BREAKING AWAY: JOURNEY TO PLATINUM















BLOOMINGTON PLATINUM BICYCLE TASK FORCE

BLOOMINGTON, INDIANA

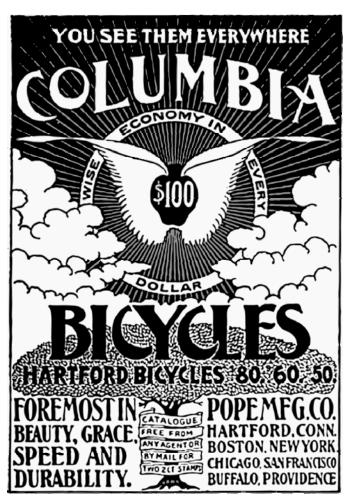
FINAL REPORT: NOVEMBER 30, 2011



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A Columbia Bicycles company advertisement from 1886. Source: Wikipedia, "Pope Manufacturing Company", http://en.wikipedia.org/wiki/Pope Manufacturing Company (accessed 12/2010).

Little 500: Prologue (ii)

ACKNOWLEDGEMENTS

MAYOR CITY OF BLOOMINGTON

Honorable Mark Kruzan

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BLOOMINGTON PLATINUM BIKING TASK FORCE

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Michael Wallis Jr. (Co-Chair/Common Council Appointment)

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Kerry Greer (Mayoral Appointment)

Wendy Saffell-Clemmer (Mayoral Appointment)

Chris Tietz (Mayoral Appointment)

Jim Rosenbarger (Bicycle and Pedestrian Safety Commission Representative)

BLOOMINGTON CITIZENS AND AGENCIES

Special thanks to the citizens of Bloomington, the members of the Bloomington Bicycle Club, and the members of Bloomington Transportation Options for People who regularly attended Platinum Biking Task Force Meetings and provided meaningful comments.

Special thanks to the Platinum Bike Summit participants and event sponsors for their energy, time, and resources that made this a successful workshop where bicycle-friendly input and direction was given to the Platinum Biking Task Force and their process.

BLOOMINGTON PLANNING DEPARTMENT STAFF SUPPORT

Scott Robinson, AICP, Long Range/Transportation Manager Raymond Hess, AICP, Senior Transportation Planner Vince Caristo, Bicycle and Pedestrian Coordinator

Little 500: Prologue (iii)

LITTLE 500: PROLOGUE

Let is with great pleasure that the Bloomington Platinum Biking Task Force (also known as the Platinum Task Force) presents this report, *Breaking Away: Journey to Platinum* to the City of Bloomington Common Council, the citizens of Bloomington, and specifically to the "interested but concerned" bicycle demographic¹. It is the "interested but concerned" who are the key to Bloomington's Platinum success. The "interested but concerned" bicycle demographic casts the widest net when considering bicyclists' needs and interests. Therefore, we all stand to benefit when the actions detailed herein are grounded to this key demographic. With this in mind, this report details an action plan for the City of Bloomington to become a platinum level Bicycle Friendly Community by 2016, as determined by the League of American Bicyclists (the League evaluates communities on their bicycle friendliness and ranks them as: honorable mention; bronze; silver; gold; or platinum—the highest level). We appreciate the foresight of Common Council to set this very important goal, and it has been our honor to execute our charge by crafting an action plan to achieve this ambitious milestone.

Care has been taken to form a strategy that efficiently addresses the most critical needs in order to dramatically improve the state of bicycling in Bloomington over the next five years. The result is a BOLD and balanced action plan that sets clear, measurable, and achievable targets that will propel Bloomington to the pinnacle of bicycle friendliness.

The challenge of our mission is certain - currently there are only three platinum level Bicycle Friendly Communities in the United States (Davis, CA; Portland, OR; and Boulder, CO). However, our pursuit of bicycle friendliness goes far beyond checklists and accolades. It will enliven our community's never-ending endeavor to embody its deepest values, and will be part of what makes Bloomington so special.

The Platinum Task Force makes these findings and recommendations with great confidence that the result will be a Platinum level Bicycle Friendly Community and a truly balanced transportation network that is safe and accessible for all users. Enjoy the ride to Platinum - and beyond!

| Bicycle Demographic ¹ | Description | Population Est. | |
|---|---|-----------------|--|
| Strong and Fearless | Will ride regardless of roadway conditions or facilities. | <1% | |
| Enthused and Confident | Comfortable with riding in traffic with bike lanes or similar facilities. | 7% | |
| Interested but Concerned Curious about bicycling, but have some safety concerns. Generally are inexperienced when riding with vehicular traffic. Prefer to ride on low volume streets and separated paths. | | 60% | |
| Now Way No How | Have no interest in bicycling for transportation. | 33% | |

Increasingly, the above demographics are used as a way to roughly categorize people based on their relationship to bicycling. These categories help to better understand the "market" for bicycling in Bloomington. The "interested but concerned" make up the largest segment of population and have the greatest potential to increase bicycling. Based on: Portland Bureau of Transportation, "Four Types of Cyclists". http://www.portlandonline.com/transportation/index.cfm? &a=237507&c=44597.

Little 500: Prologue (iv)

THE PLATINUM BIKING TASK FORCE

On May 12, 2010, the Bloomington Common Council passed Resolution 10-10, which created the Bloomington Platinum Biking Task Force in order to "assess Bloomington's strengths and weaknesses in regard to bicycling, and to plan how the City can achieve a platinum designation from the League of American Bicyclists' Bicycle Friendly Community Program by 2016". The official charge of the Task Force is to:

- Acquire information about and study the current state of bicycling in Bloomington;
- Seek community feedback on vulnerabilities and possible solutions;
- Research best practices in urban bicycling that encourage bicycling;
- Coordinate efforts with various agencies that advocate bicycling; and
- Develop a plan to attain a platinum designation by 2016.



West 3rd Street— a March 2009 reflection upon a roadway context not conducive to active transportation. How things have changed...

The Platinum Task Force was commissioned to complete their work one year after their first meeting and this report executes that charge.

The Platinum Task Force was composed of seven community members: three appointed by the Mayor; three by the Common Council; and one representative of the Bloomington Bicycle and Pedestrian Safety Commission. Members were selected to represent a variety of interests, backgrounds, and viewpoints. This included a member of Bloomington's Common Council, a board member of the Bloomington Bicycle Club and Bicycle Indiana, two local small business owners, a graduate student at Indiana University, and an employee of Campus Bus and a Westside life sciences employee. Our Bloomington tenure ranged from a few years to over thirty. Some are avid bike commuters, while others are more recreation focused; some are currently parents with young children, while others have more of an empty nester or young professional mindset. We indeed had the skills, experience, and interest to fulfill our charge.

Beginning on September 3, 2010, the Platinum Task Force convened public meetings on the second and fourth Thursday of each month over the last year. The City of Bloomington Planning Department provided the core staff support, but was joined at various times by the departments of Engineering, Legal, Parks and Recreation, Police, and Economic and Sustainable Development. The public was welcome and their comments were always sought.

Little 500: Prologue (v)

THE PLATINUM PROCESS

Seeking community feedback was an important component of the process. The Platinum Task Force valued meaningful public input and it was gathered from a variety of forums that included:



Platinum Bike Summit—participants work on selecting the best bicycle-friendly ideas for Bloomington to pursue.

- Every Platinum Task Force meeting was attended by several members of the public, and time for their comments was always provided.
- The April 28th, 2011, Platinum Bike Summit offered more than 60 people an interactive workshop to learn about the work of the Platinum Task Force and to vote on bicycle friendly priorities.
- To On several occasions in May 2011, feedback on the draft recommendations of the PTF was solicited at the Monroe County Public Library and at a Bike to Work Day celebration by Bloomingfoods¹.
- Staff maintained a webpage dedicated to the Platinum Task Force and its efforts. The webpage served as a repository of meeting agendas and summaries as well as information on best practices.

Together with invited guests, staff presentations, and public comments, Bloomington's strengths and weaknesses were evaluated through a process of constructive dialogue and information sharing, debate, and sound professional judgment. The Platinum Task Force, through personal experiences, background research, staff presentations, public feedback, and their combined efforts, guided the Planning Department in the production of this report.

Little 500: Prologue (vi)

^{1.} Planning Department Staff used a non-scientific survey to gauge the public's level of interest and concerns regarding bicycle transportation and related topics. The results can be found on page 4-6 and 4-7 of Chapter 4—Team Pursuit: Platinum BFC Resources.

REPORT ORGANIZATION

Ost everyday citizens around the country have heard of, and probably have seen, the 1979 Academy award winning film *Breaking Away*. The film is based on the locally grown Little 500 Race, and most of *Breaking Away* was actually filmed in Bloomington and the surrounding area. Even some lucky Bloomington citizens were extras in the film. It's all Bloomington. A bike race, a change of perspectives, and the underdog wins in the end - this is why we've chosen to organize our report on the journey to platinum around *Breaking Away* and the Little 500 bicycle race.

Started in 1951, the annual Little 500 bicycle race consists of several rounds of competitions - qualifications, three series races, and the main race. This report frames an action plan for achieving Platinum around the featured events of today's Little 500:

- Little 500: Prologue while the Little 500 is the main event, this chapter gives the reader the necessary background and main event behind *Breaking Away: Journey to Platinum*.
- Qualifications: Why Platinum? the next chapter details some bigger picture issues and qualifies them as reasons to pursue a platinum status from the League of American Bicyclists. Big picture milestones are set for Quality of Life, Health Promotion, Environmental Sustainability, and Economic Benefits.
- Individual Time Trials: Five Priorities this chapter defines the individual areas Bloomington that will be used to evaluate against its bicycle friendly peers known as the Five E's. A self evaluation of past success and future needs is highlighted. Bloomington's Framework is introduced, which identifies through targets and action items, essential steps needed to achieve platinum status. Priority targets and associated action items are identified as the most important to attain.
- Miss-N-Out: Implementation Strategy this chapter takes the targets and action items from the framework and organizes them into a time series strategy. This strategy will allow Bloomington to measure progress leading up to 2016 using various benchmarks and indicators. The annual Platinum Bike Summit will be the venue where progress and areas of improvement will be shared with the public in order to keep this strategy finetuned and relevant. The mission is Platinum and as the chapter title may suggest, lack of action would lessen our chances of success.
- Team Pursuit: Platinum Bicycle Friendly Community (BFC) Resources the last chapter acknowledges that becoming Platinum will take a community effort beyond City Hall. This chapter contains a variety of resources and information for use by bicycle-friendly community partners.

Little 500: Prologue (vii)

BLOOMINGTON'S LEGACY

Bicycling lies deep in the heart of Bloomington's local heritage. Since the Little 500 began, the Bloomington area has increasingly become a magnet for bicycle lovers. The film *Breaking Away* magnified Bloomington's bicycling heritage in popular culture, and accelerated our development into one of the Midwest's most bicycle-friendly cities.

In April 2011, Bill Nesper, Director of the Bicycle Friendly America Program for the League of American Bicyclists, declared Bloomington a "cluster of bicycle-friendliness". His comment reflected several decades of the community's focus on creating a thriving bicycling culture and top-notch infrastructure, resulting in several individual Bicycle Friendly Community awards:

- M Indiana University (Bronze Bicycle Friendly University)
- **Bloomington Bicycle Club (Bicycle Club of the Year)**
- → Bloomingfoods (Bronze Bicycle Friendly Business)
- Bloomington City Hall (Silver − Bicycle Friendly Business)

Bicycling has thrived in Bloomington because the community has established an important set of values that includes the health and well-being of its people, unique and vibrant local businesses, equitable access and stewardship of public resources, quality of life for all its citizens, protecting and enhancing the natural environment, and sensible solutions for global, national, and locally recognized problems. These values will continue to propel our future endeavors and will contribute to becoming a more bicycle-friendly community.



May, 2011— League of American Bicyclists award recipients pose by the "Bloomington Banquet" B-line Trail sculpture.

Striving to do better and be the best is the Bloomington and the American way. By setting its sights on Platinum, Bloomington is embarking on the difficult task of leaping from "good" to "the best". It will require the utmost persistence, patience, and innovation, but the Journey to Platinum is more than cycling and bicycles. It will balance and diversify our transportation system by increasing efficiency and accessibility, while simultaneously strengthening our relationship to the natural world.



WHY PLATINUM?

QUALITY OF LIFE

HEALTH PROMOTION

ENVIRONMENTAL HARMONY

ECONOMIC RESILIENCY





WHY PLATINUM?

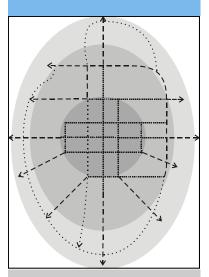
irst Bronze in 2003, then Silver in 2010, and now Platinum in 2016? Is this just another award for Bloomington to chalk-up on our list of achievements? Isn't Silver enough or should we just settle for Gold?

At face value, a Platinum Bicycle Friendly Community designation should be no different than a local sports team, artist, or citizen receiving a national championship, a Grammy, or prestigious award. All energize local pride and give us something more to boast about. However, achieving Platinum is much more than an award for one great season or a hit album – it's the culmination of our community's deep commitment to its core values of equality, health, the environment, sustainability, and overall quality of life¹.

A closer look into these core values and our respective efforts reveals similarities to achieving Platinum. Bicycle Friendly Community Platinum designation furthers our community's commitment to equality, health, the environment, and welfare. The bicycle was once referred to as the "freedom machine" by 19th century women because it liberated women by giving them mobility, freedom and self-reliance². Times may have changed, but the freedom machine offers a similar elixir, in part at least, to 21st century problems such as obesity, congestion, global warming, limited disposable income, and oil dependency.

A not so distant look into the future for a typical Bloomingtonian is not that hard to visualize. Now picture a typical family – we'll call them the Stoller family. The year is 2018; two years after Bloomington reached Platinum status. The Stoller family, who reside within a "10-minute neighborhood", was not even aware of the Platinum Task Force effort back in 2011 and the *Breaking Away: Journey to Platinum* report. The Stoller family would have thought this was just an award. In 2018, bicycling has become part of their everyday life. The City and Bicycle Friendly Community partners continue to implement actions well beyond 2016. Work continues and the Stoller's now understand, as do so many more, what Platinum really means. A realistic look to the future can reveal benefits of becoming Platinum. Let's imagine for a moment...

CHARACTER AREAS



Three character areas as illustrated in the Bloomington Bicycle and Pedestrian Transportation and Greenways System Plan.



The Cutters claim victory in the Little 500 Hundred - as depicted in the film "Breaking Away". This movie won a 1979 Academy Award for Original Screenplay and is ranked eighth on America's 100 Most Inspiring Movies by the American Film Institute ³

Chapter 1 Cover Photos: Little 500 (2010—Courtesy: Pat Martin) and Women's Ride (May 20, 2011)

^{3.} The American Film Institute, 100 Most Inspiring Films of All Time, AFI, http://www.afi.com/docs/about/press/2006/100inspiring.pdf (accessed August 2, 2011).



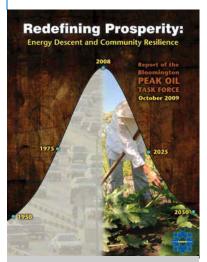
^{1.} City of Bloomington Common Council, Resolution 10-10, May 12, 2010.

^{2.} Wikipedia, *History of the Bicycle*, http://en.wikipedia.org/wiki/History of the bicycle (accessed April 1, 2011).

Qualifications: Why Platinum?

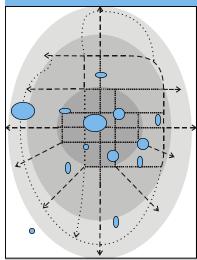
Mrs. Stoller is an Emergency Room doctor at IU Health Bloomington Hospital; Mr. Stoller teaches at Ivy Tech; their children attend Summit Elementary School; an exchange student attends Bloomington High School South; their niece attends Indiana University; and Mrs. Stoller's parents just retired in Bloomington. Each one's lifestyle into itself captures the array of Bloomington's community of villages. Their typical Bicycle Friendly life with regards to *Breaking Away: Journey to Platinum* entails:

- Mr. Stoller participates with Ivy Tech's employee wellness program that includes active transportation commuter incentives. He rides his "fixie" for a short 10 minute/1 mile ride where he then catches the "free" #3 Bloomington Transit bus and finishes the commute to Ivy Tech on his fixie for the last mile on part of the Karst Farm Greenway Trail. From home to work and back, he travels through several 10-minute neighborhoods⁴. He does this two days a week with peace of mind knowing he has a guaranteed ride home benefit with Rural Transit or Bloomington Transit in the event of inclement weather. Since he started in 2016, he lost 15 pounds, and his total cholesterol dropped 40 units. He regularly volunteers for the Little 500 which stokes his youthful spirit. He is eagerly awaiting the construction of safety improvements at intersections along the State Road 37 corridor and even more eager for a bicycle pedestrian bridge that will soon span this barrier. Once completed, he will be less dependant on motorized travel with more active transportation options to consider. Safety improvements have rejuvenated west-side activity centers. The Bloomington Economic Development Corporation reports strong national market interests for commercial and industrial properties within Bloomington too. The strongest ever seen, but this is a whole other story...
- Mrs. Stoller, who has seen many crash victims in the Emergency Room, volunteers with the Summit Elementary Parent Teacher Organization, Bloomington Police Department, and Monroe County Community School Corporation (MCCSC) on International Walk to School Day, Bikes Week, and other designated bike/walk days within her neighborhood to educate everyone on safe and civil transportation behaviors. Since her first year volunteering in 2011, she has seen an exponential growth in active modes of transportation and likewise an increased awareness by everyone. Her role as educator has lessened and now has evolved into the "MC" on event days. This role evolution is energizing, fun, and rewarding for Mrs. Stoller. Her friendships and neighborly bonds run deeper and stronger than before. She also gets comfort in knowing her "children" are also learning healthy lifelong lessons that can combat the obesity epidemic – something she really never thought about before. But she has taken notice of the trend that significantly fewer cyclists have been showing up in the Emergency Room. She was skeptical when she heard others speak about the safety in numbers concept, but now is a believer. There is hope.



The Common Council commissioned <u>Peak Oil Task Force</u> issued this Report in 2009 to help Bloomington understand and prepare for the decline of fossil fuels.

Take Two: Many Character Areas



Bloomington is a collection of many places and destinations. Call them: 10-Minute Neighborhoods, Activity Nodes, College Mall and West Side, Natural Neighborhoods, or just simply Villages⁴.



^{4.} Bloomington Platinum Biking Task Force, *Character Areas*, (November 2, 2011) - also see definitions in Chapter Four.

LIVABILITY

"Livability means being able to take your kids to school, go to work, see a doctor, drop by the grocery store or post office, go out to dinner and a movie, and play with your kids at the park — all without having to get in your car " - US Transportation Secretary LaHood, March 2010⁵

ECLIPSED BY REALITY



Carving out space for bike lanes within existing roadways is a challenge. It was done along Lincoln Street and others roadways in Bloomington. New York City is transforming their roadway network and is implementing bike lanes all over the city. Early on, media attention was too focused on the negative... an anti-bike lane fury. What a difference a few months and some patience can make! "It got warmer, more people started riding and the mania was eclipsed by reality... the beauty of the bike, a simple machine with two wheels and zero ideology." - Jason Gay⁶

- The Stoller children attend Summit Elementary School. Summit was a recipient of a Safe Routes to School (SRTS) Grant that implemented "Boltage", an active transportation incentive program for elementary schools. The success of Boltage, together with infrastructure improvements, has allowed MCCSC to eliminate bus service to Summit in an age of increasing fuel costs and reduced state revenues the fifth MCCSC elementary to do so. The children have the knowledge and skills to get to school safely because the school has made bicycle safety part of the curriculum. They bike and walk to school nearly everyday which has earned them prizes and accolades the Yellow Jersey and Golden Sneaker awards from the Boltage program. Both admit they are less dependant upon mom and dad and more confident getting around their village—perhaps the best prize of all!
- The Stoller exchange student is not licensed to drive, but carpools with friends who are active in the BHSS Bicycle Club. The Club membership has grown over the last few years. They hold regular rides every weekend and every Wednesday, the "short day", before school. The exchange student took a liking to the regular Club rides and sees it as a good training program because she is signed-up with DeCycles (a local youth cyclist group). This year's tour is the first time the group is leaving American soil. The ride begins in Bloomington as they ride off to the Indianapolis airport where the tour group will commence riding some of the famous routes of the Tour de France. Many Club members benefit from the rides, like the Stoller exchange student, by getting around in a safe and independent way. Club members now field an honorary Little 500 team and participate local cycling events such as the Hilly Hundred, the Scholars Inn Bakehouse Cycling Festival, and the Brown County Breakdown, to name a few.
- The Stoller's niece lives in the most notable village, "Downtown", and realized after only a month she does not need her car. Her student status gives her plenty of transportation options with transit and a community-wide car sharing program. She also walks and bikes to many places and relies on her friends from time to time for a ride. She gets a kick when the Stoller gang comes to visit via the B-line Trail and parks their bikes at the new bike station at the "OI' Transit Station" for their pre and post-IU game revelry at Nick's English Hut. It has turned into a family affair for many tapping into IU's athletic and cultural events along with Downtown's eclectic mix of restaurants. Forgoing the hassles of game-day traffic and parking was easy to trade in for a safe and funfilled bike ride. Neighborhood connections to the B-Line and the Bicycle Boulevard network make it so convenient. Not to mention the gameday ticket plus bike helmet 10% discount program offered at most downtown merchants. This is simply the icing on the cake.

⁶. Jason Gay, "The City and Bikes: Rubber Meets Road", *The Wall Street Journal*, June 22, 2011.



^{5.} Tom Vanderbilt, "Living Larger Driving Less What Makes a Community Livable? How About Getting Rid of Cars?, Sierra, July/August 2011.

Mrs. Stoller' parents retired to Bloomington in 2016 and said it was for Bloomington's quality of life. However, "Silver Centre", a new affordable downtown loft-style housing project recently opened. Units are successfully marketed to the Boomers and certainly helped with their decision to move here. No "snowbird" in this retirement plan! Silver Centre is located in the Tech-Park, just west of downtown, where an amazing renaissance is occurring. The Boomer and Millennial generations have a symbiotic thing going on that is fueling the success of this emergent 10minute neighborhood. Her parents regularly participate in the Sunday Open Streets (SOS) or Ciclovia (see page 1-6). Grandma roller skates with a senior contingent of the Bleeding Heartland Rollergirls along the SOS route showcasing Animal Shelter pets to adopt. Grandpa plays bass with a jazz band at one of the many stops along the SOS. Both love how each month the SOS features and connects a few of the many villages within Bloomington. Two years later, neither need their arthritis medication and they feel better than ever. Too bad for the "Snowbird" states, Bloomington has lots of grandparents like the Stollers.

QUALITY OF LIFE

Quality of Life is understood to mean the well-being of individuals, cities, and societies. When places are dialed in and doing it well it is a visceral feeling that most anyone can feel. It is what makes our neighborhoods unique and Bloomington "livable". Livability can be measured using a range of metrics consisting of qualitative and quantitative measures. Like our communities' core values livability measures areas covering: stability, healthcare, culture and the environment, education and infrastructure. This report touches upon these many areas with subsequent targets and benchmarks for Quality of Life, Health Promotion, Environmental Harmony, and Economic Resiliency.

Quality of Life is the overall purpose behind our Bicycle Friendly Community efforts. Without a doubt, actions taken to improve our Bicycle Friendly Community status benefit the Quality of Life metric. It will strengthen bonds within and between our many activity nodes. Implementing the Bicycle Friendly Community program might be the best proxy to measure Quality of Life, especially in regards to equality in mobility and the bicycle.

LEARN TO RIDE



"Learn to Ride", as shown by this photo, are events Bloomington holds to teach young children safe bicycling techniques. Something new to add to the mix? "Boltage", formerly known as "Frieker" (a moniker for Frequent Biker) has a simple mission to make walking and biking to school a way of life. Born from another Platinum Community, Boulder, CO, the program has evolved technologically and programmatically. Boltage offers impressive results for walking and biking to school. Similar incentive programs exist within the Safe Routes to School context that make active transportation an easy choice for school children. For more information about Boltage please visit http://www.boltage.org/ and for Safe Routes to School please visit the National Center for Safe Routes to School http:// www.saferoutesinfo.org/

Most would agree that having transportation options is the most resilient and preferred choice. The recommendations contained in this report aim towards a balanced transportation network such that people have viable choices in how they travel regardless of mode choice(s). The report sets forth the following overall Quality of Life targets and benchmarks (*please see sidebar on page 1-7 for definitions on targets, benchmarks, and indicators*):

- Quality of Life Target: Platinum Bicycle Friendly Community by 2016
 - ⇒ Quality of Life Benchmark: Silver Bicycle Friendly Community 2010
- Quality of Life Target: Gold Bicycle Friendly Community by 2014
 - ⇒ Quality of Life Benchmark: Silver Bicycle Friendly Community 2010

SOS: SUNDAY OPEN STREETS

How about a car-free street for a just one day every month?

"Ciclovia" events originated in Bogotá, Columbia and are called different things around the world and in the United States. The events typically close some streets to vehicular traffic for a limited time and have events and programs to encourage active transportation—they are not just for bicyclists as this photo might suggest... For Bloomington, we suggest calling them "Sunday Open Streets". SOS may be coming to a village near



HEALTH PROMOTION

Bicycling brings innumerable benefits to an individual's physical, mental, and even emotional well-being. As we become increasingly aware of the connection between our transportation choices and our health, bicycling looks more and more like an important public health solution. One's personal health is dependent on natural, human made, social, and economic factors. Likewise, controlling for these factors relies on many interrelated elements – such as personal preferences, geographic locations, professional, and public and private resources. Fortunately, with Health Promotion there is the ability to control, guide, and manage. Wellness programs speak best to this point. However, obesity rates indicate we are losing the battle and more can be done to improve one's health.

Obesity is an epidemic. Inactivity is at an all time high. One's ability to work and maintain his or her fiscal stability is closely tied to one's well-being. Medical costs are often the number one reason for personal bankruptcy today⁷. Eating well, exercising, and preventative medicine are typical countermeasures within the wellness rubric in combating sickness and unhealthy behaviors. Exercise in the form of active transportation is another countermeasure to include. Put simply, avoiding inactivity has huge wellness potentials, for virtually little personal costs. Most trips are short and are very walkable and bikeable for Bloomington's 10-minute neighborhoods.

Bicycling has positive health benefits, but also suffers from perceptions of risk that may or may not be warranted. Improved personal wellness and health promotion is a positive approach to address one community concern. Another concern, crashes, seems to get lost in the overall health and wellness dialogue. Crashes take a heavy toll on communities and tax our most precious resources: Bloomingtonions. Remember the "interested but concerned" group? Safety concerns are often their primary barrier to practicing active transportation. Today's mindset often has automobile transportation as the safest means. Motorists, cyclists and pedestrians bear physical, economic, and social costs from vehicle related crashes. These costs range from injuries and death to property damage and medical bills, and can impact one's ability to work and support one's family. Countermeasures vary. Most seek to improve safety for the motorist which fuels the perception that active transportation is not safe.

MEASURING UP: PLATINUM METRICS

Targets—are a desired outcome or goal that the Plan's actions are intended to move forward.

Benchmarks—are a reflection of current conditions, used as a starting point to gauge progress.

Indicators— are measurements used to demonstrate movement towards or away from a desired goal.

GENDER:

KEYS TO SUCCESS

Women bike because: they want to be good role models, it is more convenient for commuting and short trips, it is better for the environment, it keeps them fit and improves their health, it is a kinder mode of transportation, and it gets more counterparts out riding.—

APBP Survey results of over 13,000 women.⁸

BE HAPPY

Top bicycle commuting cities are also happy places when compared with other traits. While the results do not suggest causality, the results are nevertheless intriguing⁹.



^{7.} Catherine Arnst, "Study Links Medical Costs and Personal Bankruptcy," *Bloomberg Business Week*, June 4, 2009, http://www.businessweek.com/bwdaily/dnflash/content/jun2009/db2009064-666715.htm (accessed July 21, 2011).

^{8.} Association of Pedestrians and Bicycle Professionals, Women Cycling Project, APBP, http://www.apbp.org/group/women_cycling (accessed March 2011).

^{9.} Richard Florida, "America's Top Cities for Bike Commuting: Happier, Too", *The Atlantic*, June 22, 2011.

FACT

The Center for Disease Control's 2010 and 2020 National Healthy People targets for obesity are a 15% and 10% reduction, respectively¹⁴. See how the target has changed and is lowered? Are we losing the overweight battle? The Platinum Biking Task Force set a 20% target for Monroe County, which is in-between the national targets.

RATE OF RETURN\$



"Benefit-Cost ratios of bicycle investments, based on health care and fuel cost savings are between 3.8 and 1.2 to one and an order of magnitude larger when value of statistical life is used" (53 and 20 to 1 respectively)¹⁵- Thomas Gotschi. Translation: bicycle investments more than pay for themselves when considering health care and fuel costs—about 1.2 to 3.8

A safe transportation network benefits everyone. Taking comprehensive and equitable actions, regardless of mode choice, will improve our collective wellness. Therefore the report sets forth the following overall Health Promotion targets and benchmarks:

- Health Promotion Target: 2016 Monroe County Estimated Adult Obesity Rate 20%
 - ⇒ Health Promotion Benchmark: 2008 Monroe County Estimated Adult Obesity Rate 26.5%¹⁰
- Health Promotion Target: 2016 Monroe County Estimated Child and Adolescent Obesity Rate <10%
 - ⇒ Health Promotion Benchmark: 2008 National Estimated Child and Adolescent Obesity Rate 16.9%¹¹
- Health Promotion Target: 2016 Monroe County Obesity Rate Estimate Adult Inactivity Rate 20%
 - ⇒ Health Promotion Benchmark: 2008 Monroe County Estimated Adult Inactivity Rate 24.8%¹²
- Health Promotion Target: Zero bicycle, pedestrian, and automobile related crash fatalities annually for Monroe County by 2016
 - ⇒ Health Promotion Benchmark: Average of 9.1 bicycle, pedestrian and automobile fatalities annually from 2003-2009 for Monroe County¹³

The average obesity rate for Bicycle Friendly Communities is 19.8% and ranges from 10.1% to 33.4%. The national average is 26.2%, and ranges from 10.1% to 43%. A closer look from a precious metal standing on the upper limits reveals:

Bronze 33.4% Silver 24.8% (Monroe County) Gold 19.7% Platinum 17.2%



- 10. Centers for Disease Control and Prevention, Diabetes Public Health Resources, *Facts about County-Level Estimates of Leisure-time Physical Inactivity*, 2008.
- 11. Centers for Disease Control and Prevention, National Center for Health Statistics, *Prevalence of Obesity Among Children and Adolescents: United States, Trends 1963-1965 Through 2007-2008*, July 2010.
 - 12. Ibid., 2008.
- 13. Bloomington/Monroe County Metropolitan Planning Organization, *Crash Reports 2003-2009*, http://bloomington.in.gov/mpo (accessed July 14, 2011).
- 14. Centers for Disease Control and Prevention, Healthy People, http://www.cdc.gov/nchs/healthy_people.htm. (accessed July 27, 2011).
- 15. T. Gotschi, "Costs and Benefits of Bicycling Investments in Portland, Oregon", Journal of Physical Activity and Health, 2011 8(Supp 1), S49-S58.



ENVIRONMENTAL HARMONY

he most direct benefits of bicycling are related to Environmental Harmony. Earth Day has celebrated our only home, Earth, for many decades. Ancient civilizations had this stewardship conscientiousness as part of their social and intellectual upbringing. It has become a lost practice at times in our more modern societies, but we often are reminded of this fact from the simple pleasures of daily life (a bouquet of flowers) to the more complex conditions (global warming) which the world's brightest people are determined to better understand. One thing is clear: Earth is our only home and it should not be taken for granted. Like our ancestors knew so well, the more resilient and smaller our environmental footprint becomes, the better stewards we will become.

One can conclude automobiles are a necessity of our modern society just as one can conclude the bicycle is too. The question that really remains is the frequency, amount, and purpose in which we choose to use either. Having a balanced transportation network is the most resilient option regardless of personal preference and/or the current social condition. A balanced network fosters one's ability to make environmentally sound choices, especially when considering necessity and convenience for trip mode selection.

Furthermore, considering the transportation sector contributes a significant proportion of greenhouse gas emissions (approximately 1/3), the characterization of our transportation network takes on a much different meaning¹⁶. Now, convenience and necessity are not the only reasons to make a mode choice, and we begin to factor in external costs and benefits of our network. Fossil fuels are a finite resource. Greenhouse gas emissions and other costs to fossil fuels have consequences¹⁷. How we manage our resources and minimize our consequences is the logical action¹⁸. Changing our definition of necessity and making active transportation a viable choice is key to changing trends and becoming more harmonious with the Earth.



The bicycle is a tool most can use and helps work towards the City's commitment and its core values.

Illustration courtesy of: Ross Zietz, 2006 www.threadless.com/product/562/infinity-mpg

MOST WANTED

In surveys conducted by the Bloomington Parks and Recreation Department, residents always put walking and cycling paths at the top of their list as the most desired facility.



^{16.} Cambridge Systematics Inc. and Urban Land Institute, *Moving Cooler An Analysis of Transportation Strategies for Reducing Greenhouse Gas Emissions*, July 2009.

^{17.} Bloomington Environmental Commission, Bloomington Commission on Sustainability, and City of Bloomington Office of the Mayor, *The 2009 Greenhouse Gas Inventory for the City of Bloomington, Indiana: Footprint, Projections, and Recommendations*, May 2009, http://bloomington.in.gov/documents/viewDocument.php? document id=3800 (accessed April 22, 2011).

^{18.} City of Bloomington Peak Oil Task Force, Redefining Prosperity: Energy Descent and Community Resilience, December 2009, http://bloomington.in.gov/peakoil (accessed May 20, 2011).

VMT CONTEXT

Past reports by the City have estimated the following Total Annual Vehicle Miles Traveled, or "VMT" for the urban area:

1978— 258,428,747 1990— 307,100,000

2006—446,021,570

This is roughly a 1.7 times increase or about 2.4 percent increase per year in VMT. Over approximately the same time period, Bloomington's Population change is about 1.8 percent increase per year.

CO₂ - GOT GAS?

ONE ton of CO₂ has the volume to fill over **FOUR** IU outdoor swimming pools.

Combustion of **ONE** gallon of gasoline produces 8.75 kg, or just over **19 Lbs**. of CO_2

About **ONE** ton of CO₂ emissions has been produced soon after your **EIGHTH** fill-up at the pump.

A FIVE percent VMT offset equates to about 310 mile reduction in per person VMT. This in turn equates to riding your bike to work just TWO days a week for a round-trip of only THREE miles.

If you're an Interested but Concerned bicyclist, riding just **SIX** miles a week, for any trip, can prevent about **400** pounds in CO2 emissions. Everything counts!²⁶

Understanding our real necessities and balancing these with our transportation choices gives a perspective where everyone stands to benefit. Cleaner air, less traffic congestion, conservation, and better transportation choices are sure to come. Folding the bicycle into this Environmental Harmony context is a must do if we choose to succeed. Therefore the following overall Environmental Harmony targets and benchmarks are set:

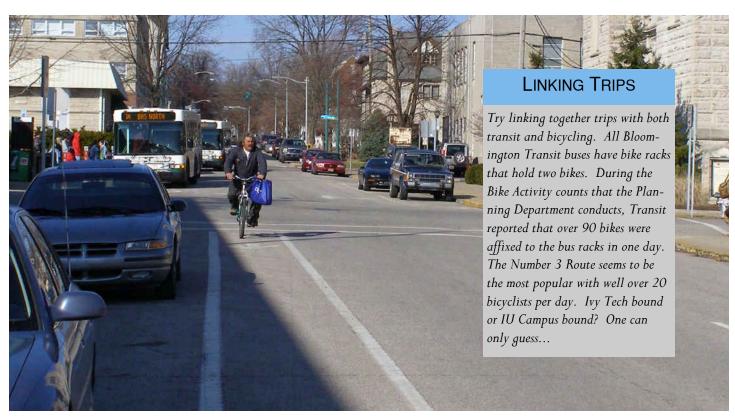
- Environmental Harmony Target: 2016 Total Annual Vehicle Miles Traveled (VMT) 307,100,000 (1990 levels)¹⁹
 - ⇒ Environmental Harmony Benchmarks: 2006 Total Annual Vehicle Miles Traveled 446,021,570²⁰
- Environmental Harmony Target: 310 VMT offset/reduction per person per year from active transportation and total CO₂-equivalent emissions reduction of 7,370 tons per year by 2016²¹
 - ⇒ Environmental Harmony Benchmark: 6,150 VMT total per person per year (2006 levels) and total CO₂-equivalent emissions of 291,317 tons²²
- Environmental Harmony Target: Bike Commuter Mode Split 10% by 2016
 - ⇒ Environmental Harmony Benchmark: 3.4% 2010 Bike Commuter Mode Split²³
- Environmental Harmony Target: 50% of all trips are 2 miles or less and 25% of these are taken by the bicycle by 2016.
 - ⇒ Environmental Harmony Benchmark: 2009, 40% of all trips are 2 miles or less: only 2.0% of these trips are taken by bicycle²⁴.
- Environmental Harmony Target: 9 Million Total Annual Transit Ridership by 2016
 - ⇒ Environmental Harmony Benchmark: 6.4 Million Total Annual Transit Ridership 2009²⁵
- 19. Bloomington Environmental Commission, 2009 Greenhouse Gas Inventory, May 2009.
 - 20. Ibid., May 2009.
 - 21. Ibid., May 2009.
 - 22. Ibid., May 2009.
- 23. American Community Survey, U.S. Census Bureau, Selected Economic Characteristics: 2005-2009 American Community Survey 5-Year Estimates http://www.census.gov/ (accessed August 4, 2011).
- 24. America Bikes and League of American Bicyclists: 2009 National Household Travel Survey, Federal Highway Administration Office of Policy, http://www.bikeleague.org/resources/reports/pdfs/nhts09.pdf (accessed August 4, 2011).
 - 25. Bloomington Transit and Campus Bus, Annual Ridership Data, May 2011.
- 26. International Carbon Bank and Exchange, *CO2 Volume Calculation*, http://www.icbe.com/carbondatabase/CO2volumecalculation.asp (accessed August, 15, 2011).



| Bicylce Share of Commuters in Bicycle Friendly Communities (2009) | | | | | | |
|---|------------|---------------|------------|--|--|--|
| City | Population | Bicycle Share | BFC Rating | | | |
| Boulder, CO | 100,160 | 12.3% | Platinum | | | |
| Davis, CA | 61,866 | 7.3% | Platinum | | | |
| Portland, OR | 566,606 | 5.8% | Platinum | | | |
| Fort Collins, CO | 138,722 | 9.9% | Gold | | | |
| Madison, WI | 235,410 | 5.0% | Gold | | | |
| Minneapolis, MN | 385,384 | 3.9% | Gold | | | |
| Gainesville, FL | 116,615 | 6.3% | Silver | | | |
| Bloomington, IN | 71,318 | 3.30% | Silver | | | |
| Ann Arbor, MI | 112,917 | 3.0% | Silver | | | |
| Columbia, MO | 102,332 | 1.5% | Silver | | | |
| lowa City, IA | 69,077 | 3.9% | Bronze | | | |
| South Bend, IN | 105,036 | 1.1% | Bronze | | | |
| Indianapolis, IN | 807,640 | 0.5% | Bronze | | | |

HOW WE STACK UP

This table illustrates a simple way to see how Bloomington's peers are doing in regards to the Enthused and Confident (a.k.a. Bike Commuters). Bloomington is doing comparatively well. Achieving a 10% mode split is a good indicator on our bike commuter performance, but it also provides an indication that many more are riding toojust not in the pure Bike Commuter sense. Data used in this table is from the U.S. Census Bureau (2009 American Community Survey) and the League of American Bicyclists.



ECONOMIC RESILIENCY

SHORT TRIPS

SMALL SACRIFICE



An Indiana University student rides, shops, and then walks—with health, environmental, and economic benefits, biking is a practical alternative. There are many choices to make with regards to transportation. Often decisions are focused on convenience and not absolute necessity. Now, what practical alternative would you choose? Give the bicycle a try now and then, it is more practical than most would think!

tive transportation campaigns. The creation of jobs is often the litmus test for many economic campaigns. By this metric alone, bicycle and pedestrian infrastructure projects have shown to outperform others²⁷. However, it is more than just jobs and infrastructure. A good metric for Economic Resiliency would capture many elements including costs of living and transporta-

conomic Resiliency is a topic that is often a keystone of successful ac-

more than just jobs and infrastructure. A good metric for Economic Resiliency would capture many elements including costs of living and transportation, the impact to local economies from transportation costs, and the willingness to pay for leisure time and other Quality of Life attributes.

Taking a common sense approach for some basic costs and benefits, the economic benefits to becoming Platinum do add up. Owning and operating an automobile requires a financial commitment that should not be taken lightly. Recent volatility in gas prices has shown how much this commitment can be—with impacts on high- and low-income households alike.

Some other economic benefits would include tourism, aftermarket supplies, manufacturing, and event planning. These elements have a role in the Economic Resiliency metric for bicycles too. The economic impact of the bicycling industry is significant. After all, nationally new adult bicycle sales have been very strong for several years now²⁸. The market already exists!



- 27. Political Economy Research Institute, *Pedestrian and Bicycle Infrastructure: A National Study of Employment Impacts*, University of Massachusetts, Amherst, June 2011, Heidi Garrett-Peltier.
- 28. National Transportation Statistics, U.S. Department of Transportation, Research and Innovative Technology Administration, Bureau of Transportation Statistics, RITA Table 1-12: U.S Sales or Deliveries of New Aircraft, Vehicles, Vessels, and Other Conveyances, January 2011.
- 29. Transportation and Poverty Alleviation, *Surface Transportation Policy Project (STPP)*, http://transact.org/library/factsheets/poverty.asp



Given direction, the Economic Resiliency of Platinum would yield positive economic impacts by reducing costs and tapping into area resources that will benefit our local economy³⁰. A bike mindset will support our local bike shops and bike events, and help with our regional draw of tourists. All will infuse more cash into the local economy and keep it here. "Ride Local Buy Local" is the new mantra. Therefore, the following overall Economic Resiliency targets and benchmarks are set:

- Economic Resiliency Target: 500 Motor Vehicles per 1,000 people in Monroe County 2016
 - ⇒ Economic Resiliency Benchmark: 672 Motor Vehicles per 1,000 people in Monroe County 2000³¹
- Economic Resiliency Target: 2016 Fuel Expenses as Percent of Yearly Per Capita Income \$15,000 < 10%
 - ⇒ Economic Resiliency Benchmark: 2006 Fuel Expenses as Percent of Yearly Per Capita Income of \$15,000 is 8.32%³²
- Economic Resiliency Target: Triple bicycle related tourism activities for Monroe County by 2016
 - ⇒ Economic Resiliency Benchmark: Bloomington/Monroe County Convention and Visitors Bureau - Tourism accounts for nearly 4,000 jobs in the Bloomington area and \$279 million dollars each year in economic impact to the community³³
- Economic Resiliency Target: Housing and Transportation Affordability Index 30% of Income 2016 for Monroe County
 - ⇒ Economic Resiliency Benchmark: Housing and Transportation Affordability Index 45% of Income 2009 for Monroe County³⁴

ENTHUSED & CONFIDENT



Pent up bicycling demand? If you build it, they will come! Lessons learned have demonstrated the benefits for taking a proactive approach:

Over 40 US cities found that for every ONE mile of bike lanes added per square mile resulted in ONE percent increase in bike commuters.

People living within 1/2 mile of a bicycle facility were 20% more likely to bicycle at least ONCE per week.

Before and after bicycle counts show that bicycling **INCREASES** after bike lanes are installed.

Cities that adopt comprehensive packages of bicycle-friendly interventions show LARGE increases in bicycling³⁵.



^{30.} Todd A. Litman, "Evaluating Non-Motorized Transportation Benefits and Costs", *Victoria Transport Policy Institute*, January 2009, http://www.vtpi.org/tca/ (accessed June, 8, 2011).

^{31.} City of Bloomington Peak Oil Task Force, *Redefining Prosperity*, December 2009.

^{32.} Ibid, December 2009.

^{33.} Bloomington Convention and Visitors Bureau, *Tourism FAQ*, http://www.visitbloomington.com/about-us/tourism-faq/ (accessed August 4, 2011).

^{34.} Center for Neighborhood Technology, *H+T Index*, <a href="http://htt

^{35.} John Pucher, Jennifer Dill, and Susan Dill, "Infrastructure, Programs, and Policies to Increase Bicycling: An International Review." *Preventative Medicine* 50, September 2010: S106-S125. http://policy.rutgers.edu/faculty/pucher/
Pucher Dill Handy10.pdf

CONCLUSION

To the "Interested but Concerned", this report speaks to you directly because you are the key to success. To all others: you too play a role. Together, we all can work together and achieve the impossible. The targets and benchmarks mentioned may seem impossible, and even too far removed from bicycling and becoming Platinum. They are, however, what makes us tick, and gives us all direction on making Bloomington even better. Indeed, they are bigger than Platinum, but they cannot be accomplished without the aid of cyclists. The forthcoming chapter, Individual Time Trials: Five Priorities, identifies specific targets and benchmarks that provide a more direct link to bicycling and becoming Platinum.

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INDIVIDUAL TIME TRIALS:

FIVE PRIORITIES

FIVE E'S AND BLOOMINGTON'S FRAMEWORK

ENGINEERING

EDUCATION

ENCOURAGEMENT

ENFORCEMENT

EVALUATION AND PLANNING

2



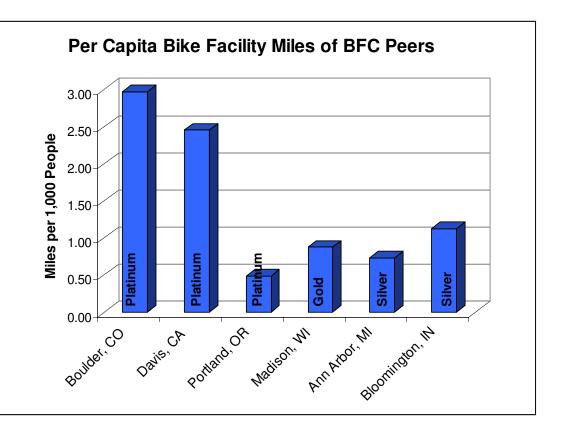
THE FIVE E'S & BLOOMINGTON'S FRAMEWORK

As the title of this chapter implies, there are individual elements, or

"Individual Trials," in which a community is evaluated for its bicycle-friendliness. The League of American Bicyclists, or "League", established an evaluation system known as the "Five E's": Engineering, Education, Encouragement, Enforcement, and Evaluation and Planning. Any community applying for recognition through the Bicycle Friendly Community Program must answer questions for each "E." This is the basis the League uses to evaluate and ultimately designate communities for their bicycle-friendly efforts. A community must demonstrate achievements in each of the five categories in order to be considered for an award. Communities with more significant achievements in these areas receive superior recognition.

ENGINEERING

This chart illustrates the mileage differences between our Bicycle Friendly Community (BFC) peers and their bicycle infrastructure based on population. Portland, OR is at the pinnacle of bicycle friendliness, yet has the lowest per capita mileage. This suggests there is more than just building facilities. Portland obviously has a lot more to offer, as do other BFCs, than just mileage of facilities. Infrastructure is very important, but it is not everything... there are the other four E's.



The Bicycle Friendly Community Program is a measurement of a community's overall bicycle-friendliness. While it provides clear metrics within each subject area, it also encourages flexibility and innovation where unique local efforts can be highlighted and celebrated. Through the development of strong programs in all five areas, a community can synergistically nurture the physical and social changes that are necessary to make bicycling and walking a significant component of its transportation system. Bloomington's general strengths and needs pertaining to the Five E's are respectively highlighted in this chapter from the



League's viewpoint. This gives context to our "Silver" status. More importantly, this evaluation from the League was used by the Task Force to identify action items for Bloomington's "Platinum" pursuit. A framework using the Five E's and their respective targets and actions is introduced. This framework sets the course for Bloomington's Journey to Platinum.

ENGINEERING

Engineering covers bicycle infrastructure that has been built to promote cycling in the community. It also covers what is planned by a bicycle master plan or other official plans and polices. The engineering metric seeks to determine how well cyclists are accommodated on public roads and multi-use trails with well-designed and planned bicycle infrastructure. It also captures the availability of secure bike parking and the condition and connectivity of both the off-road and on-road bicycle network.

Current Engineering Strengths:

- A robust and expanding bicycle-friendly network;
- More bicycle parking, including bicycle corrals, around downtown Bloomington;
- 36 Bike racks on all Bloomington Transit buses; and
- ★ Local policies and codes acknowledge and encourage accommodation for cyclists.

Current Engineering Needs (as identified by the League):

- Increase the number of arterial streets that have shoulders and bike lanes;
- ☼ Consider road diets to calm traffic and maximize use of roadway space;
- * Increase secure bicycle parking throughout the community;
- Mo Implement bicycle boulevards;
- * Develop bicycle wayfinding signage around the community; and
- Tonduct analysis of road compatibility for cycling through a "bicycle level of service" metric.

EDUCATION

The criteria in this category are designed to determine the extent of education and outreach activities targeted at both cyclists and motorists. Education includes teaching cyclists of all ages how to ride safely in any area on different

1. Political Economy Research Institute, *Pedestrian and Bicycle Infrastructure: A National Study of Employment Impacts*, University of Massachusetts, Amherst, June 2011, Heidi Garrett-Peltier.

JOBS



A study of 58 nationwide projects in 11 different cities concludes that for each \$1M in spending: cycling only projects create 11.4 jobs. In comparison, pedestrian only projects create 10 jobs; multiuse trails projects create 9.6; roads with bike/ped projects create 9; and road only projects create 7.8 jobs.

—Garrett-Peltier¹.

THE LEAGUE

The League of American Bicyclists (LAB) is one of the oldest active advocacy groups in America.
Founded in 1880 as the League of American Wheelmen, often credited with getting paved roads, the League focuses its programs on education and advocacy for bicyclists.
The League also administers the Bicycle Friendly Programs.
http://www.bikeleague.org/index.php



types of facilities as well as teaching motorists how to share the road safely with cyclists. Important considerations include the availability of cycling education for adults and children, the number of local League Cycling Instructors, and other ways that safety information is distributed to both cyclists and motorists through bike maps, brochures, or as a part of driver's education manuals and courses.

SAFETY IN NUMBERS

Research has shown that the more people who are out riding bicycles, the safer bicycling becomes — safety in numbers²:

- If cycling doubles (increases), then the risk per km falls by 34%
- If cycling halves (decreases), the risk per km increases by 52%

LEARNING TO RIDE



Adult riders take a seminar to hone their road riding skills from a League Cycling Instructor at City Hall.

SOCIAL MARKETING

King County, Washington

In Motion program highlights³:

- Costs around \$15 to \$20 per household to participate
- 51% of participants show openness to using active modes of transportation
- 27% decrease in drive-alone trips
- 27% drive-alone decrease causes a proportionate increase in the use of alternative modes

Current Education Strengths:

- The annual Bike Light Campaign;
- 50 Successful Safe Routes to School Program with many bicycle rodeos;
- Bicycle safety classes are offered by League Cycling Instructors (LCIs);

Current Education Needs (as identified by the League):

- Expand public education campaigns and promote the share the road message;
- Include education messages with public service announcements, program registrations and renewals, or with utility bills; and
- Expand educational offerings through school-based curriculum, professional training for bus/taxi drivers, and LCI seminars.

ENCOURAGEMENT

This category concentrates on how the community promotes and encourages bicycling. This can be done through Bike Month and Bike to Work Week events as well as producing community bike maps, route finding signage, community bike rides, commuter incentive programs, and having a Safe Routes to School program. In addition, some criteria focus on other facilities that have been built to promote cycling or a cycling culture such as off-road facilities, BMX parks, velodromes, and the existence of both road and mountain bicycling clubs.

Current Encouragement Strengths:

- Bloomington Bikes Month— every day in May;
- Local support organizations: Bloomington Community Bicycle Project, the Bloomington Bicycle Club, numerous bicycle teams, and several locally owned bicycle shops;
- Local events: the Little 500, the Bloomington Cycling Grand Prix, and bike polo tournaments; and
- Free City of Bloomington Bicycle Map.
- 2. P. L. Jacobsen, "Safety in Numbers: More Walkers and Bicyclists, Safer Walking and Bicycling," *Injury Prevention* 9, 2003.
- 3. Tyler Benson, Carol Cooper, and Sunny Knott, "King County Embraces Social Marketing To Change Travel Behavior," *TDM Review*, Issue 4, p. 15, 2008.



Current Encouragement Needs (as identified by the League):

- Engage the cycling community through a bicycle ambassadors program;
- Augment local codes to encourage more bicycle parking or shower facilities;
- Develop community bicycle programs like ciclovias, a series of shortloop rides around the City, or special celebrations when the community completes a new bicycle related project; and
- 46 Launch a public bike sharing system.

ENFORCEMENT

The enforcement category contains questions that measure the connections between the bicycling and law enforcement communities. Questions address whether or not the law enforcement community has a liaison with the bicycling community; if there are diversion programs; if the community uses targeted enforcement to encourage bicyclists and motorists to share the road safely; and if there are bicycling related laws.

Current Enforcement Strengths:

- Holice officers use bikes for patrols; and
- Laws prohibiting riding a bicycle on the sidewalk and requiring children to wear a helmet.

Current Enforcement Needs (as identified by the League):

- Frovide specialized bicycle focused training to police officers; and

EVALUATION AND PLANNING

In this section the community is judged on the systems in place to evaluate current programs and plan for the future. Criteria are focused on measuring the amount of cycling taking place in the community, the crash and fatality rates, and ways that the community works to improve these numbers. Communities are asked about whether or not they have a bike plan, how much of it has been implemented, and the next steps for improvement.

SMART TRIPS

An individualized marketing program in Saint Paul, MN changed travel behavior by working with transit, public agencies, and 22 local businesses partnerships for a cost around \$10 per resident⁴. The results include:

- 33 % increase in biking and walking trips
- 2,289,000 reduction in vehicle miles traveled per year
- 990 metric ton reduction in greenhouse gas emissions per year.



Wayfinding—helps travelers find their way to points of interest around town. Wayfinding is also an effective tool in the bicyclefriendly tool box to help bicyclists find their way around town.



^{4.} Laura Baum, "Smart Trips Summit-U: An Individualized Marketing Approach to Changing Travel Behavior," *TDM Review*, Issue 4, p. 7, 2008, http://data.memberclicks.com/site/asct/TDMR-2008Q4.pdf (accessed August 9, 2011).

STOP!

IN THE NAME OF...

Effects of Traffic on Obeying Stop Signs⁵

The presence of oncoming traffic significantly affect stopping patterns and turn signal use for motorists at stop signs. Generally speaking, the more traffic present the better people were at obeying the law. For stop signs this study found:

- 26% overall compliance
- 100% compliance with traffic
- 5% compliance with no traffic

League of American Bicyclists ^{6,7}

For context in regards to bicyclists, the League has these facts:

- Bicyclists have the same rights and responsibilities to the road in all 50 states
- Wrong-way riding and riding on the sidewalk are the two of the biggest contributions to car/bike collisions
- Both cyclists and motorists often fail to follow the rules of the road
- Speeding and driving under the influence result in 43,000 deaths and 2.6 million injuries from traffic crashes annually
- Surveys regularly indicate that 60-70% of drivers routinely speed (often >10 mph)
- Many don't understand the law and assume that a cyclist is doing something wrong

Current Evaluation and Planning Strengths

- The Bicycle and Pedestrian Transportation and Greenways System Plan;
- Historically, the City established a bicycle and pedestrian implementation fund;
- A full time City Bike and Pedestrian Coordinator;
- The creation of the Platinum Bicycling Task Force;
- Bicycle usage and parking counts on trails, at key intersections, and around the Downtown; and
- The City has policies, reports, and ordinances (the Growth Policies Plan, the Redefining Prosperity Report, and Unified Development Ordinance) which encourage bicycling as a form of transportation.

Current Evaluation and Planning Needs (as identified by the League):

- Fully implement the Bicycle and Pedestrian Transportation and Greenways System Plan;
- Improve data collection on bicycle usage and set an ambitious, attainable target to increase the percentage of trips made by bike;
- Effectively analyze crash data and develop plans to reduce crashes in the community;
- Work with the mountain biking community to develop a plan for offroad access and single-track riding; and
- Consider an economic impact study on bicycling in the community.

^{7.} League of American Bicyclists, *Bicyclists Don't Follow the Rules*, http://www.bikeleague.org/action/trashtalk/behave.php (accessed August 10, 2011).



^{5.} Angela R. Lebbon, John Austin, Ron Van Houten, and Louis E. Malenfant, "Evaluating the Effects of Traffic on Driver Stopping and Turn Signal Use at a Stop Sign", *Journal of Organizational Behavior Management*, Vol. 27 (2), 2007.

^{6.} League of American Bicyclists, *Bicyclists Should Get on the Sidewalk*, http://www.bikeleague.org/action/trashtalk/getofftheroad.php (accessed August 10, 2011).

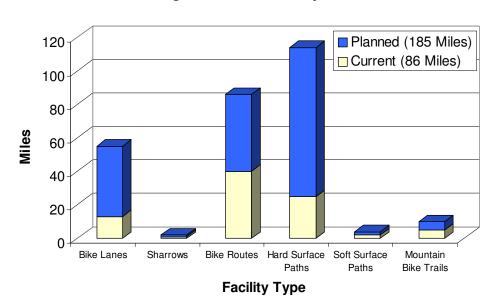
BLOOMINGTON'S FRAMEWORK

The previous chapter, Qualifications: Why Platinum?, identified core community values and our overall vision. This vision contains important community traits and many are influenced by our transportation system. Embracing active transportation will result in many positive outcomes given the time, resources, and efforts. Overall targets and benchmarks were identified: most through local reports, advocacy groups, or other national resources. They are big-picture aspects that bicycling and becoming Platinum cannot achieve alone. Likewise, fulfilling many of these will require a robust active transportation system where the bicycle and cyclists are part of the mix.

The Framework uses these overall targets and benchmarks to develop more bicycle-friendly specific measures—all fit within the context of the Five E's and a platinum level bicycle-friendly game-plan. Bicycle-friendly targets and action items are the result of this effort. These provide the framework with which to measure our efforts upon. They are designed to be measurable in order to give direction and allow us to respond accordingly in our pursuit through monitoring and evaluation. The framework provides direction and allows for innovation. It is a results oriented mandate and not a step by step instruction book—if it were only that easy.

These targets and actions were developed by the Platinum Biking Task Force through their investigation of national best practices, review of other top Bicycle Friendly Communities' efforts, a heightened understanding of Bloomington's strengths and weaknesses, and public involvement. All are necessary steps needed to become platinum. They are organized by the Five E's and their respective targets and actions are generally listed in order of importance. Each action item is encapsulated with a short a.k.a. (also known as) phrase that will be used in Chapter 3, Miss-n-Out: Implementation Strategies.

Bloomington Active Transportation Network



How Much Farther?

The community has a strong preference towards bicycle, pedestrian, and transit transportation. The City has implemented many projects to support these modes over time. The chart on the left illustrates different facilities that bicyclists can utilize and respective existing and planned miles of these facilities. Many of them are within the 235 miles of roadway in Bloomington.



THE FOLLOWING TARGETS AND ACTIONS ARE RECOMMENDATIONS OF THE PLATINUM BIKING TASK FORCE:

ENGINEERING

Platinum Intent: Embrace the concept of a community of villages, maximize the potential of the existing roadway network, accommodate the safety and comfort needs of bicyclists, and recognize each facility serves a range of users.

• Target: Build neighborhood connections to provide direct access from neighborhoods to parks, schools, and commercial activity centers.

Action: Work with Burges and Niple/ Alta Planning and Design to design and implement new, and improve existing, on-street and off-street bicycle facilities for lower-volume roadways using innovative treatments within the NACTO Urban Bikeway Design Guide. Priority and attention to detail must focus on reducing the stress level and improve convenience at high-stress locations for facility users along entire routes (a.k.a. "Low-Volume Roadway NACTO Bicycle Facilities").

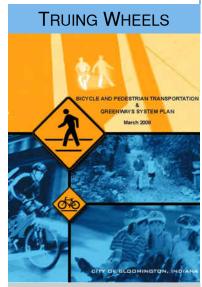
- **56** Lead Agency: Public Works Department
- 5 Support: Alta Planning and Design, Burgess and Niple, and citizen input

Action: Work with Burges and Niple/ Alta Planning and Design to design and iteratively implement improvements for the Allen Street, and for a north-south, Bicycle Boulevard. Improvements must first focus on reducing the stress level and improve convenience at high-stress locations for facility users along entire routes (Walnut Street, College Mall Road, Atwater, and 3rd Street). Other iterative improvements should focus on lower-stress locations throughout entire routes (a.k.a. "Bicycle Boulevards").

- **46** Lead Agency: Public Works Department
- 5 Support: Alta Planning and Design, Burgess and Niple, and citizen input

Action: Expand the Bicycle Boulevard network for additional routes that create a low-stress and traffic-calmed roadway with low-cost improvements. Priorities should focus on smaller portions of the network. Together these re-purposed roadways will function as Neighborhood Greenways" (a.k.a. "Neighborhood Greenways").

- **46** Lead Agency: Public Works Department
- 5 Support: Planning Department, other TBD partners, neighborhoods



The Bicycle Pedestrian Transportation and Greenways System Plan (BPTGSP) identifies these benefits to increased bicycling and pedestrian usage:

> Reduce Traffic Congestion Non-Driver Accessibility Quality of Life Health and Wellness Economic

Breaking Away: Journey to Platinum builds upon this document and has refocused our core values and put them into a bicyclefriendly framework.



Action: Expand the length of the multiuse B-Line trail system South of Country Club Drive, West of Adams Street, and East of the Switchyard (a.k.a. "B-Line Connections/ Extensions").

- 46 Lead Agency: Parks and Recreation Department
- Support: Monroe County, CSX Rail Road, other TBD partners

Action: Construct the "shovel ready" Cascades Trail/ Path network from Miller-Showers Park to Lake Griffy and to Bloomington High School North (a.k.a. "Cascades Trail").

- **56** Lead Agency: Parks and Recreation Department
- **5** Support: Planning and Public Works Departments

Target: Enhance the existing bicycle network through on-going maintenance and network upgrades to better serve all types of bicyclists including the "interested but concerned" who do not ride regularly, but would ride more if safety and accessibility are improved.

Action: Maintain the existing bicycle network at the same frequency and urgency as the roadway network: annual pavement marking improvements; seasonal sweeping and debris removal; on-demand pothole or other repair requests; and winter weather (snow, ice, sleet) mitigation (a.k.a. "Bicycle Asset Management").

- 45 Lead Agency: Public Works and Parks and Recreation Departments

Target: Make a North-South Bike Arterial along the College Avenue/Walnut Street Corridors (from North Old S.R. 37 to Gordon Pike) AND an East-West Bike Arterial along the 3rd Street/SR48 Corridor (from S.R. 446 to Curry Pike).

Action: Redesign higher volume intersections to reduce the stress level for bicyclists and improve overall safety through innovative treatments within the NACTO Urban Bikeway Design Guide (a.k.a. "High-Volume Roadway NACTO Intersections").

- **46** Lead Agency: Public Works Department
- 5 Support: Alta Planning and Design, Burgess and Niple, and citizen input

URBAN BIKEWAY DESIGN GUIDE

National Association of City Transportation Officials (NACTO)
"encourages the exchange of transportation ideas, insights, and practices among large central cities while fostering a cooperative approach to key national transportation issues". NACTO developed the Urban Bikeway Design Guide in order to "provide cities with state-of-the-practice solutions that can help create complete streets that are safe and enjoyable for bicyclists". The Guide has information on 8:

Bike Lanes
Cycle Tracks
Intersections
Signals
Signing and Marking

HOWDY PARTNER

"TBD partners" - becoming platinum is a process and it will require a sustained effort by the lead agencies identified. More importantly it will require the skills and assistance by the support partners listed too. Even ones yet to be determined (TBD). Interested? Sign-up by contacting the Planning Department! Platinum partners are always welcome.

^{8.} National Association of City Transportation Officials, *Urban Bikeway Design Guide*, NACTO, http://nacto.org/cities-for-cycling/design-guide/



OLD MAN WINTER



Don't let winter weather hold you back. With proper clothing and use of well maintained City biking facilities (promptly plowed) riding your bike is not so bad and much safer too than with no preparations at all.

Action: Work with Burges and Niple/ Alta Planning and Design to design and implement new, and improve existing, on-street bicycle facilities for high-volume roadways using innovative treatments within the NACTO Urban Bikeway Design Guide. Priority and attention to detail must focus on reducing the stress level and improve safety at high-stress locations for facility users along entire routes (a.k.a. "Bike Arterials").

- **46** Lead Agency: Public Works Department
- 5 Support: Alta Planning and Design, Burgess and Niple, and citizen input

Action: I dentify, design, and build at least one roadway separated bike-ped facility over/ under the SR 37/I-69 Corridor (a.k.a. "SR 37/I-69 Crossing").

- 46 Lead Agency: Public Works Department
- Support: Monroe County, Indiana Department of Transportation, other TBD partners

Target: Provide secure, convenient, and attractive bike parking to compliment end of bicycle trip planning for Downtown Bloomington, City Hall, Indiana University, College Mall, Westside shopping, and Southside shopping to significantly increase the total number of available bike parking spaces.

Action: I nstall ten downtown bike corrals and covered bike parking at key public and commercial destinations (parks, shopping areas, etc.—a.k.a. "I mproved Bike Parking").

- 45 Lead Agency: Parks and Recreation and Public Works Departments
- **Support Agency: other TBD Downtown and area business partners**

Action: Provide a minimum ratio of 1:5 for Downtown public bicycle parking spaces to public vehicle parking spaces AND a minimum ratio of 1:20 for other commercial areas and community activity centers (a.k.a. "Bike Parking Supply").

- **M** Support: TBD business sponsors



Roadways can be classified into categories ranging from highways to local streets. Arterials carry higher volumes of traffic and connect destinations and places of commerce. A Bike Arterial is making an Arterial Street bicycle-friendly.



EDUCATION

Platinum Intent: Discover common ground amongst roadway users, tap into bicycling's exuberant potential to benefit health, environment, economy, and our quality of life, and set out to teach everyone but not convert them.

• Target: Use effective public relations, marketing, and outreach through varied media techniques (safety, share the road, promotion).

Action: Regularly advertise and air active transportation and bicycle education messages on local radio, new spaper, television, and other media forums (billboards, scoreboards, buses—a.k.a. "Platinum Public Relations").

- **Support: Community Access Television Service, other TBD partners**

Action: Produce short, fun, and even quirky educational bicyclefriendly media that can be easily accessed and shared via the Internet as "webisodes" (important topics include wayfinding, nighttime and inclement weather riding, riders etiquette, platinum ambassadors—a.k.a. "Webisodes").

- 45 Lead Agency: Indiana University and Planning Department

Action: Include brochures and educational information with City of Bloomington Utilities bills and other agency mailings/ orientation packets (a.k.a. "Mailing Inserts").

- **5** Support: Planning Department, TBD partners
- Target: Teach all school aged children positive lifelong wellness behaviors.

Action: Ensure that Monroe County Community School Corporation elementary school students take a basic (30 minute—off-bike) bike safety lesson/ class (a.k.a. "Children's Bike Safety Classes").

- 45 Lead Agency: Monroe County Community School Corporation
- **Support:** Planning Department, other TBD partners
- 9. D. Meisel, *Bike Corrals Local Business Impacts, Benefits, and Attitudes*, Portland State University School of Urban Studies and Planning, 2010, http://bikeportland.org/wp-content/uploads/2010/05/PDX_Bike_Corral_Study.pdf (accessed, August 19, 2011).
- 10. M. Wesley and N. Garrick, "Evidence Why Bike Friendly Cities Are Safer for All Users", *Environmental Practice* 13 (1), March 2011.



This is one of two bike corrals in Downtown Bloomington. A study of Portland's 67 Bike Corrals indicate many perceived benefits including⁹:

Sustainability Sidewalk activity Business visibility Street identity

SAFEST OF ALL

Data shows cities with a high bicycling rate among the population generally show much lower risk of fatal crashes for all road users. It also shows improving the streets and street networks to better accommodate bicycles (e.g. Bicycle Friendly Communities) may lead to a self-reinforcing cycle that can help enhance overall safety for all road users. Essentially, better accommodations lead to more bicyclists, which increases safety for everyone¹⁰.



SYNERGISTIC EFFECTS

This literature review reveals some interesting synergies that accompany more active transportation¹¹:

Education and encouragement programs tend to have synergistic effects with facility improvements so that total impacts are greater than the sum of their individual impacts.

More comprehensive surveys indicate that non-motorized travel is three to six times more common than conventional surveys indicate.

Bicycle parking generates five times as much spending per square meter than auto parking.

Improved walking and cycling conditions tend to increase local property values and support local development.

Action: Include bicycle education programs for all 3rd, 4th, 5th, and 6th grades (a.k.a. "Bicycle Rodeos").

- Support: Planning and Police Departments, IU-Health Bloomington Hospital, League Certified Instructors, other TBD partners

Action: Have comprehensive Safe Routes to School Plans for each elementary school (a.k.a. "Safe Routes to School Plans").

- Lead Agency: Monroe County Community School Corporation and Bloomington/Monroe County Metropolitan Planning Organization
- **Support:** Indiana Department of Transportation, other TBD sponsors
- Target: Hone skill sets of professionals by providing bicycle friendly perspectives for high-level officials and professional drivers (bus, truck, taxi, police, fire); offer adults a variety of ways to relearn the joys of bicycling.

Action: Hold specialized educational classes targeting the interested but concerned (a.k.a. "Adult Bicycle Safety Classes").

- **To Lead Agency: Planning Department**
- **56** Support: League Certified Instructors, other TBD partners

Action: Offer certified professional, low cost, training/ classes through the League of American Bicyclists League Certified Instructor program (a.k.a. "Business Bicycle Classes").

- 45 Lead Agency: Planning Department and League Certified Instructors
- Support: Chamber of Commerce, other TBD partners

Action: Conduct sensitivity training for City staff and require specialized training for staff that frequently must drive a City vehicle for their day to day duties (a.k.a. "Bicycle Awareness Training").

- Support: League Certified Instructors, Planning, Police, Fire, Public Works, and Utilities Departments, Bloomington Transit, other TBD partners

^{11.} Todd Litman, "Evaluating Non-Motorized Transportation Benefits and Costs", *Victoria Transport Policy Institute*, June 8, 2011.



ENCOURAGEMENT

latinum Intent: Understand that simple actions can bring prolific results. Likewise, partnerships unlock potentials not attainable when simply doing it alone.

• Target: Program a wide variety of bike events to attract visitors and generate interests ranging from passerby to participant.

Action: Hold several Sunday Open Streets (Ciclovias), from May through October, that celebrate active transportation for all ages and abilities. The route of a Sunday Open Streets should be a loop, no more than several miles long, and contain a variety of programs, events, and promotions in order to provide numerous destinations within close proximity to one another along the route (a.k.a. "Sunday Open Streets").

- 45 Lead Agency: Parks and Recreation, Planning, Police, and Public Works **Departments**
- 50 Support: Bloomington Entertainment and Arts District, other TBD partners (event, program, and promotion providers along route such as yoga, aerobics, and other fitness classes, demonstration bicycle rentals and gear promotions, etc.)

Action: Feature twelve monthly organized "Fun Rides" that are organized around themed concepts (Midnight Madness, Ride with the Mayor, Bicycling Musicians, Women's Ride, Flat Tire Ride (get it please and enjoy the easy ride! fixed), Spanish Speakers Ride, Ron's Bridge Ride, Family Fun Ride, Bike Trailer Ride, Beyond the City Limits Ride, Oliver Winery Ride, many more...) and build upon existing successful community events (Lotus, Taste of Bloomington, etc.) for event related fun rides (a.k.a. "Fun Rides").

- 45 Lead Agency: Bicycle Friendly Businesses, other TBD partners
- 5 Support: Parks and Recreation, Planning, and Information and Technoloav Services Departments

Action: Attain a daily participation rate of 25% (currently ~ 5%) for children walking and biking to school (a.k.a "Bike to School").

- 45 Lead Agency: Monroe County Community School Corporation
- 5 Support: Planning Department, Bloomington/Monroe County Metropolitan Planning Organization, IU-Health Bloomington Hospital

FLAPJACKS



Okay, B-town's hilly reputation is not "flat as a pancake", but we're not the Himalayas either! The average slope for our multi-use trails are around 1% and for the entire bike network is just under 3%. Slopes 5% or more, are often considered a steep hill. Even then most steep hills are short and good for the thighs. Pass the maple syrup

Low Hanging Fruit?



Signs help to inform everyone, improve trip planning, and offer high returns for a lower cost action.



Action: Do membership drives, event sponsorships, and strategic marketing to promote the area's mountain biking resources and City of Bloomington's Wapehani Mountain Bike Park as a regional draw for mountain bike enthusiasts (a.k.a. "Mountain Biking Promotion").

- Support: Planning Department, Do Indiana Off-road, Hoosier Mountain Bike Association, other TBD partners

Action: Make the Scholars Inn Bakehouse Cycling Festival (aka Downtown Criterium), the Hilly Hundred, or new event a signature bicycle race that will attract all riders (men, women, and children; professional to recreational) and spectators from around the region (a.k.a. "Signature Event").

- Support: Public Works, Planning, and Parks and Recreation Departments

● Target: Celebrate successes and tout bike related assets that captivate the "interested but concerned" group and acknowledge, reward, and reassure the bicyclist within most of us – especially the everyday bicyclist.

Action: Annually do an "individualized marketing" program for a different City neighborhood to legitimize active transportation options and to reduce everyday dependency on the automobile for the everyday citizen (a.k.a. "Individualize Marketing").

- 46 Lead Agency: Housing and Neighborhood Development Department
- Support: Planning Department, Neighborhood Associations, other TBD partners

Action: I nstall wayfinding signage along all bike routes that give time and distance for an average bicyclist to arrive at various destinations throughout the community (a.k.a. "Wayfinding").

- 45 Lead Agency: Public Works and Parks and Recreation Departments
- **50** Support: Planning Department, other TBD partners

Action: Provide free, readily available, up-to-date and easy to use Bloomington Bicycle Maps (a.k.a. "Bike Maps").

- **46** Lead Agency: Planning Department
- Support: Bloomington Convention and Visitors Bureau, Bicycle Pedestrian Safety Commission, other TBD partners

GATEWAY TRAIL SYSTEM



Wapehani Mountain Bike Park a bicycle-friendly asset that introduces mountain biking to beginners and strengthens skills for the experienced rider. Photo courtesy of A.D. Kent-Isaac (2011).

CARBO-LOADING



Free food and other incentives helps even the very young enjoy their Bike to Work Day trip!

Action: Use the Internet to serve as a one stop shop for a wide variety of bicycle related resources (a.k.a. "Bike Bloomington.com").

- 45 Lead Agency: Bloomington Bicycle Pedestrian and Safety Commission
- Support: Information and Technology Services and Planning Departments, other TBD partners

Action: At community events, showcase programs demonstrating that bicycle use for shopping, commuting, or recreation is a convenient, affordable, and practical form of transportation (trailers, proper gear, etc.—a.k.a. "Bike Demonstrations").

- **56** Support: Parks and Recreation Department

• Target: Maximize community wide efforts around Bikes Week that culminate on Bike to Work Day.

Action: Provide pit-stops on Bike to Work Day that offer a variety of food and snacks, drinks, entertainment, dynamic speakers, and chances to win prizes (a.k.a. "Pit-Stops").

- 45 Lead Agency: TBD partners and Parks and Recreation Department
- Support: Chamber of Commerce, Downtown Bloomington Inc., other TBD partners

Action: Have mobile clinics and commuter convoys leading up to Bike to Work Day (a.k.a. "Clinics and Convoys").

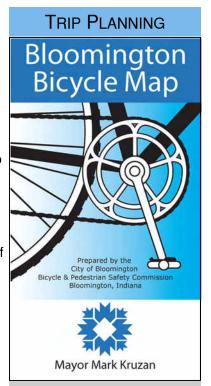
- **Support: YMCA, Planning and Parks and Recreation Departments**

Action: Register all cyclists, request their feedback, and respond to needs for Bike to Work Day participants to ensure growth and success of the program (a.k.a. "Bike to Work Registration").

- Support: Information and Technology Services Department, Chamber of Commerce, other TBD partners

CHA-CHING

A local economic impact study found that an event, such as a signature bike race, generates \$60.75, per day, per person. For the Hilly Hundred, approximately \$911,250 is infused into the local coffers¹².



Be sure to bring a few simple items on your ride: bicycle map, bike light, identification, water bottle, bike tool, and unscented baby wipes¹³

^{13.} Idea: Riders Tricks of the Trade, "unscented baby wipes" offer a quick and easy way to freshen-up after a short ride, BikeBloomington.com (Internet site under development October, 2011).



^{12.} Indiana University, *Economic Impact of Tourism to Monroe County*, *Indiana*, Department of Recreation, Park and Tourism Studies, June 2010.

Target: Build community partnerships and seek advocacy and leadership from non-city agencies and organizations.

Action: Increase participation in the Bicycle Friendly Business (BFB) program (a.k.a. "BFB Program").

- Support: Planning Department, League of American Bicyclists, other TBD partners

Action: Hold regular lunchtime meetings with area employers to discuss bicycling and ways to increase bike commuter trips through employee wellness programs (a.k.a. "Brown Bag Lunch Sessions").

- Support: local Bicycle Friendly Businesses, and League Certified Instructors, other TBD partners

BICYCLE FREINDLY BUSINESS

City Parking Enforcement Employee Gary Rutherford has patrolled many of his enforcement routes by bike—mostly around the Downtown and year round when weather permits. Since 1997, Gary alone has logged approximately 48,066 miles or about 3,000 miles a year. Last year he rode 4,100 miles! Gary says he likes it because "he gets paid to exercise". The Platinum Biking Task Force sees many more benefits to this business model.



WRAP IT UP!

This Champaign-Urbana Mass
Transit District (CUMTD) bus
illustrates one way a Safe Routes to
School program can team-up with a
transit agency and a local bicycling
advocacy group. The result: A bus
advertising campaign that includes
a bus wrap with a nice mix of Education, a pinch of Encouragement,
and a tad of Enforcement. Photo:
Courtesy of Cynthia Hoyle, FAICP,
Transportation Planning Consultant, CUMTD.



ENFORCEMENT

Platinum Intent: Focus enforcement efforts strategically, seek uniform enforcement of laws, and ensure that the rights of bicyclists are protected.

• Target: Change the laws to adequately address law enforcement and bicyclists needs.

Action: Pass a local ordinance to provide additional legal protections for bicyclists, appropriate fines for violations, and effective flexible enforcement tools for police officers (a.k.a. "Vulnerable Road User Law").

- 5 Support: Bloomington Bicycle Club (Resolution), Police Department
- Target: Use special detail assignments, bike patrols, and roll-call trainings for frequent and targeted law enforcement and activities.

Action: Always use bicycle police patrols at community events (Farmers' Market, IU football games, etc.) and regularly around the downtown area on weekends and popular weekday nights (a.k.a. "Bicycle Patrols").

- **Support:** Indiana University Police Department, other TBD partners

Action: I ssue special police enforcement details during I nternational Walk to School Day, Bike to Work Day, and at high crash intersections, school walk zones, and other targeted areas of need (a.k.a. "Special Enforcement Details").

- 46 Lead Agency: Office of the Mayor and Police Department
- Support: Monroe County Community School Corporation, Planning Department, other TBD partners

Action: Hold regular roll-call trainings focused on bicycle and pedestrian safety (a.k.a. "Roll-Call Trainings").

- **46** Lead Agency: Police and Planning Departments
- **5** Support: Bloomington Bicycle Club, other TBD partners

Action: Continue the annual bike light campaign and distribute free bike lights to turn an enforcement action into a teachable moment (a.k.a. "Bike Light Campaign").

- 45 Lead agency: Planning and Police Departments
- **56** Support: Bloomington Bicycle Club

VULNERABLE USERS?



The Bloomington Bicycle Club passed a resolution on April 20, 2011 encouraging an ordinance that would protect Vulnerable Road Users. See the resolution in Team Pursuit: Platinum BFC Resources chapter.

NEAR-MISS



Incident reporting, even for nearmisses, is key to identifying locations that need focused attention for enforcement and education.

Emergency responders, shown here, understand bicycles provide an efficient means for medical services at large community events.

BikeBloomington.com could be used to report near-misses, post conditions of the active transportation network, and other information that public service agencies could utilize.

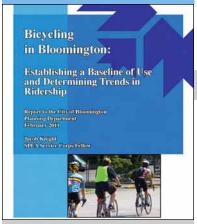


Target: Expand the enforcement "tool box" to move beyond citations and ordinance violations.

Action: Require defensive driving training and drivers licenses test requirements (driving and written test) that include bicyclist and pedestrian safety precautions (a.k.a. "Drivers Training").

- 5 Support: Legal and Planning Departments, Bicycle Indiana

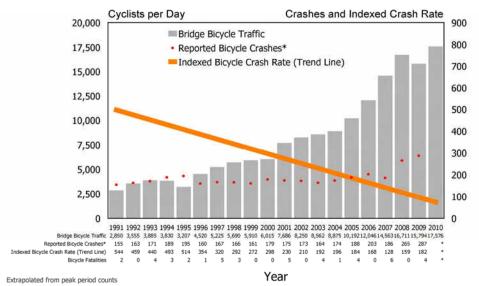
HELP WANTED



The Planning Department seeks help from volunteers in counting bicyclists riding around Bloomington. This helps to collect data and understand trends, such as the safety in numbers concept. It also builds working relationships with citizens and the City on our collective "Breaking Away: Journey to Platinum".

SAFETY IN NUMBERS: A PORTLAND CONTEXT

Combined Bicycle Traffic over Four Main Portland Bicycle Bridges Juxtaposed with Bicycle Crashes



"Crash Rate" represents an indexing of annual reported crashes to daily bicycle trips across the four main bicycle bridges *2008, 2009 Reported Bicycle Crashes data reflects increased crash reporting requirements.

This chart illustrates that the concept of safety in numbers holds true. In Portland, OR, as ridership of bicyclists increased (Bridge Bicycle Traffic) over time, the reported bicycle crashes did not increase at the same rate as some may expect. In fact, when the bicycle crashes are indexed to ridership, the trend line shows the crash rate is decreases as ridership increases. Safety in numbers! Table Courtesy: Mia Birk, Alta Planning and Design.



EVALUATION AND PLANNING

latinum Intent: Balance the transportation network, establish essential data to track/monitor progress, proactively respond to needs and emergent trends, and validate results.

Target: Monitor, respond, report, and modify to keep the Platinum vision bold and help ensure effective use of community resources are towards platinum goal.

Action: Hold annual Platinum Bike Summits, during May, that bring Bicycle Friendly Partners together to reflect, innovate, and respond to the Targets and Actions identified herein. Have agencies and partners report on progress and challenges in order to help establish and budget specific guidance needed for implementation (a.k.a. "Bike Summit").

- **46** Lead Agency: Planning Department
- **Support Agency: Bicycle Friendly Businesses, other TBD partners**
- Target: Study the economic impact bicycling has on local tourism, health, environment, transportation, and other key indices.

Action: Commission an independent economic impact study to comprehensively evaluate past, present, and future economic impacts of bicycling (a.k.a. "Economic Impact Study").

- Support Agency: Economic and Sustainable Development Department, Bloomington Convention and Visitors Bureau, Bloomington Economic Development Corporation, other TBD partners

Action: Collect and analyze data on cycling rates, trip distances, trip purposes, and mode preferences at the neighborhood level (a.k.a. "Data Analysis").

- Support Agency: Bloomington Monroe County Metropolitan Planning Organization, other TBD partners



The annual Platinum Bike Summit will be a key part of Evaluation and Planning. It will provide a venue to openly evaluate the strategy outlined in Chapter 3 and subsequently make recommendations on ways to fine tune the strategy. This will help ensure our overall success, but it also is a venue to celebrate our accomplishments!



RIDE LOCAL BUY LOCAL



National statistics for professional dealers and specialty bicycle retailers (non-Big Box) include¹⁴:

Average cost of a New Bicycle:

\$535

Average gross annual sales:
\$886,817 (per store)
Average annual bicycle sales:
650 bikes (per store)

Bloomington has **three** specialty bicycle stores ...and counting.

NATIONAL INTEREST

Biking and walking account for 12% of all trips in the US.

Funding for biking and walking projects only accounts for 1.5% of the Federal Transportation Budget.

Bicyclists and pedestrians account for 14% of all traffic related deaths¹⁵.

Target: Monitor bike activity trends and improve mode balance in comparison to automobile trips within the transportation network.

Action: Index the City's annual budget to the City's efforts identified within this report so at least 1% of total annual spending is allocated to BFC/ Platinum efforts per year and optimally achieve upwards of 5% per year. For example, the 2011 budget, contains total revenue of approximately \$32.4 million, which would index to \$324,000 at 1% or \$1.6 million at 5% to bicycle friendly funding efforts (a.k.a. "Indexed City Budget").

- 46 Lead Agency: Office of the Mayor and Common Council
- **5** Support Agency: All City Departments

Action: Conduct a detailed survey on the barriers (e.g. terrain, natural elements, equipment, infrastructure, safety, etc.) to cycling for all bicyclists in order to fine tune applicable action items under the education, encouragement, enforcement, and engineering sections of this report (a.k.a. "Comprehensive Survey").

Action: Monitor, evaluate, and report bike commuter activities with the goal of attaining a 10% bicycle commuter mode in comparison with automobiles. This is a strong indicator of Bloomington's overall bicycle friendliness (a.k.a. "Commuter Mode Split").

- **Support Agency: Volunteers (Bike Count), TBD partners**

Action: Use the concept of Heinrich's Safety Triangle to achieve zero annual bike/ ped related deaths from crashes through near miss reporting, crash data analysis (Crash Report), and targeted safety improvements (a.k.a. "Safety Triangle").

- 45 Lead Agency: Public Works, Police, and Planning Departments
- Support Agency: Bloomington Monroe County Metropolitan Planning Organization, TBD partner

^{15.} Association of Pedestrians and Bicycle Professionals, Key Lawmakers Acting to end Dedicated Bicycling and Walking Funding, APBP, July 8, 2011.



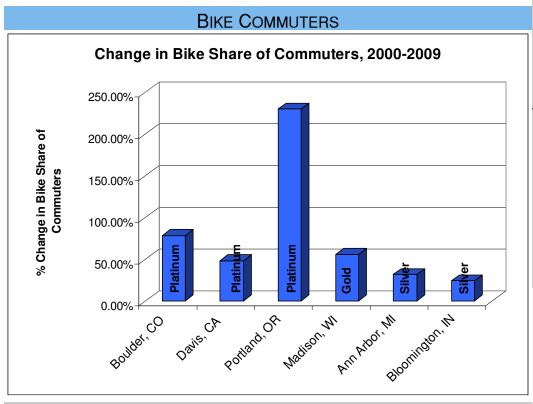
^{14.} National Bicycle Dealers Association, *Industry Overview*, http://nbda.com/articles/industry-overview-2010-pg34.htm, 2010 (accessed, August 23, 2011).

Action: Utilize "active transportation" as an effective means to help combat the obesity/ physical inactivity epidemic and reduce Monroe County's Risk Index to below 19.8 % (currently 24.8%) the average for all Bicycle Friendly Communities (a.k.a. "Combat Obesity").

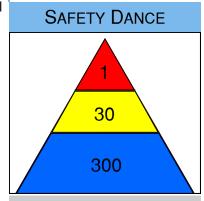
- 45 Lead Agency: Planning Department and IU Health Bloomington Hospital
- **Support Agency: Community and Family Resources Department**

Action: Track Vehicle Miles Traveled (VMT) and Greenhouse Gas (GHG) emissions to measure local success in achieving the United States Conference of Mayors Climate Protection Agreement of 7% gas reductions below 1990 levels (a.k.a. "Track VMT and GHG").

- 45 Lead Agency: Planning Department and Environmental Commission
- Support Agency: Bloomington Monroe County Metropolitan Planning organization, other TBD partners



This chart illustrates how ridership has changed over time for some of our peers. The chart on page 2-2, on Per Capita Bike Facility Miles, has Boulder, CO toping the charts and Portland, OR brining up the rear. What has changed? Now Portland, OR is tops the chart in ridership change over the last decade. High population density, bicycle-friendly infrastructure, and successful education and encouragement programs are likely suspects in changing the game for Portland's bicyclists.



Heinrich Safety Triangle illustrates how statistically a fatality is going to happen. For every 300 nearmiss or first aid incidents, 30 injuries and one fatality or serious injury will result. Many near-miss or first aid incidents go un-reported. Addressing more frequent accidents can prevent more serious accidents that cause injuries. Therefore understanding where the near-misses are happening **and** addressing the safety issue is a proactive approach in preventing fatalities by fixing the safety issue before a near-miss actually results in a tragedy¹⁶.



^{16.} Center for Occupational Safety and Health, Purdue University North Central, www.pnc.edu/ce (accessed August 22, 2011).

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BRIDGE THE DIVIDE



Crossing State Road 37 is very difficult for bicyclists and pedestrians. One location, near Whitehall Crossing Boulevard, offers an underpass for a CSX Rail Road as one possible solution. This location could serve as a westward extension of the B-line Trail. Early planning efforts find this location feasible— even with an active CSX Rail Road. Monroe County Planning Department also identifies other locations along the State Road 37 corridor needing bicycle-friendly improvements. To learn more try these virtual bridges:

"SR 37 Grade-Separated Crossing" http://bloomington.in.gov/media/media/application/pdf/7027.pdf

"I69/State Road 37 Alternative Transportation Corridor Study (2007)" http://www.co.monroe.in.us/tsd/

Government/Infrastructure/
PlanningDepartment/
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EntryId=24803



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COMMUNITY FESTIVAL + BIKES + FILMS + SUSTAINABILITY = GOOD TIMES

"Clips of Faith" made a tour stop in Bloomington on June 3, 2011. The national tour is a great example of an event that folds bicycling, education, fund raising, and FUN into the whole program. It's not just about bikes, but bicyclists are part of the equation. This event was a first in many ways for Bloomington. The Task Force thinks it was a success! Surely more events like this are soon to come...







TACTICS
ACTION CHARTS
SUMMARY





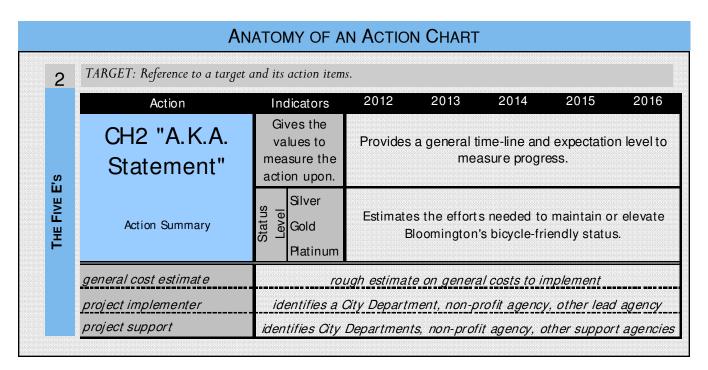
TACTICS

Chapter 2 provides strategies to improve Bloomington's bicycle-friendliness in respect to the Five E's. Chapter 3 takes these strategies and further dials them in towards platinum by setting measurable outcomes for the actions over time. Action charts included within this chapter give the details on the progress needed to either maintain Bloomington's silver status or achieve a gold or platinum level designation. Maintaining our silver status will require continued commitments for many established efforts, such as Bike to Work Day and Bicycle Rodeos. Nothing is static for any of the E's or their platinum actions. Therefore, it is expected that progress will be needed even to maintain our silver status for some actions identified.

The ambition of this report is bold and attaining a gold or platinum designation will require bold actions. The forthcoming action charts offer a menu-like approach towards implementation pegged to a success rating ("status level"): silver, gold, platinum. However, there really is no set formula or checklist for what exactly it will take to become platinum. Some actions may exceed the anticipated success rating while others may fall short. The important factor is not the individual success rating of an action item, but collectively how all actions together will further propel Bloomington along towards bicycle-friendliness.

An example of an action chart is provided below to explain the relationship with Chapter 2 and each action's tactics outlined within a chart. The following section contains the action charts for each action organized by the Five E's: Engineering, Education, Encouragement, Enforcement, and Evaluation and Planning. A quick reference to the action's respective "E" and its overall target is also provided in these charts. The number in the upper left corner is simply for reference purposes. The actions are listed in general order of importance for each target

Finally, the last section of this chapter provides a review to the implementation strategy, a glimpse beyond 2016, and an overall summary table of the action items.





3-2 Final (11/30/11)

TARGET: Build neighborhood connections to provide direct access from neighborhoods to parks, schools, and commercial activity centers.

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|---|-------------------------|-----------|-------------------|---|--------------|-------------------|-------------------|--|--|
| Low-Volume | ts | Number | 10 | 5 | 5 | 3 | 2 | | |
| Roadway Facilities | Projects | Туре | on-street | on-street | on-street | on/off- street | on/off- street | | |
| Design and implement new, and improve existing, on-street and | | Silver | 0 € | 0 existing projects/ 5 total new projects | | | | | |
| improve existing, on-street and off-street bicycle facilities for lower-volume roadways using | itatu -eve | Gold | 15 total projects | | | | | | |
| low er-volume roadw ays using NACTO | 0) — | Platinum | 25 total projects | | | | | | |
| Estimated Capital Costs | | | \$10, | 000 to \$100 | 0,000 (each) |) | | | |
| Lead Agency | Public Works Department | | | | | | | | |
| Support | | Burgess a | and Niple/Al | ta Planning | and Design | and citizen | input | | |

| Action | In | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | |
|---|----------------------------------|-------------------------|--------------|---|------------|-------------|-----------|--|
| Diovolo | ard | Miles | 2 | 0.5 | 0.5 | 2 | 2 | |
| Bicycle Boulevards | evelued | Туре | on-street | on-street | on-street | on-street | on-street | |
| Design and construct the Allen Street, and a north-south, | Level | Silver | 0 ex | 0 existing/ complete designs for boulevards | | | | |
| Bicycle Boulevard - improvements must first focus | | Gold | | 1 Bicycle Boulevard | | | | |
| on reducing the stress level at high-stress locations | Status | Platinum | | 2 or more Bicycle Boulevards | | | | |
| Estimated Capital Costs | \$10,000 to \$300,000 (per mile) | | | | | | | |
| Lead Agency | | Public Works Department | | | | | | |
| Support | | Burgess a | and Niple/Al | ta Planning | and Design | and citizen | input | |

| Action | In | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | |
|---|------------------------------------|----------|--------------------|--------------|--------------|------------|-----------|--|
| Naighbarbaad | S | Number | none | none | none | 2 | 2 | |
| Neighborhood Greenways | Projects | Туре | n/a | n/a | n/a | on-street | on-street | |
| Expand the Bicycle Boulevard | Level | ects | | | | | | |
| network and create low-stress and traffic-calmed | | Gold | 1-2 total projects | | | | | |
| neighborhood streets with low- cost small-scale improvements | Status | Platinum | 2-4 total projects | | | | | |
| Estimated Capital Costs | \$10,000 to \$50,000 (per project) | | | | | | | |
| Lead Agency | Public Works Department | | | | | | | |
| Support | | Planning | n Departmei | nt, other TE | BD partners, | neighborho | oods | |



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| <u>C</u> |) |
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| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|---|---------------------------------|----------|---|------------------------------|---------------|------------|-----------|--|--|
| B-Line | | Miles | none | none | 0.5 | none | 2 | | |
| Connections/ Extensions | Trails | Туре | n/a | n/a | connection | n/a | extension | | |
| Expand the B-Line trail system | s _ | Silver | B-Line Trail Completed | | | | | | |
| south of Country Club Dr, west of Adams St, and east of the | Status Level | Gold | | ~0.5 mile Black Lumber Trail | | | | | |
| Switchyard | | Platinum | ~2 mile B-Line Trail north and south extensions | | | | | | |
| Estimated Capital Costs | | | \$1,000,0 | 000 to \$2,00 | 00,000 (per l | mile) | | | |
| Lead Agency | Parks and Recreation Department | | | | | | | | |
| Support | | Moni | roe County, | CSX Rail R | oad, other T | BD partner | S | | |

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|---|---------------------------------|----------|--|---------------------------------|--------------|--------|------|--|--|
| | | Miles | none | 1 | none | none | none | | |
| Cascades Trail | Trail | Туре | n/a | trail | n/a | n/a | n/a | | |
| Construct Cascades Trail | s _ | Silver | Design & land acq. complete/ ~ 1 mile of phase one | | | | | | |
| network from Miller-Showers to Lake Griffy and to North High | Status Level | | none (future phases after 2016) | | | | | | |
| School | 0) — | Platinum | | none (future phases after 2016) | | | | | |
| Estimated Capital Costs | | | \$750,00 | 00 to \$1,500 | 0,000 (per n | nile) | | | |
| Lead Agency | Parks and Recreation Department | | | | | | | | |
| Support | | | Planning a | nd Public W | orks Depar | tments | | | |

TARGET: Enhance the existing bicycle network through on-going maintenance and network upgrades to better serve all types of bicyclists including the "interested but concerned" who do not ride regularly, but would ride more if safety and accessibility are improved.

ENGINEERING

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | | |
|---|----------------------|---|--|-----------------------------------|--------------|------------|-----------|--|--|--|
| Riovala Accet | esu | Rate | | Low to high (variable) | | | | | | |
| Bicycle Asset Management | esuodse _A | Priority | | Low to high (policy) | | | | | | |
| Maintain bicycle network at the | s – | Silver | | Low frequency and priority levels | | | | | | |
| Maintain bicycle network at the same frequency/urgency as the roadway network | tatu eve- | Gold | Moderate frequency and priority levels | | | | | | | |
| roadway network | | Platinum | Moderate frequency and high priority | | | | | | | |
| Estimated Capital Costs | Λ | Minimal to | moderate (| highly varia | ble based oi | n rate and | oriority) | | | |
| Lead Agency | | Public Works and Parks and Recreation Departments | | | | | | | | |
| Support | | TBD partners | | | | | | | | |

3-4



TARGET: Make a North-South Bike Arterial along the College Avenue / Walnut Street Corridors (from North Old S.R. 37 to Gordon Pike) AND an East-West Bike Arterial along the 3rd Street / SR48 Corridor (from S.R. 446 to Curry Pike).

| Action | Indicato | ors 2012 | 2013 | 2014 | 2015 | 2016 | | |
|---|-------------------------|----------------|--|-------------|-------------|-----------|--|--|
| High-Volume | ع Num | ber 2 | 2 | 2 | 1 | 1 | | |
| Roadway NACTO Intersections | Projects | on-stree | on-street | on-street | on-street | on-street | | |
| Redesign high volume | ω _Silve | er e | existing network/ 2-4 total new projects | | | | | |
| intersections to reduce stress for cyclists and improve overall | olo Gold | | 5-8 total new projects | | | | | |
| safety using NACTO | Platii | num | 8 or more total new projects | | | | | |
| Estimated Capital Costs | | \$25 | ,000 to \$25 | 0,000 (each |) | | | |
| Lead Agency | Public Works Department | | | | | | | |
| Support | Burg | ess and Niple/ | Nta Planning | and Design | and citizen | input | | |

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | |
|--|---|---|-----------------------|-----------------------|--------------|-------------|-----------|--|
| | ts | Number | 5 | 5 | 2 | 2 | 2 | |
| Bike Arterials | ш | Туре | on-street | on-street | on-street | on-street | on-street | |
| Design and implement new, and improve existing on-street and | | Silver existing network/ 6 total new projects | | | | | | |
| improve existing, on-street and off-street bicycle facilities for high-volume roadways using | statu Leve | Gold | | 12 total new projects | | | | |
| high-volume roadways using NACTO | | Platinum | 16 total new projects | | | | | |
| Estimated Capital Costs | | | <i>\$25,</i> | 000 to \$500 | 0,000 (each) |) | | |
| Lead Agency | Public Works and Parks and Recreation Departments | | | | | | | |
| Support | | Burgess a | and Niple/Al | ta Planning | and Design | and citizen | input | |

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|--|-------------------------|----------|-------------------|---------------|-------------|----------|-------------------|--|--|
| CD27/L 60 | ts | Number | none | none | none | none | 1 | | |
| SR37/I-69 Crossing | Proj ects | Туре | n/a | n/a | n/a | n/a | bridge/ tunnel | | |
| Identify, design, and build at | s _ | Silver | Feasibility study | | | | | | |
| least one separated bike/ped facility over/under the SR37/I- | Status Level | Gold | None | | | | | | |
| 69 corridor | 5 | Platinum | | One | or more pro | jects | | | |
| Estimated Capital Costs | | | \$1,000 | ,000 to \$3,5 | 500,000 (ea | ch) | | | |
| Lead Agency | Public Works Department | | | | | | | | |
| Support | | Л | Monroe Coul | nty, INDOT, | other TBD | partners | | | |

3-5



TARGET: Provide secure, convenient, and attractive bike parking to compliment end of bicycle trip planning for Downtown Bloomington, City Hall, Indiana University, College Mall, Westside shopping, and Southside shopping to significantly increase the total number of available bike parking spaces.

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|----------------------------------|---|----------|----------------------------|---------------|-------------|----------|---------|--|--|
| Improved Dike | ts | Number | 2 | 2 | 2 | 2 | 2 | | |
| Improved Bike Parking | Proj ects | Туре | corral | corral | corral | covered | covered | | |
| Install bike corrals and covered | s _ | Silver | 2 total projects (corrals) | | | | | | |
| bike parking at key public and | Status Level | | 6 total projects (corrals) | | | | | | |
| commercial destinations | 0 – | Platinum | | 10 | total proje | cts | | | |
| Estimated Capital Costs | | | \$8 | 300 to \$10,0 | 100 (each) | | | | |
| Lead Agency | Parks and Recreation and Public Works Departments | | | | | | | | |
| Support | | 7 | TBD Downto | own and are | ea business | partners | | | |

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|--|--|----------|-----------------------|---|-----------|-----------|-----------|--|--|
| Dika Darkina | g | Racks | 20 | 20 | 20 | 25 | 25 | | |
| Bike Parking Supply | Parking | Location | downtown | downtown | downtown | city-wide | city-wide | | |
| Provide a minimum ratio of 1:5 for downtown and 1:20 for | s _ | Silver | existing fa | existing facilities (~ 155 downtown racks)/20 new racks | | | | | |
| other areas of public bicycle | Status Level | Gold | 20-60 total new racks | | | | | | |
| parking in relation to public vehicle parking | 0) — | Platinum | | 60 or more total new racks | | | | | |
| Estimated Capital Costs | \$100 per rack/two bike parking spaces | | | | | | | | |
| Lead Agency | Public Works and Planning Departments | | | | | | | | |
| Support | | | T | BD business | spartners | | | | |



TARGET: Use effective public relations, marketing, and outreach through varied media techniques (safety, share the road, promotion).

| Action | In | dicators | 2012 | 2013 | 2014 | 2015 | 2016 |
|---|--|-----------------------------------|--------------------------|---------------|--------------|-------------|--------------------|
| Platinum Public | səl | Number | 12 | 12 | 12 | 12 | 12 |
| Platinum Public Relations | Messages | Туре | online | & print | & radio | & TV | all media types |
| Regularly advertise and air | s _ | Silver | no ex | isting mess | ages/6 tota | al new mess | ages |
| active transportation education messages on radio, newspaper, | statu Leve plo9 | | 12-36 total new messages | | | | |
| television, and other media | 0) — | Platinum 36-60 total new messages | | | | | |
| Estimated Costs | \$0 to \$1,000 (each) | | | | | | |
| Lead Agency | Office of the Mayor and Indiana University | | | | | | |
| Support | | Comi | munity Acce | ess Televisio | n Service, T | TBD Partner | S |

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|---------------------------------|--|----------|--------|--|---------|-----------|--------|--|--|
| | des | Number | 2 | 2 | 2 | 2 | 2 | | |
| Webisodes | Webisodes | Туре | safety | fun | skills | etiquette | safety | | |
| Produce short fun educational | s – | Silver | no we | no webisodes existing/ 2 total new webisodes | | | | | |
| bicycle friendly media that can | Status Level | | | 6 total new webisodes | | | | | |
| be shared via the internet | <i>S</i> – | Platinum | | 6 or more total new webisodes | | | | | |
| Estimated Costs | | | | \$0 to \$1,00 | 00 each | | | | |
| Lead Agency | Indiana University and Planning Department | | | | | | | | |
| Support | | | | TBD Pari | tners | | | | |

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|--|--|----------|----------|---------------------|----------------------|----------------|-----------------|--|--|
| | gs | Number | 2 | 3 | 4 | 5 | 6 | | |
| Mailing Inserts | Mailings | Туре | safety | & benefits | & motorist education | & events promo | all subjects | | |
| Include brochures and educational information with | s _ | Silver | | | no mailings | | | | |
| Oty Utilities bills and other | Statu Leve | Gold | | 4 m | ailings per y | /ear | | | |
| agency mailings/orientation packets | 0) — | Platinum | | 6 mailings per year | | | | | |
| Estimated Costs | | | \$0 i | to \$2,000 (p | er mailing) | | | | |
| Lead Agency | City of Bloomington and Indiana University | | | | | | | | |
| Support | | | Planning | n Departmer | nt, TBD Part | ners | | | |



TARGET: Teach all school aged children positive lifelong wellness behaviors.

| Action | In | dicators | 2012 | 2013 | 2014 | 2015 | 2016 |
|--|------------|----------------------|----------|-------------|--------------|--------|--------|
| Children's Dike | <u>s</u> | Number | 2 | 4 | 8 | 12 | 14 |
| Children's Bike Safety Classes | Schools | Туре | safety | safety | safety | safety | safety |
| Ensure that MCCSC elementary | ဟ <u>—</u> | Silver | | | no schools | | |
| school students take a basic bike safety lesson/class ("off- | Statu | Gold 8 total schools | | | | | |
| bike") | (0) | Platinum | | 14 | total schoo | ls | |
| Estimated Costs | | | Λ | one to mini | mal costs | | |
| Lead Agency | MCCSC | | | | | | |
| Support | | | Planning | Departmer | nt, TBD Part | ners | |

| Action | In | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|---------------------------------|------------------------|-------------------------------------|-------------------|------------------|-------------|-------------|----------|--|--|
| | S | Number | 2 | 4 | 8 | 12 | 14 | | |
| Bicycle Rodeos | Schools | Туре | safety | safety | safety | safety | safety | | |
| Include "on-bike" education | s _ | Silver No formalized rodeo schedule | | | | | | | |
| programs for all 3rd, 4th, 5th, | Status Level | | d 8 total schools | | | | | | |
| and 6th grades | 0) — | Platinum | | 14 total schools | | | | | |
| Estimated Costs | | None to minimal costs | | | | | | | |
| Lead Agency | MCCSC, Private Schools | | | | | | | | |
| Support | P | lanning De | ept, LCIs, Po | olice Dept, I | U Health Bl | oomington i | Hospital | | |

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|---------------------------------|---------------|----------|------------------|---------------|--------------|--------------|--------------|--|--|
| Safe Routes to | <u>s</u> | Number | 2 | 4 | 8 | 12 | 14 | | |
| School Plans | Schools | Туре | SRTS Plan | SRTS Plan | SRTS Plan | SRTS Plan | SRTS Plan | | |
| Have comprehensive Safe | s _ | Silver | | no schools | | | | | |
| Routes to School Plans for each | tatu | Gold | 8 total schools | | | | | | |
| elementary school | (U) — | Platinum | 14 total schools | | | | | | |
| Estimated Costs | | | \$0 t | to \$10,000 (| per school) | | | | |
| Lead Agency | MCCSC, BMCMPO | | | | | | | | |
| Support | | | // | NDOT, TBD | Partners | | | | |



TARGET: Hone skill sets of professionals by providing bicycle friendly perspectives for high-level officials and professional drivers (bus, truck, taxi, police, fire); offer adults a variety of ways to relearn the joys of bicycling.

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|--|--------------------------|-----------------------|--------------------|--------------------|--------------------|------------------------------|------------------------------|--|--|
| Adult Piovolo | S | Number | 2 | 3 | 4 | 5 | 6 | | |
| Adult Bicycle Safety Classes | Classes | Туре | TS101, Commuter | TS101, Commuter | TS101, Commuter | TS101, TS201, Commuter | TS101, TS201, Commuter | | |
| Hold educational classes | s – | Silver | | | 2 per year | | | | |
| targeting the interested but concerned adult cyclist using | tatus evel | Statu Plog Plog | | Gold 4 per year | | | | | |
| LAB curriculum | 0) — | Platinum | | | 6 per year | | | | |
| Estimated Costs | \$0 to \$250 (per class) | | | | | | | | |
| Lead Agency | Planning Department | | | | | | | | |
| Support | | | | LCIs, TBD F | Partners | | | | |

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|---|---------------------------|----------|-----------------------------|------------------------------|-------------|--------------|----------|--|--|
| Pusings Pigyala | Š | Number | 2 | 4 | 6 | 8 | 10 | | |
| Business Bicycle Classes | Classes | Туре | Business | Business | Business | Business | Business | | |
| Offer shortened educational | s – | Silver | current | ly no classe | s/ 2 outrea | ch classes p | er year | | |
| classes and brown bag lunch sessions to businesses on | Status Level | Gold | 6 outreach classes per year | | | | | | |
| bicycling and safety | | Platinum | | 10 outreach classes per year | | | | | |
| Estimated Costs | None to minimal costs | | | | | | | | |
| Lead Agency | Planning Department, LCIs | | | | | | | | |
| Support | | | Chamber | of Commer | ce, TBD Pai | rtners | | | |

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|---|----------------------------|----------|--------------------------------|---------------------------------|----------------|---------------|-----------------|--|--|
| Bicycle | gs | Number | 1 | 3 | 4 | 5 | 6 | | |
| Awareness Training | Trainings | Dept. | All (general) | & Fire, Police | & Transit | & Utilities | & Sanitation | | |
| Conduct awareness training for | <i></i> 0 | Silver | | no awareness trainings per year | | | | | |
| City staff and require specialized training for staff which drive | ìtatu Leve | Gold | 4 awareness trainings per year | | | | | | |
| daily for work purposes | | Platinum | | 6 awaren | ess training | s per year | | | |
| Estimated Costs | None to minimal costs | | | | | | | | |
| Lead Agency | Human Resources Department | | | | | | | | |
| Support | | LCIs, F | Planning, Fir | re, Police, T | ransit, Utilit | ies, Sanitati | ion | | |



TARGET: Program a wide variety of bike events to attract visitors and generate interests ranging from passerby to participant.

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|--|--|-------------------|---------------------------|-------------------|--------------|-------------|------|--|--|
| Sunday Onan | | Number | 1 | 2 | 3 | 4 | 5 | | |
| Sunday Open Streets | ıίι | Event Sponsors | 1-2 | 2-3 | 3-4 | 4-5 | 5-6 | | |
| Hold several Cyclovias from May | s _ | Silver | no | existing cy | clovias/ 1 e | vent per ye | ar | | |
| to October to celebrate active transportation for all ages and | Status Level | Gold | | 3 events per year | | | | | |
| abilities | | Platinum | 5 or more events per year | | | | | | |
| Estimated Costs | \$1,000 to \$50,000 per event | | | | | | | | |
| Lead Agency | Parks and Recreation, Planning, Public Works, and Police Departments | | | | | | | | |
| Support | | | 1 | BEAD, TBD | Partners | | | | |

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | | |
|--|---|-----------|-----------------------|---|--------------|--|-------------|--|--|--|
| | | Number | 2 | 4 | 6 | 10 | 12 | | | |
| Fun Rides | Rides | Туре | Musicia | ns, Women | 's Ride, Fla | n the Mayor t Tire Ride, un Ride, et | Spanish | | | |
| Feature twelve monthly rides organized around themed | s – | Silver | no | no existing fun rides/ 2 fun rides per year | | | | | | |
| concepts and build upon | Status Level | | | | | | | | | |
| existing successful community events | | Platinum | 12 fun rides per year | | | | | | | |
| Estimated Costs | None to minimal costs | | | | | | | | | |
| Lead Agency | Bicycle Friendly Businesses, TBD partners | | | | | | | | | |
| Support | Park | s and Rec | reation, Pla | nning, Infor | mation and | Tech. Servi | ices Depts. | | | |

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | |
|-----------------------------------|------------------------|----------|--|--------------|--------------|---------------|-----------|--|
| | 0 - | Percent | 7% | 10% | 15% | 20% | 25% | |
| Bike to School | Trips t Schoo | Туре | Bike/walk | Bike/walk | Bike/walk | Bike/walk | Bike/walk | |
| Attain a daily participation rate | s _ | Silver | 5% | of children | n biking/wa | lking to sch | ool | |
| of 25% of children walking and | \rightarrow ω | Gold | 159 | % of childre | n biking/wa | alking to sch | iool | |
| biking to school | 0) — | Platinum | 25% of children biking/walking to school | | | | | |
| Estimated Costs | | | Λ | one to mini | mal costs | | | |
| Lead Agency | MCCSC | | | | | | | |
| Support | | Planning | g Dept, BM0 | CMPO, IU H | lealth Bloom | ington Hos | pital | |



| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|-------------------------------|--|----------|--------------------------|--|-------------|-------------------|------|--|--|
| Mountain Piking | SC | Number | 1 | 2 | 2 | 3 | 3 | | |
| Mountain Biking Promotion | Prom os | Туре | Member Drive | & Promo of Wapehani | " | Wapehani Event | " | | |
| Promote the area's mountain | s _ | Silver | no e | no existing events/ 1 event/promo per year | | | | | |
| biking resources and Wapehani | യ – | Gold | 2 events/promos per year | | | | | | |
| Mountain Bike Park | | Platinum | | 3 events/promos per year | | | | | |
| Estimated Costs | | | \$500 to | \$5,000 per | event or pr | omo | | | |
| Lead Agency | Convention and Visitors Bureau and Parks and Rec. Department | | | | | | | | |
| Support | | Plan | ning Depar | tment, DIN | O, HMBA, T. | BD Partners | | | |

| Action | Inc | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|---|---|--------------------------------|--------------|-----------------------------|------------------|--------------|---------------|--|--|
| | | Number | none | none | none | 1 | 1 | | |
| Signature Event | Event | Туре | plan event | plan event | seek sponsors | hold event | grow event | | |
| Create a new event or signature | ω | ω _ Silver no event identified | | | | | | | |
| bicycle race that will attract all kinds of riders and spectators | Statu: Level | Gold | | planning for event underway | | | | | |
| from around the region | Platinum successful implementation of event | | | | | | | | |
| Estimated Costs | | m in | imal to \$25 | ,000 (deper | nding on sp | onsorships) | | | |
| Lead Agency | Bloomington Bicycle Club, TBD Partners | | | | | | | | |
| Support | | Public | c Works, Pla | anning, Park | s and Recre | eation Depts | 5. | | |

TARGET: Celebrate successes and tout bike related assets that captivate the "interested but concerned" group and acknowledge, reward, and reassure the bicyclist within most of us—especially the everyday bicyclist.

| Action | Inc | dicators | 2012 | 2013 | 2014 | 2015 | 2016 |
|--|------------------|-------------|-------------|--------------|-------------|--------------------|--------------------|
| Individualized | | Number | 0 | 1 | 2 | 2 | 4 |
| Marketing | Neighbo hoods | Туре | none | Core | Core | Core & Non-Core | Core & Non-Core |
| Market a different City neighborhood to legitimize | | Silver | | no neig | hborhoods į | oer year | |
| active transportation and | Status Level | Gold | | 1 neighbor | hoods per y | /ear (total) | |
| reduce dependency on the automobile | | Platinum | | 4 neighbor | hoods per y | /ear (total) | |
| Estimated Costs | | \$5 to \$15 | per market | ing item for | each neigh | nborhood re | sident |
| Lead Agency | | Housii | ng and Neig | hborhood L | Developmen | t Departme | nt |
| Support | F | Manning De | epartment, | Neighborho | od Associat | ions, TBD F | Partners |



| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|--|---|----------|--|---------------|--------------|-------------|----------------|--|--|
| | ý | Miles | ~27 | ~13 | ~6 | ~40 | ~86 | | |
| Wayfinding | Facility | Туре | trails/ paths | bike lanes | bike blvds | bike routes | all facilities | | |
| Install wayfinding signage along | <i>o</i> — | Silver | | no wayfinding | | | | | |
| all bike routes that give time and distance to arrive at various | tatu | Gold | wayfinding for existing trails, bike lanes, and bike blvds | | | | | | |
| destinations | 0) — | Platinum | wayfinding for all existing bike facilities | | | | | | |
| Estimated Costs | | | \$2 | 250 to \$750 | per mile | | | | |
| Lead Agency | Public Works and Parks and Recreation Departments | | | | | | | | |
| Support | | | Planning | Departmer | nt, TBD Part | ners | | | |

| Action | Indicators | | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|----------------------------------|---------------------|----------|--------------------------------------|--|-----------------|------------|----------|--|--|
| | | Number | 2,000 | 2,000 | 2,000 | 2,000 | 2,000 | | |
| Bike Maps | Maps | Туре | Existing | Existing | Re- designed | New | New | | |
| Provide free, readily available. | us el | Silver | Distribute | Distributed all 2007 bike maps/ new 2011 bike maps | | | | | |
| up-to-date and easy-to-use | | Gold | Redesign and distribute new bike map | | | | | | |
| Bloomington Bike Maps | | Platinum | Distribution of new bike map | | | | | | |
| Estimated Costs | | | | ~ \$0.50 pe | er map | | | | |
| Lead Agency | Planning Department | | | | | | | | |
| Support | Cc | nvention | and Visitors | Bureau, Bil | ke Ped Safe | ty Commiss | ion, TBD | | |

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | |
|---|----------------------------|---------------------------------|------------------|-------------|------------------|--------------|----------|--|
| DikaBlaamington | ge | Visits | n/a | 100/Day | 500/Day | 750/Day | 1000/Day | |
| BikeBloomington. | Webpage | Steps | develop- ment | launch | sponsors/ ads | expand | maintain | |
| Create a webpage to serve as a | ທ <u> </u> | Silver no webpage Gold webpage | | | | | | |
| one-stop-shop for a wide variety of bicycle related | Statu | | | | | | | |
| resources | 0) — | Platinum | | expand a | nd maintain | webpage | | |
| Estimated Costs | De | velopment | ' = \$2,000 t | o \$10,000; | Hosting/Ma | intenance = | minimal | |
| Lead Agency | Bike Ped Safety Commission | | | | | | | |
| Support | | Informatic | n and Tech | Svcs and F | Planning Dep | ots., TBD Pa | artners | |



| Action | Inc | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|---|-----------------------|----------|------------------|------------------------------|-----------------------|-------------|---------|--|--|
| Dilea | so me | Number | 2 | 3 | 4 | 5 | 6 | | |
| Bike Demonstrations | | Туре | campus events | & Farmers' Market | & religious events | & festivals | & other | | |
| Showcase programs at community events which | ins le | Silver | | no formalized demonstrations | | | | | |
| demonstrate the bicycle as | | Gold | | | | | | | |
| convenient, affordable, and practical | | Platinum | | | | | | | |
| Estimated Costs | none to minimal costs | | | | | | | | |
| Lead Agency | TBD Partners | | | | | | | | |
| Support | | Lo | ocal Bike Sh | ops, Parks a | and Recreat | ion Dept. | | | |

TARGET: Maximize community wide efforts around Bikes Week that culminate on Bike to Work Day.

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | |
|---|--|------------|-------------------------------------|--------------|---------------------------|----------------------------|----------------------------|--|
| | SC | Number | 1 | 2 | 3 | 4 | 6 | |
| Pit-Stops | Pit-Stops | Туре | downtown | & campus | & 1 activity center | & 2 activity centers | & 4 activity centers | |
| Provide pit-stops on Bike to Work Day which offer a variety | s _ | Silver | son | ne participa | tion from lo | cal restaura | ınts | |
| of snacks, drinks, | Status Level | Gold | 3 formal Bike-to-Work Day Pit-Stops | | | | | |
| entertainment, dynamic speakers, and prizes | | Platinum | 6 formal Bike-to-Work Day Pit-Stops | | | | | |
| Estimated Costs | | | minim al | to \$500 pe | r pit-stop/pi | rizes | | |
| Lead Agency | TBD Partners and Parks and Recreation Department | | | | | | | |
| Support | TB | D Partners | s, Chamber | of Commerc | ce, Downto | wn Bloomin | gton Inc. | |

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|-----------------------------|----------------------|--------------------------------------|--------------|---------------------------------|-----------------------|------------------------|------------------------|--|--|
| Clinica and | S | Number | 1 | 2 | 3 | 4 | 4 | | |
| Clinics and Convoys | Events | Туре | convoy | convoy and clinic | convoys and clinic | convoys and clinics | convoys and clinics | | |
| Have mobile clinics and | s – | Silver | | no convoys or clinics | | | | | |
| commuter convoys leading up | Status Level | Gold 2 convoys and 1 clinic per year | | | | | | | |
| to Bike-to-Work Day | | Platinum | | 2 convoys and 2 clinic per year | | | | | |
| Estimated Costs | none to minimal cost | | | | | | | | |
| Lead Agency | TBD partners | | | | | | | | |
| Support | | YMCA | , Planning a | and Parks & | Recreation | Departmen | ts | | |



| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | |
|--|---------------------------------|---------------------------------|-----------------------------|----------------------|----------------------|----------------------|----------------------|--|
| Dika ta Mark | ant | Number | 200 | 300 | 500 | 750 | 1000 | |
| Bike to Work Registration | Participant s | Туре | registered riders | registered riders | registered riders | registered riders | registered riders | |
| Increase registration of cyclists, request feedback, and respond | s _ | Silver | about 100 registered riders | | | | | |
| to needs for Bike-to-Work Day | Status Level | Gold | | 500 | registered r | iders | | |
| participants to ensure growth & success | | Platinum 1000 registered riders | | | | | | |
| Estimated Costs | | | r | one to mini | im al cost | | | |
| Lead Agency | Parks and Recreation Department | | | | | | | |
| Support | | Informatio | on & Tech. S | Svcs. Dept., | Chamber o | f Commerce | e, TBD | |

TARGET: Build community partnerships and seek advocacy and leadership from non-city agencies and organizations.

| Action | | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|-------------------------------|---|---------------|-----------------|--|----------------|-------------|----------|--|--|
| | _ SS | Number | 2 | 2 | 2 | 2 | 2 | | |
| BFB Program | Local Busines | Туре | new BFBs | new BFBs | new BFBs | new BFBs | new BFBs | | |
| Increase participation in the | s – | Silver | Pri | Prior to 2010 no BFBs/ currently 3 BFB's | | | | | |
| Bicycle Friendly Business | SI | statu Leve | Gold | | 6 | or more BFI | 3s | | |
| program | | Platinum | 10 or more BFBs | | | | | | |
| Estimated Costs | none to minimal cost | | | | | | | | |
| Lead Agency | Economic and Sustainable Development Department | | | | | | | | |
| Support | | Planni | ng Dept., Le | eague of An | n. Bicyclists, | TBD Partne | ers | | |

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|---|--|----------------------|--------------------------------|---------------------------------|-------------------|------------------|-------------------|--|--|
| Brown Bag Lunch | su | Number | 2 | 4 | 6 | 8 | 12 | | |
| Sessions | Sessi | Туре | Lunch Sessions | Lunch Sessions | Lunch Sessions | Lunch Session | Lunch Sessions | | |
| Hold regular lunchtime | s – | Silver | | no lunch hour sessions | | | | | |
| meetings with area employers to discuss bicycling and ways to | | | 6 lunch hour sessions per year | | | | | | |
| increase bike commuter trips | | Platinum | | 12 lunch hour sessions per year | | | | | |
| Estimated Costs | | none to minimal cost | | | | | | | |
| Lead Agency | Economic and Sustainable Development and Planning Depts. | | | | | | | | |
| Support | | | Local | BFBs, LCIs, | TBD Partne | ers | | | |



ENCOURAGEMENT

ENFORCEMENT

TARGET: Change the laws to adequately address law enforcement and bicyclists needs.

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|---|-------------------------------------|----------|--|-----------------------------|-------------------------------|-------------------------------|-------------------------------|--|--|
| Vulnerable Road User Law | Law | Steps | Draft Law | Pass Law | Monitor effective- ness | Monitor effective- ness | Monitor effective- ness | | |
| Pass a local law to provide additional legal protection for | us el | Silver | | no vulnerable road user law | | | | | |
| bicyclists, appropriate fines for | | Gold | passed vulnerable road user law | | | | | | |
| violations, and flexible enforcement tools | | Platinum | monitor effectiveness of road user law | | | | | | |
| Estimated Costs | | | no | ne to minim | imal costs | | | | |
| Lead Agency | Legal Department and Common Council | | | | | | | | |
| Support | | | BBC, Bloc | omington Pa | olice Depart | ment | | | |

2

TARGET: Use special detail assignments, bike patrols, and roll-call trainings for frequent and targeted law enforcement and activities.

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| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|--|-------------------|----------|---|-------------------|-----------------|-------------------------------|------------------------------|--|--|
| | S | Number | 2 | 4 | 12+ | 36+ | 72+ | | |
| Bicycle Patrols | Patrols | Туре | special events | special events | major events | major events & weekends | & popular week- nights | | |
| Use bicycle police patrols at | s – | Silver | irregular bike patrols | | | | | | |
| community events and regularly around town on weekends and | tatu | Gold | special events bike patrols | | | | | | |
| popular weekday nights | 0) — | Platinum | major events, weekends, & popular weeknight patrols | | | | | | |
| Estimated Costs | | | none to | o minimal co | osts (overtin | me) | | | |
| Lead Agency | Police Department | | | | | | | | |
| Support | | India | na Universi | ty Police De | partment, ī | TBD Partner | S | | |



| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | |
|---|---|----------|---|-------------------|-------------------|--------------------------|------------------------------|--|
| Special | | Number | 1 | 2 | 3 | 4 | 5 | |
| Enforcement Detail | Detail | Туре | l Walk to School | & Bike to Work | & School Zones | & Problem inter-sections | Continue Enforce- ment | |
| Issue special enforcement details during I Walk to School | ب ب | Silver | I Walk to School enforcement | | | | | |
| Day, Bike to Work Day, high | | Gold | I Walk, Bike to Work, school zone enforcement | | | | | |
| crash intersections, school zones, & other areas | 0) | Platinum | All above, and problem intersections | | | | | |
| Estimated Costs | | n | ninimal to s | ome additio | nal costs (c | vertime) | | |
| Lead Agency | Office of the Mayor and Police Department | | | | | | | |
| Support | | Λ | ICCSC, Plan | ning Depar | tment, TBD | Partners | | |

| Action | In | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|----------------------------------|---------------------------------|----------|-----------------------------|-----------------------|--------------|----------|----------|--|--|
| | gs | Number | 2 | 4 | 6 | 10 | 12 | | |
| Roll-Call Trainings | Trainings | Freq. | per year | per year | per year | per year | per year | | |
| Hold regular roll call trainings | s _ | Silver | | no trainings | | | | | |
| focused on bicycle and | Status Level | | trainings every other month | | | | | | |
| pedestrian safety | 5 | Platinum | | trainings every month | | | | | |
| Estimated Costs | none to minimal | | | | | | | | |
| Lead Agency | Police and Planning Departments | | | | | | | | |
| Support | | | Bloomingto | on Bicycle C | Club, TBD Pa | artners | | | |

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | |
|--------------------------------|---------------------------------|----------|-------------------------|--------------|--------------|----------|----------|--|
| Dika Liabt | Sets | Number | 75 | 75 | 75 | 100 | 100 | |
| Bike Light Campaign | Light | Freq. | per year | per year | per year | per year | per year | |
| Continue the annual bike light | s _ | Silver | 60 light sets per year | | | | | |
| campaign and distribute free | Statu | Gold | 75 light sets per year | | | | | |
| lights to cyclists | 0) — | Platinum | 100 light sets per year | | | | | |
| Estimated Costs | | | | \$20 per lig | ght set | | | |
| Lead Agency | Planning and Police Departments | | | | | | | |
| Support | | | Blo | omington E | Bicycle Club | | | |



ENFORCEMENT

TARGET: Expand the enforcement "tool box" to move beyond citations and ordinance violations.

| Action | Indicators | | 2012 | 2013 | 2014 | 2015 | 2016 | |
|---|----------------------------------|--------|-----------------------------------|----------------------|-------------|-------------------------------|------|--|
| Drivers Training | Trainings | Туре | Get questi | ons on drive test | ers license | Defensive driving training | | |
| Require defensive driving | s – | Silver | no driver training | | | | | |
| training and drivers license test requirements that include | Status Level | Gold | Questions on drivers license test | | | | | |
| bicyclist and pedestrian safety | ist and pedestrian safety | | Defensive driving training | | | | | |
| Estimated Costs | | | | none to m | ninimal | | | |
| Lead Agency | Indiana Bureau of Motor Vehicles | | | | | | | |
| Support | | Leg | al and Plani | ning Depart | ments, Bicy | cle Indiana | | |



TARGET: Monitor, respond, report, and modify to keep the Platinum vision bold and help ensure effective use of community resources are towards platinum goal.

| Action | Indicators | 2012 | 2013 | 2014 | 2015 | 2016 | | | |
|---|---------------------|--------------|-------------------------|--------------|----------|----------|--|--|--|
| | _ω Numbe | er 1 | 1 | 1 | 1 | 1 | | | |
| Bike Summit | Events Ered: | per year | per year | per year | per year | per year | | | |
| Hold Annual Bike Summits | ω _ Silver | | no bike summit per year | | | | | | |
| during May to reflect, innovate, and respond to Targets and | og Gold | | 1 bike summit per year | | | | | | |
| Actions of this report | Platinu | m | 1 bike summit per year | | | | | | |
| Estimated Costs | | minin | nal to \$1,50 | 0 per summ | ı it | | | | |
| Lead Agency | Planning Department | | | | | | | | |
| Support | | Bicycle Frie | endly Busine | esses, TBD F | Partners | | | | |

TARGET: Study the economic impact bicycling has on local tourism, health, environment, transportation, and other key indices.

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|--|--|-----------|---------------------------------------|----------------|-----------------|--------------------|----------|--|--|
| Economic Impact Study | Study | Step | gather data | gather data | write report | complete report | n/a | | |
| Commission an independent economic impact study to | Status Level | Silver | | no report | | | | | |
| evaluate past, present, and | | Gold | gather data and start to write report | | | | | | |
| future economic impacts on bicycling | <i>6</i> , – | Platinum | | 1 | finish repor | t | | | |
| Estimated Costs | | | minimal to | \$50,000 (if | consultant i | is hired) | | | |
| Lead Agency | Planning Department and Indiana University | | | | | | | | |
| Support | Ec | onomic an | d Sustainab | ole Developi | ment, BEDC | C, CVB, TBD | Partners | | |



| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|---|---------------------|----------|---------------------------------------|-----------------------------|-----------------|-----------------|-----------------|--|--|
| | | Number | 20 | 30 | 100 | 100 | 100 | | |
| Data Analysis | Data | Туре | Inter- section Counts | Inter- section Counts | User Surveys | User Surveys | User Surveys | | |
| Collect and analyze data on cycling rates trip distances trip | s _ | Silver | sporadic cycling rate data collection | | | | | | |
| cycling rates, trip distances, trip purposes, and mode | tatu. eve | | systematic cycling rate data | | | | | | |
| preferences at the neighborhood level | S 1 | Platinum | reliabl | e data on c | ycling habit | s and prefe | rences | | |
| Estimated Costs | | | n | one to minii | mal costs | | | | |
| Lead Agency | Planning Department | | | | | | | | |
| Support | | | BMCN | ЛРО, other | TBD Partnei | rs | | | |

TARGET: Monitor bike activity trends and improve mode balance in comparison to automobile trips within the transportation network.

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|--------------------------------|--|----------|-------------------------------|---------------|---------------|---------|---------|--|--|
| Indexed City Budget | Index | Percent | 1 to 5% | 1 to 5% | 1 to 5% | 1 to 5% | 1 to 5% | | |
| Index the City's annual budget | s <u> </u> | Silver | \$500,000/yr (flat) | | | | | | |
| to the City's Platinum Biking | St J | | 3% of City's budget (indexed) | | | | | | |
| Community efforts | | Platinum | 5% of City's budget (indexed) | | | | | | |
| Estimated Costs | | | \$324,0 | 00 to \$1.6 r | million per y | ear ear | | | |
| Lead Agency | Office of the Mayor and Common Council | | | | | | | | |
| Support | | | A | All City Depa | artments | | | | |

| Action | Ind | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|---|-----------------|---------------------|--|--------------------|----------------------------------|---------------------------------|---------------------------|--|--|
| Comprehensive Survey | Event | Step | data collection | survey analysis | evaluate Platinum strategy | change approach as needed | repeat survey steps | | |
| Conduct a detailed survey on | Status Level | Silver | no comprehensive survey | | | | | | |
| the barriers to cycling for all bicyclists so that the approach | | Gold | updated strategy to get to Platinum | | | | | | |
| to the 5 Es can be adjusted | | Platinum | implementation of new approach as needed | | | | | | |
| Estimated Costs | | | minimal to | \$30,000 (if | consultant i | is hired) | | | |
| Lead Agency | | Planning Department | | | | | | | |
| Support | | | | TBD pai | rtner | | | | |



| Action | Indicators | 2012 | 2012 2013 | | 2015 | 2016 | | | |
|---|--------------------------|---------------------------|--------------------------|---------------------|---------------------|---------------------|--|--|--|
| Commuter Made | ≓ Percent | 3% | 4% | 6% | 8% | 10% | | | |
| Commuter Mode | | trips to work by | trips to work by | trips to work by | trips to work by | trips to work by | | | |
| Split | Фром Туре | bike | bike | bike | bike | bike | | | |
| Monitor, evaluate, and report bike commuter activities with | ω _ Silver | 3% trips to work by bike | | | | | | | |
| the goal of attaining a 10% | Statu Leve plog | | 6% trips to work by bike | | | | | | |
| bicycle commuter mode compared to automobiles | Platinum | 10% trips to work by bike | | | | | | | |
| Estimated Costs | None to minimal costs | | | | | | | | |
| Lead Agency | Planning Department | | | | | | | | |
| Support | Volunteers, TBD partners | | | | | | | | |

| Action | In | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | | |
|---|--|----------------------|---------------------------------|----------|---------|----------|---------|--|--|--|
| Safety Triangle | ies | Number | 3 | 2 | 1 | 1 | none | | | |
| | alit | Freq. | per year | per year | peryear | per year | peryear | | | |
| Achieve zero annual bike/ped related deaths through near miss reporting, crash data | s _ | Silver | 3 bike ped fatalities per year | | | | | | | |
| | Status Level | Gold | 1 bike ped fatalities per year | | | | | | | |
| analysis, and targeted safety improvements | | Platinum | no bike ped fatalities per year | | | | | | | |
| Estimated Costs | No direct costs | | | | | | | | | |
| Lead Agency | Public Works, Police, Planning Departments | | | | | | | | | |
| Support | | BMCMPO, TBD Partners | | | | | | | | |

| Action | In | dicators | 2012 | 2013 | 2014 | 2015 | 2016 | | | | |
|---------------------------------------|---|----------|------------------------------|---|-------------------|-------------------|-------------------|--|--|--|--|
| | Obesity | Percent | 24% | 23% | 22% | 21% | 19% | | | | |
| Combat Obesity | | | Monroe | Monroe | Monroe | Monroe | Monroe | | | | |
| | 8 | Туре | Co. risk index | Co. risk index | Co. risk index | Co. risk index | Co. risk index | | | | |
| Utilize active transportation as | | Cilver | IIIdex | | | IIIdex | | | | | |
| an effective means to help | ts J | Silver | 25% Monroe County risk index | | | | | | | | |
| combat the obesity epidemic | | Gold | 22% Monroe County risk index | | | | | | | | |
| and reduce Monroe County's Risk Index | | Platinum | 19% Monroe County risk index | | | | | | | | |
| Estimated Costs | No direct cost | | | | | | | | | | |
| Lead Agency | Planning Dept. and IU Health Bloomington Hospital | | | | | | | | | | |
| Support | | Co | mmunity a | Community and Family Resources Department | | | | | | | |



| Action | Indicators | | 2012 | 2013 | 2014 | 2015 | 2016 | | |
|---|--|----------|--|----------------------------|----------------------------|----------------------------|----------------------------|--|--|
| Track VMT and GHG | Webpage | Step | gather/ analyze data | gather/ analyze data | gather/ analyze data | gather/ analyze data | achieve target level | | |
| Track Vehicle Miles Traveled and Greenhouse Gas emissions to measure plan's progress towards increasing active transportation | Status Level | Silver | 2.5% carbon offset (3,685 ton reduction) | | | | | | |
| | | | 5% | 6 carbon of | on reduction) | | | | |
| | | Platinum | 10% carbon offset (14,740 ton reduction) | | | | | | |
| Estimated Costs | None to minimal direct costs | | | | | | | | |
| Lead Agency | Planning Department and Environmental Commission | | | | | | | | |
| Support | BMCMPO, TBD Partners | | | | | | | | |

SUMMARY

The Bloomington Platinum Biking Task Force make these action recommendations based on their review of information outlined within Resolution 10-10. Many of these actions items are similar to steps other prominent bicycle-friendly communities are doing. Most will require fine-tuning in order to maximize the beneficial effects that action items will have on Bloomington. Almost all should be viewed as an iterative process, especially for the on-going items, where progress is made by constantly building support through innovation and adaption. There are many existing programs, events, and activities that with some fine-tuning, innovation, and adaptation can easily transition into an action item identified herein. Opportunities for Education, Encouragement, Enforcement, and Evaluation and Planning have the best potential for this kind of transition. Engineering will also need to take a transitional approach in designing the best bicycle-friendly infrastructure. Near-term infrastructure improvements must focus on reducing the stress level for bicyclists at high stress locations. This should start with simple lower-cost countermeasures that set the foundation for more substantive infrastructure improvements later. Long-term improvements will need to fill the larger gaps and create a functioning bicycle-friendly network for even the interested but concerned.

Achieving all actions is not realistic by 2016; and however, continuing current efforts is not a realistic option to reaching the goals of Resolution 10-10. This leaves the expectation level somewhere in-between. It is expected that progress will be made on most actions items. How much progress requires fine-tuning and evaluation of the strategy. It is up to Bloomingtonians to dial-in the expectation level for these action items at the annual Bike Summit and ensure progress is indeed made. Regardless of Bloomington's Bicycle Friendly Community rating in 2016, one thing is clear: being a Bicycle Friendly Community is an on-going commitment that will take everyone well beyond 2016.

The following table summarizes all the action items and identifies general costs that are associated with each action item. Costs can vary significantly depending on many variables including staff salaries and partners' costs. On-going actions indicate strategies that occur frequently and are generally indefinite. These are only intended to set initial expectation levels and can be updated as necessary.



| Actio | Cost Estimate (per unit) | | | | | | | | |
|---|--------------------------|--------------------|---------------------|--------------------|--------------|----------|--------------------|---|--------|
| Action A.K.A. Statement | Action Indicator | Indicator Units | Silver Benchmark | Platinum Target | On- going | <\$10K | \$10K to \$100K | | >\$1 M |
| ENGINEERING | | | | | | | | | |
| Low-Volume Roadway Facilities | projects | number | 5 | 25 | | | Х | | |
| Bicycle Boulevards | facility | miles | 0 | 6 | | | X | Х | |
| Neighborhood Greenways | projects | number | 0 | 4 | | | X | | |
| B-Line Connections/Extensions | trails | miles | 0 | 2.5 | | | | | Χ |
| Cascades Trail | trails | miles | 1 | 1 | | | | Х | |
| Bicycle Asset Management | response | rate | low | high | Х | | Χ | | |
| High-Volume Roadway NACTO Intersections | projects | num ber | 4 | 8 | | | Х | | |
| Bike Arterials | projects | number | 6 | 16 | | | Χ | Χ | |
| SR37/I-69 Crossing | projects | number | 0 | 1 | | | | | Х |
| Improved Bike Parking | projects | number | 2 | 10 | Х | Х | | | |
| Bike Parking Supply | parking | racks | 20 | 110 | х | Х | | | |
| EDUCATION | 1 3 | | | | | | | | |
| Platinum Public Relations | messages | number | 6 | 60 | Х | Х | | | |
| Webisodes | webisodes | number | 2 | 6 | X | X | | | |
| Mailing Inserts | mailings | number | 0 | 6 | x | X | | | |
| Children's Bike Safety Class | schools | number | 0 | 14 | X | X | | | |
| Bicycle Rodeos | schools | number | 0 | 14 | x | X | | | |
| Safe Routes to School Plans | schools | number | 0 | 14 | X | X | | | |
| Adult Bicycle Safety Classes | classes | number | 2 | 6 | x | x | | | |
| Business Bicycle Classes | classes | number | 2 | 10 | x | X | | | |
| Bicycle Awareness Training | trainings | number | 1 | 7 | x | x | | | |
| , , | trainings | пипрет | ı | , | _ ^ | ^ | | | |
| ENCOURAGEMENT | | | | _ | | | | | |
| Sunday Open Streets | events | number | 1 | 5 | Х | | Х | | |
| Fun Rides | rides | number | 2 | 12 | Х | X | | | |
| Bike to School | trips | percent | 5% | 25% | X | X | | | |
| Mountain Biking Promotion | promos | num ber | 1 | 3 | Х | Х | | | |
| Signature Event | event | number | 0 | 1 | Х | | Х | | |
| Individualized Marketing | neighborhoods | | 0 | 4 | Х | X | | | |
| Wayfinding | facility | miles | 0 | 86 | | X | | | |
| Bike Maps | maps | number | 2000 | 2000 | Х | X | | | |
| BikeBloomington.com | webpage | visits | 0 | 1000 | Х | X | | | |
| Bike Demonstrations | demos | number | 0 | 6 | Х | Х | | | |
| Pit-Stops | pit-stops | num ber | 1 | 6 | Х | Х | | | |
| Clinics and Convoys | events | number | 0 | 4 | Х | Х | | | |
| Bike to Work Registration | participants | num ber | 100 | 1000 | Х | Х | | | |
| BFB Program | participants | number | 3 | 10 | Х | Х | | | |
| Brown Bag Lunch Sessions | sessions | num ber | 0 | 12 | Х | Х | | | |
| ENFORCEMENT | | | | | | | | | |
| Vulnerable Road User Law | law | logic | no | yes | | N/A | | | |
| Bicycle Patrols | patrols | number | 0 | 72+ | Х | Χ | | | |
| Special Enforcement Detail | details | number | 1 | 5 | х | Х | | | |
| Roll-Call Trainings | trainings | number | 0 | 12 | Х | Χ | | | |
| Bike Light Campaign | light sets | number | 60 | 100 | X | X | | | |
| Drivers Training | trainings | logic | no | yes | | N/A | | | |
| EVALUATION AND PLANNING | | | | | | | | | |
| Bike Summit | events | number | 0 | 1 | Х | Х | | | |
| Economic Impact Study | study | logic | no | yes | _^_ | ^ | Х | | |
| Data Analysis | data | survey | 0 | 100 | х | Х | | | |
| Indexed City Budget | index | percent | 0 | 5% | X | N/A | | | |
| Comprehensive Survey | event | survey | 0 | varies | ^ | N/A | Х | | |
| Commuter Mode Split | mode-split | | 3% | 10% | v | N/A | ^ | | |
| Safety Triangle | fatality | percent number | 3% | 0 | X | N/A X | | | |
| Combat Obesity | obesity | percent | 24% | 19% | X | N/A | | | |
| Track VMT and GHG | • | • | | | | | | | |
| HAUN VIVIT AHU UNU | carbon offset | percent | 2.5% | 7% | Х | N/A | | | |





TERMINOLOGY

FURTHER READING

THE PLATINUM BIKE SUMMIT

REDEFINING PROSPERITY REPORT

VULNERABLE ROAD USER RESOLUTION

RESOLUTION 11-15





Being an effective bicycle advocate requires knowing a few things about transportation and local government. This chapter is intended to provide additional information, bring everyone up-to-speed on recent bicycle advocacy in Bloomington, and provide a gateway to current research and best practices from around the world. It is a resource that even the interested but concerned can use to further our efforts in becoming the very best at being a bicycle-friendly community and fulfill Bloomington's Platinum vision.

TERMINOLOGY

his section provides an alphabetical quick-reference to many common terms that may not be familiar to most readers, but are used throughout this report.

'10 Minute Neighborhood': a planning and land-use concept that aims to locate basic community functions (homes, schools, grocery stores, etc.) within a 10-minute walking distance to each other. Similar to the concept of 'Activity Nodes', 'Natural Neighborhoods', or 'Villages'.

Arterial Street: a street that carries high traffic volumes, often serving longer trips by virtue of connecting major destinations across the city.

Bicycle Ambassador: an individual, often part of a paid team, who conducts community outreach encouraging people to bicycle and educating on safety. Philadelphia and Chicago have model programs.

Bicycle Level of Service (BLOS): a quantitative measurement of the comfort level of a bicycle facility. Analogous to measurements used for automobile travel, bicycle level of service analysis can help identify areas in need of improvement or demonstrate the benefits of potential improvements.

Bicycle Rodeo: a bicycle skills event, *almost* always for children, where basic safety skills are taught and practiced in a fun environment.

Bike Arterial: a high-volume arterial street that also includes bicycle facilities.

Bike Boulevard: generally interchangeable with the term 'neighborhood greenway', with an emphasis on bicycling aspects of the facility.

Bike Corral: a section of roadway, most often what was previously a car parking space, that's cordoned off exclusively for bicycle parking.

Bike Share of Commuters: for a given community, the percentage of workers who identify bicycling as their primary means of transportation to work—most of the time. While this leaves out many people who bicycle regularly, it is the standard measurement of bicycling use throughout America because the U.S. Census Bureau collects this data annually throughout the country.

Bikeway: a general term for a transportation corridor that includes a variety of accommodations for bicycles.



'Interested But Concerned': people who are interested in bicycling, but have safety concerns. Estimated to include nearly 60% of the population in a given community, this group has the greatest potential to increase overall bicycling activity for a community.

League Cycling Instructor: a person certified by the League of American Bicyclists to teach bicycle education courses.

Metropolitan Planning Organization (MPO): a regional transportation planning body that's required for all U.S. urbanized areas greater than 50,000 people. Usually comprised of members appointed by local governments, MPO's must approve the spending of all federal transportation dollars in their area. Visit http://www.bloomington.in.gov/mpo.

Mode Split: for a given community, the distribution of all travel between the available types of transportation (driving, walking, transit, bicycling, taxi, etc.). This data is collected regularly by the U.S. Census Bureau and is focused around journey to work.

NACTO Urban Bikeway Design Guide: a comprehensive manual that provides design and implementation details on a wide range of recommended bicycle facilities. Created by the National Association of Transportation Officials to help spread American best-practices in bicycle engineering.

Neighborhood Greenway: a low-volume, low-speed street that is very comfortable for bicycling and may include additional wayfinding, pedestrian, storm water, or park-like features. Also known as a 'bicycle boulevard'.

Sunday Open Streets (Ciclovia): an event that creates a linear park-like condition by temporarily closing a network of streets to cars and opening them to people. Started in Bogota, Columbia, the event has spread to cities throughout the U.S.

'Share the Road': a common term that generally refers to the legal responsibility of all drivers and bicyclists to share the same roadway space. In all 50 states, bicycles are classified as vehicles.

Safe Routes to School: an international movement to increase the number of children who walk or bike to school. In America, the federal government has provided annual funding for infrastructure and non-infrastructure programs since 2005.

The Five Es: an organizing framework that delineates the major focus areas of programs to increase bicycling and bicycling safety - Engineering, Education, Encouragement, Enforcement, and Evaluation. Used widely in America as part of the Bicycle Friendly Community and Safe Routes to School programs.

Vehicle Miles Traveled (VMT): the total number of miles driven by vehicles in a particular area, usually given as a yearly value. This is an important metric in transportation planning, and is often used to estimate greenhouse gas emissions.

Vulnerable Road User: a person who is particularly susceptible to the risks of moving automobiles. This includes bicyclists, pedestrians, road workers, and others.



FURTHER READING

his section provides a quick-reference to some of the latest research and news on bicycling from around the world. It links to a wide array of academic papers, government research, non-profit reports, and news articles. It is organized around two questions that are central to this report - 1) why is it important to increase bicycling? and 2) what can we do to increase bicycling? For those of you who were intrigued or inspired by parts of this report, this section will serve as a wonderful starting point for further learning.

WHY IS IT IMPORTANT TO INCREASE BICYCLING?

Economic Benefits & Equity

- Fedestrian and Bicycle Infrastructure: A National Study of Employment Impacts. Heidi Garrett-Peltier, Political Economy Research Institute (PERI), University of Massachusetts-Amherst, 2011.
- Penny Wise Pound Foolish: New Measures of Housing and Transportation Affordability. Center for Neighborhood Technology (CNT), 2010.
- * Transportation and Poverty Alleviation. Surface Transportation Policy Project (STPP).
- (56) Complete Streets Spark Economic Revitalization. National Complete Streets Coalition.
- The Economic Benefits of Bicycle Infrastructure Investments. Darren Flusche, League of American Bicyclists, 2009.
- Evaluating Non-Motorized Transportation Benefits and Costs. Todd Litman, Victoria Transport Policy Institute, 2011.
- Tosts and Benefits of Bicycling Investments in Portland, Oregon. Thomas Gotschi, Journal of Physical Activity and Health, 2011.
- The Bicycle Dividend. Nancy Folbre, The New York Times, 2011.
- Property Value/Desirability Effects of Bike Paths Adjacent to Residential Areas. David P. Racca and Amardeep Dhanju, Delaware Center for Transportation and Delaware DOT, University of Delaware, 2006.
- Impact of the Little Miami Scenic Trail on Single Family Residential Property Values. Duygu Karadeniz, Masters Thesis, University of Cincinnati, 2008.

Health & Safety

- Evidence Why Bike Friendly Cities Are Safer for All Users. Wesley E. Marshall & Norman W. Garrick, Environmental Practice, 2011.
- Prevalance of Obesity Among Childrten and Adolescents: United States, Trends 1963-1965 through 2007-2008. Cynthia Olgen and Margaret Carrol, Center for Disease Control (CDC), 2010.
- Walking, Cycling, and Obesity Rates in Europe, North America, and Australia. David R. Basset, et al, Journal of Physical Activity and Health, 2008.
- Do The Health Benefits Of Cycling Outweigh The Risks? Jeroen Johan de Hartog et al., Environmental Health Perspectives, 2010.
- Merica's Top Cities for Bike Commuting: Happier, Too. Richard Florida, *The Atlantic*, 2011.



Environmental Sustainability

- The 2009 Greenhouse Gas Inventory for the City of Bloomington, Indiana: Footprint, Projections, and Recommendations. Mark Lemon, Patrick Foley, and Frances Gary, City of Bloomington, 2009.
- Moving Cooler: An Analysis of Transportation Strategies for Reducing Greenhouse Gas Emissions. Cambridge Systematics, Inc., 2009.
- * Transportation's Role in Climate Change. US Department of Transportation.
- ™ Top 10 Least-Polluting U.S. Metros. Jeffery Spivak, Urban Land Institute (ULI), 2011.

WHAT CAN WE DO TO INCREASE BICYCLING?

Measuring Use

- 2009 National Household Travel Survey Highlights. League of American Bicyclists & America Bikes, 2010.
- Short and Sweet Analysis of Shorter Trips Using National Personal Travel Survey Data. Todd Litman, Victoria Transport Policy Institute, 2010.
- * Bicycling and Walking in the U.S.: 2010 Benchmarking Report, Alliance for Biking & Walking, 2010.
- The National Bicycling and Walking Study 15 Year Status Update. Federal Highway Administration, 2010.
- American Community Survey Bicycle Commuting Trends, 2000 2008, League of American Bicyclists & Alliance for Biking and Walking, 2009.
- Four Types of Cyclists. Roger Gelller, Portland Bureau of Transportation.

Policies and Programs

- Policy Statement on Bicycle and Pedestrian Accommodation Regulations and Recommendations. US Department of Transportation, 2010.
- Infrastructure, Programs, and Policies to Increase Bicycling: An International Review. John Pucher, Jennifer Dill, and Susan Handy, Preventative Medicine, 2010.
- Analysis of Bicycling Trends and Policies in Large North American Cities: Lessons from New York. John Pucher and Ralph Buehler, University Transportation Research Center Rutgers, 2011.
- Transportation and Health: Policy Interventions for Safer, Healthier People and Communities. Partnership for Prevention, 2011.

Facility Design & Improving Safety

- The Effect of Street Network Design on Walking and Biking. Wesley E. Marshall & Norman W. Garrick, presented at the Transportation Research Board's 89th Annual Meeting, 2009.
- <u>Understanding and Measuring Bicycling Behavior: A Focus on Travel Time and Route Choice</u>. Jennifer Dill & John Gliebe, Oregon Transportation Research and Education Consortium (OTREC), 2008.
- How We Roll There's Safety in Numbers for Cyclists. Elly Blue, Grist, 2011.
- Safety in Numbers: More Walkers and Bicyclists, Safer Walking and Bicycling. Peter L Jacobsen, Injury Prevention, 2003.
- The Impact of Transportation Infrastructure on Bicycling Injuries and Crashes: A Review of the Literature. Conor CO Reynolds, et al, Environmental Health, 2009.



Encouragement

- * Promoting Safe Walking and Cycling to Improve Public Health: Lessons From the Netherlands and Germany. John Pucher, and Lewis Dijkstra, American Journal of Public Health, 2003.
- Evaluation of Australian TravelSmart Projects in the ACT, South Australia, Queensland, Victoria and Western Australia 2001-2005. Report to the Department of the Environment and Heritage and State TravelSmart Programme Managers, 2005.
- Smart Trips Summit-U: An Individualized Marketing Approach to Changing Travel Behavior in St Paul MN. Laura Baum, TDM Review, 2008 Issue 4.
- Applying Individualized Marketing to the Workplace. Steve Hoyt-McBeth, Courtney Kulyk, UrbanTrans, and Scott Cohen. *TDM Review*, 2008 Issue 4.
- King County Embraces Social Marketing To Change Travel Behavior. Tyler Benson, Carol Cooper, and Sunny Knott. TDM Review, 2008 Issue 4.
- Fortland SmartTrips. Pedestrian and Bicycle Information Center, 2011.
- Momen Cycling Project. Andrea Garland, et al, Association of Pedestrian and Bicycle Professionals, 2011.
- How To Get More Bicyclists On The Road. Linda Baker, Scientific American, 2009.

THE PLATINUM BIKE SUMMIT

he Platinum Bike Summit was held on Thursday, April 28, 2011 at the Bloomington Monroe County Convention Center. The event had dual purposes: to celebrate bicycling and to prioritize actions to make Bloomington more bicycle-friendly.

The summit began with a reception where attendees socialized with other cyclists and received information about local bike-friendly organizations while enjoying snacks and beverages. The reception was sponsored by Bicycle Garage Inc., Bikesmiths, Bloomington Bicycle Club, Bloomingfoods, Bloomington Pedal Power, Bloomington Transportation Options for People (B-TOP), the City of Bloomington Commission on Sustainability (BCOS), and Downtown Bloomington, Inc.

The workshop following the reception focused on strategies for making Bloomington a Platinum level Bicycle Friendly Community by 2016. The 66 attendees were split into groups, each addressing one of the "Five Es" focus areas.

Each group developed a list of top ideas to make Bloomington more bicycle friendly. Then, attendees received five dots, which they could use to vote on all of the ideas suggested that evening. The dots were allocated however each person wanted, whether five dots on one idea or one dot on five different ideas. Top vote-getters included installing bike boxes at intersections, subsidizing bike trailers, creating bike boulevards (especially east-west), and providing targeted bike education for both motorists and cyclists. Information on community priorities was incorporated into the recommendations of this report.



Final (11/30/2011)

WHO ATTENDED

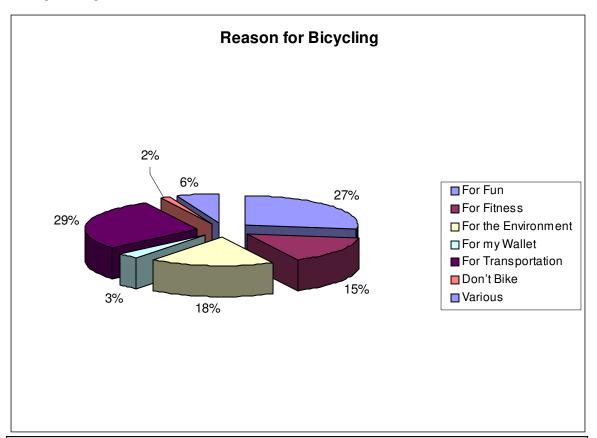
The attendees included many of Bloomington's most dedicated bicyclists. The majority (56%) ride daily, and more than 45% of attendees own 4 or more bicycles!

WHAT WERE THEIR PRIORITIES?

Each attendee was asked to rank each of the 'Five E's' in order of importance. One signified most important while 5 signified least important. The results of this survey, identified that - 'Engineering' is the area that needs the most attention, followed closely by 'Education', 'Evaluation and Planning', 'Enforcement', and then 'Encouragement'.

The pie chart below provides some information on who attended the Platinum Bike Summit and their various reasons for bicycling. From the results, one could conclude the Summit had a good variety of bicyclists who attended and provided their ideas and priorities.

For more detailed results, contact the Bloomington Planning Department or visit http://bloomington.in.gov/bike.



Platinum Bike Summit Results - Participants were simply asked "what is your main reason for bicycling"? From these results there is a great cross-section of bicyclists and even a few who currently don't ride. This would suggest that there was broad representation at the Summit and it was effective towards providing meaningful community feedback to the Platinum Biking Task Force.



REDEFINING PROSPERITY REPORT

On December 2, 2009, the Bloomington City Council approved the report of the Bloomington Peak Oil Task Force, titled *Redefining Prosperity: Energy Descent and Community Resilience*. One of the few reports of its kind, Redefining Prosperity details bold strategies for Bloomington to adapt to the consequences of declining oil production.

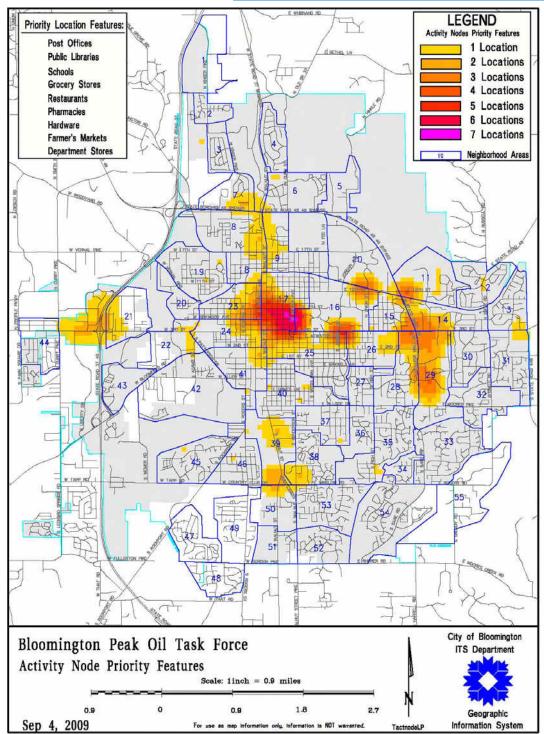
This report has some similarities to the recommendations within *Redefining Prosperity*. The *Redefining Prosperity Report* identified transportation as the economic sector most vulnerable to disruptions caused by declining oil production. This report also addresses vulnerabilities in the transportation sector by examining how we can maximize opportunities for travel by bicycle, which is a very economical choice, used by a wide range of people of all ages and abilities, and is virtually an oil-free mode of transportation.

Many of the recommendations within this report deal with building safe and attractive infrastructure for bicycling, and creating the social conditions that encourage its use. However, it also reflects the important reality, emphasized in *Redefining Prosperity*, that the large distances between where we live and where we carry out our daily lives is a critical barrier to the widespread use of bicycles for transportation or other low-energy modes.

To address these barriers to bicycle transportation, this report is consistent with the land-use recommendations in the *Redefining Prosperity* report. In Chapter 1 and Chapter 2, reference is made to encouraging '10-Minutes Neighborhoods', or 'Activity Centers'. In essence, this recommendation is intended to foster a built environment where travel distances are minimized for everyone, thereby making bicycling a more viable mode of transportation for a broader demographic.

For your reference, a 'heat map' of the current 'Activity Centers' in Bloomington is reproduced here from *Redefining Prosperity*. For more information on the Redefining Prosperity report or the Bloomington Peak Oil Task Force, please visit http://bloomington.in.gov/peakoil.





MAP A: Activity Nodes

Report of the Bloomington Peak Oil Task Force

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Activity Nodes - an ideal configuration to maximize bicycle transportation and other alternative modes would locate people closer to these nodes, or nodes closer to where people live (Redefining Prosperity, pg 96-97).



VULNERABLE ROAD USER RESOLUTION

On April 28, 2011, the Board of Directors of the Bloomington Bicycle Club submitted a proposal to the Bloomington City Council to adopt a 'Vulnerable Road User' resolution. Among other things, this resolution aims to increase legal protections for bicyclists and other exposed users of roads. Currently, three U.S. states - Oregon, Delaware, and New York - have a broad 'Vulnerable Road User' law; seventeen states have laws that include similar elements (http://www.3feetplease.com/advocacy).

At this time, the City of Bloomington is investigating whether the proposed BBC resolution is possible given the constraints on local government in Indiana. For more information, visit http://bloomingtonbicycleclub.org/.

Resolution of The Bloomington Bicycle Club Proposing Adoption of Vulnerable Road User Protection in The City of Bloomington, Manroe County, Indiana

WHEREAS, by Common Council Resolution 10-10 adopted May 12, 2010 as signed and approved by Mayor Mark Kruzan on May 13, 2010, the Common Council and Mayor confirmed interest in the City of Bioomington attaining platinum rating from the League of American Bicyclist by 2016, pursuant to the League's Bicycle Friendly City program,

WHEREAS, the Bloomington Bicycle Club endorses the efforts of The City of Bloomington in further enhancing Bloomington's posture and practices as a bicycle and pedestrian friendly city,

WHEREAS, with this goal in mind, the Bloomington Bicycle Club:

- recognizes that some roadway users are more vulnerable than others in their legal use of the public roadways.
- believes that:
 - Vulnerable Road Users include pedestrians, runners, physically disabled persons, persons on horseback, persons operating equipment other than a motor vehicle, including a bicycle, hand cycle, horse-driven conveyance, or unprotected farm equipment, and workers with legitimate business in or near the road or right-of-way including highway construction/maintenance workers, tow truck operators, utility workers, stranded motorists or passengers, and that
 - Vulnerable Road Users deserve defined legal protection to assure their equity in the legal
 use of the public roadways and defined expectations of motor vehicle operators in affording
 them such protection.

BE IT RESOLVED THAT, the Bloomington Bicycle Club implores and encourages the Common Council for The City of Bloomington, Monroe County, Indiana to adopt ordinance and protection for Vulnerable Road Users wherein the operator of a motor vehicle shall be required, by law, to:

- Vacate the lane used by a Vulnerable Road User if two or more lanes exist
- Allow for at least three feet of clearance when a car or light truck passes a Vulnerable Road User and six feet of clearance for a vehicle larger than a light truck
- Yield the right of way to a Vulnerable Road User when turning left or right
- Not overtake a Vulnerable Road User traveling in the same direction to subsequently make a turn
 into the path of the Vulnerable Road User unless such turn can be made with ample safe distance
 and without disruption to the speed or path of the Vulnerable Road User
- Not operate a vehicle in a manner that intimidates, harasses, or otherwise threatens a Vulnerable Road User in any way whether by verbal or non-verbal action.

Resolved and Approved in a scheduled meeting of the Board of Directors of the Bloomington Bicycle Club this 20^{th} day of April, 2011.

President Secretary

Vulnerable Road User resolution - submitted to Bloomington City Council members on April 28, 2011.



RESOLUTION 11-15: APPROVING "BREAKING AWAY: JOURNEY TO PLATINUM" REPORT

his resolution approves the report of the Bloomington Platinum Biking Task Force as an advisory document and strategy for achieving a platinum designation from the League of American Bicyclists by 2016. The Bloomington Common Council first considered the resolution at their November 9, 2011 meeting and adopted the resolution 7-0 at their November 30, 2011 meeting. A copy of the signed resolution is included in the following pages and is available at the Council Office.

RESOLUTION 11-15

TO APPROVE THE REPORT OF THE BLOOMINGTON PLATINUM BIKING TASK FORCE. "BREAKING AWAY: JOURNEY TO PLATINUM" AS AN ADVISORY DOCUMENT FOR ACHIEVING A PLATINUM DESIGNATION FROM THE LEAGUE OF AMERICAN BICYCLISTS' BICYCLE FRIENDLY COMMUNITIES PROGRAM BY 2016

WHEREAS, with the passage of Resolution 06-05, the Common Council supported the Kyoto Protocol and the reduction of greenhouse gas emissions; and

WHEREAS, with the passage of Resolution 06-07, the Common Council recognized the peak of world petroleum production; the Council translated this recognition into action via Resolution 07-16 establishing the Bloomington Peak Oil Task Force and by way of Resolution 09-18 approved the Task Force's advisory report; and

WHEREAS, with the passage of Resolution 10-10, the Common Council commissioned the Bloomington Platinum Biking Task Force to develop a plan to create a more balanced transportation network with bicycle-friendly strategies and seek a

platinum level designation from the League of American Bicyclists Bicycle Friendly Community Program; and

WHEREAS, members of the Bloomington Platinum Biking Task Force were appointed in

WHEREAS, since September 2010, the Bloomington Platinum Biking Task Force met twice

a month to fulfill its charge; and

WHEREAS, the Bloomington Platinum Biking Task Force held a Platinum Bike Summit on

April 28, 2011 to engage the public about bicycling issues and identify community priorities; and

WHEREAS, as required by Resolution 10-10, the Task Force has submitted a report to the Common Council and the Mayor on recommendations to gain a platinum rating

for Bloomington by the League of American Bicyclists by 2016; and

WHEREAS, the report is not only intended to provide a bicycle-friendly strategy in its advisory nature, but it also is intended to educate citizens on the many benefits

of bicycling and encourage citizens of all abilities to consider bicycling as a

viable mode of transportation; and

WHEREAS, the following partners support improving the community's bicycle-friendly status: BloomingFoods; Bloomington Pedal Power; Bloomington Bicycle Club; Bicycle Garage Inc., Bikesmiths; Baxter Healthcare; WonderLab Museum of

Science, Health and Technology; Local First Indiana; Bloomington United Gymnastics School; Bloomington United Soccer School; Cutters Soccer Club; Center for Sustainable Living; deCycles; Green Sanctuary Task Force on Global Climate Change from the Unitarian Universalist Church; Rhino's Youth Center; Habitat for Humanity of Monroe County; Earth Care of Bloomington; Boys and Girls Club of Bloomington; Downtown Bloomington Inc.; Bloomington Area Birth Services; Visit Bloomington; Bloomington Transportation Options for People; Monroe County Community School Corporation; The Project School; reopie, monitoe county community School Corporation; The Project School; The Prep School Academy; Harmony School; Bloomington Community Bike Project; Indiana University Student Foundation; Indiana University Transportation Working Group; Indiana University Office of Sustainability; City of Bloomington Bicycle and Pedestrian Safety Commission; City of Bloomington Forticement Commission; City of Bloomington Environmental Commission; City of Bloomington Commission on Sustainability; City of Bloomington Commission on Aging; The District (Monroe County Solid Waste Management District); New Hope Family Shelter Inc. and Bloomington Housing Authority; and



WHEREAS, bicycling is an enjoyable, safe, healthy, inexpensive, environmentally-friendly, and readily-available mode of transportation; and

WHEREAS, as outlined in <u>Resolution 10-10</u>, the Task Force shall cease to exist once its final Bloomington Platinum Biking Task Force report is submitted to both the Mayor and the Common Council; and

WHEREAS, the report, entitled "Breaking Away: Journey to Platinum," is attached hereto

and incorporated herein as exhibit A;

NOW, THEREFORE, BE IT HEREBY RESOLVED BY THE COMMON COUNCIL OF THE CITY OF BLOOMINGTON, MONROE COUNTY, INDIANA, THAT:

SECTION I. The Report of the Bloomington Platinum Biking Task Force, "Breaking Away: Journey to Platinum," shall be approved as an advisory document and strategy for achieving a platinum designation from the American League of Bicyclists by 2016.

PASSED AND ADOPTED by the Common Council of the City of Bloomington, Monroe County, Indiana, upon this 301 day of November 2011.

SUSAN SANDBERG, President Bloomington Common Council

ATTEST:

REGINA MOORE, Clerk City of Bloomington

PRESENTED by me to the Mayor of the City of Bloomington, Monroe County, Indiana, upon this _/ = day of __/ DECLED___, 2011.

REGINA MOORE, Clerk City of Bloomington

SIGNED and APPROVED by me upon this _____ day of ______, 2011.

MARK KRUZAN, Mayor City of Bloomington

