



May 26 • Thursday

1:30-2:30pm • Free
The Art of Dance in Exercise • Sponsored by Area 10 Agency on Aging The Endwright Center, 631 W. Edgewood Dr., Ellettsville 876-3383 ext. 515

Attend a performance by "Sharol's Dancing Darlings", a group of senior women (men are also welcome!) who practice combining Dance and Exercise twice a week at The Endwright Center and who perform annually at the Monroe County Fair and at other community events. Light refreshments will be served.

www.area10agency.org

May 27 • Friday

1:30-2:30pm • Free
Creative Movement for Fun and Well-being with Lynda Mitchell

Sponsored by the Parkinson's Support Group One City Center Studio #313 Lynda Mitchell Yoga Studio 120 W. 7th St. 856-4727 • Julia Rademacher

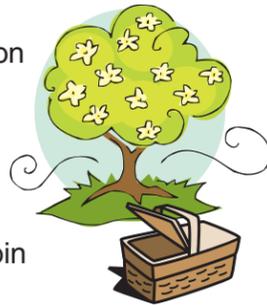
During this one hour class we will explore structured and free form movement to music incorporating the body, mind, emotions and spirit. Join us in a creative movement and dance program designed specifically for people with movement difficulties. Through joyful movement we can find health and well-being.



May 29 • Sunday

3:30-6:30pm
Intergenerational Potluck Picnic

• Sponsored by First United Church Riddle Point Pavillion, Lake Lemon There is a fee to enter the park. For more information, call Norm Overly • 332-4439



The First United Church would like to invite the community to join in a celebration of intergenerational life. A potluck picnic with fun and games for all ages. Faith groups are encouraged to co-sponsor and announce the event to their congregations. Hot dogs and hamburgers provided, bring a dish to share. Bring a lawn chair, drinks and utensils. If you are a kid, bring your grandfolks. If you are a grandparent, bring some kids!

www.firstunitedchurchbloomington.org/about/index.html



2011 Creative Aging Festival Calendar

Courtesy of City of Bloomington Commission on Aging <http://bloomington.in.gov/coa>

and Indiana University Center on Aging and Community of the Indiana Institute on Disability and Community

Design by Merridee LaMantia



CITY OF BLOOMINGTON
commission on aging



Indiana Institute on Disability and Community
Indiana's University Center for Excellence in Developmental Disabilities
Research, Education, and Service

First Annual

CREATIVE

AGING

Festival

2011 Community-wide
Listing of events

*"You can't use up creativity.
The more you use, the more you have."*

— Maya Angelou





May 1 • Sunday

7:00pm • Free

Seeing Between the Lines

Monroe County Public Library
303 E. Kirkwood Ave.

Photography exhibit focusing on intergenerational images presented by the Bloomington Photography Club.

www.bloomingtonphotoclub.org

Throughout May

various dates and times

Bridges

(Three Short Plays)

Television program presented by (CATS) Cable Channel 3 on Comcast, The Library Channel

Bridges, a Bloomington Playwrights Diversity project, consists of three short plays that promote



intergenerational understanding. The plays provide three perspectives—teen, middle-age, and older-adult—on the topics of intimacy, communication, and family/friend support systems. Recorded live at the Waldron Arts Center, February 2, 1997.

For dates and times visit:
catstv.net/library_schedules.html

Throughout May

various dates and times

Myrtle and Marigold

(A Short Play)

Television program presented by (CATS) Cable Channel 3 on Comcast, The Library Channel

“Myrtle and Marigold,” a two-character play about the issue of depression and alcohol abuse in the older-adult population, was written by Madge Dishman, a playwright from Muncie, Indiana, and produced in 1995 with the Waldron Arts Center, the Bloomington Playwrights Project, and WTIU.

For dates and times visit:
catstv.net/library_schedules.html

May 5, 12, 19, 26 • Thurs.

9:00am-11:00am

Golden Age Radio

Tune to 91.3 or 98.1 FM

Golden Age Radio plays the best tunes from the golden age of radio—jazz, pop, blues, big band, Broadway and the American songbook—from the 20s through the 50s. Every Thursday morning on WFHB.

Have a request, email it to bigband40@yahoo.com



May 22 • Sunday

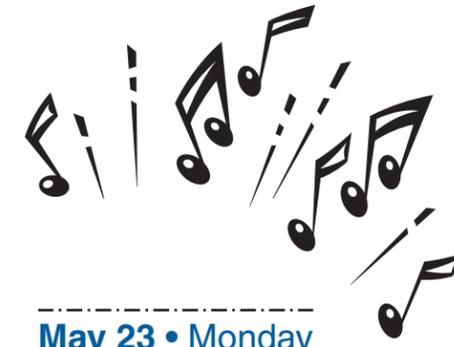
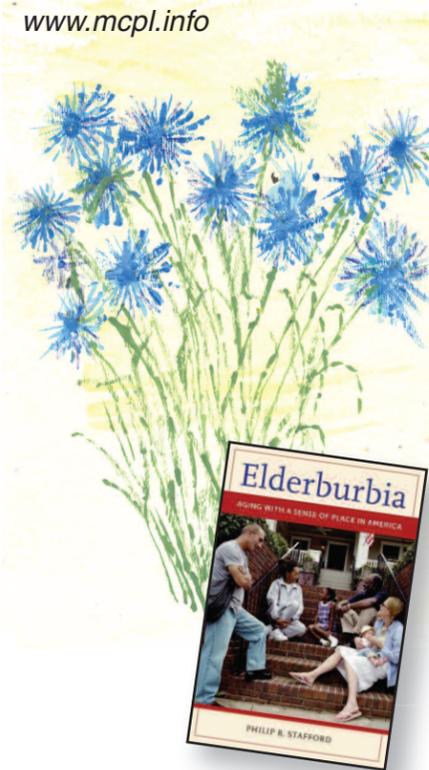
1:30-3:00pm • Free

**Aging in Place:
Making Homes and
Our Community
Elder-Friendly**

Monroe County Public Library
Program Room 2B, 2nd floor,
303 E. Kirkwood Ave.
349-3057 • Margaret Harter

Phil Stafford, Director, Center on Aging and Community; Lesa Lorenzen Huber, Clinical Asst. Prof., School of HPER; and Lauren Cowan interior designer and gerontological specialist, will present, followed by a Q&A, a book signing for “Elderburbia,” opportunity to try out ETHOS Project technologies for aging at home, and refreshments.

www.mcpl.info



May 23 • Monday

10:00-11:30am

**Spring Performance by
The Nightingales**

Sponsored by
Area 10 Agency on Aging
The Endwright Center,
631 W. Edgewood Dr., Ellettsville
876-3383 ext. 515

The Nightingales are a growing group of senior men and women who enjoy singing together and occasionally perform at nursing homes, assisted living facilities, churches and at community events. Learn about the health benefits of singing and find out about opportunities to practice and perform with the Nightingales. Light refreshments will be served.

www.area10agency.org



May 24 • Tuesday

5:30-7:00pm • Free

**Presenter: Elder Artist
George Goehl, “Making
and Marketing Your Own
Instructional Videos
Online”**

Sponsored by South Central ArtsWORK Indiana
Bloomington City Hall
McCloskey Room, 1st floor
401 N. Morton St.

Free parking in adjacent lot after 5pm • For information call Jane Harlan-Simmons at 855-6508. or e-mail Nadine Pinede, npinede@post.harvard.edu

Self-taught Brown County sculptor George Goehl successfully produces and distributes nationally a series of videos on techniques for working creatively with metal. Find out more about how he does this at this meeting of South Central ArtsWORK Indiana. All are welcome and refreshments provided.

www.artsworkindiana.org/?pageId=159

**Sponsors for the
Creative Aging Festival:**

Dr. Gary and Joan Bishop
Neurology Specialists, PC
Marsha Bradford and Harold Dumes
Gene Arnholt
CarDon & Associates, Inc.
Meadowood Retirement Community
Bell Trace, Inc.
Dermatology Center of
Southern Indiana, P.C.
Philip Stafford

Commission on Aging

Julie Hill
Alice Oesreich
Georgia Schaich



May 15 • Sunday

1:00-3:00pm
Sunday Brunch at the Winery

Sponsored by City of Bloomington Parks and Recreation Dept. (People's University)
Cost: \$40 (city) \$50 (non-city)
Oliver Winery • 876-5800
8024 N. State Road 37
For menu, call 812-349-3737

The brunch includes a full meal with the demonstration of two items by Chef Matt O'Neill of Bloomington Cooking School and a guided tasting of Oliver wines. Registration is required by May 10th and indicates availability for both May 15 and May 22 (raindate).

www.bloomington.in.gov/parks

May 16 • Monday

3:00-5:00pm • Free
Memory Bridge Initiative

Bloomington Hospital, Wegmiller Hall
Sponsored by Bloomington Hospital Community Health Department at 812-353-9300

Michael Verde, President and Founder of Memory Bridge will present this award winning program. Memory Bridge is a service-learning curriculum designed to teach students how to communicate meaningfully with indi-

viduals with Alzheimer's disease. This innovative program cultivates social and emotional skills and provides substantive interdisciplinary content for middle and high school students.

May 18 • Wednesday

10am-2pm • Free
Meet the Endwright Center Artists

Sponsored by Area 10 Agency on Aging The Endwright Center, 631 W. Edgewood Dr., Ellettsville 812-876-3383 ext.515

Meet local senior artists who are now teaching and who have in the past taught art classes at The Endwright Center. See their art work and the art work of their students; enjoy light refreshments; learn about opportunities to create art, teach art classes at The Endwright Center.

www.area10agency.org

May 19 • Thursday

11:30am Lunch
12:00-1:00pm Program
Lucille Bertuccio Reflects on Aging Creatively

at the Active Aging Coalition
Free event at Bell Trace
800 Bell Trace Circle
876-3383 ext. 514

In May, the Active Aging Coalition will feature Lucille Bertuccio, a dynamic senior leader in our community who truly exemplifies creative aging. Lucille is the President of the Center for Sustainable Living, Co-producer of

the WFHB program Eco-Report, and teaches a course at Indiana University on Edible Wild Plants.

activeagingcoalition.org

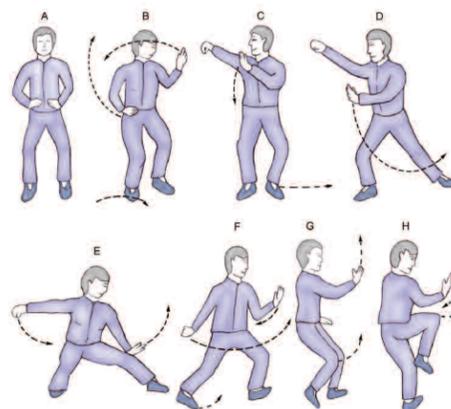
Creative

May 21 • Saturday

9am
Tai Chi demonstration
Presented by Tai Chi programs at YMCA and Indiana University Farmer's Market
401 N. Morton St.
856-1378 • Madeleine Gonin

The YMCA Tai Chi program and the IU T'ai Chi Ch'uan club will demonstrate the graceful empty hand and sword forms, as well as the interactive exercises that emphasize alignment, balance, concentration and energy flow. Tai Chi is an excellent exercise for people with arthritis or other special needs.

monroecountyyymca.org and
www.indiana.edu/~iutaichi



May 6 ♦ SENIOR EXPO ♦ 11am-3pm

Twin Lakes Recreation Center • 1700 Bloomfield Road
349-3773, Bev Johnson • bloomington.in.gov/srexpo

Presented by **Bloomington Parks and Recreation** with partner **Indiana University Health**

The Senior Expo promotes healthy lifestyles and features free health screenings for adults, plus an expo hall filled with exhibitors with information about products and services. Also includes *live entertainment!*



11:00am-3:00pm
Food for Thought

Sponsored locally by the IU Center on Aging & Community and partially funded by the Indiana Humanities Council and the National Endowment for the Humanities • 855-2163

The Food for Thought interactive traveling exhibit criss-crosses the state to visit Indiana's museums, schools, libraries, community centers and food-centric festivals. It features a historical and contemporary look at Indiana's food culture, plus interactive opportunities for Hoosiers of all ages. Visitors have the opportunity to see, touch, taste and hear about Indiana food through artifacts, images, hands-on learning tools, and an oral history booth. Come share your personal and family "food stories" as the exhibit visits Senior Expo on May 6 and moves to Bloomington City Hall Atrium, 401 N. Morton Street until May 20.

11:00am-1:00pm
Storytellers EXPOund!

Presented by Bloomington Storytelling Project*
Sponsored by WFHB Community Radio

Bloomington Storytellers will take the stage throughout the day at Senior Expo. Everyone has a story to tell and these will entertain and sometimes move us to share our own. Listen to some great true stories and then come to the Story Tent to share yours!

Tune to WFHB 91.3 or 98.1 FM
*Storytelling@wfhb.org

www.iidc.indiana.edu/index.php?pagheld=31



11:00am-1:00pm
CATS EYE

Sponsored by CATS (Community Access Television Service) Cable Channel 3 on Comcast, The Library Channel

CATS television will be at Senior Expo filming interviews for CATS EYE, a weekly television program of on-the-street interviews about topics of current interest. The Senior Expo program will be cablecast multiple times beginning Thursday, May 12, 2011.

For dates and times visit:
catstv.net/library_schedules.html

"Our elders are the keepers of our culture"

— Susan Perlstein, founder of the National Center for Creative Aging

◆ GALLERY WALK 2011 ◆

Friday, May 6 • Bloomington, Indiana

Reception 5:00pm

Never Too Old to Paint

Exhibition May 1-29

By Hand Gallery in Fountain Square • 812-824-6184

Dee Rockwood and friends will show their current works in painting and drawing.

byhandgallery.com



Reception 5:00-8:00pm

Memories in the Making

May 5-30 • M-F, 9:00am-7:00pm

Free • Ivy Tech John Waldron Arts Center • 122 S Walnut St. 330-6225 • Julie Roberts

Join the Alzheimer's Association as they host "Memories in the Making", a unique exhibit featuring artwork created by local artists with Alzheimer's disease or other related dementia. This exhibit is made possible by the generous gifts of IU Health Bloomington Hospital – Alzheimer's Resource Center, Ivy Tech Bloomington, and ReFrame.

www.ivytech.edu/bloomington/waldron



Reception 5:00-8:00pm

Art & Aging: the third act

Exhibition May 6-28

10:00am-5:00pm

Sponsored by Bellevue Gallery Bloomington Playwrights Project Theatre • 107 W. 9th Street 333-5318 • B. J. Irvine

This exhibit will feature the creative work of Bell Trace Resident Artists infused with the collaborative spirit of teaching artists Julie Hill and Ron Elkins. As an organizational member of the National Center for Creative Aging, Bell Trace Senior Living Community is dedicated to enriching life for older people by offering opportunities for creative expression, community engagement, and lifelong learning.

www.bellevuegallery.org

Reception 5:30-7:30pm

Art Exhibit

Sponsored by IU Emeriti House and Indiana University Retirees Association

1015 East Atwater Avenue 339-9519 • Jerry Chertkoff

This is an annual juried art exhibit of works by retired faculty, librarians, and other employees from Indiana University and by retirees from other universities who now live in the Bloomington area.

www.indiana.edu/~emerit

Reception 5:00-8:00pm

Honoring Seniors

Exhibition May 6-May 31

Tue.-Sat. 11:00am-7:00pm

Pictura Gallery on the Square 122 W. 6th St. • 336-0000

To honor seniors and participate in the Creative Aging Festival, pictura gallery will feature for display and sale numerous famous books that include fine photographic essays of the elderly. The gallery will also run a video slide show by a local artist who has created a project celebrating the elderly.

www.picturagallery.com



Saturdays in May

1:30pm • Free

May 7 When Did I Get Old? Reflections on Aging Today

May 14 Young at Heart

May 21 Sunset Story

Library Auditorium, Monroe County Public Library 303 E. Kirkwood Ave. 349-3057 • Margaret Harter

Drop by the library for inspiring feature films and documentaries showcasing older adults and reflecting on aging. Pick up a bookmark of titles at the library's Movies and Music desk.

mcpl.info

May 8 • Sunday

2:00-3:00pm

Art is Ageless

All events are Free.

IU Art Museum • 1133 E. 7th St. 812-855-7719

Enjoy a gallery tour with several of the Art Museum's leading elder Docents. Then stay for a reading of works by Bell Trace writers who have been working with Tonia Matthew of the Writers Guild. In the art of aging, creativity matters! Come be inspired.

Patsy Rahn, Tour Coordinator
prahn@indiana.edu

May 11 • Wednesday

5:00-8:00pm • Free

Elder Activists Elevens in '11 Film/Discussion series

Sponsored by Eco Media Center of Monroe County Monroe County Public Library Auditorium

303 E. Kirkwood Ave. 332-8796 • Mylo Roze

The Center screens films & videos on the 11th of each month in 2011 relating to transitioning our town toward being a sustainable city. Each film is followed by a discussion forum, which is intended to culminate with concrete action items. On May 11, 2011 our discussion panel will include senior members of local activist and community organizations who will focus on connecting a new generation with civically engaged elders.

www.simplycsl.org



May 14 • Saturday

9:00am- 5:30pm

The Wisdom of Play Conference and Events

Sponsored by TEDxBloomington \$60 Buskirk-Chumley Theater or register to view at Bell Trace, and other locations depending on event

TEDxBloomington is a community, conference, and conversation. This year, 22 world-class speakers in the Buskirk-Chumley Theater will focus on "The Wisdom of Play." Check our website for details about events starting May 1. If you don't have an invitation to the conference, register to watch it by Live-stream presentation at Bell Trace's Lower Level by calling 812-332-2355. Thanks to Bell Trace residents and the schoolchildren who created our stage art with Gail Hale.

www.tedxbloomington.com

May 14 • Saturday

1:00-4:00pm *rain or shine*

Art in the Garden: Plant Sale and Craft Fair

Free event sponsored by Meadowood Health Pavilion 2455 Tamarack Trail • 336-7060

This Plant Sale and Craft Fair will feature potted vegetables, herbs, and flowers as well as resident artwork. Annuals and Perennials to attract birds and butterflies will also be sold. Herb inspired refreshments will be served and musical entertainment will be provided by The Monks.

www.MeadowoodRC.com