and 739 W. Wylie Sts.
Bloomington, IN 47403
Phone: 812-876-3383

Website:

<http://www.area10agency.org/housing/dodds-wylie.php>

Hours: 9am-5pm Mon.-Fri., Area 10 Agency on Aging

Services: One of three apartment complexes operated by Area 10 Agency on Aging. Owned by Perry Township, Dodds-Wylie was completely renovated in 2008, and all units are ADA compliant. Each two-bedroom apartment has gas heat and hot water, central air, a full-size stove/oven and refrigerator and a shared patio. All units have wide doorways, easy-to-open doors, blade-type faucet handles and grab bars for showers and tubs. All units, sidewalks, door sills and one of two parking areas are at ground level for easy access.

Eligibility: Must be 55+ and income eligible. Call for details.

Fees: Rent based on income eligibility.

Easter Seals Crossroads

4740 Kingsway Drive
Indianapolis, IN 46205

Phone: 317-466-1000
TTY/TDD: 317-479-3232
Fax: 317-466-2000

Website: <http://www.crossroads.easterseals.com>

Hours: 8am-5pm Mon.-Fri.

Services: A community resource working in partnership with children and adults with disabilities or special needs and their families to promote growth, independence and dignity. Offers information about assistive technology and funding sources to help with costs; equipment demonstrations to learn about basic features; and an equipment loan program for short periods of time. Demonstrations in Bloomington once every eight weeks. Offers refurbished computers to people with disabilities in need.

Eligibility: People with disabilities.

Fees: None

Edgewood Village Apartments

7400-7496 Mustang Drive
Ellettsville, IN 47429

Phone: 812-876-3383

Website:

<http://www.area10agency.org/housing/edgewood.php>

Hours: 9am-5pm Mon.-Fri., Area 10 Agency on Aging

Services: One of three apartment complexes owned and operated by Area 10 Agency on Aging. The complex consists of one- and two-bedroom units right across the street from Area 10 Agency on Aging, the Endwright Center and Rural Transit. All units have wide doorways, easy-to-open doors, blade-type faucet handles and grab bars for showers and tubs. There are also six fully accessible wheelchair units (lower counters, roll-in showers, etc.). Laundromat, club room with kitchen, porches and balconies.

Eligibility: Must be 55+ and income eligible. Call for details.

Fees: Rent based on income eligibility.

Elder Care Connections

1111 N. Walnut Street
Bloomington, IN 47404

Phone: 812-320-1807
Fax: 812-330-3848

Website: <http://www.eldercc.net>

Hours: Daily 24 hours

Services: Offers nurse care managers who help coordinate and oversee care and provide information, guidance and support to family members. Offers a variety of services based on needs determined after an in-home assessment. Services include companionship, homemaking, personal care, transportation and money management services.

Eligibility: Anyone. Call for more information.

Fees: Fees vary based on service; accepts long-term care insurance and private pay.

Elder's Journey

4001 E. Third Street
Bloomington, IN 47401

Phone: 812-334-2389

Website: <http://www.eldersjourney.com>

Hours: Daily 24 hours

Services: Offers a variety of services to older adults and their families with the purpose of identifying needs and coordinating care for older adults in any living situation. Services include managing daily affairs, organizing mail and monthly bill-paying oversight, coordinating of and escort to doctors' appointments, assistance with housing alternatives, and connections to resource guidance and planning for future decisions.

Eligibility: Older adults

Fees: Accepts private pay only. Fees vary based on service.

**Ellettsville First United Methodist Church
Food Pantry**

803 W. Temperance
Ellettsville, IN 47429

Phone: 812-876-4792

Website: <http://www.gbgm-umc.org/efumc>

Hours: 9am-noon Mon.-Fri.

Services: Food pantry offering non-perishable food only. People limited to receiving assistance once every 90 days.

Eligibility: Monroe County residents

Fees: None

Emergency Management Office

Monroe County

2800 S. Kirby Road
Bloomington, IN 47403
Phone: 812-349-2546
Fax: 812-349-2052

Owen County

60 S. Main Street
Spencer, IN 47460
Phone: 812-829-5035
Fax: 812-829-2925

Websites:

Monroe County:

[http://www.co.monroe.in.us/tsd/Community/
EmergencyManagement.aspx](http://www.co.monroe.in.us/tsd/Community/EmergencyManagement.aspx)

Owen County:

<http://www.owencounty.in.gov>

Hours: 8am-4pm Mon.-Fri.

Services: Emergency Management is responsible for preparation and coordination of all emergency functions other than those for which military forces or other federal agencies are responsible.

Eligibility: Anyone

Fees: None

The Endwright Center

631 W. Edgewood Dr.
Ellettsville, IN 47429

Phone: 812-876-3383
Fax: 812-876-9922

Website: <http://www.area10agency.org>

Hours: 8am-4pm Mon.-Fri. Class times vary. Call or visit website for schedule.

Services: The Endwright Center offers a variety of recreational activities including group fitness classes, arts and crafts, card games, computer tutoring and more. Fitness center with weights and cardiovascular equipment and an individualized fitness program including instruction on how to stretch properly, lift weights correctly and use cardiovascular equipment.

Eligibility: People age 50 and older in Monroe and surrounding counties.

Fees: No membership fee. Some classes may have fees for materials.

Experience Works

PO Box 687
Seymour, IN 47274

Phone: 866-976-5939
Fax: 812-522-7684

Website: <http://www.experienceworks.org>

Hours: 7:30am-4:30pm Mon.-Fri.

Services: Participants are assigned to qualified nonprofit organizations or government agencies on a part-time basis where they receive on-the-job training while earning minimum wage.

Eligibility: Unemployed people age 55 and older, with income 125% FPL or less.

Fees: None

Family and Social Services Administration

Monroe County Office

Division of Family
Resources

1711 N. College Avenue
Suite 101
Bloomington, IN 47404
Phone: 800-403-0864

Owen County Office

Division of Family
Resources

450 E. Franklin St., Ste. B
Spencer, IN 47460-1824
Phone: 800-403-0864

Hours: *Office*-8am-4:30pm Mon.-Fri.

Call Center-7am-7pm Mon.-Fri.

Services: The Division of Family Resources provides various tools to strengthen families through services that focus on prevention, early intervention, self-sufficiency, family support and preservation. The division administers cash assistance, child care assistance, food stamps, employment and training services for low-income clients as well as Medicaid eligibility assessments.

Eligibility: According to state and federal guidelines.

Fees: None

Farmers' Market-Bloomington

401 N. Morton Street
Bloomington, IN 47402

Phone: 812-349-3700
Fax: 812-349-3705

Website:

<http://www.bloomington.in.gov/farmersmarket>

Hours:

Saturdays

Apr.-Sep. 8am-1pm

Oct.-Nov. 9am-1pm

Tuesdays

June-Sep. 4-7pm

Services: Offers locally grown produce, annual and perennial plants and a variety of prepared foods directly from farmers. People who receive food stamps can visit the information table in City Hall during market hours to exchange benefits for “Market Bucks,” which can be used to purchase eligible food items.

Eligibility: Anyone

Fees: Vary based on item.

Farmers' Market-Owen County

North side of Courthouse Square
Spencer, IN 47460

Website: <http://www.farmersmarketowencounty.com>

Hours:

Saturdays

May 7-Aug. 27 (2011) 8am-noon

Sep. 3-Oct. 15 (2011) 9am-noon

Services: Market vendors offer locally grown foods, crafts, entertainment and more.

Eligibility: Anyone

Fees: Vary based on item.

Feed the Needy

321 North Rogers Street
Bloomington, IN

Phone: 812-336-5827

Hours: 10am-noon Mon.,Tues.,Thurs.
3-5pm Wed.

Services: Food pantry for people in need.

Eligibility: Monroe County residents

Fees: None

Fibromyalgia and Chronic Pain Support Group

Abilities Unlimited
2620 N. Walnut Street
Suite 1205
Bloomington, IN 47404

Phone: 812-332-1620
Fax: 812-332-1620

Website: <http://www.abilitiesunlimited.net>

Purpose: Staff can speak with people who have chronic pain. Also offer links to online support services for information, resources and connections with others who have chronic pain.

Meeting Time/Place: Come to Abilities Unlimited to speak with staff anytime 8am-5pm Mon.-Fri.

Fees: None

To Join: Call or visit Abilities Unlimited.

Fire Department, City of Bloomington

300 E. Fourth St.
Bloomington, IN 47402

Phone: 812-332-9763

Website:

http://bloomington.in.gov/documents/viewDocument.php?document_id=142

Hours: *Office*-8am-5pm Mon.-Fri.

Services: Provides emergency fire services for city fires, churches and all school fires within Monroe County; mutual aid to all township Fire Departments (when requested) or if life is involved; and other areas that contract for fire protection. Provides demonstrations, speakers and fire safety literature and videos for clubs and other organizations. Will assist in proper location of smoke alarms within a private residence located in the city.

Eligibility: Anyone

Fees: No charge

First United Church-The Love Fund

2420 East Third Street
Bloomington, IN 47401

Phone: 812-332-4439
Fax: 812-332-4430

Website: <http://www.firstunitedchurchbloomington.org>

Hours: 8:30am-4:30pm Mon.-Fri.

Services: The Love Fund is a source of help for members of the community who run into financial difficulties. The fund is administered by the Board of Outreach of the First United Church

Eligibility: People in need of emergency financial help.

Fees: Must have a referral from local agency (Shalom Center, Salvation Army, Monroe County United Ministries, Township Trustees).

First United Methodist Church-Food Pantry

219 E. 4th St.
Bloomington, IN 47408

Phone: 812-332-6396

Fax: 812-332-0223

Website: <http://www.firstchurchbloomington.org>

Hours: 3:30-5:30pm Wed. (sign in at 3pm)

Services: Church offers bags of groceries once a week to people in need. Food distributed from church basement, first come first served.

Eligibility: Anyone in need of food.

Fees: None

Funeral Consumer Alliance of Bloomington

PO Box 7232
Bloomington, IN 47407

Phone: 812-335-6633

Website: <http://www.funerals.org>

Hours: Call for Confidential Voice Mail Information Line.

Services: Provides information and resources about funerals including state regulations and local options concerning funerals and burials; alternatives to traditional commercial services; and planning for end-of-life services.

Eligibility: Anyone seeking information about funerals.

Fees: None

Funeral Homes in Monroe and Owen Counties

Aaron Funeral Home

2609 S. Walnut St.
Bloomington, IN 47490
812-332-3644

Church and Community

4360 E. Paynetown Rd.
Bloomington, IN 47401
812-332-9800

Allen Funeral Home

4155 S. Old State Road 37
Bloomington, IN 47407
812-824-5905

Day Funeral Home

4150 East Third St.
Bloomington, IN 47401
812-336-6331

Bloomington Cremation Society

5169 N. Old State Road 37
Bloomington, IN 47408-9240
812-339-2118

Deremiah-Frye Mortuary/Greene & Harrell Chapel

700 West Gourley Pike
Bloomington, IN 47404
812-332-9376

Bond-Mitchell Funeral Home

1682 State Road 135
North
Nashville, IN 47448
812-988-4289

Ferguson Lee Funeral Home

818 18th Street
Bedford, IN 47421
812-275-4433

Chandler Funeral Home

203 East Temperance St.
Ellettsville, IN 47429-1811
812-876-6075

The Funeral Chapel

3000 E. Third Street
Bloomington, IN 47401
812-333-4400

**West & Parrish & Pedigo
Funeral Home**

105 North Montgomery
Street
Spencer, IN 47460
812-829-2791

Whitaker Funeral Home

201 North Lafayette
Street
Cloverdale, IN 46120
765-795-4211

Garden Villa

1100 S. Curry Pike
Bloomington, IN 47403

Phone: 812-339-1657

Fax: 812-335-6804

Website: <http://www.gardenvillahealth.com>

Hours: Adult Day Care-Daily 8am-5pm

Nursing Facility-Daily 24 hours

Services: Skilled nursing facility that offers short-term rehabilitation and long-term care, including units for people with Alzheimer's disease. Also offers adult day care with activities and socialization while receiving necessary skilled care.

Eligibility: People in need of a nursing home level of care and whose caregivers are in need of respite.

Fees: Accepts Medicare, Medicaid, private insurance and private pay. Adult Day Care: \$9.50/hr. with a minimum of 4 hours.

Golden Living Center

155 E. Burks Drive
Bloomington, IN 47401

Phone: 812-332-4437

Website: <http://www.goldenliving.com>

Hours: 8am-4pm Mon.-Fri.

Services: Supervised care for adults, providing caregivers with respite from caregiving duties. Also offers nursing facility that provides short-term rehabilitation and long-term care for those in need of skilled medical care. Also offers a unit specifically for people with moderate to severe dementia and Alzheimer's disease.

Eligibility: Adults with low needs who are able to function at a high level.

Fees: Vary according to service provided. Call for information.

Goodwill Industries

Bloomington

1284 Liberty Drive
Bloomington, IN 47403
Phone: 812-336-8104

Bloomington East

840 South Auto Mall Road
Bloomington, IN 47401
Phone: 812-331-8170

Hours: 9am-9pm Mon.-Sat.
11am-7pm Sun.

Services: Thrift store that sells a wide variety of new to gently used clothing, household items, furniture, books and toys at affordable prices.

Eligibility: Anyone

Fees: Vary based on item.

Grace Center, Inc.

701 W. Popcorn Road
Harrodsburg, IN 47434

Emergency Food:
812-824-7171
Phone: 812-824-5595

Hours: 10am-noon Tues.

Services: Food pantry located in the back of the Community Hardware building, serving Monroe County residents of Clear Creek, Indian Creek and Polk Townships. Also sponsors free community dinners the last Tuesday of each month, 5:30-7pm, at Harrodsburg Community Center (1002 W. Popcorn Rd., Harrodsburg).

Eligibility: Low-income families unable to cover basic living expenses and buy food for the month.

Fees: None

Great Harvest Ministry Center-Soup Kitchen

1107 S. Fairview Drive
Bloomington, IN 47403

Phone: 812-339-4462

Hours: *Soup Kitchen*-2-4pm Sunday

Services: Offers free hot meals to anyone who shows up during soup kitchen meal hours. Also offers a holiday meal on Thanksgiving and Christmas for anyone who shows up during meal hours.

Eligibility: Anyone who shows up during meal hours.

Fees: None

Greenbriar Senior Apartments

770 E. Franklin Street
Spencer, IN 47460

Phone: 812-829-0868
Fax: 812-829-0868

Hours: 9am-5pm Mon., Wed., Thurs.

Services: Offers one-bedroom apartments for people 62 and older or people with disabilities. Pets okay with \$200 deposit.

Eligibility: People age 62 and older and people with disabilities.

Fees: Rent is based on percentage of income; accepts Section 8.

Grocery Stores in Monroe & Owen Counties with Delivery Service

Monroe County:

Bloomingfoods Market & Deli

419 E. Kirkwood Ave.

Phone: 812-336-5300

Website: <http://www.bloomingfoods.coop/>

Hours: 8am-9pm Mon.-Sat.

8am-9pm Sun.

Will deliver by bicycle if requested. Offers 5% discount to seniors. Sells a variety of natural foods.

Bloomingfoods Market & Deli

3220 East 3rd St.

316 West 6th St.

Phone: 812-336-5400

Phone: 812-333-7312

Website: <http://www.bloomingfoods.coop/>

Hours: 8am-10pm Mon.-Sat.

8am-9pm Sun.

Will deliver by bicycle if requested. Offers 5% discount to seniors. Sells a variety of natural foods.

Owen County:

Babbs' Supervalu

459 W. Morgan Street

Spencer, IN 47460

Phone: 812-829-2231

Hours: Open 24 hours a day, 7 days a week.

Shopping assistance for elderly and disabled. Call for information on delivery. Some services available on request.

Coal City Market

157 Main Street

Coal City, IN 47427

Phone: 812-859-4641

Hours: 7am-7pm Mon.-Sat.

7am-5pm Sun.

Assist with shopping. Will provide delivery to elderly, shut-in or disabled individuals within a reasonable distance. No charge.

Habitat for Humanity

Monroe County

213 E. Kirkwood Avenue
Bloomington, IN 47408
Phone: 812-331-4069
Fax: 812-336-6022

Owen County

PO Box 88
Spencer, IN 47460
Phone: 812-828-0142

Website: <http://www.monroecountyhabitat.org>

Hours:

Monroe County-8am-5pm Mon.-Fri.

Owen County-8am-4:30pm Mon.-Fri.

Services: Builds homes and sells them to eligible low-income people to purchase through a no-interest loan. Eligible clients contribute 250 hours of labor toward construction of the home.

Eligibility: Must be a resident of Monroe County or surrounding county for one year. Current housing must be inadequate. Must have a steady income that would allow for a down payment and monthly mortgage payment.

Fees: None. The Monroe County chapter offers monthly meetings at their office that provide information and the opportunity to apply.

Hamilton Center

909 W. Hillside Avenue
Spencer, IN 47460

Phone: 812-829-0037

Phone: (*afterhours
emergencies*): 800-742-0787

Fax: 812-829-0286

Website: <http://www.hamiltoncenter.org>

Hours: 8am-5pm Mon.-Fri. and evenings by
appointment

Services: Offers substance abuse assessment and
outpatient treatment through group and individual
sessions. Services offered to all age groups from
children through senior citizens address depression,
anxiety, substance abuse, marital issues and changes
that occur during all stages of life.

Eligibility: Anyone. Hamilton Center serves Greene,
Monroe, Owen and Putnam Counties.

Fees: Fees vary based on service. Accepts Medicare,
Medicaid, private insurance and private payment.

Healthy People, LLC

PO Box 8685
Bloomington, IN 47407

Phone: 812-340-0937

Website: <http://www.healthypeoplellc.com/>

Hours: By appointment.

Services: Traditional naturopathy practice providing health education and one-to-one holistic health appointments.

Eligibility: Anyone

Fees: Accepts cash, check and credit card. Office visit is \$65 (as of 2011, subject to change).

Helping Hand-Duke Energy

1000 E. Main Street
Mail Drop WP 890
Plainfield, IN 46168

Phone: 1-800-343-3525

Website: <http://www.duke-energy.com>

Hours: Service representative available 24 hours a day, 7 days a week.

Services: Customers can call 1-800-343-3525 to ask for financial assistance. The Helping Hand program provides a one-time \$100 payment on eligible customer's account.

Eligibility: You must be at least 60 years of age or disabled, a Duke Energy residential customer of record, earn a total annual household income that meets the Energy Assistance Program guidelines and be an Energy Assistance Program (EAP) applicant.

Fees: None

Home Health Services-IU Health

333 E. Miller Drive
Bloomington, IN 47401

Phone: 812-353-3104

Website: <http://iuhealth.org/home-care/>

Hours: 8am-4:30pm Mon.-Fri. Nurse on call seven days a week; 24 hours a day.

Services: Provides part-time, intermittent and private duty in-home nursing services for homebound persons. R.N.s, L.P.N.s, home health aides, physical therapy, speech therapy, medical social services, occupational therapy, psychiatric nursing and home infusion therapy are available. These services are licensed by the state of Indiana, Medicare/Medicaid certified and JCAHO accredited.

Eligibility: Dependent on payer source.

Fees: All insurances accepted and some grant money available.

Home Instead Senior Care

676 S. College Avenue
Bloomington, IN 47403

Phone: 812-961-2222
Fax: 812-961-0057

Website: <http://www.homeinstead.com/461>

Hours: 8am-5pm Mon.-Fri.

24-hour on-call line answered by staff member.

Services: Home Instead Senior Care is a licensed personal service agency. They provide assistance with personal care such as bathing, dressing, grooming and hygiene due to incontinence. They also provide companionship, medication reminders, meal preparation, housekeeping, errands and incidental transportation. All services are customized for the individual. Provides a written plan of care and match clients and caregiver for compatibility. Caregivers are thoroughly screened by way of extensive background checks including personal, professional and drug screening.

Eligibility: Provide services to anyone over the age of 18 but concentrate on care for senior citizens.

Fees: Please call office for pricing information. Accepts private pay, long term insurance, Medicaid waiver and CHOICE.

Home Safe Home-IU Health

2499 W. Cota Drive
Bloomington, IN 47403

Phone: 812-353-2720

Website: <http://www.iuhealthbloomington.org/>

Hours: 8am-4pm Mon.-Fri.

Services: The purpose of this program is to provide you with recommendations that may make it more feasible for you to stay in your home safely, for as long as possible. Option 1 is designed to provide an evaluation of the physical living spaces. Option 2 is a more in-depth assessment of the individual's physical function and actual performance of activities of daily living within the home.

Eligibility: Individuals who are interested in living at home independently as they age and/or as they adapt to a disability, an injury or disease process. It is also beneficial for caregivers and for children of aging parents.

Fees: Please call for details.

Hoosier Hills Food Bank

615 North Fairview
Bloomington, IN 47402

Phone: 812-334-8374
Fax: 812-334-8377

Website: <http://www.hhfoodbank.org>

Hours: 9am-5pm Mon.-Thurs.; Fri. by appointment.

Services: Supplies food to agencies, shelters, soup kitchens and emergency food pantries. Requests are referred to local food pantries for assistance.

Eligibility: Nonprofit organizations that provide food to people in need.

Fees: Food is purchased by the pound.

Hoosier House Help

PO Box 7021
Bloomington, IN 47407

Phone: 812-360-7288

Website: <http://www.hoosierhousehelp.com>

Hours: 9am-5pm Mon.-Fri.
9am-1pm Sat.

Services: Refers homeowners in need of repairs to prescreened contractors in the area.

Eligibility: Anyone

Fees: None

Hospice-IU Health

619 W. First Street
Bloomington, IN 47403

Phone: 812-353-9818

Website: <http://iuhealth.org/hospice/>

Hours: 8am-4:30pm Mon.-Fri. (on call for emergencies 24 hours a day)

Services: Provides comprehensive home-based services to a variety of patients as well as care to people with a life-limiting illness and their loved ones. Services include symptom control, emotional support, pastoral care and comfort and bereavement care. These are provided in home settings, nursing facilities or hospitals 24 hours a day.

Eligibility: No restrictions. Call the Hospice office to speak with a referral counselor for more information.

Fees: Certified for Hospice Medicare Benefit. Service is not dependent upon ability to pay.

Hospice Bereavement Support Group- IU Health

619 W. 1st St.
Bloomington, IN 47403

Phone: 812-353-9818

E-mail:

cmolthan@iuhealth.org

Website: <http://www.iuhealthbloomington.org/>

Purpose: This program offers informal sessions for bereaved children and adults to learn more about the grief process they are experiencing, to receive understanding support, and to share coping strategies in a nurturing environment with bereavement counselor to facilitate.

Meeting Time/Place: Call for support group schedule.

Fees: No charge

To Join: Call the Hospice office to speak with a bereavement counselor for more information.

Housing and Neighborhood Development- City of Bloomington

401 N. Morton Street
Suite 130
Bloomington, IN 47404

Phone (*Housing Division*):
812-349-3401

Phone (*Neighborhood
Division*): 812-349-3420

Fax: 812-349-3582

Website: <http://www.bloomington.in.gov/hand>

Hours: 8am-5pm Mon.-Fri.

Services: Housing and Neighborhood Development offers emergency home repair grants, home modifications, housing complaints and landlord-tenant assistance, housing counseling, owner-occupied rehab loans and purchase rehabilitation loans.

Eligibility: Varies, but assistance is limited to people and homes within Bloomington city limits.

Fees: Vary

Humane Association of Monroe County

3410 S. Walnut Street
Bloomington, IN 47401

Phone: 812-333-6242
Phone (*VIPaws Coordinator*):
812-335-9453
Fax: 812-349-3440

Website: <http://www.monroehumane.org>

Hours: 8am-5pm Mon.-Fri.

Services: The mission of the Monroe County Humane Association is to responsibly and compassionately lead, advocate and educate for animal welfare in the community. It coordinates animal-assisted activities and therapy in the Bloomington area. Trained human/animal teams visit nursing homes and healthcare facilities. It also offers a voucher program for income-eligible people that pays a portion of the cost for spay or neuter surgery for their pet. It offers rabies vaccine vouchers and financial assistance for pets in need of medical care. It provides low-cost microchipping and vaccination of pets twice monthly. Call the number or visit website for dates/times.

Eligibility: Anyone

Fees: Vary based on service

Indiana Department of Insurance

311 W. Washington Street
Suite 300
Indianapolis, IN 46204

Phone: 317-232-2385
Toll-Free: 800-622-4461
Fax: 317-232-5251

Website: <http://www.in.gov/idoi/2526.htm#2>

Hours: 8am-4:30pm Mon.-Fri.

Services: Accepts and investigates complaints about insurance companies operating in Indiana, after consumer has unsuccessfully attempted to resolve situation with insurance company. Also offers information to help insurance consumers be more informed. Submit complaint form by mail or through website.

Eligibility: Anyone

Fees: None

Indiana Department of Transportation

100 North Senate Avenue TrafficWise: 800-261-7623
Room 755
Indianapolis, IN 46204

Website: <http://www.in.gov/indot>

Hours: 24 hours a day

Services: Provides a toll-free number and interactive website that provide information on current road and traffic conditions.

Eligibility: Anyone

Fees: None

Indiana Home Health

3800 W. Gifford Road
Bloomington, IN 47403

Phone: 812-334-1857
Toll-Free: 800-844-1857
Fax: 812-336-1419

Website: <http://www.inhh.com>

Hours: 8am-5pm Mon.-Fri.

Services: Home health agency offering skilled nursing care, physical and occupational therapy, and home health aides.

Eligibility: People in need of home healthcare services. Serves Brown, Clay, Daviess, Greene, Lawrence, Monroe, Morgan, Orange and Owen Counties.

Fees: Accepts Medicare, Medicaid, VA, private insurance and private pay.

Indiana Institute on Disability and Community

2853 E. 10th Street
Bloomington, IN 47408

Phone: 812-855-6508

TTY: 812-855-9396

Fax: 812-855-9630

Website: <http://www.iidc.indiana.edu>

Hours: 8am-5pm Mon.-Fri.

Services: Offers comprehensive services including the Family and Individual Resource Support Team (FIRST), Center for Disability Information and Referral (CEDIR) and the Indiana Resource Center for Autism. FIRST provides parent-to-parent support, information and referrals for individuals with disabilities and families with children who have disabilities. CEDIR offers access to information and resources for people with disabilities, their families and professionals through their website and library services. The Resource Center for Autism provides individual consultations to address individual needs by observing the individual in natural settings as well as delivering outreach education.

Eligibility: Indiana residents

Fees: None

Indiana Legal Services

214 South College Avenue
Bloomington, IN 47404

Phone: 812-339-7668
Toll Free: 800-822-4774
Fax: 812-339-2081

Website: <http://www.indianajustice.org>

Hours: 8:30am-5pm Mon.-Fri.

Services: Offers legal representation, consultation and advice, specializing in civil cases, family law, consumer law, senior law, housing issues and public benefits.

Eligibility: Income up to 125% of the Federal Poverty Guidelines (up to 200% in certain circumstances).

Fees: Provides free civil assistance to eligible low-income people throughout Indiana.

Indiana Phone Relay Access Corporation (INTRAC)

7702 Woodland Drive
Suite 250
Indianapolis, IN 47278

Spanish: 800-435-8590
Speech to Speech:
800-743-8231
TTY/Voice/VCO/ASCII:
800-743-3333

Website: <http://www.relayindiana.com>

Hours: Daily 24 hours

Services: Specially trained relay operators facilitate communications between standard phone users and people who are deaf, hard of hearing or speech impaired, using special telecommunication devices.

Eligibility: Anyone

Fees: Local calls are free; long-distance calls are billed to customer.

Indiana Poison Control Center

1701 N. Senate Blvd.
Indianapolis, IN 46202

Toll Free: 800-222-1222
TTY/TDD: 317-962-2336
Fax: 317-962-5285

Website: <http://iuhealth.org/methodist/poisoning/>

Hours: 7 days a week; 24 hours a day.

Services: Provides emergency treatment advice to the public and healthcare providers for all kinds of poison exposures. Answers questions about poison prevention and how to poison-proof your home. All services are confidential.

Eligibility: People concerned that they or someone they know has ingested something poisonous.

Fees: None

Indiana University School of Optometry Clinics

Atwater Eye Care Center

744 E. 3rd Street
Bloomington, IN 47404

Phone: 812-855-8436
Fax: 812-855-1683

Hours: 8am-5pm Mon., Tues., Thurs., Fri.; 9am-8pm
Wed.; 8am-noon Sat.

Community Eye Care Center

803 N. Monroe Street
Bloomington, IN 47404

Phone: 812-855-1671
Fax: 812-855-5157

Website: <http://www.opt.indiana.edu/clincs/centers.htm>

Hours: 8am-5pm Mon., Tues., Thurs., Fri.; 9am-5pm
Wed.; 8am-noon Sat.

Services: Both the Atwater Eye Care Center and the Community Eye Care Center provide comprehensive vision examinations performed by intern clinicians who are directly supervised by licensed faculty member optometrists.

Eligibility: People in need of vision exams or eye wear.

Fees: Vary based on service; payment expected at time of service. Accepts Medicare, Medicaid, private insurance and private pay.

Indiana University Speech and Language Clinic

200 South Jordan Avenue
Bloomington, IN 47405

Hearing Clinic: 812-855-7439

Speech-Language Clinic:
812-855-6251

Toll-Free: 888-273-0017

Website:

http://www.indiana.edu/~sphs/speech_clinic.html

Hours: 8am-5pm Mon.-Fri. (closed noon-1pm)

Services: Provides in-depth assessment of speech, language and cognitive-communication abilities for all ages. Offers individual or group therapy to facilitate improved communication skills whether communication disorder is developmental or acquired due to illness or injury. This includes developing communication skills for individuals with Alzheimer's disease, dementia, stroke, Parkinson's disease or hearing loss. Also offers support groups for Parkinson's Disease, brain injury and aphasia.

Eligibility: Anyone experiencing speech or language issues.

Fees: Sliding scale fees for those who qualify; accepts Medicaid, private pay.

Indiana Utility Regulatory Commission

101 W. Washington Street
Room 1500 East
Indianapolis, IN 46204

Phone: 317-232-2701
Toll-Free: 800-851-4268
TTD: 317-232-8556
Fax: 317-232-6758

Website: <http://www.in.gov/iurc>

Hours: 8am-5pm Mon.-Fri.

Services: Reviews consumer complaints related to utility companies only after the consumer has unsuccessfully attempted to resolve the complaint by reporting it to the utility company, requesting an investigation and written response. Person must continue to pay subsequent utility bills, but not the disputed charge, until review is complete.

Eligibility: Indiana consumer of any utility.

Fees: None

Internal Revenue Service-Bloomington

2017 S. Liberty Drive
Bloomington, IN 47403

Phone: 812-334-4234
Tax Help by phone:
800-829-1040

Website: <http://www.irs.gov>

Hours: 8:30am-4:30pm Mon.-Fri.
(closed 11:30am-12:30pm)

Services: IRS Taxpayer Assistance Center offers in-person assistance for people with tax issues that can't be resolved by phone or website.

Eligibility: Anyone

Fees: None

J&S Medi-Cab

2910 S. 100 W.
Washington, IN 47501

Phone: 812-254-7244
Toll-Free: 888-311-7244

Hours: 8am-4pm Mon.-Fri.

Services: Medical transportation to Indianapolis and other locations, offering door-to-door service for people on Medicaid. No wheelchair-accessible vans.

Eligibility: On Medicaid, for transportation to a medical appointment.

Fees: There may be a co-pay. Call for details.

Lifeline, Link-Up, and Toll Limitation Services

<http://www.lifelinesupport.org>

Hours: Vary based on your phone company.

Services: Lifeline support reduces monthly charges for basic phone service on a primary phone line, even if it's a cell phone. Link-Up support reduces the cost of initiating new phone service, including cell phone service. Toll Limitation Service support allows eligible consumers to subscribe to toll blocking or toll control at no cost. Call phone company and request an application, or visit website to search for local provider and enrollment information.

Eligibility: Households with income at or below 135% FPL or people who receive Medicaid, Food Stamps, TANF, SSI, Section 8, energy assistance or free school lunch.

Fees: Vary based on service.

Low Vision Support Group

631 W. Edgewood Dr.
Ellettsville, IN 47429

Phone: 812-876-3383
Toll-Free: 800-844-1010
Fax: 812-876-9922

Website: <http://www.area10agency.org>

Purpose: Provide support, education and public awareness for persons with low vision and their supporters.

Meeting Time/Place: Meetings are held the second Monday each month, 1pm-2pm, at First Presbyterian Church, 221 East 6th Street, Bloomington, IN.

Fees: None

To Join: Anyone with visual impairment, their caregivers and loved ones.

Mall Pacers Walking Program

College Mall
2894 E. Third Street
Bloomington, IN 47408

Phone: 812-339-3054

Purpose: Walk for fitness and for fun in the mornings at Simon College Mall. The Mall Pacers walking program is co-sponsored by Simon College Mall and Indiana University Health. To sign up for the program and receive a Mall Pacers ID badge, go to the College Mall Management Office Monday through Friday between the hours of 9am and 5pm.

Meeting Time/Place: College Mall

Fees: None

To Join: Call for more information and attend a walk. Participants must sign a release form when registering for the program.

Martha's House

919 S. Rogers Street
Bloomington, IN 47403

Phone: 812-332-1444

Hours: 4:30pm-9:30pm daily for shelter intake

Services: Homeless shelter for single adults offering up to 120-day stay. No families or couples. Offers case management services, help finding employment, life skills, assistance opening a bank account, access to community services, aid in learning the bus system and help acquiring affordable housing.

Eligibility: Homeless adults

Fees: None

McCormick's Creek State Park

250 McCormicks Creek
Park Road
Spencer, IN 47460

Phone: 812-829-2235
Canyon Inn: 812-829-4881

Website: <http://www.mccormickscreekstatepark.com>

Hours: Open every day, all year long, 7am-11pm.
(Some park features are only open seasonally.)

Services: Provides educational programs, recreational activities, hiking, camping, swimming, entertainment programs, nature center and craft workshops.

Eligibility: Anyone interested

Fees:

- \$4.00 gate fee (Mon.-Thurs.) for noncommercial vehicles with Indiana license plates.
- \$5.00 gate fee (Fri.-Sun., holidays) for noncommercial vehicles with Indiana license plates.
- \$18.00 Golden Hoosier Passport for Indiana residents at least 65 years of age or eligible for Social Security disability. (Proof of eligibility must be presented at time of purchase; disabled individual must be present at time of use.)

Meadowood Retirement Community and Health Pavilion

2455 Tamarack Trail
Bloomington, IN 47408

Phone: 812-336-7060
Toll-Free: 800-330-44370

Website: <http://www.meadowoodrc.com/>

Hours: 8am-8pm Mon.-Fri.

Services: Independent living community offering 1-3 bedroom apartments and garden homes with a variety of amenities for people 55 and older. Also offer a skilled nursing facility offering short-term rehabilitation and long-term care.

Eligibility: People age 55 and older.

Fees: \$250 application fee. Vary based on living situation.

Meals on Wheels

727 W. First Street
Bloomington, IN 47403

Phone: 812-323-4982

Website: <http://www.iuhealthbloomington.org/>

Hours: Call 24-hour answering service to enroll in program. Meals are delivered Mon.- Fri. 11:45am-1:15pm.

Services: An affiliate of IU Health Bloomington, Meals on Wheels is a service that provides home-delivered meals to those unable to cook. Volunteers deliver meals that consist of a hot lunch and a cold supper.

Eligibility: Service available to those recovering from an accident or illness, the temporarily or permanently disabled or those unable to prepare food independently. Requires a doctor's diet order. No age or income restrictions. Service available to clients living within Bloomington service area.

Fees: Call for details. Cash and check accepted. No credit card.

Medical Nutrition Therapy-IU Health

431 S. College Avenue
Bloomington, IN 47403

Phone: 812-353-9678

Website: <http://www.iuhealthbloomington.org/>

Hours: Vary but appointments are available daily.

Services: Four registered dietitians provide Medical Nutrition Therapy dietary counseling in a private, one-on-one setting. Physician referrals are required for this service. Community programming to increase healthy eating and physical activity are also offered by our dietitians within Community Health. Their expertise includes Eating Disorders, Diabetes, Hypoglycemia, Weight Management and Food Allergies as well as management of many other chronic disease states.

Eligibility: None. Medicare reimburses for only diabetes self-management training and pre-end stage kidney failure at this time. Patients must have physician referral.

Fees: Based on face-to-face time; generally initial appointment charges are \$228. Follow-up appointments are \$76. The hospital will bill insurance. If patient is responsible the hospital accepts cash, checks, credit and debit cards.

Mental Health America of Indiana

1431 North Delaware Street
Indianapolis, IN 46202

Phone: 317-638-3501

Toll-Free: 1-800-555 MHA

Website: <http://www.mhai.net>

Hours: 8:30am-7pm Mon.-Fri.

Services: This is a statewide organization promoting the mental health and recovery of all Indiana citizens through educational programs and advocacy. There are 60 local associations. Check the website to see the one closest to your area:

http://www.mhai.net/map_index.htm

Eligibility: Anyone

Fees: None

Middle Way House

PO Box 95
Bloomington, IN 47402

Phone: 812-333-7404
24-Hour Hotline:
812-336-0846

Website: <http://www.middlewayhouse.org>

Hours: *Emergency Shelter*-Daily 24 hours
Domestic Violence & Rape Crisis Line-Daily 24 hours
The Rise-8am-4pm Mon.-Fri.
Rape Crisis Center-9am-5pm Mon.-Fri.
Legal Advocacy-8am-6pm Mon.-Fri.

Services: Offers domestic violence support groups, shelter for women and dependent children fleeing violence at home, and presentations and trainings to the public. Provides a 24-hour support line for callers experiencing--in the present or past--physical, emotional, verbal or sexual abuse. Offers a two-year transitional affordable housing program, The Rise, as well as a rape crisis center for low-income homeless families headed by women who have experienced life-threatening violence as well. Advocates for and assists victims of domestic violence by explaining criminal and civil legal options and accompanying victims to meetings with attorneys and prosecutors, and to court proceedings.

Eligibility: Victims of domestic violence or sexual assault.

Fees: None except for The Rise housing program.

Miller Trailways, Bloomington Station

217 W. 6th Street
Bloomington, IN 47404

Toll-Free: 800-544-2383

Website: <http://www.hoosieride.com>

Hours: Bloomington to Indianapolis departs 7pm and arrives 8:10 pm. Indianapolis to Bloomington departs 9:15 am and arrives 10:30am.

Services: Bus service that links cities in Indiana, including stops in Bloomington and Indianapolis. Links with national Greyhound Bus system. Must call 24 hours in advance for a wheelchair-accessible bus.

Eligibility: Anyone

Fees: Discounts available for reservations made 7, 14 or 21 days in advance. Bloomington to/from Indianapolis-\$19 Mon.-Thurs.; weekend rates \$22-23.

Millyard Apartments

8200 N. Walnut Street
Stinesville, IN 47464

Phone: 812-935-6699

Hours: Call and leave message if no answer.

Services: Apartment complex offering one-bedroom, single-story units for older adults and people with disabilities. Utilities are included in rent.

Eligibility: People age 62 and older and people with disabilities.

Fees: Rent is 30% of household income. Accepts Section 8.

Monroe County Division of Family Resources

1711 N. College Avenue
Bloomington, IN 47404

Call Center: 800-403-0864
Indiana Public Assistance
Hotline: 877-246-3243
Fax: 800-403-0864

Website: <http://www.in.gov/fssa>

Hours: *County Office*-8am-4:30pm Mon.-Fri.

Marion Call Center-7am-7pm Mon.-Fri.

Services: Administers Food Stamps, Medicaid, and Temporary Assistance for Needy Families (TANF) programs for Monroe County. The local office does not currently accept phone calls.

Eligibility: Residents of Monroe County. Complete an application on website, by phone or in person at local office.

Fees: None

Monroe County Health Department

119 W. 7th Street
Bloomington, IN 47404

Phone: 812-349-2543

Fax: 812-339-6481

Website: <http://www.co.monroe.in.us>

Hours: 8am-4pm Mon.-Fri.

Services: Promotes safe, healthy environments through the administration and enforcement of public health/environmental statutes/regulations. Provides food protection through the inspection of all public/private food service establishments and facilities. Enforces rental housing standards, solid/infectious waste disposal, hazardous materials disposal/emergency response, vector control, sewage/wastewater disposal, water and air quality, and recreational facility inspection. Issues certified copies of vital records including birth and death records.

Eligibility: Residents of Monroe County

Fees: Varies according to service provided

Monroe County Historical Society

202 E. 6th Street
Bloomington, IN 47408

Phone: 812-332-2517

Genealogy Library:
812-355-5588

Fax: 812-355-5593

Website: <http://www.monroehistory.org>

Hours: 10am-4pm Tues.-Sat.

Services: Offers events and lectures on a variety of historical topics; exhibits featuring Monroe County items and information; and a genealogy library with information to assist people researching family history.

Eligibility: Anyone

Fees: Admission is free for members and children age 5 and under.

Monroe County Parks and Recreation

214 W. 7th Street
Curry Building
Bloomington, IN 47404

Phone: 812-349-2800

Fax: 812-349-2899

Website:

<http://www.co.monroe.in.us/tsd/Community/ParksRecreation.aspx>

Hours: 8am-4pm Mon.-Fri.

Services: Offers a variety of activities, classes, sports and outdoor activities in Monroe County. These include Stanford Community Centers, Stretch-N-Flex, the Senior Expo, and Senior Day at the Fair. Offers a variety of day-trips including to French Lick Casino, the Covered Bridge Festival and the Indiana State Fair.

Stanford Community Seniors: Meets third Friday of the month, 12 pm at Karst Farm Park Commons. Dues are \$1 per year. Anyone can join. Members enjoy a potluck lunch at noon, followed by announcements and meeting, then short entertainment or educational program.

Eligibility: Anyone

Fees: None or very low cost.

Monroe County Probation Department

214 W. 7th St., Suite 200
Bloomington, IN 47404

Phone: 812-349-2645

Fax: 812-349-2975

Website: <http://www.co.monroe.in.us/tsd/Justice/Probation.aspx>

Hours: 8am-5pm Mon.-Thurs.; 8am-4pm Fri. Calls taken 24 hours through Bloomington Police Department, 339-4477, or Monroe Co. Sheriff's Office, 349-2780.

Services: The Monroe Circuit Court Probation Department's mission is to promote a safer community by intervening in the lives of offenders, holding them accountable, and serving as a catalyst for positive change. Offers a juvenile division, adult division and community corrections division. This includes public restitution and/or Road Crew, court-ordered completion of volunteer work, house arrest and job release. Probation officers conduct needs assessments with clients and attempt to place offenders in community agencies for assistance, treatment or counseling.

Eligibility: Must be placed on probation by the court.

Fees: Fees as ordered by court and pursuant to Indiana statute.

Monroe County Public Library

303 E. Kirkwood Avenue
Bloomington, IN 47408

Phone: 812-349-3050
Fax: 812-349-3051

Website:

<http://www.mcpl.info/outreach/homebound.html>

Hours: 9am-9pm Mon.-Thurs.

9am-6pm Fri.

9am-5pm Sat.

1-5pm Sun.

Services: A public library offering books, audio books, movies, newspapers and magazines; public computers with Internet access; and computer classes and programs to all ages. Provides variety of resources, services and information to people of all ages. Makes monthly deliveries of library materials to Monroe County residents who are homebound due to chronic or extended illness, physical disability or extreme transportation problems. Offers materials for the visually impaired, including large print collections, books on CD, downloadable audio books, a reading machine that magnifies print, and help accessing the state's talking book program for people who are legally blind. Offers free sessions on a variety of computer skills, including basic computer and web basics for beginners as well as Microsoft Office programs. Provides one-on-one tutoring for adults in reading, writing, math, GED preparation, and ESL.

Contains resources on job-seeking, careers, online test preparation, and employment assistance and resources.

Eligibility: Monroe County residents

Fees: None

Monroe County Public Library-Ellettsville Branch

600 W. Temperance Street Phone: 812-876-1272
Ellettsville, IN 47429

Website: <http://www.mcpl.info/ellettsville>

Hours: 10am-9pm Mon.-Thurs.
 10am-6pm Fri.
 9am-5pm Sat.
 1-5pm Sun.

Services: A full-service branch of the Monroe County Public library offering books, audio books, movies, newspapers and magazines; public computers with Internet access; and computer classes and programs to all ages.

Eligibility: Monroe County residents

Fees: None

Monroe County United Ministries

827 W. 14th Court
Bloomington, IN 47404

Phone: 812-339-3429

Fax: 812-339-2912

Website: <http://www.mcum.org>

Hours: 8am-3:30pm Mon.-Fri. (closed 11:30am-1pm)

Services: Provides emergency food, clothing and limited financial aid for rent and utilities only; Bloomington Transit bus passes for people who need transportation to work; and a closet of cleaning supplies, hygiene items, diapers and children's underwear. No financial aid is given until resources are exhausted, including application to township trustee. Also provides a licensed summer program for children ages 6-10, with an emphasis on recreational activities.

Eligibility: Monroe County residents based on application and interview with a caseworker.

Fees: None

Monroe County YMCA

2125 S. Highland Avenue
Bloomington, IN 47401

Phone: 812-332-5555

Fax: 812-330-7968

Website: <http://www.monroecountyyymca.org>

Hours: 5am-10pm Mon.-Fri.

6am-10pm Sat.

8am-10pm Sun.

Services: Fitness programs and services include youth sport leagues, swim lessons, health and fitness classes, strength training and cardio equipment, water aerobics, yoga, Pilates and more. Offers healthy lifestyle classes including YMCA's Diabetes Prevention Program, Stroke Support Group, Parkinson's Disease Support Group, and physical therapy at the YMCA (Rebound). Provides Senior Swim lanes, splash aerobics and arthritis aquatics.

Eligibility: Monroe County residents

Fees: Set fee scale for memberships. Seniors over 60 receive discounted rate. Fees vary for programs.

Senior 60+: \$35/month

1 senior and dependents: \$47/month

2 adults (at least one senior): \$48/month

(All members must live in same household.)

Monroe House

2770 S. Adams St.
Bloomington, IN 47403

Phone: 812-331-8153
Fax: 812-331-0155

Website: <http://www.alcco.com/>

Hours: 8:30am-5pm Mon.-Fri.

Services: Studio to 2-bedroom units for older adults that offer assistance with meal service, bathing, dressing and medication management, as needed.

Eligibility: Older adults who need assistance with activities of daily living.

Fees: Fees based on services used.

Monroe Owen County Medical Society

PO Box 5092
Bloomington, IN 47407

Phone: 812-332-4033
Fax: 812-333-4337

Website: <http://www.mocms.org>

Hours: 10am-12pm Mon.-Fri.

Services: Professional organization for licensed medical doctors in Monroe and Owen Counties. They offer information on doctors and areas of practice for medical doctors in Monroe and Owen Counties.

Eligibility: Licensed medical doctors who live or practice in Monroe or Owen County. Anyone can look at list of doctors.

Fees: None

Mother Hubbard's Cupboard

1010 S. Walnut Street
Suite G
Bloomington, IN 47401

Phone: 812-355-6843

Website: <http://www.mhcfoodpantry.org>

Hours: 4-6pm Mon.-Fri.

Services: Offers a food pantry, free nutrition education classes and a community garden. Can visit food pantry once per week; one bag of food per household member. The pantry accepts food donations 3-6pm Mon.-Fri.

Eligibility: Anyone

Fees: None

My Sister's Closet of Monroe County

1010 S. Walnut Street
Suite F
Bloomington, IN 47401

Phone: 812-355-6842

Fax: 812-333-8847

Website: <http://sisterscloset.org/>

Hours: 10am-3pm Wed.-Fri.
10am-5pm Sat.

Services: Sells gently used women's business wear and accessories to the public. Offers free clothing, hair styling and manicure to women age 16 and older seeking employment in the Monroe/Owen County area who are enrolled in a job search program through an approved agency. Go to website to see list of approved agencies.

Eligibility: Anyone for re-sale store. Women age 16 and older for clothing voucher program.

Fees: None except for price of clothing at re-sale store.

National Able Network, Indiana Area 3

2001 N. 19th Street
Terre Haute, IN 47804

Phone: 812-514-7689

Fax: 812-234-3300

Website: <http://www.nationalable.org>

Hours: 8am-4:30pm Mon.-Fri.

Services: Employment training program that places eligible older adults for work in local nonprofits, earning minimum wage for up to 20 hours per week. Regular meetings with program staff who assist with job search skills and goals, and help older adults overcome obstacles in finding unsubsidized employment.

Eligibility: Must be low income, age 55 and older.

Fees: Indiana Area III covers the following counties: Bartholomew, Benton, Boone, Brown, Carroll, Clay, Clinton, Daviess, Fountain, Greene, Hendricks, Knox, Lawrence, Martin, Monroe, Montgomery, Morgan, Owen, Parke, Putnam, Sullivan, Tippecanoe, Vermillion, Vigo, Warren and White.

National Multiple Sclerosis Society, Indiana Chapter

7301 Georgetown Road
Suite 112
Indianapolis, IN 46268

Phone: 317-870-2500
Toll-Free: 800-344-4867
Fax: 317-870-2520

Website: <http://www.nationalmssociety.org/ini>

Hours: 8am-4:30pm Mon.-Fri.

Services: Provides information and referrals to MS-related services in Indiana; a lending library of MS-related books, videos and audio tapes; monthly teleconference with experts speaking on MS-related topics; and Buddy Connection linking people with MS to provide support to each other by phone, e-mail or letter.

Eligibility: People with MS, friends and family

Fees: None

Nutrition Services-Area 10

Area 10 Agency on Aging
631 W. Edgewood Dr.
Ellettsville, IN 47429

Phone: 812-876-3383

Fax: 812-876-9922

Website: <http://www.area10agency.org>

Congregate Meal Site Hours and Locations:

Fairview United Methodist Church, 600 W. 6th St.,
Bloomington, In
Lunch served 11:30 Mon.-Fri.

Cambridge Square Apartments, 305 Pete Ellis Dr.,
Bloomington, In
Gather at 11. Lunch served 11:30 Mon.-Fri.

Unionville Senior Center, 7616 E. St. Rd. 45,
Bloomington, In
Lunch served 11 Tues. and Thurs.

Maple Shades Apartments, 1101 W. Main St.,
Ellettsville, In
Gather at 10. Lunch served 10:30 Mon.-Fri.

Spencer Senior Center, 400 E. Jefferson St., Spencer, In
Lunch served 11 Mon.-Fri.

Nutrition Services Con.

Cunot Community Center, 5540 St. Rd. 42, Poland, In
Lunch served 11am-1pm Tues., Wed. and Thurs.

Congregate Meal Eligibility and Fees: Clients can visit a congregated meal site for a nutritious lunch, visiting with friends, meeting new people and trying interesting activities. Meals are free to those 60 and over. A \$2.50 donation is requested to help defray the cost of meals and to help with nutrition programs, but it is not required. No one is turned away for inability to pay.

Mobile Meals: Delivered to the door of homebound clients who are having trouble providing nutritious meals for themselves. Meals are free to those 60 and over. Meals include a main course, two side dishes, bread, dessert and milk. Diabetic meals are available. A \$2.50 donation is requested.

Call Area 10 at (812) 876-3383 to learn more about and sign up for our Nutrition Services. The Area 10 staff member who receives your call gives information to the Nutrition Director. A Case Manager may contact the homebound person and help arrange services with the Nutrition Director, who orders and arranges meal deliveries. A volunteer will make meal deliveries to the home, or you can eat at a congregated site.

Office of Vocational Rehabilitation

450 Landmark Avenue
Bloomington, IN 47403-
5000

Phone: 812-332-7331
Toll-Free: 877-847-9893
TTY/TDD: 812-332-9372
Fax: 812-332-2979

Website: <http://www.in.gov/fssa/ddrs/2636.htm>

Hours: 8am-4:30pm Mon.-Fri.

Services: Provides quality individualized services to enhance and support people with disabilities to prepare for, obtain or retain employment.

Eligibility: People with a physical or mental impairment that impedes seeking or gaining employment.

Fees: None

Olcott Center for Cancer Education-IU Health

8200 N. Walnut Street
Stinesville, IN 47464

Phone: 812-353-5669

Hours: 8am-5pm Mon.-Fri.

Services: The Olcott Center provides education, support, counseling and advocacy to people diagnosed with all types of cancer and to their families. Personal consultations are available with health educators. Weekly support groups and a lending library are also among the available resources.

Eligibility: Individuals who have a cancer diagnosis and their families.

Fees: No charge

Opportunity House

907 W. 11th St.
Bloomington, IN 47404

Phone: 812-336-2443

Hours: 9am-2pm Mon.-Sat.

Services: Opportunity House is a nonprofit thrift store that offers clothing, a variety of household items, linens, toys, jewelry, records, luggage, antiques, collectibles and vintage clothing at reasonable prices.

Eligibility: Anyone

Fees: Vary based on item.

Options

200 E. Winslow Road
Bloomington, IN 47401

Phone: 812-332-9615
Toll Free: 800-875-9615
Fax: 812-332-1186

Website: <http://www.optionsfbl.com>

Hours: 8:30am-5pm Mon.-Fri.

Services: Offers children and adults with developmental disabilities a variety of services, including residential and assisted living programs and employment support. Provides respite care to people with disabilities so that their families can take a break from the daily routine of caregiving. Offers respite care for older adults in Monroe County only.

Eligibility: People with disabilities, or older adults in need.

Fees: Sliding scale

Overeaters Anonymous

PO Box 2412
Bloomington, IN 47402

Phone: 812-335-3839

Website: <http://www.oasouthcentralin.org>

Purpose: A peer support group, using the 12-step-model, for people who compulsively overeat.

Meeting Time/Place: Meeting days/times vary. Call or visit website for meeting schedule.

Fees: None

To Join: Attend a meeting.

Owen County Art Guild

199 West Cooper Street
Spencer, IN 47460

Phone: 812-829-1877

Hours: 10am-5pm Mon.-Thurs.
10am-4pm Fri.

Services: Classes in all mediums plus calligraphy, crafts, candle making, stained glass, ceramics, and jewelry, etc. Members may display and sell their work in the Gallery and Gift Shop. Has monthly membership meetings, usually the first Monday of the month. Call for details. Provides spring and fall lunches that act as fundraisers.

Eligibility: Anyone with interest in any field of art.

Fees:

Single Member-\$20

Family-\$25

Student/Youth-\$5

Business-\$75

Owen County Cooperative Extension Service- Purdue University

180 S. Washington St.
Spencer, IN 47460

Phone: 812-829-5020

Website:

<http://www.ag.purdue.edu/counties/owen/pages/default.aspx>

Hours: 8am-4pm Mon.-Fri.

Services: Provides education of Indiana citizens through programs such as Master Naturalist, Master Gardner, 4-H and tools for healthy eaters.

Eligibility: Everyone

Fees: Fees vary based on program.

Owen County Health Department

60 S. Main Street
Courthouse, 1st Floor
Spencer, IN 47460

Phone: 812-829-5017

Fax: 812-829-5044

Hours: 8am-4pm Mon.-Fri.

Services: Records of all births and deaths in Owen County since 1882. Provides immunizations and health screenings, including blood pressure, blood sugar and weight monitoring, to Owen County residents in need. Assures proper operation of public health laws in the county and offers health inspections of restaurants, septic problems, housing impacted by natural disaster, etc. Incidents of food-/water-borne illness should be reported to the health department.

Eligibility: Owen County residents

Fees: Fees vary based on service.

Owen County Humane Society

2014 Ramona Road
Spencer, IN 47460

Phone: 812-829-6247
Fax: 812-829-2267

Website: <http://www.owenhumanesociety.com>

Hours: Noon-3pm Wed.-Sat.
8am-noon Sun.

Services: Offers a “no-kill” animal shelter for abandoned and unwanted domestic animals that are available for adoption.

Eligibility: Anyone

Fees: Vary based on service.

Owen County Public Library

10 South Montgomery St. Phone: 812-829-3392
Spencer, IN 47460

Website: <http://www.owenlib.org/>

Hours: 9am-8pm Mon.-Thurs.
 9am-5pm Fri.
 9am-3pm Sat.

Services: Library services include large print books, books on CD and educational programs. Also offers Adult Summer Reading program, a Library Voices book club, a creative writing class and conservationist classes. Houses a Genealogy Department for research.

Eligibility: Owen County residents

Fees: No charge unless materials are returned late.

Owen County YMCA

1111 W. State Road 46
Spencer, IN 47460

Phone: 812-828-9622
Fax: 812-828-9329

Website: <http://www.owencountyyymca.org>

Hours: 5:30am-9pm Mon.-Thurs.
5:30am-8pm Fri.
8am-5pm Sat.
1-5pm Sun.

Services: Offers a variety of fitness classes and activities for people of all ages. Provides active older adult classes. Offers in the YMCA community room a weekly tobacco cessation class that includes free nicotine lozenges, patches and gum for participants.

Eligibility: Owen County residents

Fees: Set fee scale for memberships. Seniors 60+ receive discounted rate of \$87 for three months. Fees vary for programs.

Owen Valley Health Campus

920 W. Highway 46
Spencer, IN 47460

Phone: 812-829-2331
Fax: 812-829-2668

Website: <http://www.owenvalleyhc.com>

Hours: Daily 24 hours

Services: Skilled nursing facility that offers short-term rehabilitation and long-term care; a special unit for people with Alzheimer's disease and other forms of dementia; adult day care and respite stays.

Eligibility: People in need of long-term nursing care.

Fees: Accepts Medicare, Medicaid, private insurance and private pay.

Parkinson's Support Group

YMCA-Monroe County
2125 S. Highland
Bloomington, IN 47401

Phone: 812-332-5555

Website: <http://monroecountyymca.org>

Purpose: To assist patients and their family members who are coping with Parkinson's disease. A therapist from the I.U. Speech Therapy Department will lead the group in speech exercises that can help voice problems related to Parkinson's disease.

Meeting Time/Place: Meets at the YMCA and periodically at Bell Trace on the first Friday of the month at 1:30pm.

Fees: None

To Join: Attend a meeting.

Pets Alive

6522 S. Empire Road
Bloomington, IN 47401

Phone: 812-824-1349
Fax: 812-824-1351

Website: <http://www.petsaliveindiana.org>

Hours:

Office-8:30am-1pm Mon.

8:30am-4:30pm Tues.-Fri.

Vaccination & Microchip Walk-In Clinic-3-4:30pm Fri.

Services: Offers low-cost spay/neuter surgeries and vaccinations for cats and dogs. Also offers micro-chipping, flea treatment, heartworm testing and treatment. FIV and FeLv testing and nail trimming.

Eligibility: Anyone

Fees: Vary based on service. Financial assistance available to people who meet income guidelines.

Pharmacies in Monroe and Owen Counties

CVS Pharmacies

<http://www.cvs.com>

Bloomington

2701 East Third Street 812-332-1419

24-hour Pharmacy Mon.-Sun. This location also has a minute clinic.

The following Bloomington CVS locations are open these hours:

8am-10pm Mon.-Fri.

9am-6pm Sat.

10am-6pm Sun.

1000 North College Avenue 812-339-2233

510 College Mall Road 812-336-0279

4444 State Road West 46 812-876-2915

3477 West 3rd Street 812-339-4006

2650 South Walnut St. 812-336-6223

Spencer

320 West State Highway 46 812-829-2484

8am-9pm Mon.-Fri.

9am-6pm Sat.

10am-6pm Sun.

Pharmacies Con.

Kmart Pharmacies

www.kmart.com

3216 E. Third Street 812-336-8426
9am-9pm Mon.-Fri.
9am-7pm Sat.
10am-6pm Sun.

3175 West 3rd St. 812-339-7730
9am-1:30pm, 2pm-9pm Mon.-Fri.
9am-1:30pm, 2pm-7pm Sat.
10am-1:30pm, 2pm-6pm Sun.

Kroger Pharmacies

www.kroger.com

All Kroger pharmacies are open the following hours:

8am-9pm Mon.-Fri.
9am-6pm Sat.
11am-5pm Sun.

528 S. College Avenue 812-336-5118
1175 S. College Mall Road 812-333-5760
500 S. Liberty Dr. 812-349-1392
4025 S. Old State Road 37 812-824-5205

McKay Family Pharmacy

305 East Morgan 812-829-4821
Spencer, IN 47460
8:30am-6:30pm Mon.-Sat.
Closed on Sundays

Pharmacies Con.

Marsh Pharmacies

www.marsh.net/pharmacy/

All Marsh pharmacies are open the following hours:

9am-7pm Mon.-Fri.

9am-7pm Sat.

11am-5pm Sun.

1825 Kinser Pike

812-335-6767

3600 W. Third St.

812-332-2882

123 S. Kingston Dr.

812-355-8710

Pharmacy 1 Express

730 West 2nd Street

812-331-7979

9am-6pm Mon.-Fri.

9am-2pm Sat.

Closed on Sundays

Sams Club-Bloomington

3205 West Hwy 45

812-333-8903

9am-7pm Mon.-Fri.

9am-6pm Sat.

Closed on Sundays

Target Pharmacy

2966 E. 3rd St.

812-336-4101

9am-9pm Mon.-Fri.

9am-6pm Sat.

9am-6pm Sun.

Pharmacies Con.

Walmart Pharmacy

3313 W. State Road 45

812-335-0060

9am-9pm Mon.-Fri.

9am-7pm Sat.

10am-6pm Sun.

Williams Brothers Health Care Pharmacy

574 S. Landmark Ave.

812-335-0000

8:30am-8:30pm Mon.-Fri.

8:30am-5pm Sat.

Pines Apartments

25 Pines Drive
Spencer, IN 47460

Phone: 812-829-4171

Hours: 5pm-8pm Tues., 8am-4pm Thurs.

Services: One- and two-bedroom apartments on a sliding rent scale for families, seniors and people with disabilities. Pets ok, with a doctor's note.

Eligibility: Low-income seniors, people with disabilities and families.

Fees: Rent varies based on unit size and household income. Accepts Section 8.

Planning Department

City of Bloomington
401 N. Morton Street
Suite 160
Bloomington, IN 47404

Phone: 812-349-3423

Fax: 812-349-3535

Website: <http://www.bloomington.in.gov>

Hours: 8am-5pm Mon.-Fri.

Services: Responsible for administering policies, programs and regulations that manage the growth and development of the City of Bloomington

Eligibility: Anyone with an interest in property being developed and/or additions to existing property within the City of Bloomington.

Fees: Vary with service.

Police Department-Bloomington

City of Bloomington
220 E. Third Street
Bloomington, IN 47404

Phone: 812-339-4477
Dial 911 for Emergency.
Fax: 812-349-3353

Website: <http://www.bloomington.in.gov/police/>

Hours: Daily 24 hours

Services: The Bloomington Police Department provides high-quality police services for the residents and guests of our community.

The Police Department also runs Neighborhood Watch, a program composed of a group of concerned citizens in a community acting together to help the police catch thieves and/or prevent burglaries from occurring by watching the properties in their surrounding area and reporting any suspicious strangers or activity to local police. Any group of individuals may request assistance in forming a Neighborhood Watch.

Eligibility: Anyone within city limits

Fees: None

Police Department-Ellettsville

1406 West Temperance St.
Ellettsville, IN 47429

Phone: 812-876-2272
Call 911 for Emergency.
Fax: 812-876-8332

Website: <http://www.ellettsville.in.us>

Hours: Daily 24 hours

Services: Police department serving the town of Ellettsville.

Eligibility: People within Ellettsville city limits

Fees: None

Police Department-Spencer

8 0 N. West Street
Spencer, IN 47460

Phone: 812-829-3932
Call 911 for Emergency.

Website: <http://www.spencer.in.gov>

Hours: Daily 24 hours

Services: Police department serving the town of Spencer.

Eligibility: People within Spencer city limits

Fees: None

Positive Link-IU Community Health

Community Health
333 E. Miller Drive
Bloomington, IN 47401

Phone: 812-353-9150

Hours: 8am-5pm Mon.-Fri.

Services: This program offers prevention education, counseling, testing and care coordination for those affected with HIV/AIDS. Also provides hepatitis and syphilis counseling and testing.

Eligibility: Adults of any age, income level or employment means. Call for an appointment.

Fees: None

Prosecuting Attorney's Office

Monroe County

301 N. College Ave
Room 211
Bloomington, IN 47401
812-349-2670

Owen County

60 South Main St.
Room 295
Spencer, IN 47460
812-829-3492

Hours: *Monroe County*-8am-4pm Mon.-Fri.

Owen County-8:30am-4:30pm

(Closed 12-1pm) Mon.-Fri.

Services: County office responsible for filing criminal charges and prosecuting appropriate cases after receiving reports from local law enforcement agencies.

Eligibility: People within Monroe and Owen Counties

Fees: None

Providence Place

2510 S. Rockport Road
Bloomington, IN 47403

Phone: 812-334-7836
Fax: 812-334-8927

Website: <http://www.crf.net>

Hours: 9am-5pm Mon.-Fri.

Services: Affordable one-bedroom apartments for people age 62 and older. Cats and small dogs allowed with one-time refundable \$150 deposit.

Eligibility: People age 62 and older who meet income guidelines.

Fees: Rent based on income

Redbud Hills Retirement Community

3211 E. Moores Pike
Bloomington, IN 47401

Phone: 812-335-0089
Fax: 812-335-8119

Website: <http://www.holidaytouch.com>

Hours: Call for information or to set up tour.

Services: Offers studio to 2-bedroom apartments with a variety of amenities. People in need of personalized support services, such as help with bathing or medication management, must hire and pay for home healthcare from an outside agency.

Eligibility: People age 55 and older

Fees: Vary based on type of apartment.

Richland Apartments

Maple Shades

1101 W. Main Street
Ellettsville, IN 47429

Richland

800 N. Allen Street
Ellettsville, IN 47429

Phone: 812-876-6111

Fax: 812-876-8561

(Same for both locations)

Hours: 9am-12pm Mon.-Fri.

Services: Affordable one-bedroom apartments for people with disabilities and people age 62 and older. Utilities included with rent.

Eligibility: Income-eligible people with disabilities or age 62 and older.

Fees: Rent based on income; accepts Section 8.

Richland Bean Blossom Family Store

121 N. Sale St.
Ellettsville, IN 47429

Phone: 812-876-6292

Hours: 9am-4pm Wed.-Fri.; 9am-12pm 1st and 3rd Sat.

Services: Thrift store that offers clothing, dishes, small furniture items and more for resale. Located next to the flower shop in Ellettsville. Offers financial assistance with rent and utilities once every two years.

Eligibility: Anyone. For help with rent, must be resident of Richland or Bean Blossom Township and have submitted an application with the township trustee.

Fees: Vary based on item.

Richland Bean Blossom Health Care Center

5911 W. State Road 46
Ellettsville, IN 47429

Phone: 812-876-6400
Fax: 812-876-1122

Website: <http://www.exceptionallivingcenters.com>

Hours: 24 hours

Services: Nursing facility offering skilled and intermediate care, including state-licensed and Medicaid/Medicare certified facilities, a medical director and area physicians on call, licensed nurses around the clock, an activities program and rehabilitation therapy.

Eligibility: People in need of nursing home level of care.

Fees: Fees vary.

R.S.V.P. Retired and Senior Volunteer Program

Area 10 Agency on Aging
631 W. Edgewood Dr.
Ellettsville, IN 47429

Phone: 812-876-3383
Toll-Free: 800-844-1010
Fax: 812-876-9922

Website: <http://www.area10agency.org>

Hours: 8am-4:30pm Mon.-Fri.

Services: Utilizes the vast talents of older volunteers willing to share their experiences, abilities and skills in responding to a wide variety of community needs.

RSVP acts as a clearing house and helps find an activity that suits your interest at one of the many nonprofit private and public community organizations in Monroe and Owen Counties.

RSVP partners with other programs enhancing the life of the elder population. RSVP volunteers are covered by accident and liability insurance while on assignment.

Eligibility: Age 55 and over

Fees: None

Rural Transit

Area 10 Agency on Aging
631 W. Edgewood Dr.
Ellettsville, IN 47429

Monroe Co.: 812-876-1079
Owen Co.: 812-829-6066
Lawrence Co.: 812-277-9615
Putnam Co.: 765-848-1508
Toll Free: 800-844-1010

Website:

<http://www.area10agency.org/ruraltransit/index.php>

Hours: Mon.-Fri. 6am-4:30pm

Services: Rural Transit offers various transportation services. Express Services offers opportunities to travel among the cities of Spencer, Ellettsville and Bloomington Monday through Friday. County Routes offer round-trip service between specific points in the counties. County Sweeps offer service throughout each county Monday through Friday. Call at least 48 hours in advance of your trip if possible. Door-to-door trips are scheduled based on space and availability.

Eligibility: All ages in need of transportation in four-county service area. Service area is Lawrence, Monroe, Owen and Putnam Counties.

Fees: Travel within one county is \$.75 per trip. Two-county fare is \$1.50 per trip. 24-ride passes are available. Transfers to and from Bloomington Transit and the Indiana University Campus Bus Service are free. Medicaid Transportation Provider.

Rusty Manor

72-80 W. Jefferson Street
53-61 E. Wayne Street
Spencer, IN 47460

Phone: 812-829-4838

Hours: 8am-5pm Mon.-Fri.

Services: Affordable one-bedroom housing for people 65 and older. No pets allowed.

Eligibility: Income-eligible people 65 and older.

Fees: Rent is based on income; does not accept Section 8.

St. Vincent de Paul Society

1105 N. Jackson
Bloomington, IN 47404

Phone: 812-961-1510

Website: www.bloomingtonsvdp.org

Hours: Leave a message 9am-5pm

Services: Collects, stores and distributes furniture and appliances to low-income people. Provides emergency financial assistance for rent, rent deposits and utility bills for people in need who have been unable to obtain assistance from their township trustees or other social service organizations.

Eligibility: Monroe County residents in need

Fees: \$5 delivery fee for furniture.

Salvation Army-Monroe County

111 N. Rogers Street
Bloomington, IN 47402

Thrift Store: 812-334-1366
Assistance: 812-336-4310
Fax: 812-336-2380

Website:

<http://www.bloomington.salvationarmyindiana.org>

Hours: *Thrift Store*-9am-6pm Mon.-Sat.

Food Pantry/Clothing Voucher walk-in hours-

9-11:30am Mon., Wed., Fri.

1:30-3:30pm Tues.-Thurs.

Services: Offers food pantry and clothing/household item vouchers for their thrift store, as well as clothing vouchers for My Sister's Closet (women's career clothes). Also provides financial assistance with rent and utilities (the last \$50); financial assistance with prescription drugs; and bus tokens to those in need. However, no gas assistance is provided.

Sells donated items at discounted prices including clothing, household items, furniture, small appliances and other items as they are available; offers free pick-up for large, heavy donations; also offers school supplies, Christmas food baskets, and after-school programs for children.

Eligibility: Anyone in Monroe County. Call for information on applying for food pantry and clothing vouchers.

Fees: None; thrift store prices vary per item.

Salvation Army-Owen County

145 N. Harrison St.
Spencer, IN 47460

Phone: 812-829-2279

Hours: 8am-4:30pm Mon.-Fri.

Services: Offers financial assistance as available to help people in need with rent, mortgage, utility and prescription costs.

Eligibility: Owen County residents

Fees: None

Senior Games

Area 10 Agency on Aging
631 W. Edgewood Dr.
Ellettsville, IN 47429

Phone: 812-876-3383

Fax: 812-876-9922

Website: <http://www.area10agency.org>

Hours: August-September each year. Call or visit the Endwright Center for a complete schedule of events.

Services: The Senior Games of Monroe and Owen Counties give area seniors the opportunity to engage in friendly athletic and non-athletic competitions, enjoy the companionship of other participants and achieve personal fitness goals. 3-on-3 basketball, softball, swimming, shuffleboard, bowling, euchre, volleyball and golf are just a few of the many events scheduled.

Eligibility: People 50 and over who complete event registration form.

Fees: Most activities are free; others are very low cost.

Shalom Community Center

620 S. Walnut Street
Bloomington, IN 47401

Phone: 812-334-5728
Fax: 812-334-5736

Website: <http://www.shalomcommunitycenter.org>

Hours: *Administration*-9am-4pm Mon.-Fri.

Day Shelter-8am-4pm Mon.-Fri

Financial Assistance-9am-3:30pm Mon.-Fri.

Family Homelessness-9am-3:30pm Mon.-Fri.

Legal Aid and Benefits Clinic-1-4pm Fri.

Services: Shalom Community Center is dedicated to relieving the plight of people experiencing homelessness and poverty in South Central Indiana. It offers the following services:

Day Shelter-Offers access to phones, showers, laundry facilities, personal care items, diapers, formula and locker storage. Guests may use Shalom Center as their mailing address. Representatives from various community agencies offer information and assistance throughout the week.

Emergency Financial Assistance-Provides up to \$50 for utilities/deposit or rent/deposit, limited to once in six months for each utility or rent. Also offers assistance with obtaining ID documents-such as birth certificates and state ID/driver's license.

Family Homelessness Prevention Project-Offers a revolving security deposit fund and case work services to help families find, obtain and maintain housing.

Holiday Meals-Holiday meals served to anyone in need on Thanksgiving Day and Christmas Eve.

Hot Meals-Meals provided to anyone in need. Breakfast 8-9:30am Mon-Fri.; Lunch noon-1:30pm Mon.-Fri.

Legal and Benefits Clinic-Free legal assistance provided by local attorneys and law students on civil law matters such as family law, landlord/tenant issues, etc. Free benefits assistance, especially applications for Social Security disability and SSI. Located at Trinity Episcopal Church, 111 S. Grant Street.

Eligibility: Anyone experiencing poverty and/or homelessness.

Fees: None

Sherwood Oaks Christian Church-Counseling, Financial Assistance

2700 E. Rogers Road
Bloomington, IN 47401

Phone: 812-334-0206

Website: <http://www.socc.org>

Hours: *Counseling*-8am-4pm Mon.-Fri.

Financial Assistance-9am-5pm Mon., 9am-12pm Tues.

Services:

Christian Counseling and Support: Offers a trained and certified counselor, pastoral counselor and crisis support services with a Christian focus. Also offers a variety of groups with focus on Alzheimer's disease, cancer, divorce, grief, and friends and family of gays and lesbians.

Financial Assistance: Financial assistance up to \$100 provided with rent, mortgage, utilities and prescriptions. Does not help with deposits, past due bills or reinstatement of new utility service or phone bills (except in emergencies).

Respite Care and Visitation: Respite care offered to provide family caregivers a break. Visitation program offers volunteers who meet with and encourage people who are homebound, in nursing homes or hospitalized.

Eligibility: Anyone

Fees: None

Small Claims Court

Monroe County

Office of County Clerk
301 N. College Ave.
Room 201
Bloomington, IN 47404
812-349-2600

Owen County

Office of County Clerk
60 S. Main Street
Spencer, IN 47460
812-829-5015

Hours: 8am-4pm Mon.-Fri.

Services: The Small Claims Court allows every citizen to have a speedy, reasonably inexpensive, uncomplicated means of determination of one's claim. This procedure allows one to bring a lawsuit (up to \$6,000) in an informal manner and without requiring the hiring of an attorney.

Eligibility: Anyone

Fees: \$76 to file plus \$10 for each additional defendant and all defendants added during the case.

Social Security Administration

515 W. Patterson Drive
Bloomington, IN 47403

Phone: 877-819-2594

TTY: 812-334-4220

National Medicare:

800-633-427

National Social Security:

800-772-1213

Website: <http://www.socialsecurity.gov>

Hours: 9am-4pm Mon.-Fri.

Services: Pays benefits to workers and their families to replace part of the income lost when a worker dies, becomes disabled or retires. Processes applications for entitlement and answers questions about Medicare and Social Security, retirement, and survivor and disability benefits, as well as Supplemental Security Income.

Provides general information about Medicare and accepts applications for entitlement to Medicare. Medicare Part A is Hospital insurance; Medicare Part B is Medical insurance; and Medicare Part D is optional prescription drug insurance in which people on Parts A&B are eligible to enroll.

Also helps with Medicare Part D out-of-pocket costs. Based on level of assistance person qualifies for and Part D plan selected, may include help with monthly premiums, annual deductibles, prescription co-pays and avoiding the coverage gap/"donut hole."

Eligibility: Varies based on program. Local office serves residents of Greene, Lawrence, Monroe, Morgan and Owen Counties.

Fees: None

South Central Community Action Program (CAP)

Monroe County
1500 W. 15th Street
Bloomington, IN 47404
Phone: 812-339-3447
Fax: 812-334-8366

Owen County
145 N. Harrison Street
Spencer, IN 47460
Phone: 812-829-2279

Website: <http://www.insccap.org>

Hours: 8am-4:30pm Mon.-Fri. (closed noon-1pm)

Services:

Energy Assistance: Offers a credit toward winter heating cost including bulk fuels such as propane, oil, coal and wood. People who receive this energy assistance are safe from energy disconnection from December 1st through March 15th in accordance with Indiana State law. Must be below 150% of the Federal Poverty Level.

Owner Occupied Rehabilitation: Assists low-income homeowners in making repairs to address health and safety issues, including plumbing and electrical upgrades; furnace repair or replacement; roof repair or

replacement; structural repairs; and replacement of doors and windows.

Section 8 Housing Program: Offers a Section 8 voucher program, based on income, to eligible low-income people to subsidize rental housing costs.

Family Development Program: Offers a variety of supports to help self-motivated families with multi-dimensional problems become economically self-sufficient, including case managers who provide advocacy, life-skills counseling and money management skills; matching contributions to a savings account; and Wheels to Work, which provides affordable vehicles as available.

Summer Cooling Assistance Program: Provides low-income households \$50 credit on an electric bill. Also offers a free small window air conditioning unit for people with severe documented medical condition.

Affordable Rental Housing Program: Offers affordable rental homes at below market rates for income-eligible families.

Weatherization Program: Provides weatherization of low-income homes, including attic insulation, caulking, weather stripping, and heat duct and water pipe insulation for owner-occupied residences. Also addresses related health and safety conditions in the home, such as carbon monoxide, gas leaks and lead-based paint. Recipients must be at 200% Federal

Poverty Level and enrolled in the energy assistance program.

Eligibility: Varies based on program.

Fees: Vary based on program.

South Central Indiana REMC

300 Morton Avenue
Martinsville, IN 46151

Phone: 765-342-3344

Toll-Free: 800-264-7362

Fax: 765-342-1335

Website: <http://www.sciremc.com>

Hours: 7:30am-4:30pm Mon.-Fri.

Services: SCI REMC is one of 39 rural electric cooperatives in Indiana. Provides products including high speed Internet, generators, medical alert, water heaters and security systems.

Eligibility: People living in south central Indiana.

Fees: Vary based on service.

Spencer Senior Center

400 East Jefferson St.
Spencer, IN 47460

Phone: 812-829-3658

Hours: 9:30am-3pm Mon., Wed., Fri.
9am-12pm Tues., Thurs.

Services: Variety of social, recreational and educational programs including exercises, crafts, music/singing, devotions, bingo, etc. Offers a variety of social activities for Owen County residents age 55 and older. Visit during center hours for information about activities.

NUTRITIOUS LUNCH SERVED-look at page

Eligibility: Anyone age 55 and older

Fees: None

State Health Insurance Assistance Program (SHIP)

Area 10 Agency on Aging
631 W. Edgewood Dr.
Ellettsville, IN 47429

Phone: 800-844-1010

Fax: 812-876-9922

IU Health SHIP
333 E. Miller Drive
Bloomington, IN 47401

Phone: 812-353-3244

Website: <http://www.area10agency.org>

Hours: *Area 10:* 8am-4:30pm Mon.-Fri.

IU Health: Call for appointment

Services: Free, objective information on Medicare; Medicare Supplement Insurance; Medicare Advantage plans; Medicaid; long-term care insurance; prescription coverage and low-income subsidies that help with Medicare costs. SHIP counselors are trained and certified by the Indiana Department of Insurance.

Eligibility: People who are or will become eligible for Medicare. Call to schedule an appointment.

Fees: None

Sterling House

3802 S. Sare Road
Bloomington, IN 47401

Phone: 812-330-0885
Fax: 812-330-1827

Website: <http://www.brookdaleliving.com>

Hours: 8am-5pm Mon.-Fri.

Services: Offers private apartments and personalized supportive services to older adults who require assistance with activities of daily living such as bathing, dressing, medication administration and more.

Eligibility: Must be 62 or older.

Fees: Fees vary based on unit size and services; accepts Veterans benefits, private insurance and private pay.

Stone Belt

2815 E. 10th Street
Bloomington, IN 47408

Phone: 812-332-2168
Toll Free: 888-332-2168
Fax: 812-323-4610

Website: <http://www.stonebelt.org>

Hours: 8am-5pm Mon.-Fri.

Services: Stone Belt believes in the uniqueness, worth and right to self-determination of every individual. It is their mission to prepare, empower and support individuals with developmental disabilities and their families to participate fully in the life of the community. They offer a variety of services to adults with developmental disabilities, including residential and assisted living programs, as well as employment and manufacturing services. Also provide lifelong learning opportunities and art classes and exploration.

Milestones Clinical and Health Resources: Outpatient mental health clinic specializing in providing care to people of all ages with disability. Provides intake assessments for Stone Belt programs.

Eligibility: People of all ages with a disability

Fees: Vary. Accepts Medicare, Medicaid, private insurance and private pay.

Stroke Support Group

YMCA-Monroe County
2125 S. Highland
Bloomington, IN 47401

Phone: 812-332-5555

Website: <http://monroecountyyymca.org>

Purpose: Group presentation, discussion and support for stroke survivors, caregivers and spouses.

Meeting Time/Place: Meets at the YMCA on the first Wednesday of each month from 4-5pm.

Fees: None

To Join: Attend a meeting.

Sweet Owen Manor

420 E. Jefferson Street
Spencer, IN 47460

Phone: 812-829-7716

Hours: 10am-2pm Mon., Tues., Thurs., Fri.

Services: Offers one-bedroom single-story units for people age 62 and older and people with disabilities. Preference is given to older adults.

Eligibility: People age 62 and older and people with disabilities.

Fees: Vary

Sweet Owen Industries Arc

36 Concord Road
Spencer, IN 47460

Phone: 812-714-8138
Fax: 812-714-8145

Website: <http://www.sweetowenarc.org>

Hours: 8am-4:30pm Mon.-Fri.

Services: Offers a variety of services for Owen County adults with developmental disabilities, including life skills enrichment, employment and manufacturing services, residential services and respite care.

Eligibility: Owen County adults with developmental disabilities.

Fees: Vary according to service.

Thrift Shop, Inc.-Bloomington Psi Iota Xi

220 S. Madison St.
Bloomington, IN 47403

Phone: 812-332-5851

Hours: 10am-5pm Tues.-Fri.; 10am-2pm Sat.

Services: A nonprofit resale shop operated by Psi Iota Xi philanthropic sorority to raise funds for community projects. Donations of clothing and household goods accepted.

Eligibility: Anyone

Fees: Gently used items sold at discounted prices.

Toll-Free and/or Informational Numbers

A.A.R.P.	1-888-687-2277
Adult Protective Services	1-800-992-6978
AIDSinfo	1-800-448-0440
Al-Anon Family Group Headquarters	1-888-425-2666
Alcohol and Drug Helpline	1-800-821-4357
Alliance for Aging Research	1-800-639-2421
ALS Association	1-800-782-4747
Alzheimer's Association	1-800-272-3900
Alzheimer's Disease Education and Referral Center	1-800-438-4380
American Association of Kidney Patients	1-800-749-2257
American Brain Tumor Association	1-800-886-2282
American Cancer Society	1-800-227-2345
American Chronic Pain Association	1-800-522-3231
American Council of the Blind	1-800-424-8666
American Council on Exercise	1-800-825-3636
American Diabetes Association	1-800-342-2388
The Americans With Disabilities Act Information and Assistance Hotline	1-800-514-0301
American Heart Association	1-800-242-8721
American Kidney Fund	1-800-638-8299
American Liver Foundation	1-800-465-4837
American Lung Association	1-800-586-4872
American Parkinson's Disease Foundation	1-800-223-2732
American Speech-Language Hearing Association	1-800-638-8255
American Stroke Association	1-888-478-7653

American Thyroid Association	1-800-849-7643
Amputee Coalition of America	1-888-267-5669
Anthem Blue Cross/Shield	1-877-600-4666
The ARC of the United States	1-800-433-5255
Arthritis Foundation	1-800-283-7800
Attorney General of Indiana	1-317-232-6201
Banking Complaints and Information	1-800-613-6743
Better Business Bureau, Council of	1-703-276-0100
Better Hearing Institute	1-202-449-1100
Braille Institute of America	1-800-272-4553
Breast Cancer Network of Strength	1-800-221-2141
Cancer Hope Network	1-800-552-4366
Cancer Information Service	1-800-4-CANCER
Caring Connections	1-800-658-8898
CDC INFO	1-800-232-4636
Center for Medicare & Medicaid Services	1-877-267-2323
Consumer Complaints/Inquiries (IN)	1-800-382-5516
Consumer Safety Commission	1-800-638-2772
Crohn's and Colitis Foundation	1-800-932-2423
Cystic Fibrosis Foundation	1-800-344-4823
Deaf & Hard of Hearing Services (IN)	1-800-962-8408
Disability, Aging, and Rehabilitative Services, Division of (IN)	1-800-545-7763
Disability Determination Bureau	1-800-622-4968
Domestic Violence (IN)	1-800-622-4973
Eldercare Locator	1-800-677-1116
Family Help-Line	1-800-433-0746
Family Support Services	1-800-622-4932
FEMA	1-800-621-3362

Fibromyalgia Network	1-800-853-2929
Food Allergy and Anaphylaxis Network	1-800-929-4040
Food Stamp Hot Line	1-800-622-3932
Foundation Fighting Blindness	1-800-683-5555
Glaucoma Research Foundation	1-800-826-6693
Guide Dogs for the Blind	1-800-295-4050
Heart Information Center	1-800-292-2221
Hoosier RX	1-866-267-4679
HUD-Housing Community Services	1-800-225-5342
Incontinence Hotline (Simon Foundation)	1-800-237-4666
Indiana Dept. of Insurance Consumer Service Hotline	1-317-232-2426
Indiana General Assembly (Senate)	1-317-232-9400
Indiana General Assembly (House)	1-317-232-9856
Indiana Poison Center	1-800-222-1222
Indiana State Library	1-866-683-0008
Indiana University Health- Bloomington	1-812-353-5252
Institutional Abuse Hotline	1-800-898-7679
Internal Revenue Service-Federal	1-800-829-1040
Internal Revenue Service-State	1-812-334-4234
International Hearing Society	1-734-522-7200
Kidney Foundation, National Legal Services (IN)	1-800-622-9010 1-800-869-0212
Lifeline Systems	1-800-380-3111
Literacy Hotline	1-800-233-4572
The Living Bank	1-800-528-2971
Medicaid, Food Stamps, and TANF Fraud	1-800-446-1993

Medicaid Recipient Info	1-800-457-4584
Medicaid Provider Fraud	1-800-383-1039
Medicare-Service & Coverage	1-800-650-2857
Medicare-Claims	1-800-MEDICARE
Medic Alert Foundation	1-888-633-4298
Mental Health Consumer Service	1-800-901-1133
National Association of Area Agencies on Aging	1-202-872-0888
National Association for Continenence	1-800-252-3337
National Asthma Center	1-877-225-5654
National Cocaine Hotline	1-800-262-2463
National Consortium on Deaf-Blindness	1-800-438-9376
National Council on Alcoholism & Drug Dependence	1-800-622-2255
National Council on Problem Gambling	1-800-522-4700
National Diabetes Information Clearinghouse	1-800-891-5389
National Health Information Center	1-800-336-4797
National Highway Auto Safety Hotline	1-888-327-4236
National Hispanic Family Health Helpline	1-866-783-2645
National Institute of Neurological Disorders and Stroke	1-800-352-9424
National Institute on Aging Information Center	1-800-222-2225
National Osteoporosis Foundation	1-800-231-4222
National Parkinson Foundation, Inc.	1-800-327-4545
National Response Center	1-800-424-8802

National STD Hotline	1-800-227-8922
National Stroke Association	1-800-787-6537
Natural Resources, Department of	1-877-463-6367
Nursing Complaints	
Local Ombudsman	1-800-844-1010
State Ombudsman	1-800-622-4484
Poison Help Hotline	1-800-222-1222
Protective Service Hotline	1-317-327-1403
Rape, Abuse, and Incest Network	1-800-656-4673
Restless Legs Syndrome Foundation	1-877-463-6757
R.S.V.P.	1-202-606-5000
Recording for the Blind & Dyslexic	1-800-221-4792
Relay Indiana-TTY/Voice/VCO/ASCII	771
Smoking, Tobacco, and Health	
Information Line	1-800-232-4636
Social Security Administration	1-800-772-1213
Spina Bifida Association	1-800-621-3141
State Health Insurance Assistance	
Program (SHIP)	1-800-452-4800
State Information Center	1-800-457-8283
Stuttering Foundation of America	1-800-992-9392
Veterans Administration/Benefits	1-800-827-1000
Vision Council of America	1-800-424-8422

Township Trustees-Monroe and Owen Counties

Website: <http://indianatownshipassoc.org>

Hours: Vary by township. Please call trustee or visit website for more information.

Services: Vary by township. Assistance may be offered to those in need within the township, including employment services, housing, utilities, fuel, food, household supplies, clothing, transportation, burials, traveler's aid and a payee representative program.

Township Trustees: Visit website for a list of the current township trustees in Monroe and Owen Counties. Townships in each county:

Monroe: Bean Blossom, Benton, Bloomington, Clear Creek, Indian Creek, Perry, Polk, Richland, Salt Creek, Van Buren and Washington

Owen: Clay, Franklin, Harrison, Jackson, Jefferson, Jennings, Lafayette, Marion, Montgomery, Morgan, Taylor, Washington and Wayne.

Eligibility: Eligibility determined according to each township's posted standards. Residency determined by township guidelines and/or state law. Transients apply to trustee of township where they are stranded. Those who move to the township with the intention of establishing residency apply to that township trustee.

Fees: No charge

Transitions By Design, Golden Years Management Services LLC

2010 Greasy Creek Road
Nashville, IN 47448

Phone: 812-988-0119

Website: <http://www.transitionsbydesign.net>

Hours: Call to set up appointment.

Services: Provides a complete nonmedical assessment and prioritized recommendations at living situation; reviews status of home, safety, medications, insurance, financial, POA, Health Care Representative, life affairs readiness; provides reputable community and agency resource information that meets assessed specific needs; attends pivotal resource appointments to address needs (assistance in setting appointments and transportation can be arranged); and organizes personal affairs if desired. Information is shared with all approved family members or guardians.

Eligibility: Any senior citizen who is in need of these services. Family members can engage services on behalf of a loved one, with their permission.

Fees: \$80 per hour/ \$.50 per mile to appointment location.

Twin Lakes Recreation Center

1700 W. Bloomfield Road
Bloomington, IN 47403

Phone: 812-349-3720
Fax: 812-349-3707

Website: <http://www.bloomington.in.gov/TLRC>

Hours: 5am-10pm Mon.-Fri., 7am-10pm Sat.-Sun.

Services: Exercise facility offering various classes, fitness equipment and an indoor walking/running track. Membership is not required to participate in exercise classes or sports leagues. Free programming for seniors, including volleyball, folk dance, foreign language instruction, lap quilting, aerobic exercise, and games such as bingo, bunco, euchre and bridge.

Eligibility: Anyone

Fees: Monthly membership fees; discount membership fees for people age 60 and older. Non-members can pay fees to participate in various activities.

Unionville Senior Citizen Center

7616 E. State Rd. 45
Unionville, IN 47468

Phone: 812-339-2008

Hours: 9am-1pm Tues., Thurs.

Services: Provides a variety of social, recreational and educational programs for area seniors. These include oil painting, movies, exercises, luncheon speakers, Bible study and bingo. A nutritious lunch is served here as well. SEE LIST OF NUTRITIONAL SITES ON PAGE

Eligibility: Seniors

Fees: \$2.00 annual membership fee, \$0.25 for bingo.

United Senior Action

324 Morris Street
Suite 114
Indianapolis, IN 46225

Phone: 317-634-0872
Toll Free: 1-800-495-0872

Website: <http://www.usaindiana.org>

Hours: 8am-5pm Mon.-Fri.

Services: An advocacy organization for Indiana seniors that works on issues such as nursing home quality and reform; alternatives to nursing homes, including home and community-based care; utility and phone rates, prescription drug prices, and more. Members can become involved by writing letters, participating in public meetings and walking the halls at the State Capitol.

Eligibility: Anyone age 50 and over

Fees: Dues are \$15 individual/\$20 per couple. If your senior club is a group member of United Senior Action, you pay \$8 individual or \$10 per couple.

United Way of Monroe County

441 S. College Avenue
Bloomington, IN 47403

Phone: 317-334-8370
Fax: 812-334-8387

Website: <http://www.monroeunitedway.org>

Hours: 9am-5pm Mon.-Fri.

Services: Works with and provides support to 24 certified member agencies and other partners to improve people's lives and build a stronger community. Special programs include Born Learning, which will help ensure that children in the community enter school ready to learn. United Way also offers free community tax service. Further, it recruits, trains and involves hundreds of volunteers each year in the campaign, agency committees and allocations process.

The 24 partner agencies include Abilities Unlimited Disability Services; American Red Cross; Amethyst House; Area 10 Agency on Aging; Big Brothers Big Sisters; Boys & Girls Clubs of Bloomington; Community Kitchen of Monroe County; Family Service Association; Girls Inc.; Hoosier Hills Food Bank; Indiana Legal Services; MCCSC School Assistance Fund; Middle Way House, Inc.; Monroe County United Ministries; Mother Hubbard's Cupboard; Options; People and Animal Learning Services; Planned Parenthood of Indiana; Rhino's Youth Center; RBB School Assistance Fund; Salvation Army; Shalom Community Center; Stone Belt Arc, Inc.; and Volunteers in Medicine.

Eligibility: Requirements differ for each agency. Contact agency for specific information.

Fees: May vary from agency to agency. Contact information for each agency can be found at <http://www.monroeunitedway.org/members.htm>.

USDA Rural Development

1931 Liberty Drive
Bloomington, IN 47403

Phone: 812-334-4318,
Ext. 4
Fax: 812-334-4279

Website: <http://www.rurdev.usda.gov/in/>

Hours: 8am-4:30pm Mon.-Fri.

Services: Offers grants to low-income homeowners age 62 and older, and loans to low-income homeowners of all ages to make major repairs to furnace, roof, wells, sewer, etc.; and/or rehabilitation to remove health and safety hazards or to make the home more accessible.

Eligibility: Must meet income guidelines. Grants available only to people age 62 and older.

Fees: None

Veterans Affairs

Monroe County

214 W. 7th Street
Room 100
Bloomington, IN 47404
Phone: 812-349-2568
Fax: 812-349-2638

Owen County

157 W. Washington Street
Armory Building
Spencer, IN 47460
Phone: 812-829-5027
Fax: 812-828-0277

Website:

[http://www.co.monroe.in.us/tsd/Community/
VeteransAffairs.aspx](http://www.co.monroe.in.us/tsd/Community/VeteransAffairs.aspx)

Hours: *Monroe County*-8am-3pm Mon.-Fri.
Owen County-8am-noon Mon.-Fri.

Services: Explains benefits and eligibility requirements and assists with filing claims for services available for veterans, veterans' dependents and veterans' survivors of Monroe and Owen Counties.

Eligibility: Military veterans, veterans' dependents and survivors.

Fees: None

Veterans of Foreign Wars Post #604

209 S. College Ave.
Bloomington, IN 47401

Transportation:
812-332-4684
Office: 812-339-2375

Hours: Mon., Wed., Fri. 8am-1pm. Some Tues. and Thurs. appointments for those with special needs, as able.

Services: Offers transportation to the VA Hospital in Indianapolis. Does not have wheelchair-accessible vehicles.

Eligibility: Veterans in Monroe County

Fees: None

Vet to Vet Group

Ivy Tech-200 Daniels Way
Bloomington, IN 47404
Room 118

Phone: 812-863-2178

Website: <http://www.vetvetbloomington.com>

Purpose: A non-judgmental peer support group for veterans, facilitated by veterans who have been trained to help.

Meeting Time/Place: 7-8pm Mon. at Ivy Tech, 200 Daniels Way, Room 118.

Fees: None

To Join: Call or attend a meeting.

Victims Assistance Program

301 N. College Avenue
Room 211
Bloomington, IN 47404

Phone: 812-349-2670

Fax: 812-349-2725

Website:

<http://www.co.monroe.in.us/tsd/Justice/Prosecutor/VictimsAssistance.aspx>

Hours: 8am-4pm Mon.-Fri.

Services: Assists victims of crime. Provides victims with an application for the Violent Crime Compensation Fund for outstanding medical bills along with referrals to counseling programs. Notifies victims of court dates and answers questions a victim may have about the criminal justice system.

Eligibility: Anyone against whom a crime has been committed.

Fees: None

Volunteers in Medicine

811 W. 2nd Street
Bloomington, IN 47403

Phone: 812-333-4001

Fax: 812-333-4062

Website: <http://www.vimmonroecounty.org>

Hours: 8am-8pm Mon., Thurs.
8am-5pm Tues., Wed., Fri.

Services: Free clinic offering primary and preventative healthcare, treatment for chronic and acute illnesses, health education, dental care and mental health services. Must apply and be approved before receiving care; process can take up to four weeks.

Eligibility: Monroe and Owen County residents without health insurance and income at or below 200% Federal Poverty Level.

Fees: Small handling fee for prescriptions

White River Valley PFLAG (Parents, Friends, Families of Lesbian and Gays)

PO Box 583
Spencer, IN 47460

Phone: 812-829-9611

Website: <http://www.whiterivervalleyflag.org>

Hours: Call anytime.

Services: Offers a safe place for people who are LGBT, friends or families, to share feelings and experiences; sponsors events in the community to create greater understanding about and awareness of people in the LGBT community.

Eligibility: People who are GLBT (Gay, Lesbian, Bisexual, Transgender), friends and families in Owen County.

Fees: None

Williamsburg Apartments

1 North Main Street
Spencer, IN 47460

Phone: 812-829-4028

Hours: Call to make an appointment.

Services: Offers affordable one-bedroom apartments for older adults and people with disabilities.

Eligibility: Call for application.

Fees: Rent is based on income.

Workforce Development-Monroe County

450 Landmark Avenue
Bloomington, IN 47403

Phone: 812-331-6000
Fax: 812-331-6010

Website: <http://www.workonesouthcentral.com>

Hours: 8am-4:30pm Mon.-Fri.

Services: Provides employment information, skills assessments, job training, job search assistance, career counseling and resume assistance. Provides access to Indiana Career Connect, a computerized job-matching system available to the public. Also offers workshops, computer classes and federal bonding. Provides income assistance for people who have become unemployed. Assists eligible veterans with employment needs and offers additional supportive services to veterans with disabilities to help remove barriers to employment.

Eligibility: Complete application at office. Veterans must have served more than 180 days on active duty or have been released because of service-connected illness or injury.

Fees: None

Workforce Development-Owen County

205 E. Morgan Street
Suite B
Spencer, IN 47460

Phone: 812-829-6511

Fax: 812-829-1631

Website: <http://www.workonesouthcentral.com>

Hours: 8am-4:30pm Mon.-Fri.

Services: Provides employment information, skills assessments, job training, job search assistance, career counseling and resume assistance. Provides same services as Monroe County Workforce Development.

Eligibility: Complete application at office. Veterans seeking help must have served more than 180 days on active duty or have been released because of service-connected illness or injury.

Fees: None