

Commission on Aging - Minutes for April 10, 2018

Present: Phil Stafford, Lauren Cowan, Libby Dawson, Jack Kahn, Gail Londergan, Jenny Donegan, Arlene Flower, Denise Lessow, Sue Owens (Staff Liaison); Guests: Laura Thomason, Lauren Zelman

1. Call to Order
 - a. Meeting was called to order by Denise
 - b. March Minutes were approved (Gail motion, Libby second) with one minor change to wording
2. Announcements
 - a. Sue reminded the Commissioners that the display board needs to be updated. This will be put on the agenda for the May meeting.
 - b. The City Hall Atrium display theme will be "Engage at Every Age" for the month of May.
 - c. Articles for the next Newsletter need to be submitted by Friday 4/20.
3. Liaison Report
 - a. Sue asked for a clarification of language for the brochure to be printed for the Over 50 Expo.
4. New Business: Laura Thomason (School of Public Health) and Lauren Zeiman (Health Department Intern) were invited by Denise to facilitate a conversation as part of gathering input for the joint community health needs assessment. Their topics focused on defining quality of life. Conversation ranged from self-actualization, health issues, "good death," social interactions, equitable resources, access to nature, physical activity, feeling safe, having options, and accessibility to community events. Other topics included perceived roadblocks to quality of life, and key community health issues.
5. Old Business
 - a. Phil provided an update on the CMP/UDO, including the upcoming meeting on 4/30. He also provided an update on the upcoming Dementia Friendly workshop. An art show is planned, along with reports by working groups. Commissioners were invited to participate as facilitators as a good way to help sponsor the event. It is open to the public.
 - b. Data: Gail reported good news! The data is now online, and has been sent to the Center for Survey Research. Gail, Libby and Phil will analyze the data. Sue was thanked for her assistance.
 - c. No other reports.
6. Lifetime Community versus Age-Friendly Community discussion: After a good discussion of the merits of both, a motion was made by Lauren and seconded by Gail, and approved unanimously to approve Lifetime Community as a framework for the work of COA.
7. Meeting adjourned at 6:33pm

Respectfully submitted by Denise Lessow