



*Second Annual*



# *Creative Aging* **FESTIVAL**

*Celebrating Older Americans Month*

**Senior Expo**  
.....

CREATIVE AGING  
**Symposium**  
.....

INTERGENERATIONAL

▶ **Food Flix Festival**

▶ **Songwriting,**

**Storytelling MiniFest**



# 2012 Creative Aging Festival Guide

All events are wheelchair accessible

## About Creative Aging

The “graying” of America—being heralded by many as the second American Revolution—promises dramatic changes in the field of aging. Arguably, one of the most profound changes is a new way of seeing older adults: moving from a “deficit” approach that stresses losses to an “asset” approach that stresses strengths, potential and achievements.

~ [www.creativeaging.org](http://www.creativeaging.org)

Dr. Gene Cohen, author of *The Creative Age: Awakening Human Potential in the Second Half of Life*, asserts “There is no denying the

problems that accompany aging. But what has been universally denied is the potential. The ultimate expression of potential is creativity.” It is Dr. Cohen’s groundbreaking research that found a direct link between creative expression and healthy aging.

In order to advance this new understanding of aging and the beneficial link between creativity, culture and aging, the City of Bloomington Commission on Aging coordinates an annual Creative Aging Festival. The festival is a series of community events held during the month of May to celebrate Older Americans Month. Festival objectives are to:

- Showcase the talents and skills of both established and first-time older artist and performers.
- Promote intergenerational understanding through dialogue, sharing traditions and storytelling.
- Enhance awareness about the value of creative engagement to adult health and well being.

Pragmatically, creative aging is living a life of self discovery. It is a journey of lifelong learning, creative expression and community engagement in the pursuit of health, wellbeing and sustainability.

“Living a creative life has the nourishing power we normally associate with food, love, and faith.”

~ Twyla Tharp

A special thanks to our sponsors and contributors



## Sponsors

City of Bloomington Community & Family Resources Department  
Ivy Tech Community College - Bloomington  
Indiana University Center on Aging and Community  
Bell Trace Senior Living Community  
WTIU

## Contributors

Alice and Skip Oestreich  
in memory of Marguerite Oestreich  
Dermatology Center of Southern Indiana  
Comfort Keepers  
Georgia Schaich  
Julie & Ted Hill  
Robert Soto  
in memory of Belia Garcia Soto  
Sterling House  
Area 10 Agency on Aging



## April 22 - May 31

### Intergenerational Art Project

9a.m.-4p.m.  
Free Admission  
Trinity Episcopal Church  
111 S. Grant St.

This is an intergenerational art project on the theme of "Creation." The design has been created by an artist with participants (all ages) free to choose the colors and mosaic pieces to complete the design. It was created in 9 panels with each panel symbolizing some aspect of creation. It will be able to be displayed as a whole piece or in 9 'exploded' pieces. The pieces are connected by the common circle created by a mirror. A tile artist will complete the grouting of the individual pieces prior to display.

Rev. Connie Pepler,  
Clergy staff  
812-330-8052  
dncpep@att.net  
Trinity Episcopal Church  
www.trinitybloomington.org



## May 1- May 31

### Muse Whisperings: Two Exhibits in One

Library hours  
Free Admission  
Monroe County Public Library  
303 E. Kirkwood Ave.



What does Jazz look like? Can you see a symphony in your minds eye? This art exhibit showcases the water color paintings of older adults living at Sterling House, who paint to music. Lotus banners created by Bell Trace Residents will also be exhibited. Bell Trace artists draw their inspiration from Alabama artist Thornton Dial and the quilts of Gees Bend.

Julie Hill, Life Enrichment Director  
812-332-2355 or jhill@cardon.us  
Bell Trace Senior Living Community/Sterling House  
www.belltrace.com

## May 1- May 31

### Bloomington Photography Club Exhibits

Old National Bank Art Gallery  
210 E. Kirkwood Ave., Bloomington



The Bloomington Photography Club presents two exhibits. Hands of Time will feature images of hands through generations. Also on exhibit will be images that explore the connection between the eye, the camera and spirit by fostering the encouraging growth of artistic vision and technical knowledge.

**May 17, 5:30-7:30p.m.** ONB will be hosting a reception including hors d'oeuvres and wine.

**May 2 - May 31**  
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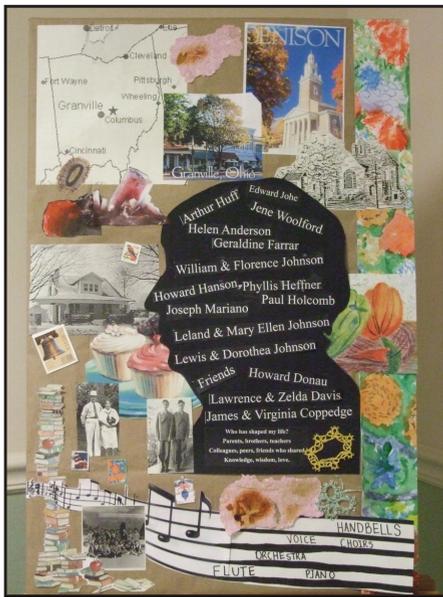
## Life Maps:

*Mix media collage work*

Free Admission  
Various events and venues throughout the festival

In preparation for the Creative Aging Festival, residents at Bell Trace Senior Living Community have been mapping their life stories through words, visual images and song. Their work will be showcased at a variety of events and venues throughout the festival. Bell Trace is a member of the National Center for Creative Aging and is dedicated to fostering an understanding of the vital relationship between creative expression and the quality of life for older people.

Julie Hill, Life Enrichment Director  
812-332-2355 or [jhill@cardon.us](mailto:jhill@cardon.us)  
Bell Trace Senior Living Community  
[www.belltrace.com](http://www.belltrace.com)



**Wednesday, May 2**  
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## Senior Expo

10a.m.-2p.m.  
Free Admission  
Twin Lakes Recreation Center, 1700 W. Bloomfield Rd.

Senior Expo features free health screenings for seniors plus an exhibit hall filled with businesses and organizations whose products and services are specifically for seniors, their families and caregivers. Demonstrations of Creative Aging opportunities will be showcased by members of the Lifelong Learning Coalition.

Bev Johnson, Recreation Programs Manager  
349-3773 or [johnsobe@bloomington.in.gov](mailto:johnsobe@bloomington.in.gov)  
Bloomington Parks and Recreation Department  
<http://bloomington.in.gov/srexpo>



**Thursday, May 3**  
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## Food Flix Awards Ceremony

6:30p.m. • Free Admission  
Ivy Tech Community College - Lamkin Hall  
200 Daniels Way, Bloomington, IN 47403

This awards ceremony is the culminating event of the Food Flix Contest. Entries into this amateur short film contest were to feature an intergenerational interaction of an older person teaching a younger person how to prepare a traditional family favorite food. Video clips of the best submissions will be shown. Prizes will be awarded to the top three submissions. Prizes are donated by the Bloomington Commission on Aging, Ivy Tech Community College-Bloomington, and in memory of Belia Garcia Soto.

Robert Soto, Associate Professor of Sociology  
812-330-6125 or [rosoto@ivytech.edu](mailto:rosoto@ivytech.edu)  
Ivy Tech Community College-Bloomington  
[www.ivytech.edu/bloomington](http://www.ivytech.edu/bloomington)

**Saturday, May 5**  
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## Golden Age Radio

9-11 a.m.  
Free Admission  
91.3 or 98.1 FM

Golden Age Radio plays the best tunes from the golden age of radio—jazz, pop, blues, big band, Broadway and the American songbook—from the 20s through the 50s every Thursday morning on WFHB. Have a request? Email it to [bigband40@yahoo.com](mailto:bigband40@yahoo.com)

Kathy Romy, Host/DJ  
812-336-6076 or  
[mkromy@earthlink.net](mailto:mkromy@earthlink.net)  
WFHB  
[wfhb.org](http://wfhb.org)



**Sunday, May 6**  
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*Emeriti House and Indiana University*

## Retirees Association Art Exhibit

5:30-7:30p.m. • Free Admission  
Emeriti House, 1015 E. Atwater Ave.

This is an annual juried art exhibit of works by retired faculty, librarians and other employees from Indiana University and by retirees from other universities who now live in the Bloomington area. The show is sponsored by the Indiana University Emeriti House and the Indiana University Retirees Association.

Jerome (Jerry) Chertkoff, Chair  
Emeriti House Art Show Committee  
812-339-9519 or [chertkof@indiana.edu](mailto:chertkof@indiana.edu)  
Indiana University Emeriti House  
[www.indiana.edu/~emeriti](http://www.indiana.edu/~emeriti)

**Monday, May 7**  
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## Nightingales singing group

10:30-11:30a.m.  
Free Admission

The Endwright Center, 631 Edgewood Dr.  
Ellettsville, IN

The Nightingales will sing a variety of songs they have learned and practiced at The Endwright Center.

Sharol Laczkowski, Director  
The Endwright Center  
812-876-3383 ext. 515 or  
[slaczkowski@area10agency.org](mailto:slaczkowski@area10agency.org)  
Area 10 Agency on Aging  
[www.area10agency.org](http://www.area10agency.org)



**3 Mondays, May 7-21**  
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## Creative Aging

10a.m.-12p.m.  
Admission Fee: \$39  
Burton Kimble Farms  
Orleans, IN

Join us the first 3 Mondays in May at Burton Kimble Farms for this lively, discussion-based class to help you visualize what you may still become and where you may still go in life's enormous journey. The farm, nestled in Orleans, Indiana, provides a wonderful backdrop for nourishing your creative spirit.

Susie Graham, Executive Director  
812-330-6247 or  
[sgraham31@ivytech.edu](mailto:sgraham31@ivytech.edu)  
Ivy Tech Center for Lifelong Learning  
[www.ivytech.edu/cli](http://www.ivytech.edu/cli)





10a.m.-4:30p.m.

Admission:

\$35 for professionals

\$10 for 60+ seniors

Includes lunch and

Continuing Education Units

Register by May 11, 2012

Ivy Tech Community College

200 Daniels Way

Bloomington, IN 47403

To register contact the Ivy Tech Center for Lifelong Learning at 812-330-6041

Susie Graham, Executive Director

812-330-6247 or

sgraham31@ivytech.edu

Ivy Tech Community College

www.ivytech.edu/cll

*The Creative Aging Symposium is made possible with support from Bell Trace Senior Living Community and the Indiana University Center on Aging and Community.*



# Creative Aging Symposium

**Wednesday, May 16**  
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**Ivy Tech Community College presents a A daylong workshop for professionals to explore best practices and emerging programming models that engage seniors in creative activities.**

## **Keynote Presentation**

Understanding the vital relationship between creative expression and quality of life for older adults

**Susan Perlstein** is the founder of The National Center for Creative Aging. Ms. Perlstein is an innovator, educator, social worker, administrator and artist. She has written extensively on creativity and late-life learning. In spring 2006, she was guest editor of Generations Journal edition on "Arts and Aging." She received the Cavanaugh Award for excellence in "Creativity and Aging" Training from the American Society on Aging.



## **Best practices presentations**

### **Intergenerational Collaborations: what works and what doesn't**

Facilitated by Susan Perlstein, this workshop will focus on how to build community across generations. She will review model programs that bring young and old together through expressive arts and community initiatives. Topping off this workshop will be a special guest appearance from local musicians and recording artists Krista Detor and Carrie Newcomer who will talk about their experience with The Continuing Story, an intergenerational songwriting workshop held recently in Bloomington.

# g Symposium

## Art and Dementia

### Programs at MoMA

Laurel Humble, from the Museum of Modern Art in New York City, will profile the museum's award-winning program, *Meet Me at MoMA*. Designed for individuals with dementia and their family members or care partners, this interactive program provides a forum for dialogue through looking at and making art.

### Panel Discussion

#### The Future of Community-based Programs for Older Adults

National and area experts will lead a strategic policy discussion on the future of community-based programming that meaningfully embraces active and creative seniors. Facilitators will include Phil Stafford, Ph.D., Director of the IU Center on Aging and Community, Bob Pitman, Director of the Mill Race Center in Columbus, Indiana, and Kerry Conway, Director of Area 10 Agency on Aging.

*Older people throughout civilization have been considered the keepers of culture. We know that arts and culture build vibrant communities as each generation mentors the next.*

— Susan Perlstein



"There are so many things that Dad can't do the way he used to, but when we go to the Museum it seems to engage his mind by triggering so many memories."

Thursday, May 17

## MoMA Demonstration and Training

10:30a.m.-12:30p.m.

Free Admission

Indiana University Museum of Art

Laurel Humble, from the Museum of Modern Art, will lead a workshop at the IU Art Museum on developing and implementing a museum program for individuals with dementia. A central component of this workshop will be a gallery session where museum educators and docents are trained to lead appropriate tours for people with dementia. This session is by invitation only.

Ed Maxedon, Curator of Education

812-855-5445 or

[gmaxedon@indiana.edu](mailto:gmaxedon@indiana.edu)

Indiana University Museum of Art

[iuma@indiana.edu](mailto:iuma@indiana.edu)

**Thursday, May 17**  
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## Exercise to Music

1-2:30p.m.  
Free Admission  
The Endwright Center  
631 W. Edgewood Dr., Ellettsville, IN

This exercise class will demonstrate a variety of exercises – all done to music. The class will perform a variety of dances used for exercise.

Sharol Laczkowski, Director  
The Endwright Center  
(812) 876-3383 ext. 515 or  
slaczkowski@area10agency.org  
Area 10 Agency on Aging  
www.area10agency.org



**Saturday, May 19**  
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## Tai Chi Demonstration

10a.m.  
B-Line at the Farmers' Market  
401 N. Morton St.  
next to City Hall - Showers Building



T'ai Chi Ch'uan is a Chinese Martial Art that emphasizes balance and coordination rather than muscle strength. It requires relaxation of the mind and body and is practised to develop the mind as well as the body. Tai Chi movements can be practiced slowly as a meditation or as self-defence training. Because of these foci, it is an excellent practice for elders.

Madeleine Gonin, Instructor  
856-1378 or mgonin@indiana.edu  
IU T'ai Chi Ch'uan Club  
www.indiana.edu/~iutaichi

**Saturday, May 19**  
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## Generation Connection

2-3:30p.m. - drop in  
Free Admission  
Monroe County Public Library  
303 E. Kirkwood Ave.  
Children's Program Room

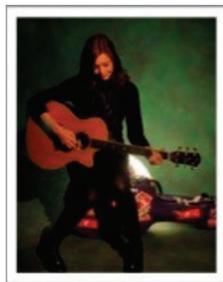
Kids, bring a grandparent or favorite older adult and see what they can recall about some of these fun activities. Step into the "Generation Connection" and have fun with games like jacks or pick up sticks. Make a cootie catcher, fly paper airplanes, or give a hula hoop a try! You can even cuddle up in a corner and read a favorite book you both can enjoy. No registration required, just drop in sometime between 2-3:30p.m. and learn some new games!

Ann Segraves, Homebound Service  
Coordinator  
812-349-3084 or segraves@mcpl.info  
Monroe County Public Library  
www.mcpl.info





Krista Deter



Carrie Newcomer



Arbutus  
Cunningham



Kenny White



**Saturday, May 19**

.....  
**Time Travels:**

*Bloomington's First Intergenerational  
Songwriting/Storytelling MiniFest*

7:30p.m.

Ivy Tech John Waldron Arts Center

Admission fee: \$20 day of show

\$15 student/senior/child

\$18 advance

An artistic collaboration celebrating lifetime creativity in two timeless genres, song writing and storytelling. Hosted by Krista Deter and featuring internationally lauded songwriter Kenny White and a lineup of regional/local song and story writers. Special appearances by Carrie Newcomer and Arbutus Cunningham. Special thanks to BEAD.

Tightrope, Inc.

[www.facebook.com/TIMETRAVELSMINIFEST](http://www.facebook.com/TIMETRAVELSMINIFEST)



Sunday, May 20  
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## Senior Science Sunday

1-5p.m.

WonderLab Museum members: Free  
Non-members: Adults age 55+ with photo ID: \$3.50; Others, \$7.00  
WonderLab, 308 W. 4th St.

Enjoy WonderLab's creative learning environment of hands-on science exhibits with a grandchild or a group of your friends! We'll have classic games, live animal demos, and science activity stations set up for fun and brain-building creativity. Each senior visitor will receive a coupon to use in the Museum gift store.

WonderLab  
812-337-1337  
www.wonderlab.org



Sunday, May 20  
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## Creative Elders in Film

2-3:30p.m.

Free Admission  
Monroe County Public Library, Auditorium  
303 E. Kirkwood Ave.

View two films celebrating creative elders:

“MR. DIAL HAS SOMETHING TO SAY” is the story of self-taught multimedia artist Thornton Dial, who was discovered by the outside art world in his 60's. His work has been shown in museums and galleries across the country to great acclaim. This feature documentary explores his unlikely and astonishing rise from a “yard” artist in rural Alabama to a national figure, whose art celebrates both his African and rural southern roots. (60 min.)



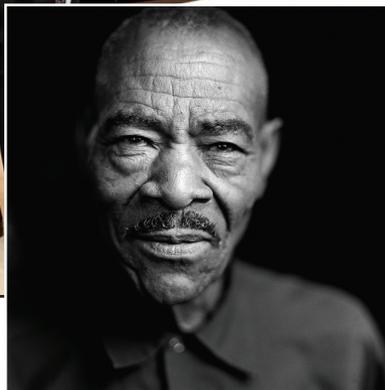
Mr. Dial



“WATER FROM ANOTHER TIME” explores the life styles and creations of 3 elderly artists of Orange County, IN. Archival footage includes **Lotus Dickey** playing his violin; Elmer Boyd, inventor; and Lois Doene, artist and poet. A unique place and time in history, filmmaker

Dillon Bustin captured these elder artists' contributions before they were lost to time. (30 min.)

Ann Segraves, Homebound Service Coordinator  
812-349-3084 or [segraves@mcpl.info](mailto:segraves@mcpl.info)  
Monroe County Public Library  
[www.mcpl.info](http://www.mcpl.info)





**Monday, May 21**  
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## **Fabric Arts Exhibit**

12-4p.m. • Free Admission  
The Endwright Center  
631 W. Edgewood Dr., Ellettsville, IN

Various hand made items will be on display to show the talent of the members of the Fabric Arts group. Their specialty is quilting, knitting and crocheting. Some items will be for sale.

Sharol Laczkowski, Director  
The Endwright Center  
812-876-3383 ext. 515 or  
slaczkowski@area10agency.org  
Area 10 Agency on Aging  
www.area10agency.org



**Tuesday, May 22**  
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*Creativity and Aging:*

## **Prim Dolls and Prose Poems**

5:30-7:00p.m.  
Free Admission  
Bloomington City Hall McCloskey Room  
First floor, 401 N. Morton St.  
Free parking in adjacent lot after 5pm

Jenny Kander has edited several volumes of poetry, produced programs for community and National Public Radio stations, and is a founding member of the Bloomington Free Verse Workshop. Her poetry has appeared in numerous publications. Recuperating from a recent illness, she began her creative foray into primitive doll and creature making.



Jane Harlan-Simmons, Research Associate  
812-855-6508 or jeharlan@indiana.edu  
South Central ArtsWORK Indiana  
www.artsworkindiana.org

**Monday, May 28**  
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## **Memorial Day Service to Honor Veterans**

9:30a.m.  
Free Admission  
Valhalla, Honor Garden

The Valhalla Memory Gardens in partnership with the VFW post 604 presents an annual celebration to honor our veterans. This special program will feature The Bloomington Community Band, The Southern Indiana Pipe and Drum Corp, and The Veterans Color Guard.

Jody Miller, Administrator  
812-332-9321 or jmill@stonemor.com  
Valhalla Memory Garden  
ValhallaMemoryGardensInc.html



**Tuesday, May 29**  
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## **Dementia and the Creative Process**

6:30p.m. • Free Admission  
Autumn Hills Assisted Living  
3203 Moores Pike Road

Dementia doesn't diminish one's efforts to make sense of the world. With the failure of language and linear thought, emotionally associated memories remain available as a repertoire for making meaning. Does this not compare with the artist's attempt to bring a work of art to life? Such a presumption values what people with dementia bring to us and provides a key in our attempts to be present with them. Join in a stimulating discussion with Michael Verde, nationally known speaker on the subject of dementia and the hidden self.

Host: Autumn Hills Alzheimer's Assisted Living. Sponsored by the Memory Bridge Foundation and the Center on Aging and Community, Indiana Institute on Disability and Community.

Philip B. Stafford, Director  
Center on Aging and Community  
812-855-2163 or [staffor@indiana.edu](mailto:staffor@indiana.edu)  
Indiana Institute on Disability and Community  
[www.iidc.indiana.edu/index.php?pageId=31](http://www.iidc.indiana.edu/index.php?pageId=31)

## **Commission on Aging Mission Statement**

The Commission serves as a catalyst for improved public awareness of the senior and aging community and works in collaboration with diverse community members and organizations to build bridges, open dialogue, celebrate accomplishments, encourage programming, and explore issues and concerns so to assist in promoting solutions to the problems and challenges of our older citizens.

### **Our Initiatives**

**Creative Aging** works to promote a more positive perception about aging by highlighting and celebrating the many contributions that older adults give to our community. Our goal is to enhance community engagement, cultivate intergenerational understanding, and increase public awareness of the positive effect of creative engagement on adult health and well-being.

**Staying in Place** investigates the needs of our aging citizens who wish to remain in their own homes and works to expand housing options, improve transportation, enhance community based programs and increase the sustainability of our community.

### **Commission on Aging Members**

Alice Oestreich, Chair; Jack Kahn, Co-Chair  
Sophia Hauserman, Secretary; Mary Boutain,  
Lauren Cowan, Julie Hill, Connie Pepler,  
Georgia Schaich, and James McLary; Staff  
Liaison: Sue Owens, City of Bloomington  
Community & Family Resources Department

**Please join us!** Meetings are open to the public on the second Tuesday of every month at 4:30pm at City Hall  
401 N. Morton St., Bloomington, IN  
Contact: Sue Owens  
[owenss@bloomington.in.gov](mailto:owenss@bloomington.in.gov)

2012 Creative Aging Festival Guide  
Courtesy of City of Bloomington Commission on Aging • <http://www.bloomington.in.gov/coa>

Design by Merridee LaMantia



CITY OF BLOOMINGTON  
commission on aging