



**Monroe County Domestic Violence Coalition  
Meeting Minutes  
September 20, 2019**

**Mission:** The Monroe County Domestic Violence Coalition is committed to improving our community's response to domestic violence issues through communication and coordination of services.

**Attending** Carrie Stillions, Grace Landry, Heath Adkins, Jean Capler, Erika Killian, Jennifer Whitaker, Allison Upchurch, John Silva, Andrea Bennett, Amalia Shifriss

**City Staff:** Michael Shermis (CFRD)

**I. Introductions**

A. Brief introductions

1. Rehab Hospital of Indiana
  - a) For patients in need of intensive rehabilitative care
2. Resource Facilitation
  - a) Not providing the therapies
  - b) Working with anyone with an acquired brain injury either (1) looking for work or (2) has a job that they expect to lose
3. Jean's job is to educate about brain injuries
  - a) Brain injury is a risk factor for both addiction and incarceration

**II. Speaker: Jean Capler**

- Types of brain injuries:
  - Traumatic brain injury
    - Either destruction of neurons or disruption of neuron connections
    - Causes:
      - Falls are the most common source
      - Vehicle accidents (even just a "fender bender")
      - Blows to the head
      - Collisions in sports

- Assaults
    - Blast injuries
  - Non-traumatic
    - Causes
      - Strokes
      - Tumors
      - Low oxygen or no oxygen (strangulation, for example)
      - Overdoses
      - Neurotoxins
      - Lead
      - Electric shock
- Effects
  - Cognitive:
    - Memory
    - Processing of information
    - Comprehension of language
    - Impaired judgment
    - Organization problems
  - Physical:
    - Seizures
    - Fatigue issues
    - Exhaustion
    - Balance issues
  - Emotional:
    - Depression
    - Anxiety
    - Impulsivity
- Intimate partner violence and brain injuries
  - Roughly 60% of people who have experienced physical abuse have some sort of brain injury
  - Issue of dependency
    - If brain injury interferes with ability to keep a job, remember things, or do basic things, this increases the dependency on the perpetrator
  - Can suffer CTE if severe enough
- Kids and brain injury
  - Most common demographic for brain injuries
  - Can effect trajectory through school
    - Might be misdiagnosed as a cognitive disorder, bipolar disorder
    - In reality, is a brain injury
  - The higher risk of brain injury coupled with the difficulty in properly diagnosing makes kids have the worst outcome from brain injuries compared to other demographics
- Brain injury notes
  - Not everyone who has a brain injury has negative effects

- On the other hand, one that gets a mild brain injury might not see effects for weeks or months
- Loss of consciousness
  - Up to 30 minutes
    - Minor brain injury
  - 30 minutes to 24 hours
    - Moderate brain injury
  - >24 hours
    - Serious brain injury

### **III. Staff Update**

Stats booklet is going to once a year after the July-January 2018 one  
MCDVC 2020 Spring Conference will need volunteer road monitors and more.  
Stay tuned!

### **IV. Information Sharing**

- ICDV Conference Oct 3 & 4
- Middleway House Yarn Cutting Oct 3